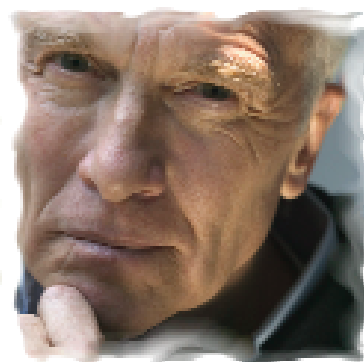




Supporting a Better Tomorrow...Today



DMH is supporting the evolution of mental health services...Today

DMH is helping erase the stigma of mental health...Today

DMH is bringing more services to the community...Today

DMH is bringing the future...Today

Mississippi Department of Mental Health
Edwin C. LeGrand III
Executive Director
1101 Robert E. Lee Building
239 North Lamar Street
Jackson, MS 39201

Phone: (601) 359-1288
Fax: (601) 359-6295
TDD: (601) 359-6230

Visit DMH's Web site: www.dmh.ms.gov

DMH's Toll-Free Help Line Number:
1-877-210-8513

It is the policy of the Mississippi Department of Mental Health to comply with federal and state laws assuring equal opportunities of employment and services.

THE MISSISSIPPI DEPARTMENT OF MENTAL HEALTH



Thank you for your interest in the Mississippi Department of Mental Health (DMH). We are committed to improving the lives of Mississippians with mental illness, intellectual and developmental disabilities, substance abuse problems, and Alzheimer's disease/other dementia. We are dedicated to providing the citizens of Mississippi with services and supports which allow them to receive DMH services in the least restrictive environment. I hope you will find the information in this booklet helpful.

Edwin C. LeGrand III
Executive Director

Mission

Supporting a better tomorrow by making a difference in the lives of Mississippians with mental illness, substance abuse problems and intellectual/developmental disabilities one person at a time.

Vision

We envision a better tomorrow where the lives of Mississippians are enriched through a public mental health system that promotes excellence in the provision of services and supports.

Help Line Services Information

For more information about services or if you or a loved one needs help, call the Mississippi Department of Mental Health's Help Line at: 1-877-210-8513.

Through the Help Line you or members of your family can:

- Register complaints and/or concerns about services you receive.
- File a formal complaint, which will be investigated and responded to by staff at DMH's Office of Constituency Services.
- Receive information about other mental health, intellectual and developmental disabilities and substance abuse services available in Mississippi.

DMH BUREAUS

Bureau of Administration

The Bureau of Administration works in concert with the all of the bureaus within the Department to support the development and administration of mental health services in the State.

Bureau of Interdisciplinary Programs

The Bureau of Interdisciplinary Programs coordinates the collection of information from facilities, other mental health divisions and other state agencies to develop reports or complete special projects for DMH including the agency's strategic planning activities.

Bureau of Workforce Development and Training

The Bureau of Workforce Development is responsible for the coordination of the human resource function, staff training and staff certification. This Bureau also serves as a liaison for all DMH facilities to the State Personnel Board.

Bureau of Intellectual and Developmental Disabilities

The Bureau of Intellectual and Developmental Disabilities is responsible for the supervision of several divisions, the five comprehensive regional facilities for persons with intellectual and developmental disabilities, and a specialized juvenile facility.

Bureau of Mental Health

The Bureau of Mental Health administers services at four regional psychiatric facilities, a specialized treatment facility for youth and a specialized treatment for adults.

Bureau of Alcohol and Drug Abuse Services

The Bureau of Alcohol and Drug Abuse Services is responsible for establishing, maintaining, monitoring, and evaluating a statewide system of alcohol and drug abuse services, including prevention, treatment, and rehabilitation.

Bureau of Community Mental Health Services

The Bureau of Community Services has the primary responsibility for the development and administration of services to meet the needs of adults and children with mental illness or emotional disturbances and/or with alcohol/drug abuse/dependence problems, as well as persons with Alzheimer's disease and other dementia. This Bureau also serves as the liaison for DMH to the Community Mental Health Centers.

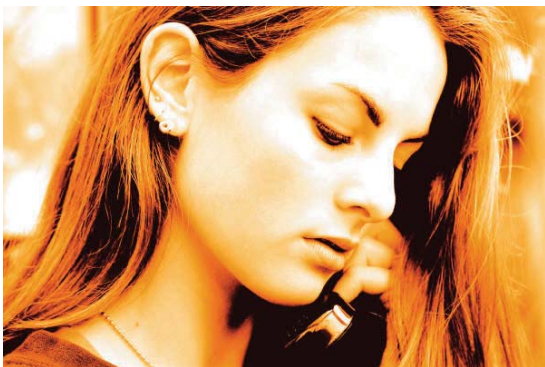
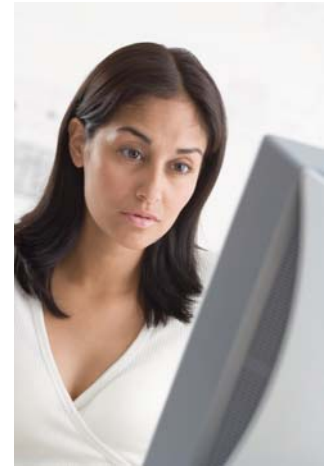
WHAT IS MENTAL ILLNESS?



A mental illness is a health condition that causes changes in a person's thinking, mood or behavior. It is sometimes easy to forget that our brain, like all of our other organs, is vulnerable to disease. Mental illness is a health condition just like diabetes or asthma is a health condition. Mental illnesses are more common than cancer and heart disease combined. One in five people will experience a mental illness during their lifetime, and one family in four has a member who is mentally ill and who will require some type of treatment. Having good mental health is an essential component of good physical health.

HOW DO I GET HELP?

Many mental disorders and illnesses can be successfully treated without an individual having to go to a hospital. Other individuals may need hospitalization. Contact your local community mental health center, and staff will explain the treatment possibilities there. An assessment will occur and a determination will be made if mental health services would be helpful, such as medication, individual and/or family therapy, psychosocial rehabilitation services (therapeutic activities in a day program which can help individuals achieve/maintain as much independence in daily life as possible), residential services, and family or consumer education. If necessary, staff may guide you or the person you are concerned about through the process for hospitalization. This process might include civil commitment at one of the four state psychiatric hospitals. Private providers in your area may also provide treatment alternatives.



Some of the main barriers to seeking help, are the misconceptions and stereotypes we have of mental illness and mental healthcare. If you are someone you know needs help, don't be ashamed or embarrassed.

**For more information visit www.dmh.ms.gov
or call DMH's Toll-Free Helpline at
1-877-210-8513.**

PSYCHIATRIC FACILITIES

The state psychiatric facilities are administered by the Department of Mental Health. These facilities offer residential and/or community services for mental health, substance abuse, and Alzheimer's disease and other dementia. They are administered by the Bureau of Mental Health.

East Mississippi State Hospital

Charles Carlisle, Director
P.O. Box 4128 West Station
Meridian, MS 39304-4128
Phone: 601-482-6186
www.emsh.state.ms.us

Mississippi State Hospital

James G. Chastain, Director
P.O. Box 157-A
Whitfield, MS 39193
Phone: 601-351-8000
www.msh.state.ms.us

Inpatient mental health and alcohol/drug abuse services provided by East Mississippi State Hospital and Mississippi State Hospital include acute psychiatric care, intermediate psychiatric care, continued treatment, alcohol and drug treatment for adults, and child and adolescent acute psychiatric care. Inpatient alcohol and drug treatment for male adolescents is provided by East Mississippi State Hospital. Medical surgical hospital services and forensic services are provided by Mississippi State Hospital. Nursing facility services are located on the campuses of both facilities.

In addition to the inpatient services mentioned, East Mississippi State Hospital and Mississippi State Hospital also provide transitional, community-based care. These services include community-based housing options (such as group homes or supervised apartments), halfway house services, case management, psychosocial rehabilitation services, and specialized services for individuals with mental illness who are homeless. As a general rule, these services are provided in close proximity to the hospital facilities and/or in areas where a regional mental health/mental retardation center chooses not to provide that particular community service.

North Mississippi State Hospital

Paul A. Callens, Ph.D., Director
1937 Briar Ridge Rd.
Tupelo, MS 38804
Phone: 662-690-4200
www.nmsh.state.ms.us

South Mississippi State Hospital

Wynona Winfield, Director
823 Highway 589
Purvis, MS 39475
Phone: 601-794-0100
www.smsl.state.ms.us

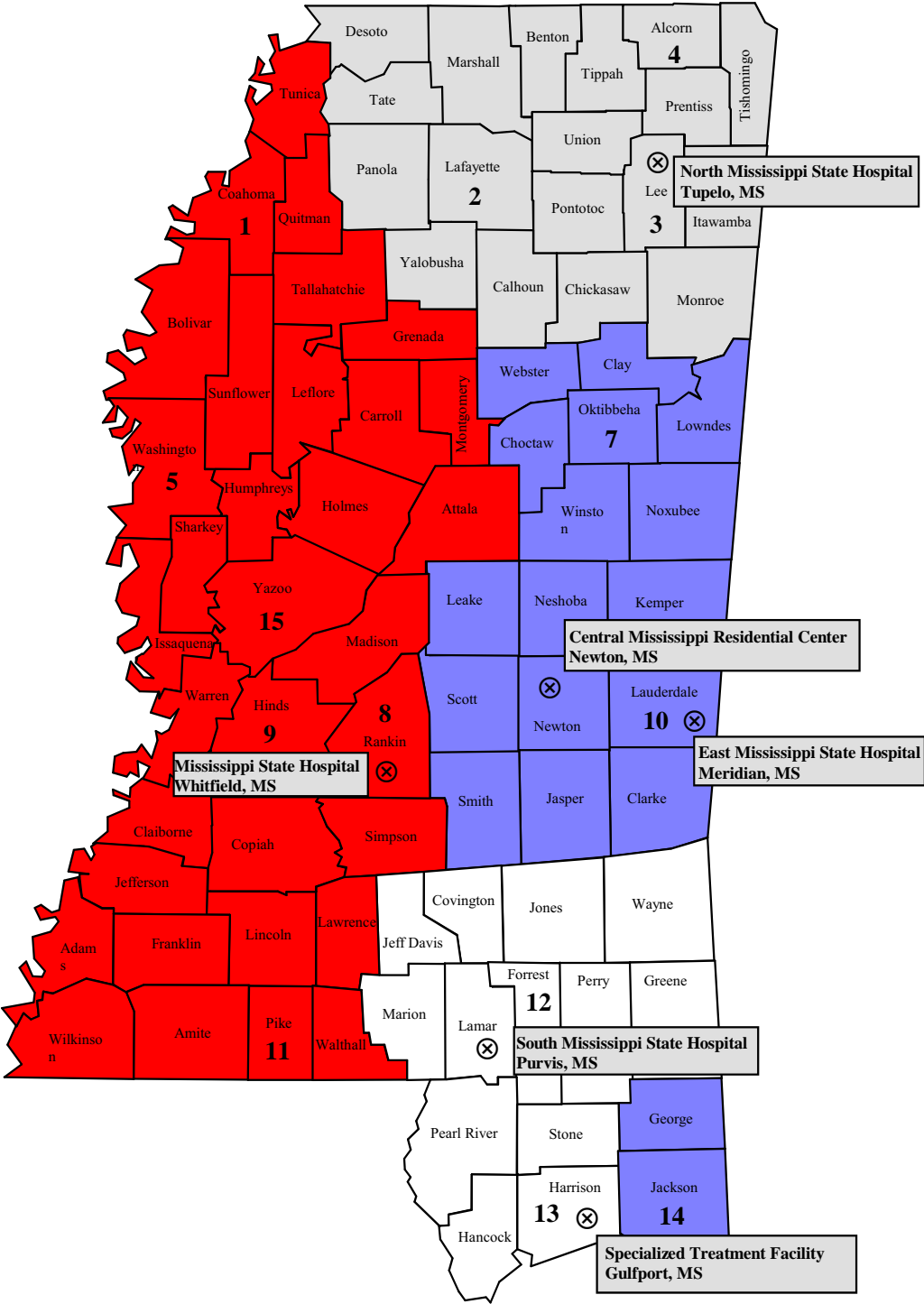
These 50-bed hospitals provide acute inpatient psychiatric services for designated service areas. The North Mississippi State Hospital and South Mississippi State Hospital serve adult men and women with serious mental illness. They have service networks which allow them to refer individuals to additional community-based programs and programs at Mississippi State Hospital and East Mississippi State Hospital.

Central Mississippi Residential Center

Debbie Ferguson, Director
P.O. Box 470
Newton, MS 39345
Phone: 601-683-4200
www.cmrc.state.ms.us

Central Mississippi Residential Center (CMRC) is built on the property which was formerly the Clarke College in Newton. The property was renovated to enable the provision of specialized treatment program for adults with serious mental illness. The mission of CMRC is to provide psychiatric services in a community setting, minimizing the need for hospitalization and/or delaying the need for long-term placement. CMRC operates three programs including the Crisis Stabilization Unit which provides short-term acute psychiatric stabilization services; the Community Living program which operates four, 12-bed group homes and 12, two bedroom apartments; and Footprints, a day program for individuals with Alzheimer's and other Dementia.

State-Run Psychiatric Facilities



SPECIALIZED FACILITIES

Mississippi Adolescent Center

Shirley Miller, Director
760 Brookman Dr. Extension
Brookhaven, MS 39601
Phone: 601-823-5700
www.mac.dmh.ms.gov

The Mississippi Adolescent Center is a residential facility dedicated to providing adolescents with intellectual and developmental disabilities an individualized array of rehabilitation service options. Located in Brookhaven, this unique center serves youth who have a diagnosis of intellectual and developmental disabilities and whose behavior makes it necessary for them to reside in a structured therapeutic environment. Though most youth served are between the ages of 13 and 21, persons under age 13 may be considered for services on an individual basis as space is available.

Specialized Treatment Facility

Stacy Miller, Director
14426 James Bond Road
Gulfport, MS 39503
Phone: 228-328-6000
www.stf.state.ms.us

The Specialized Treatment Facility provides residential care and habilitation services for 48 adolescent Mississippians who have come before Youth Court and have been diagnosed with a mental disorder. Adolescents appropriate for admission are 13 years but less than 21 years of age who present an Axis I Diagnosis of a severe emotional disturbance and need psychiatric residential services.



SERVICES FOR PERSONS WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES

DMH is responsible for the development and implementation of services to meet the needs of individuals with intellectual and developmental disabilities. This public service delivery system is comprised of five state operated comprehensive regional centers, a state operated facility for youth who require specialized treatment, 15 regional community mental health/mental retardation centers and other non-profit community agencies/organizations that provide community services. Community and residential services are offered.

Community Services are available throughout the state for individuals with intellectual and developmental disabilities. Community Services include: assistive technology services; case management; diagnostic and evaluation services; early intervention; work activity; employment services; Home and Community-Based (HCBS) MR/DD Waiver services which may include attendant care, respite care (in-home nursing, in-home companion, community and ICF/MR), day habilitation, residential habilitation (supported and supervised), prevocational services, supported employment, physical therapy, occupational therapy, speech /language/hearing therapy, behavior support/intervention and providing specialized medical supplies; supervised and supported living arrangement services; school-based services; day support; and elderly psychosocial rehabilitation.

REGIONAL FACILITIES FOR PERSONS WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES

The regional facilities for persons with intellectual and developmental disabilities provide comprehensive institutional care as licensed, intermediate care facilities for persons with IDD. In addition to providing a supervised 24-hour setting, the regional facilities provide active treatment for those individuals. This may involve a range of personal care, training, educational, vocational, recreational, social, medical, and counseling services, based on individual strengths and needs. These services include a variety of needed support services to meet special needs. Persons living at the ICF/MRs participate in individualized programs that are developed through a comprehensive interdisciplinary evaluation and program planning/monitoring process. Information from parents and other family members is integrated into this plan. The interdisciplinary staff may include professionals in audiology, medical/nursing, nutrition, psychology, social work, speech pathology, recreation, physical therapy, occupational therapy, and education.

The comprehensive regional facilities for persons with developmental disabilities are also a primary vehicle for delivering community services in various counties throughout Mississippi. In the community setting, the comprehensive regional facilities provide alternative living arrangements including group homes, supervised living, specialized homes for the elderly, and supported living. These facilities also provide diagnostic and evaluation services, employment services, early intervention services, case management services, and transitional training services.

Boswell Regional Center

Raymond Johnson, Director
P.O. Box 128
Magee, MS 39111
Phone: 601-867-5000
www.brc.state.ms.us

Ellisville State School

Renee Brett, Director
1101 Highway 11 South
Ellisville, MS 39437-4444
Phone: 601-477-9384
www.ess.state.ms.us

Hudspeth Regional Center

John Lipscomb, Ph.D., Director
P.O. Box 127-B
Whitfield, MS 39193
Phone: 601-664-6000
www.hrc.state.ms.us

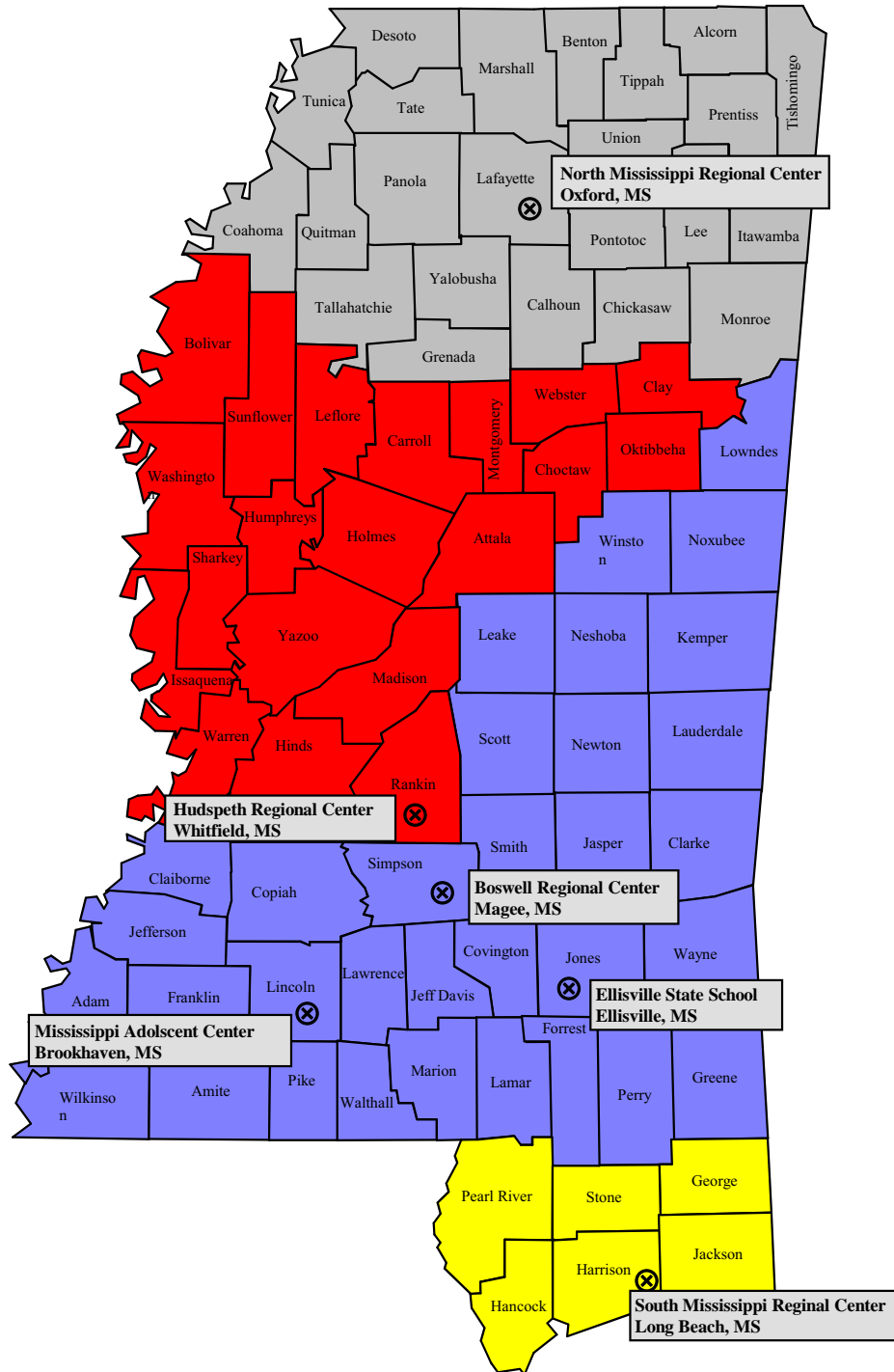
South Miss. Regional Center

Dorothy McEwen, Director
1170 W. Railroad St.
Long Beach, MS 39560-4199
Phone: 228-868-2923
www.smrc.state.ms.us

North Miss. Regional Center

Sandy Rogers, Ph.D. Director
967 Regional Center Drive
Oxford, MS 38655
Phone: 662-234-1476
www.nmrc.state.ms.us

State-Run Facilities for Persons with Intellectual/Developmental Disabilities



ALCOHOL AND DRUG ABUSE SERVICES

DMH administers the public system of alcohol and drug abuse prevention and treatment services in Mississippi through the Bureau of Alcohol and Drug Abuse Services. These services are provided through a statewide network, which includes state-operated facilities, regional community mental health centers, and other nonprofit community-based programs.

A system of services for alcohol and drug abuse prevention and treatment was designed to reflect the philosophy that alcohol and drug abuse is a treatable and preventable illness. The overall goal of this system is to provide a continuum of community-based, accessible services. The services include prevention, outpatient, detoxification, community-based primary and transitional treatment, inpatient, and aftercare services. Technical assistance is also provided on the implementation of Employee Assistance Programs to state agencies and other interested organizations. In order to carry out effective alcohol and drug abuse services, DMH believes it must adhere to a commitment to quality care, cost-effective services, and the health and welfare of individuals through the reduction of alcohol and drug abuse. All community services are provided through a grant/contract with other state agencies, local public agencies, and nonprofit organizations.

A variety of outpatient and community-based residential alcohol and drug abuse prevention and treatment services are provided by regional community mental health/mental retardation centers (CMHCs). The Department's goal is for each CMHC to have a full range of treatment options available for the citizens in its region.

Most CMHCs provide the following substance abuse services: prevention services, employee assistance programs, individual, group, and family counseling, outreach/aftercare services, primary residential services (including detoxification services), transitional residential services, vocational counseling, and emergency services (including a 24-hour hotline). Many centers also provide a 10-week intensive alcohol and drug outpatient program for individuals who are in need of treatment but are still able to maintain job or school responsibilities. In addition, some centers offer day treatment and specialized services for children and adolescents, elderly persons, and women.

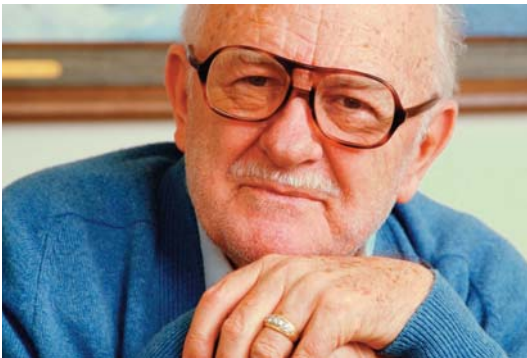
The Department's inpatient chemical dependency units are located at Mississippi State Hospital in Whitfield and East Mississippi State Hospital (EMSH) in Meridian. The chemical dependency unit at EMSH is a 25-bed unit for adult males with substance abuse

chemical dependency treatment and dual diagnosis (mental illness and substance abuse) treatment, for adolescent males. The chemical dependency service at Mississippi State Hospital consists of two units with a total of 117 active (staffed) beds. The units provide treatment for adult men and women with alcohol and/or drug problems.

For more information about alcohol and drug abuse services visit the DMH Web site at www.dmh.ms.gov or call the Help Line at 1-877-210-8513.

ALZHEIMER'S DISEASE AND OTHER DEMENTIA

DMH is responsible for the development and maintenance of Adult Day Programs for individuals with Alzheimer's disease and other forms of dementia, and counseling, education and training for family members, caregivers and service providers. In 2000, it was estimated that 52,000 Mississippi citizens suffered from Alzheimer's disease or a related disorder.



Current projects include the funding of two adult day programs:

- Footprints Adult Day Services, Newton, MS
601-683-4320
- Garden Park Adult Day Program, Greenwood, MS
(662) 451-9058

Training can be customized at no charge for professionals, caregivers and service providers. The Division of Alzheimer's Disease and other Dementia currently operates in the state Central Office with satellite offices in Cleveland, Long Beach and Magee.

For more information about Alzheimer's Disease and other Dementia visit the DMH Web site at www.dmh.ms.gov or call the Help Line at 1-877-210-8513.

REGIONAL COMMUNITY MENTAL HEALTH/ MENTAL RETARDATION CENTERS

Regional community mental health/mental retardation centers operate under the supervision of regional commissions appointed by county boards of supervisors comprising their respective service areas. The 15 regional centers make available a range of community-based mental health services, as well as substance abuse and intellectual/developmental disabilities services to all 82 counties. DMH is responsible for certifying, monitoring, and assisting the regional community mental health centers. These regional community mental health centers are the primary service providers with whom the Department of Mental Health contracts to provide community-based services.

REGION 1

Region One Mental Health Center
1742 Cheryl St.
P.O. Box 1046
Clarksdale, MS 38614
Karen Corley
Interim Executive Director
Phone: 662-627-7267

REGION 2

Communicare
152 Highway 7
S. Oxford, MS 38655
Michael D. Roberts, Ph.D.
Executive Director
Phone: 662-234-7521

REGION 3

Region III Mental Health Center
2434 S. Eason Blvd.
Tupelo, MS 38804
Robert J. Smith
Executive Director
Phone: 662-844-1717

REGION 4

Timber Hills Mental Health Services
303 N. Madison
Corinth, MS 38835-0839
Charlie D. Spearman, Sr.
Executive Director
Phone: 662-286-9883

REGION 5

Delta Community Mental Health Services
1654 East Union St.
P.O. Box 5365
Greenville, MS 38704-5365
Richard Duggin
Interim Executive Director
Phone: 662-335-5274

REGION 6

Life Help, Old Browning Rd
P.O. Box 1505,
Greenwood, MS 38935-1505
Madolyn Smith
Executive Director
Phone: 662-453-6211

REGION 7

Community Counseling Services
302 North Jackson St.
P.O. Box 1188
Starkville, MS 39760-1188
Jackie Edwards
Executive Director
Phone: 662-323-9261

REGION 8

Region 8 Mental Health Services
613 Marquette Rd.
P.O. Box 88
Brandon, MS 39043
Dave Van
Executive Director
Phone: 601-825-8800

REGION 9

Hinds Behavioral Health Services
P.O. Box 7777
Jackson, MS 39284
Margaret L. Harris
Executive Director
Phone: 601-321-2400

REGION 10

Weems Community Mental Health Center
1415 College Rd.
P.O. Box 4378
Meridian, MS 39304
Maurice Kahlmus, Ed.D
Executive Director
Phone: 601-483-4821

REGION 11

Southwest MS Mental Health Complex
1701 White St.
P.O. Box 768
McComb, MS 39649-0768
Steve Ellis, Ph.D.
Executive Director
Phone: 601-684-2173

REGION 12

Pine Belt Mental Healthcare Resources
103 South 19th Ave.
P.O. Box 18679
Hattiesburg, MS 39404-8679
Jerry Mayo
Executive Director
Phone: 601-544-4641

REGION 13

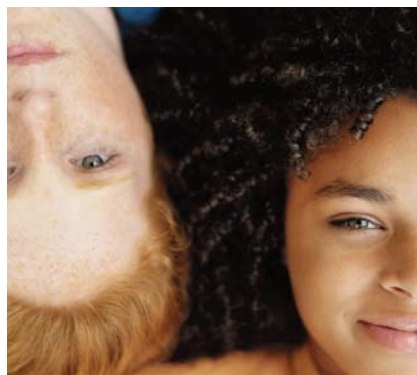
Gulf Coast Mental Health Center
1600 Broad Ave.
Gulfport, MS 39501-3603
Jeffrey L. Bennett
Executive Director
Phone: 228-863-1132

REGION 14

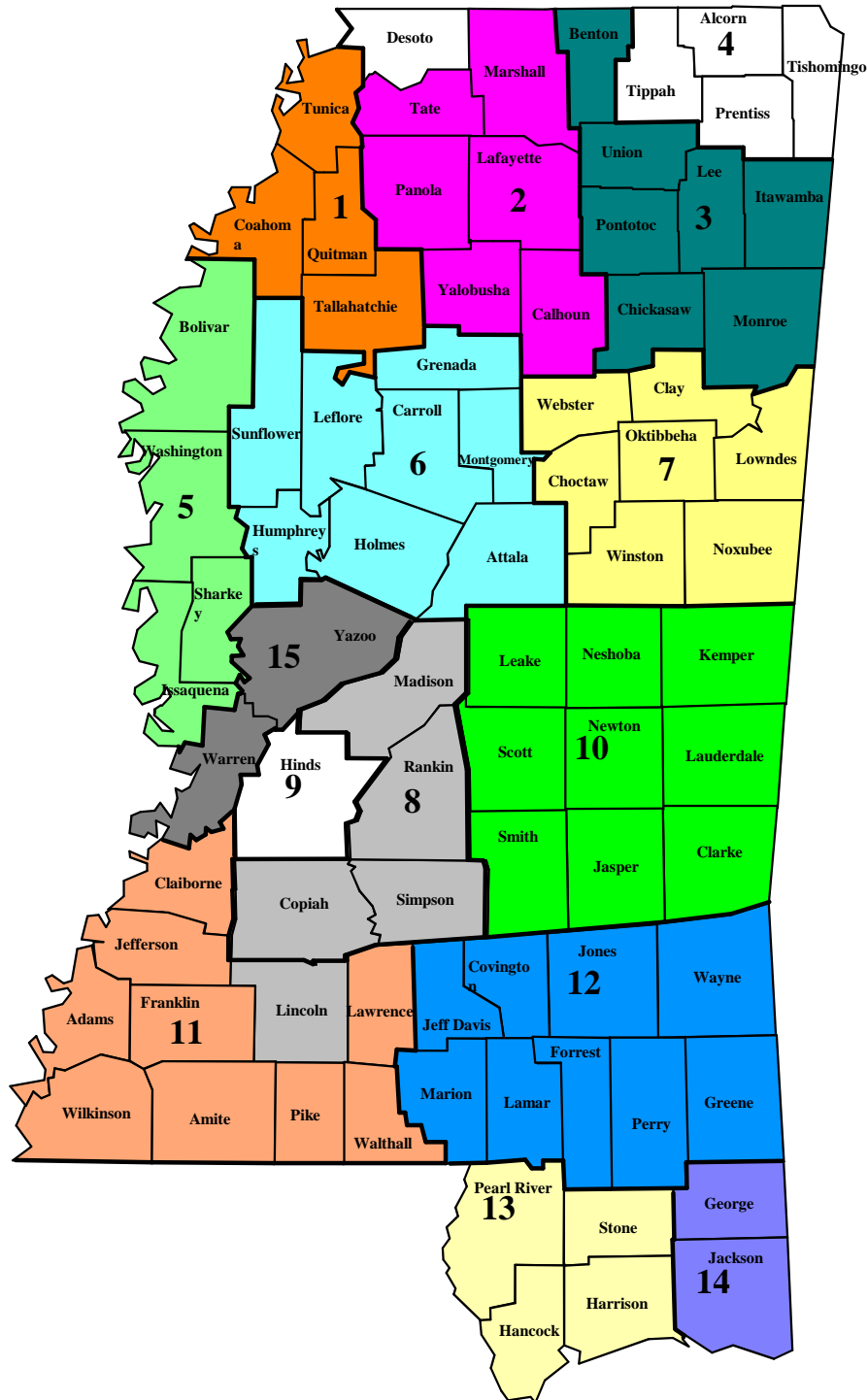
Singing River Services
3407 Shamrock Court
Gautier, MS 39553
Sherman Blackwell, II, Ed.D
Executive Director
Phone: 228-497-0690

REGION 15

Warren-Yazoo Mental Health Services
3444 Wisconsin Ave.
P.O. Box 820691
Vicksburg, MS 39182
Steve Roark
Executive Director
Phone: 601-638-0031



Community Mental Health/Mental Retardation Center Service Areas



CRISIS STABILIZATION UNITS

The role of the Crisis Stabilization Units in the regional system is to provide stabilization and treatment services to persons who are in psychiatric crisis. It is believed that many of these individuals with mental illness can be treated in the center and returned to the community without an inpatient admission to the state psychiatric hospital. The more quickly a person receives treatment, as opposed to being "held" without treatment, the less likely his or her condition will worsen. An individual can receive involuntary and voluntary treatment at a Crisis Stabilization Unit. In addition, after treatment an individual will already be connected with their local Community Mental Health Center.

Corinth Crisis Stabilization Unit

Operated by Timber Hills Mental
Health Services
1000 State Street
Corinth, MS 38834
Phone: (662) 286-5469
Fax: (662) 286-6971

Laurel Crisis Stabilization Unit

Westway Behavioral Healthcare

Operated by Pine Belt Mental Healthcare
Resources
934 West Drive
Laurel, MS 39440
Phone: (601) 426-7520
Fax: (601) 428-5790

Batesville Crisis Stabilization Unit

Operated by Timber Hills Mental
Health Services
120 Randy Hendrix Drive
Batesville, MS 38606
Phone: (662) 563-9176
Fax: (662) 563-7384

Newton Crisis Stabilization Unit

Operated by Central Mississippi Residential
Center
700 Northside Drive
P.O. Box 470
Newton, MS 39345
Phone: (601) 683-4300
Fax: (601) 683-4303

Cleveland Crisis Stabilization Unit

Capps Crisis Stabilization Unit

Operated by Delta Community Mental
Health Services
714 Third Street
Cleveland, MS 38732
Phone: (662) 846-2620
Fax: (662) 846-2660

Grenada Crisis Stabilization Unit

Operated by Life Help
1970 Grandview Drive
Grenada, MS 38901
Phone: (662) 227-3700
Fax: (662) 227-3740

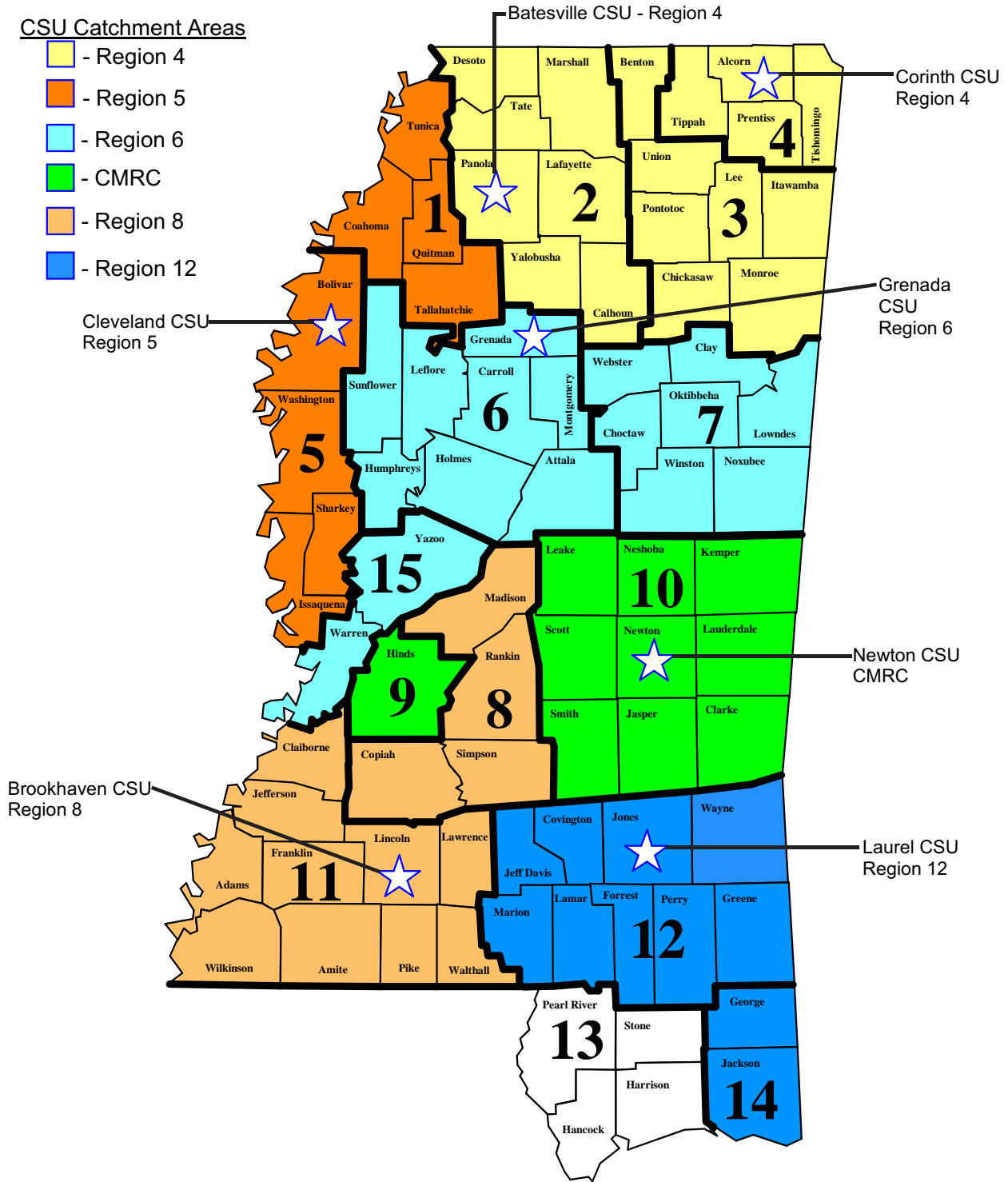
Brookhaven Crisis Stabilization Unit

Operated by Region 8 Mental Health Services
725 Brookman Drive Extension
Brookhaven, MS
Phone: (601) 823-2300
Fax: (601) 823-2332

CRISIS STABILIZATION UNITS

CSU Catchment Areas

- Region 4
- Region 5
- Region 6
- CMRC
- Region 8
- Region 12



Supporting a Better Tomorrow...Today



September 2010

