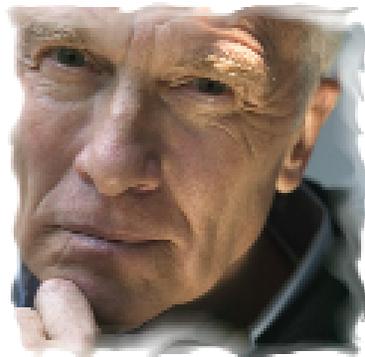




Supporting a Better Tomorrow...Today



**DMH is supporting the evolution of mental health services...Today**  
**DMH is helping erase the stigma of mental health...Today**  
**DMH is bringing more services to the community...Today**  
**DMH is bringing the future...Today**

**Mississippi Department of Mental Health  
Edwin C. LeGrand III  
Executive Director  
1101 Robert E. Lee Building  
239 North Lamar Street  
Jackson, MS 39201**

**Phone: (601) 359-1288  
Fax: (601) 359-6295  
TDD: (601) 359-6230**

**Visit DMH's Web site: [www.dmh.ms.gov](http://www.dmh.ms.gov)**

**DMH's Toll-Free Help Line Number:  
1-877-210-8513**

**It is the policy of the Mississippi Department of Mental Health to comply with federal and state laws assuring equal opportunities of employment and services.**

# THE MISSISSIPPI DEPARTMENT OF MENTAL HEALTH



Thank you for your interest in the Mississippi Department of Mental Health (DMH). We are committed to improving the lives of Mississippians with mental illness, intellectual and developmental disabilities, substance abuse problems, and Alzheimer's disease/other dementia. We are dedicated to providing the citizens of Mississippi with services and supports which allow them to receive DMH services in the least restrictive environment. I hope you will find the information in this booklet helpful.

Edwin C. LeGrand III  
Executive Director

## Mission

Supporting a better tomorrow by making a difference in the lives of Mississippians with mental illness, substance abuse problems and intellectual/developmental disabilities one person at a time.

## Vision

We envision a better tomorrow where the lives of Mississippians are enriched through a public mental health system that promotes excellence in the provision of services and supports.

## Help Line Services Information

For more information about services or if you or a loved one needs help, call the Mississippi Department of Mental Health's Help Line at: 1-877-210-8513.

Through the Help Line you or members of your family can:

- Register complaints and/or concerns about services you receive.
- File a formal complaint, which will be investigated and responded to by staff at DMH's Office of Constituency Services.
- Receive information about other mental health, intellectual and developmental disabilities and substance abuse services available in Mississippi.

# DMH BUREAUS

## *Bureau of Administration*

The Bureau of Administration works in concert with the all of the bureaus within the Department to support the development and administration of mental health services in the State.

## *Bureau of Interdisciplinary Programs*

The Bureau of Interdisciplinary Programs coordinates the collection of information from facilities, other mental health divisions and other state agencies to develop reports or complete special projects for DMH including the agency's strategic planning activities.

## *Bureau of Workforce Development and Training*

The Bureau of Workforce Development is responsible for the coordination of the human resource function, staff training and staff certification. This Bureau also serves as a liaison for all DMH facilities to the State Personnel Board.

## *Bureau of Intellectual and Developmental Disabilities*

The Bureau of Intellectual and Developmental Disabilities is responsible for the supervision of several divisions, the five comprehensive regional facilities for persons with intellectual and developmental disabilities, and a specialized juvenile facility.

## *Bureau of Mental Health*

The Bureau of Mental Health administers services at four regional psychiatric facilities, a specialized treatment facility for youth and a specialized treatment for adults.

## *Bureau of Alcohol and Drug Abuse Services*

The Bureau of Alcohol and Drug Abuse Services is responsible for establishing, maintaining, monitoring, and evaluating a statewide system of alcohol and drug abuse services, including prevention, treatment, and rehabilitation.

## *Bureau of Community Mental Health Services*

The Bureau of Community Services has the primary responsibility for the development and administration of services to meet the needs of adults and children with mental illness or emotional disturbances and/or with alcohol/drug abuse/dependence problems, as well as persons with Alzheimer's disease and other dementia. This Bureau also serves as the liaison for DMH to the Community Mental Health Centers.

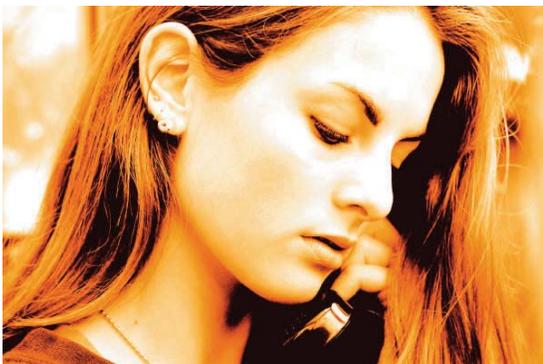
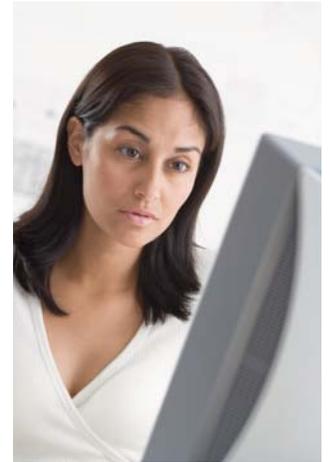
# WHAT IS MENTAL ILLNESS?



A mental illness is a health condition that causes changes in a person's thinking, mood or behavior. It is sometimes easy to forget that our brain, like all of our other organs, is vulnerable to disease. Mental illness is a health condition just like diabetes or asthma is a health condition. Mental illnesses are more common than cancer and heart disease combined. One in five people will experience a mental illness during their lifetime, and one family in four has a member who is mentally ill and who will require some type of treatment. Having good mental health is an essential component of good physical health.

# HOW DO I GET HELP?

Many mental disorders and illnesses can be successfully treated without an individual having to go to a hospital. Other individuals may need hospitalization. Contact your local community mental health center, and staff will explain the treatment possibilities there. An assessment will occur and a determination will be made if mental health services would be helpful, such as medication, individual and/or family therapy, psychosocial rehabilitation services (therapeutic activities in a day program which can help individuals achieve/maintain as much independence in daily life as possible), residential services, and family or consumer education. If necessary, staff may guide you or the person you are concerned about through the process for hospitalization. This process might include civil commitment at one of the four state psychiatric hospitals. Private providers in your area may also provide treatment alternatives.



Some of the main barriers to seeking help, are the misconceptions and stereotypes we have of mental illness and mental healthcare. If you are someone you know needs help, don't be ashamed or embarrassed.

**For more information visit [www.dmh.ms.gov](http://www.dmh.ms.gov)  
or call DMH's Toll-Free Helpline at  
1-877-210-8513.**

# PSYCHIATRIC FACILITIES

The state psychiatric facilities are administered by the Department of Mental Health. These facilities offer residential and/or community services for mental health, substance abuse, and Alzheimer's disease and other dementia. They are administered by the Bureau of Mental Health.

## **East Mississippi State Hospital**

Charles Carlisle, Director  
P.O. Box 4128 West Station  
Meridian, MS 39304-4128  
Phone: 601-482-6186  
[www.emsh.state.ms.us](http://www.emsh.state.ms.us)

## **Mississippi State Hospital**

James G. Chastain, Director  
P.O. Box 157-A  
Whitfield, MS 39193  
Phone: 601-351-8000  
[www.msh.state.ms.us](http://www.msh.state.ms.us)

Inpatient mental health and alcohol/drug abuse services provided by East Mississippi State Hospital and Mississippi State Hospital include acute psychiatric care, intermediate psychiatric care, continued treatment, alcohol and drug treatment for adults, and child and adolescent acute psychiatric care. Inpatient alcohol and drug treatment for male adolescents is provided by East Mississippi State Hospital. Medical surgical hospital services and forensic services are provided by Mississippi State Hospital. Nursing facility services are located on the campuses of both facilities.

In addition to the inpatient services mentioned, East Mississippi State Hospital and Mississippi State Hospital also provide transitional, community-based care. These services include community-based housing options (such as group homes or supervised apartments), halfway house services, case management, psychosocial rehabilitation services, and specialized services for individuals with mental illness who are homeless. As a general rule, these services are provided in close proximity to the hospital facilities and/or in areas where a regional mental health/mental retardation center chooses not to provide that particular community service.

**North Mississippi State Hospital**

Paul A. Callens, Ph.D., Director  
1937 Briar Ridge Rd.  
Tupelo, MS 38804  
Phone: 662-690-4200  
[www.nmsh.state.ms.us](http://www.nmsh.state.ms.us)

**South Mississippi State Hospital**

Wynona Winfield, Director  
823 Highway 589  
Purvis, MS 39475  
Phone: 601-794-0100  
[www.smsl.state.ms.us](http://www.smsl.state.ms.us)

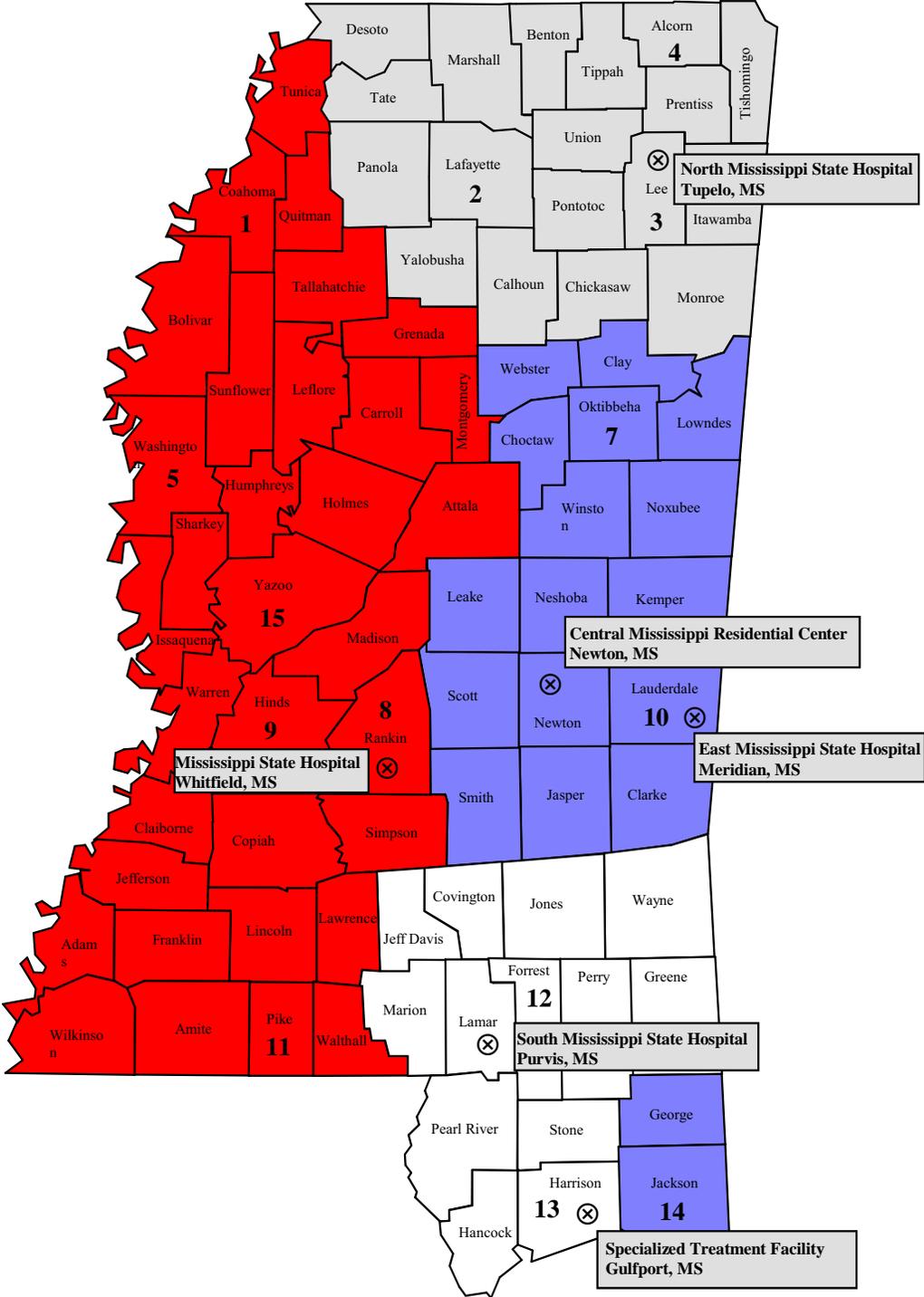
These 50-bed hospitals provide acute inpatient psychiatric services for designated service areas. The North Mississippi State Hospital and South Mississippi State Hospital serve adult men and women with serious mental illness. They have service networks which allow them to refer individuals to additional community-based programs and programs at Mississippi State Hospital and East Mississippi State Hospital.

**Central Mississippi Residential Center**

Debbie Ferguson, Director  
P.O. Box 470  
Newton, MS 39345  
Phone: 601-683-4200  
[www.cmrc.state.ms.us](http://www.cmrc.state.ms.us)

Central Mississippi Residential Center (CMRC) is built on the property which was formerly the Clarke College in Newton. The property was renovated to enable the provision of specialized treatment program for adults with serious mental illness. The mission of CMRC is to provide psychiatric services in a community setting, minimizing the need for hospitalization and/or delaying the need for long-term placement. CMRC operates three programs including the Crisis Stabilization Unit which provides short-term acute psychiatric stabilization services; the Community Living program which operates four, 12-bed group homes and 12, two bedroom apartments; and Footprints, a day program for individuals with Alzheimer's and other Dementia.

# State-Run Psychiatric Facilities



# SPECIALIZED FACILITIES

## Mississippi Adolescent Center

Shirley Miller, Director  
760 Brookman Dr. Extension  
Brookhaven, MS 39601  
Phone: 601-823-5700  
[www.mac.dmh.ms.gov](http://www.mac.dmh.ms.gov)

The Mississippi Adolescent Center is a residential facility dedicated to providing adolescents with intellectual and developmental disabilities an individualized array of rehabilitation service options. Located in Brookhaven, this unique center serves youth who have a diagnosis of intellectual and developmental disabilities and whose behavior makes it necessary for them to reside in a structured therapeutic environment. Though most youth served are between the ages of 13 and 21, persons under age 13 may be considered for services on an individual basis as space is available.

## Specialized Treatment Facility

Stacy Miller, Director  
14426 James Bond Road  
Gulfport, MS 39503  
Phone: 228-328-6000  
[www.stf.state.ms.us](http://www.stf.state.ms.us)

The Specialized Treatment Facility provides residential care and habilitation services for 48 adolescent Mississippians who have come before Youth Court and have been diagnosed with a mental disorder. Adolescents appropriate for admission are 13 years but less than 21 years of age who present an Axis I Diagnosis of a severe emotional disturbance and need psychiatric residential services.



## **SERVICES FOR PERSONS WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES**

DMH is responsible for the development and implementation of services to meet the needs of individuals with intellectual and developmental disabilities. This public service delivery system is comprised of five state operated comprehensive regional centers, a state operated facility for youth who require specialized treatment, 15 regional community mental health/mental retardation centers and other non-profit community agencies/organizations that provide community services. Community and residential services are offered.

Community Services are available throughout the state for individuals with intellectual and developmental disabilities. Community Services include: assistive technology services; case management; diagnostic and evaluation services; early intervention; work activity; employment services; Home and Community-Based (HCBS) MR/DD Waiver services which may include attendant care, respite care (in-home nursing, in-home companion, community and ICF/MR), day habilitation, residential habilitation (supported and supervised), prevocational services, supported employment, physical therapy, occupational therapy, speech /language/hearing therapy, behavior support/intervention and providing specialized medical supplies; supervised and supported living arrangement services; school-based services; day support; and elderly psychosocial rehabilitation.

## **REGIONAL FACILITIES FOR PERSONS WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES**

The regional facilities for persons with intellectual and developmental disabilities provide comprehensive institutional care as licensed, intermediate care facilities for persons with IDD. In addition to providing a supervised 24-hour setting, the regional facilities provide active treatment for those individuals. This may involve a range of personal care, training, educational, vocational, recreational, social, medical, and counseling services, based on individual strengths and needs. These services include a variety of needed support services to meet special needs. Persons living at the ICF/MRs participate in individualized programs that are developed through a comprehensive interdisciplinary evaluation and program planning/monitoring process. Information from parents and other family members is integrated into this plan. The interdisciplinary staff may include professionals in audiology, medical/nursing, nutrition, psychology, social work, speech pathology, recreation, physical therapy, occupational therapy, and education.

The comprehensive regional facilities for persons with developmental disabilities are also a primary vehicle for delivering community services in various counties throughout Mississippi. In the community setting, the comprehensive regional facilities provide alternative living arrangements including group homes, supervised living, specialized homes for the elderly, and supported living. These facilities also provide diagnostic and evaluation services, employment services, early intervention services, case management services, and transitional training services.

**Boswell Regional Center**

Raymond Johnson, Director  
P.O. Box 128  
Magee, MS 39111  
Phone: 601-867-5000  
[www.brc.state.ms.us](http://www.brc.state.ms.us)

**Ellisville State School**

Renee Brett, Director  
1101 Highway 11 South  
Ellisville, MS 39437-4444  
Phone: 601-477-9384  
[www.ess.state.ms.us](http://www.ess.state.ms.us)

**Hudspeth Regional Center**

John Lipscomb, Ph.D., Director  
P.O. Box 127-B  
Whitfield, MS 39193  
Phone: 601-664-6000  
[www.hrc.state.ms.us](http://www.hrc.state.ms.us)

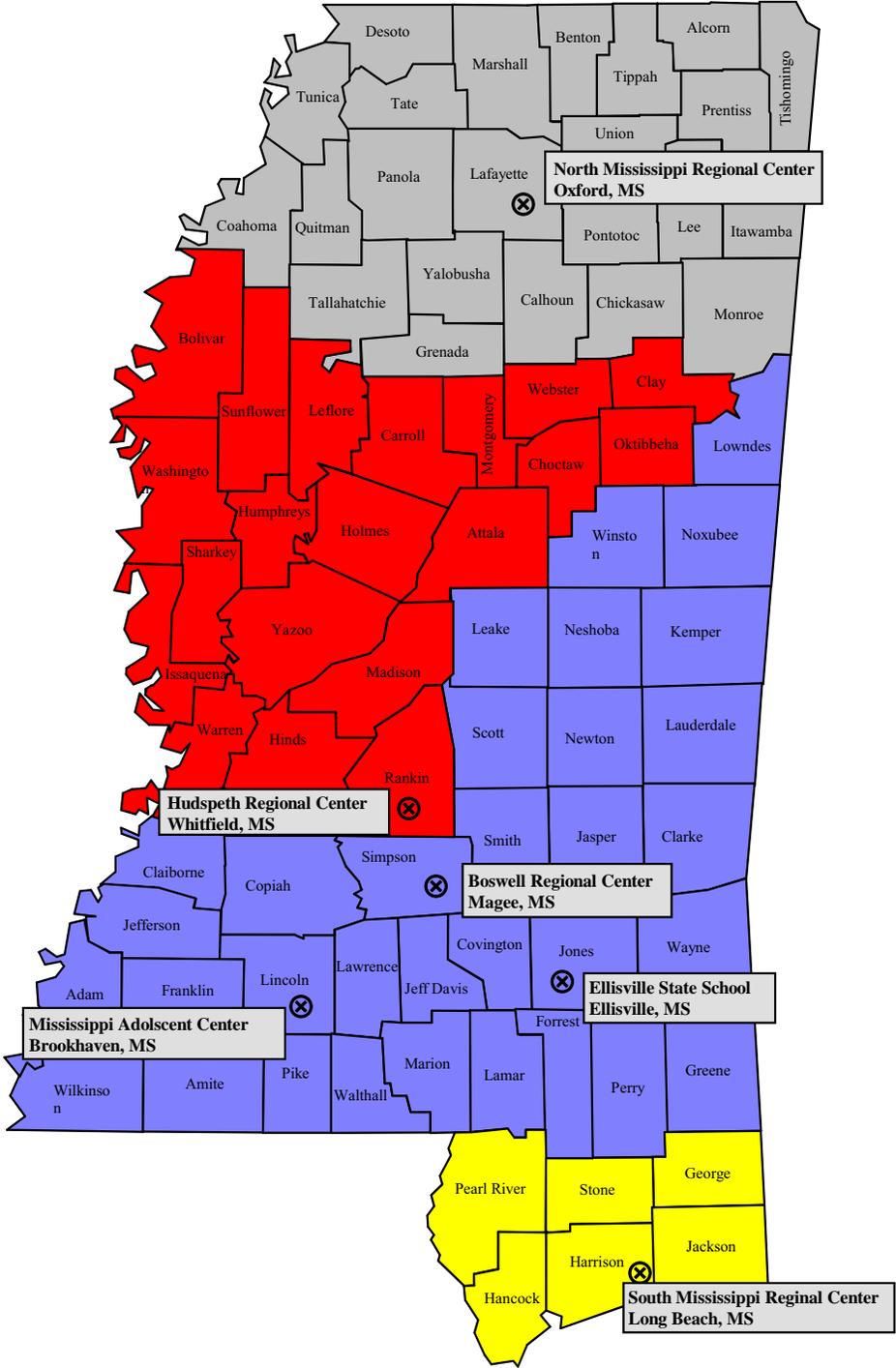
**South Miss. Regional Center**

Dorothy McEwen, Director  
1170 W. Railroad St.  
Long Beach, MS 39560-4199  
Phone: 228-868-2923  
[www.smrc.state.ms.us](http://www.smrc.state.ms.us)

**North Miss. Regional Center**

Sandy Rogers, Ph.D. Director  
967 Regional Center Drive  
Oxford, MS 38655  
Phone: 662-234-1476  
[www.nmrc.state.ms.us](http://www.nmrc.state.ms.us)

# State-Run Facilities for Persons with Intellectual/Developmental Disabilities



# ALCOHOL AND DRUG ABUSE SERVICES

DMH administers the public system of alcohol and drug abuse prevention and treatment services in Mississippi through the Bureau of Alcohol and Drug Abuse Services. These services are provided through a statewide network, which includes state-operated facilities, regional community mental health centers, and other nonprofit community-based programs.

A system of services for alcohol and drug abuse prevention and treatment was designed to reflect the philosophy that alcohol and drug abuse is a treatable and preventable illness. The overall goal of this system is to provide a continuum of community-based, accessible services. The services include prevention, outpatient, detoxification, community-based primary and transitional treatment, inpatient, and aftercare services. Technical assistance is also provided on the implementation of Employee Assistance Programs to state agencies and other interested organizations. In order to carry out effective alcohol and drug abuse services, DMH believes it must adhere to a commitment to quality care, cost-effective services, and the health and welfare of individuals through the reduction of alcohol and drug abuse. All community services are provided through a grant/contract with other state agencies, local public agencies, and nonprofit organizations.

A variety of outpatient and community-based residential alcohol and drug abuse prevention and treatment services are provided by regional community mental health/mental retardation centers (CMHCs). The Department's goal is for each CMHC to have a full range of treatment options available for the citizens in its region.

Most CMHCs provide the following substance abuse services: prevention services, employee assistance programs, individual, group, and family counseling, outreach/aftercare services, primary residential services (including detoxification services), transitional residential services, vocational counseling, and emergency services (including a 24-hour hotline). Many centers also provide a 10-week intensive alcohol and drug outpatient program for individuals who are in need of treatment but are still able to maintain job or school responsibilities. In addition, some centers offer day treatment and specialized services for children and adolescents, elderly persons, and women.

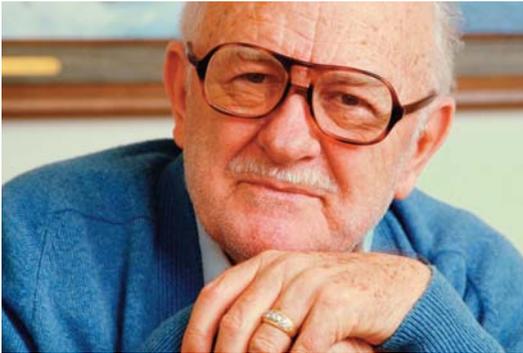
The Department's inpatient chemical dependency units are located at Mississippi State Hospital in Whitfield and East Mississippi State Hospital (EMSH) in Meridian. The chemical dependency unit at EMSH is a 25-bed unit for adult males with substance abuse

chemical dependency treatment and dual diagnosis (mental illness and substance abuse) treatment, for adolescent males. The chemical dependency service at Mississippi State Hospital consists of two units with a total of 117 active (staffed) beds. The units provide treatment for adult men and women with alcohol and/or drug problems.

**For more information about alcohol and drug abuse services visit the DMH Web site at [www.dmh.ms.gov](http://www.dmh.ms.gov) or call the Help Line at 1-877-210-8513.**

## **ALZHEIMER'S DISEASE AND OTHER DEMENTIA**

DMH is responsible for the development and maintenance of Adult Day Programs for individuals with Alzheimer's disease and other forms of dementia, and counseling, education and training for family members, caregivers and service providers. In 2000, it was estimated that 52,000 Mississippi citizens suffered from Alzheimer's disease or a related disorder.



Current projects include the funding of two adult day programs:

- Footprints Adult Day Services, Newton, MS  
601-683-4320
- Garden Park Adult Day Program, Greenwood, MS  
(662) 451-9058

Training can be customized at no charge for professionals, caregivers and service providers. The Division of Alzheimer's Disease and other Dementia currently operates in the state Central Office with satellite offices in Cleveland, Long Beach and Magee.

**For more information about Alzheimer's Disease and other Dementia visit the DMH Web site at [www.dmh.ms.gov](http://www.dmh.ms.gov) or call the Help Line at 1-877-210-8513.**

# REGIONAL COMMUNITY MENTAL HEALTH/ MENTAL RETARDATION CENTERS

Regional community mental health/mental retardation centers operate under the supervision of regional commissions appointed by county boards of supervisors comprising their respective service areas. The 15 regional centers make available a range of community-based mental health services, as well as substance abuse and intellectual/developmental disabilities services to all 82 counties. DMH is responsible for certifying, monitoring, and assisting the regional community mental health centers. These regional community mental health centers are the primary service providers with whom the Department of Mental Health contracts to provide community-based services.

## **REGION 1**

Region One Mental Health Center  
1742 Cheryl St.  
P.O. Box 1046  
Clarksdale, MS 38614  
Karen Corley  
Interim Executive Director  
Phone: 662-627-7267

## **REGION 2**

Communicare  
152 Highway 7  
S. Oxford, MS 38655  
Michael D. Roberts, Ph.D.  
Executive Director  
Phone: 662-234-7521

## **REGION 3**

Region III Mental Health Center  
2434 S. Eason Blvd.  
Tupelo, MS 38804  
Robert J. Smith  
Executive Director  
Phone: 662-844-1717

## **REGION 4**

Timber Hills Mental Health Services  
303 N. Madison  
Corinth, MS 38835-0839  
Charlie D. Spearman, Sr.  
Executive Director  
Phone: 662-286-9883

## **REGION 5**

Delta Community Mental Health Services  
1654 East Union St.  
P.O. Box 5365  
Greenville, MS 38704-5365  
Richard Duggin  
Interim Executive Director  
Phone: 662-335-5274

## **REGION 6**

Life Help, Old Browning Rd  
P.O. Box 1505,  
Greenwood, MS 38935-1505  
Madolyn Smith  
Executive Director  
Phone: 662-453-6211

## **REGION 7**

Community Counseling Services  
302 North Jackson St.  
P.O. Box 1188  
Starkville, MS 39760-1188  
Jackie Edwards  
Executive Director  
Phone: 662-323-9261

**REGION 8**

Region 8 Mental Health Services  
613 Marquette Rd.  
P.O. Box 88  
Brandon, MS 39043  
Dave Van  
Executive Director  
Phone: 601-825-8800

**REGION 9**

Hinds Behavioral Health Services  
P.O. Box 7777  
Jackson, MS 39284  
Margaret L. Harris  
Executive Director  
Phone: 601-321-2400

**REGION 10**

Weems Community Mental Health Center  
1415 College Rd.  
P.O. Box 4378  
Meridian, MS 39304  
Maurice Kahlmus, Ed.D  
Executive Director  
Phone: 601-483-4821

**REGION 11**

Southwest MS Mental Health Complex  
1701 White St.  
P.O. Box 768  
McComb, MS 39649-0768  
Steve Ellis, Ph.D.  
Executive Director  
Phone: 601-684-2173

**REGION 12**

Pine Belt Mental Healthcare Resources  
103 South 19th Ave.  
P.O. Box 18679  
Hattiesburg, MS 39404-8679  
Jerry Mayo  
Executive Director  
Phone: 601-544-4641

**REGION 13**

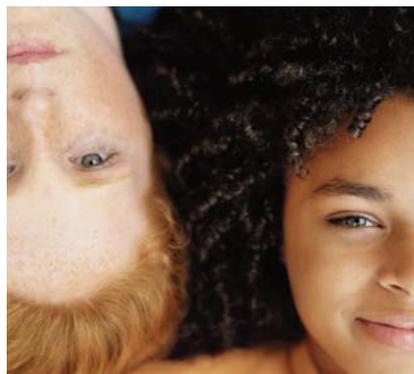
Gulf Coast Mental Health Center  
1600 Broad Ave.  
Gulfport, MS 39501-3603  
Jeffrey L. Bennett  
Executive Director  
Phone: 228-863-1132

**REGION 14**

Singing River Services  
3407 Shamrock Court  
Gautier, MS 39553  
Sherman Blackwell, II, Ed.D  
Executive Director  
Phone: 228-497-0690

**REGION 15**

Warren-Yazoo Mental Health Services  
3444 Wisconsin Ave.  
P.O. Box 820691  
Vicksburg, MS 39182  
Steve Roark  
Executive Director  
Phone: 601-638-0031



# Community Mental Health/Mental Retardation Center Service Areas



# CRISIS STABILIZATION UNITS

The role of the Crisis Stabilization Units in the regional system is to provide stabilization and treatment services to persons who are in psychiatric crisis. It is believed that many of these individuals with mental illness can be treated in the center and returned to the community without an inpatient admission to the state psychiatric hospital. The more quickly a person receives treatment, as opposed to being "held" without treatment, the less likely his or her condition will worsen. An individual can receive involuntary and voluntary treatment at a Crisis Stabilization Unit. In addition, after treatment an individual will already be connected with their local Community Mental Health Center.

## **Corinth Crisis Stabilization Unit**

Operated by Timber Hills Mental Health Services  
1000 State Street  
Corinth, MS 38834  
Phone: (662) 286-5469  
Fax: (662) 286-6971

## **Laurel Crisis Stabilization Unit**

**Westway Behavioral Healthcare**  
Operated by Pine Belt Mental Healthcare Resources  
934 West Drive  
Laurel, MS 39440  
Phone: (601) 426-7520  
Fax: (601) 428-5790

## **Batesville Crisis Stabilization Unit**

Operated by Timber Hills Mental Health Services  
120 Randy Hendrix Drive  
Batesville, MS 38606  
Phone: (662) 563-9176  
Fax: (662) 563-7384

## **Newton Crisis Stabilization Unit**

Operated by Central Mississippi Residential Center  
700 Northside Drive  
P.O. Box 470  
Newton, MS 39345  
Phone: (601) 683-4300  
Fax: (601) 683-4303

## **Cleveland Crisis Stabilization Unit Capps Crisis Stabilization Unit**

Operated by Delta Community Mental Health Services  
714 Third Street  
Cleveland, MS 38732  
Phone: (662) 846-2620  
Fax: (662) 846-2660

## **Grenada Crisis Stabilization Unit**

Operated by Life Help  
1970 Grandview Drive  
Grenada, MS 38901  
Phone: (662) 227-3700  
Fax: (662) 227-3740

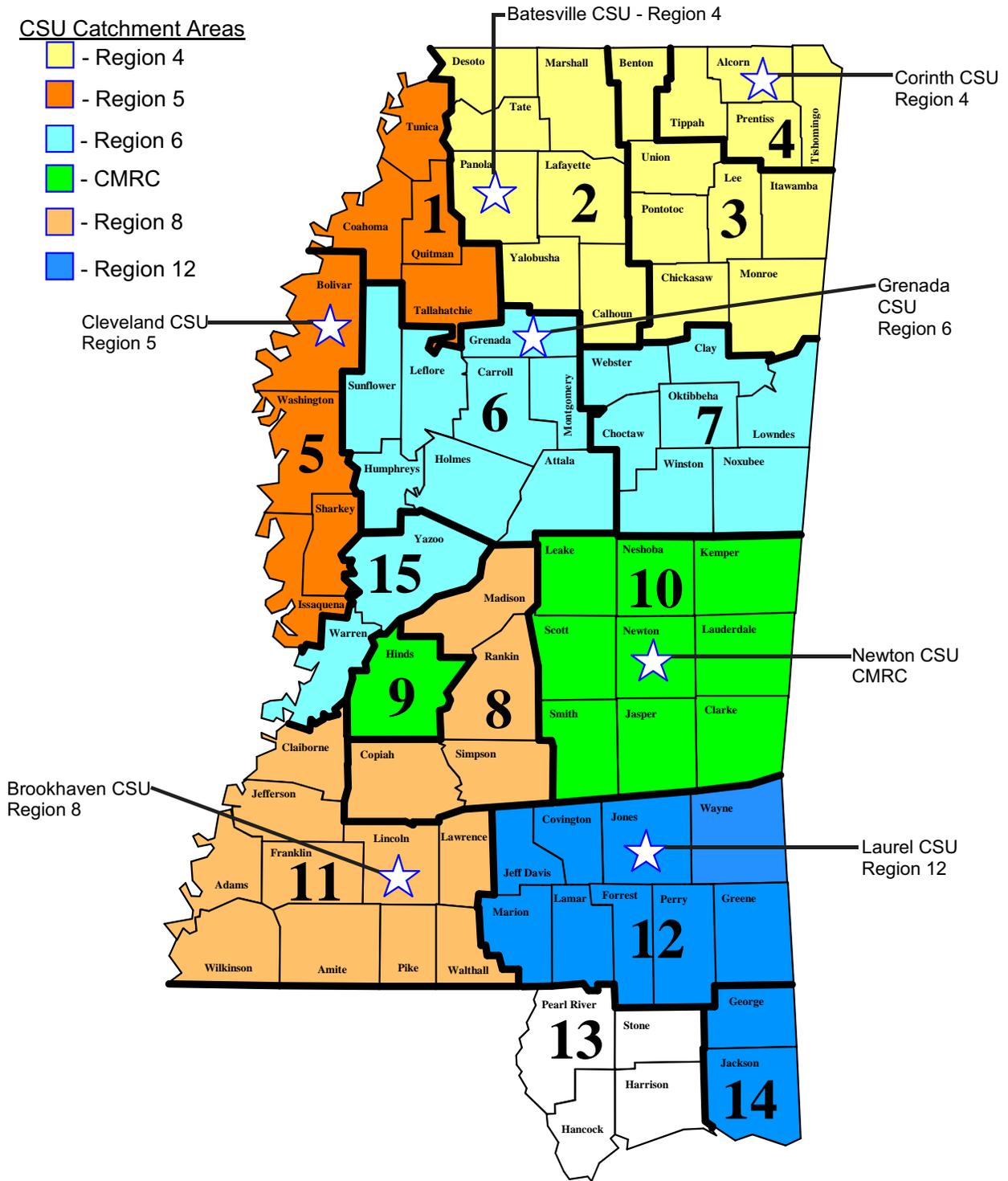
## **Brookhaven Crisis Stabilization Unit**

Operated by Region 8 Mental Health Services  
725 Brookman Drive Extension  
Brookhaven, MS  
Phone: (601) 823-2300  
Fax: (601) 823-2332

# CRISIS STABILIZATION UNITS

## CSU Catchment Areas

- Region 4
- Region 5
- Region 6
- CMRC
- Region 8
- Region 12



**Supporting a Better Tomorrow...Today**



September 2010





