

OTHER EDUCATION RESOURCES

MS Families as Allies for Children's Mental Health
800-833-9671

National Alliance for the Mentally Ill (NAMI) Mississippi Chapter
800-357-0388

National Mental Health Association
800-969-6642

Mental Health Association of Mississippi
800-584-6274

Mental Health Association of the Capital Area, Inc.
601-956-2800

Mental Health Association of Lauderdale County
601-693-2893

Mental Health Association of the Pine Belt
601-794-0219

Mental Health Association of Washington County
662-332-8604

Mental Health Volunteers of Jackson County
228-762-1675

A Guide to Public Mental Health Resources

**How do you know when
someone needs help?**



**Mississippi Department
of
Mental Health**

WHAT IS MENTAL ILLNESS?

Mental illness is a medical disease which affects the brain causing abnormal changes in a person's thinking, feeling and behavior. The facilities of the Mississippi State Department of Mental Health primarily treat serious mental illnesses such as schizophrenia, bipolar disorder and major depression.

HOW CAN I TELL IF SOMEONE IS MENTALLY ILL?

Usually, there are a number of signs which may include disorganized or withdrawn behavior, poor concentration, hearing voices or seeing things others don't see, suspiciousness, sudden changes in mood, frequent complaints of physical ailments or severe, long periods of nervousness. If you think someone has symptoms of a mental illness, seek the assistance of a mental health professional.

HOW DO I GET HELP?

Many mental disorders and illnesses can be successfully treated without an individual having to go to a hospital. Other individuals may need hospitalization. Contact your local community mental health center, and staff will explain the treatment possibilities there. An assessment will occur and a determination will be made if mental health services would be helpful, such as medication, individual and/or family therapy, psychosocial rehabilitation services (therapeutic activities in a day program which can help individuals achieve/maintain as much independence in daily life as possible), residential services, and family or consumer education. If necessary, staff

may guide you or the person you are concerned about through the process for hospitalization. This process might include civil commitment at one of the four state psychiatric hospitals. Private providers in your area may also provide treatment alternatives.

ADMISSION TO MISSISSIPPI'S STATE HOSPITALS

The process for mental health civil commitment for admission to the state hospitals begins with the filing of an affidavit (a legal document) at the Chancery Court. If a pre-evaluation screening at the mental health center suggests a commitment examination is warranted, an examination must be done by either two physicians or by a physician and a licensed, certified psychologist. If they recommend treatment in a hospital, or other setting, the judge will make a decision based on all the evidence presented, if treatment should proceed, and if so, at an inpatient or outpatient facility. When an individual is committed to a state hospital, the required legal documents are sent to that hospital's Admission Office by the Chancery Court. Once these documents are received, an admission date and time are set. The admission will involve a review of hospital documents, questions to obtain general information and an inventory of the individual's personal possessions.

TREATMENT PROGRAM

Like most illnesses, treatment for mental illness consists typically of a combination of medication, education and therapeutic programming. When individuals are admitted to a state hospital, they

are oriented to their living environment by staff who review program schedules and activities, and individuals' rights and responsibilities with them. Initial assessments begin within a few hours after admission. They are conducted by members of the treatment team which consists of a doctor, nurses, psychology staff, recreation staff, and a social worker. Based on these assessments, individuals receiving treatment and their treatment team develop a treatment plan within the first week to ten days. The treatment plan describes goals for an individual to accomplish and lists groups, activities and other forms of treatment prescribed by the treatment team. Treatment at the state hospitals helps individuals to live as normal lives as possible in the most independent setting appropriate. Once discharged from a state hospital, most individuals continue treatment through various programs at their local community mental health center or other local programs.

ADDITIONAL INFORMATION

For more information, contact any of the facilities or associations listed on this card or refer to the information below:

Mississippi Department of Mental Health

1101 Robert E. Lee Building
239 N. Lamar Street
Jackson, MS 39201
(601) 359-1288
(601) 359-6295 (fax)
(601) 359-6230 (TDD)

Web Address: www.dmh.state.ms.us

DEPARTMENT OF MENTAL HEALTH TOLL-FREE HELP LINE

(877) 210-8513

STATE PSYCHIATRIC FACILITIES

Mississippi State Hospital

PO Box 157-A
Whitfield, MS 39193
(601) 351-8000
www.msh.state.ms.us

East Mississippi State Hospital

PO Box 4128, West Station
Meridian, MS 39304-4128
(601) 482-6186
www.emsh.state.ms.us

North Mississippi State Hospital

1937 Briar Ridge Road
Tupelo, MS 38804
(662) 690-4200
www.nmsh.state.ms.us

South Mississippi State Hospital

823 Highway 589
Purvis, MS 39475
(601) 794-0100
www.smsl.state.ms.us

Central Mississippi Residential Center

(Under Construction)
312 S. College St.
Newton, MS 39345
(601) 683-2061
www.cmrc.state.ms.us

REGIONAL COMMUNITY MENTAL HEALTH CENTERS

Region 1 MHC
1742 Cheryl St.
Clarksdale, MS 38614
(662) 627-7267

Region 2, Communicare
152 Highway. 7, S.
Oxford, MS 38655
(662) 234-7521

Region 3 MHC
2434 S, Eason Blvd.
Tupelo, MS 38804
(662) 844-1717

Region 4, Timber Hills
303 N. Madison St.
Corinth, MS 38834
(662) 286-9883

Region 5, Delta Community MH
1654 E. Union St.
Greenville, MS 38703
(662) 335-5274

Region 6, Life Help
Old Browning Road
Greenwood, MS 38930
(662) 453-6211

Region 7, Community Counseling Services
302 N. Jackson St.
Starkville, MS 39759
(662) 323-9261

Region 8 MHC
613 Marquette Road
Brandon, MS 39042
(601) 825-8800

Region 9, Jackson MHC
969 Lakeland Drive
Jackson, MS 39216
(601) 364-6103

Region 10, Weems
1415 College Road
Meridian, MS 39307
(601) 483-4821

Region 11, Southwest
1701 White St.
McComb, MS 39648
(601) 684-2173

Region 12, Pine Belt
103 S. 19th Ave.
Hattiesburg, MS 39401
(601) 544-4641

Region 13, Gulf Coast
1600 Broad Ave.
Gulfport, MS 39501-3603
(228) 863-1132

Region 14, Singing River
3407 Shamrock Court
Gautier, MS 39553
(228) 497-0691

Region 15, Warren-Yazoo
3444 Wisconsin Ave.
Vicksburg, MS 39180
(601) 638-0031

Each MS county is located in the service area of one of the mental health regions listed on the previous page. See below for the region that serves your county of residence.

<u>County</u>	<u>Region</u>	<u>County</u>	<u>Region</u>
Adams	11	Leflore	6
Alcorn	4	Lincoln	11
Amite	11	Lowndes	7
Attala	6	Madison	8
Benton	3	Marion	12
Bolivar	5	Marshall	2
Calhoun	2	Monroe	3
Carroll	6	Montgomery	6
Chickasaw	3	Neshoba	10
Choctaw	7	Newton	10
Claiborne	11	Noxubee	7
Clarke	10	Oktibbeha	7
Clay	7	Panola	2
Coahoma	1	Pearl River	13
Copiah	8	Perry	12
Covington	12	Pike	11
DeSoto	2	Pontotoc	3
Forrest	12	Prentiss	4
Franklin	11	Quitman	1
George	14	Rankin	8
Greene	12	Scott	10
Grenada	6	Sharkey	5
Hancock	13	Simpson	8
Harrison	13	Smith	10
Hinds	9	Stone	13
Holmes	6	Sunflower	6
Humphries	6	Tallahatchie	1
Issaquena	5	Tate	2
Itawamba	3	Tippah	4
Jackson	14	Tishomingo	4
Jasper	10	Tunica	1
Jefferson	11	Union	3
Jefferson Davis	12	Walthall	11
Jones	12	Warren	15
Kemper	10	Washington	5
Lafayette	2	Wayne	12
Lamar	12	Webster	7
Lauderdale	10	Wilkinson	11
Lawrence	11	Winston	7
Leake	10	Yalobusha	2
Lee	3	Yazoo	15