

*Mississippi Department
of
Mental Health*



FY13 Annual Report

Supporting a better tomorrow...today

Mississippi Department of Mental Health

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Mission, Vision, and Core Values

DMH Mission

Supporting a better tomorrow by making a difference in the lives of Mississippians with mental illness, substance abuse problems and intellectual/developmental disabilities, one person at a time.

Vision

We envision a better tomorrow where the lives of Mississippians are enriched through a public mental health system that promotes excellence in the provision of services and supports.

A better tomorrow exists when...

- All Mississippians have equal access to quality mental health care, services and supports in their communities.
- People actively participate in designing services.
- The stigma surrounding mental illness, intellectual/developmental disabilities, substance abuse and dementia has disappeared.
- Research, outcomes measures, and technology are routinely utilized to enhance prevention, care, services, and supports.

Core Values & Guiding Principles

People We believe people are the focus of the public mental health system. We respect the dignity of each person and value their participation in the design, choice and provision of services to meet their unique needs.

Community We believe that community-based service and support options should be available and easily accessible in the communities where people live. We believe that services and support options should be designed to meet the particular needs of the person.

Commitment We believe in the people we serve, our vision and mission, our workforce, and the community-at-large. We are committed to assisting people in improving their mental health, quality of life, and their acceptance and participation in the community.

Excellence We believe services and supports must be provided in an ethical manner, meet established outcome measures, and are based on clinical research and best practices. We also emphasize the continued education and development of our workforce to provide the best care possible.

Accountability We believe it is our responsibility to be good stewards in the efficient and effective use of all human, fiscal, and material resources. We are dedicated to the continuous evaluation and improvement of the public mental health system.

Collaboration We believe that services and supports are the shared responsibility of state and local governments, communities, family members, and service providers. Through open communication, we continuously build relationships and partnerships with the people and families we serve, communities, governmental/nongovernmental entities and other service providers to meet the needs of people and their families.

Integrity We believe the public mental health system should act in an ethical, trustworthy, and transparent manner on a daily basis. We are responsible for providing services based on principles in legislation, safeguards, and professional codes of conduct.

Awareness We believe awareness, education, and other prevention and early intervention strategies will minimize the behavioral health needs of Mississippians. We also encourage community education and awareness to promote an understanding and acceptance of people with behavioral health needs.

Innovation We believe it is important to embrace new ideas and change in order to improve the public mental health system. We seek dynamic and innovative ways to provide evidence-based services/supports and strive to find creative solutions to inspire hope and help people obtain their goals.

Respect We believe in respecting the culture and values of the people and families we serve. We emphasize and promote diversity in our ideas, our workforce, and the services/supports provided through the public mental health system.

Mississippi Department of Mental Health

Introduction

Since its inception in 1974, the Mississippi Department of Mental Health (DMH) has endeavored to provide services of the highest quality through a statewide service delivery system. As one of the major state agencies in Mississippi, DMH provides a network of services to individuals who experience problems with mental illness, alcohol and/or drug abuse/dependence, or who have intellectual or developmental disabilities. Services are provided through an array of facilities and agencies operated, certified and/or funded by DMH.

Mission

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Vision

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FY 2013 Services Snapshot

Behavioral Health Programs.....	7,362
*Mental Health Community Services.....	182,263
Crisis Stabilization Units.....	3,731
Alcohol and Drug Abuse Treatment Services.....	18,389
**Intellectual/Developmental Disabilities (IDD) Residential Services.....	2,339
IDD Day Programs & Other Support Services.....	6,791
IDD Home and Community Based Waiver Enrollment.....	1,961
IDD Home and Community Based Waiver Services.....	5,183

*Individuals may have received more than one service. Numbers may be duplicated.

**Residential Services includes Campus Residential, ICF/MR Group Homes, Supervised Living, and Supported Living.

Statutory Authority of the Department of Mental Health

The Mississippi Department of Mental Health was created in 1974 by an Act of the Mississippi Legislature, Regular Session, as outlined in Sections 41-4-1 et seq. of the Mississippi Code of 1972, Annotated. The statute placed into one agency mental health, alcohol/drug abuse, and intellectual and developmental disabilities programs which had previously been under the direction of the State Board of Health, the Interagency Commission on Mental Illness and Intellectual and Developmental Disabilities, the Board of Trustees of Mental Institutions, and the Governor's Office. The statute also addresses the Department of Mental Health's responsibilities concerning services for persons with Alzheimer's disease and other dementia.

The **network of services** comprising the public system is delivered through **three major components**:

State-operated programs The four state comprehensive behavioral health programs, the five IDD regional programs, a mental health community living program, and two specialized programs for adolescents. These programs serve designated counties or service areas in the State and provide inpatient psychiatric, chemical dependence, forensic, limited medical/surgical hospital services, some community mental health services in areas near the state comprehensive psychiatric hospitals, intermediate care program services for persons with intellectual and developmental disabilities, and a range of community services for persons with developmental disabilities. Nursing facility services are also located on the grounds of two of the state comprehensive psychiatric programs.

Regional community mental health/mental retardation centers operate under the supervision of regional commissions appointed by county boards of supervisors comprising their respective service areas. The 15 regional centers make available a range of community-based mental health, substance abuse, and in some regions, intellectual and developmental disabilities services. The governing authorities are considered regional and not state-level entities. The Department of Mental Health is responsible for certifying, monitoring, and assisting the regional community mental health centers. These regional community mental health centers are the primary service providers with whom the Department of Mental Health contracts to provide community-based mental health and substance abuse services.

Other nonprofit service agencies/organizations, which make up a smaller part of the service system, are certified and may also receive funding through the Department of Mental Health to provide community-based services. Many of these nonprofit agencies may also receive additional funding from other sources. Programs currently provided through these nonprofit agencies include community-based alcohol/drug abuse services, community services for persons with developmental disabilities and community services for children with mental illness or emotional problems.

Four Service Delivery Populations

- Intellectual and Developmental Disabilities
- Mental Illness
- Alcohol and Drug Services
- Alzheimer’s Disease and Other Dementia

Estimated Prevalence of Need

2013 estimates of number of people needing services in MS

Intellectual and Developmental Disabilities.....	43,300
Mental Health.....	165,000
Alcohol and Drug Abuse.....	186,000
Alzheimer’s Disease and Other Dementia.....	53,000

Behavioral Health Programs

The **state behavioral health programs** are administered by the Department of Mental Health. These programs offer residential and/or community services for mental health, substance abuse, and Alzheimer's disease and other dementia. The programs are administered by the Bureau of Mental Health.

East Mississippi State Hospital

Charles Carlisle, Director
P.O. Box 4128 West Station
Meridian, MS 39304-4128
Phone: 601-482-6186
www.emsh.state.ms.us

Mississippi State Hospital

James G. Chastain, Director
P.O. Box 157-A
Whitfield, MS 39193
Phone: 601-351-8000
www.msh.state.ms.us

North Mississippi State Hospital

Paul A. Callens, Ph.D., Director
1937 Briar Ridge Rd.
Tupelo, MS 38804
Phone: 662-690-4200
www.nmsh.state.ms.us

South Mississippi State Hospital

Clint Ashley, Director
823 Highway 589
Purvis, MS 39475
Phone: 601-794-0100
www.smsl.state.ms.us

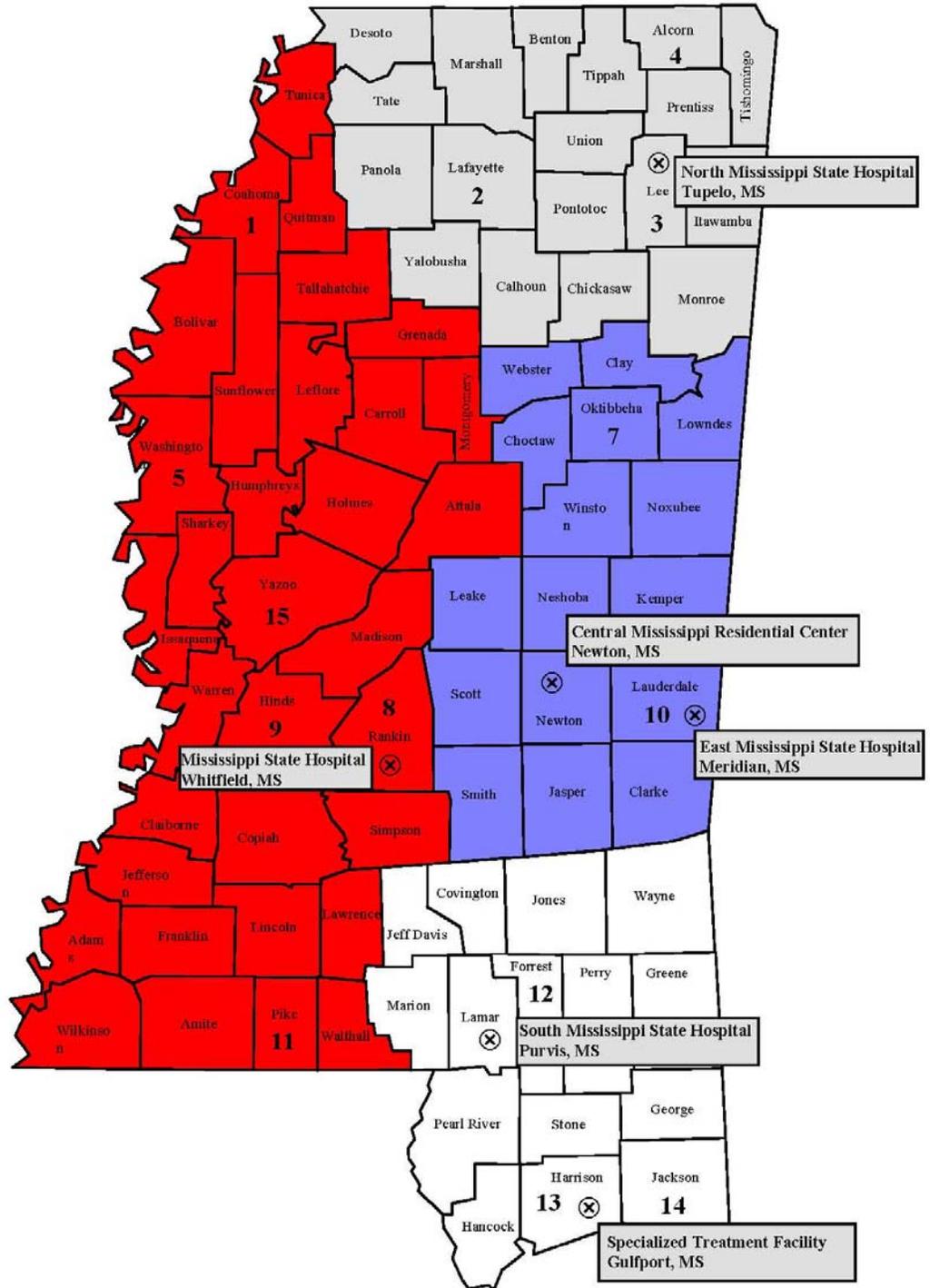
Central Mississippi Residential Center

Debbie Ferguson, Ph.D., Director
P.O. Box 470
Newton, MS 39345
Phone: 601-683-4200
www.cmrc.state.ms.us

Specialized Treatment Facility

Stacy Miller, Director
14426 James Bond Road
Gulfport, MS 39503
Phone: 228-328-6000
www.stf.state.ms.us

Behavioral Health Programs



Mississippi State Hospital is located in Whitfield and provides residential and/or community services for mental health, substance abuse, and Alzheimer’s disease and other dementia. MSH is Joint Commission accredited.

**Individuals Served at
Mississippi State Hospital in FY 2013**

Inpatient Services	
Acute Psychiatric	1,404
Continued Treatment Services	134
Medical Surgical Hospital	231
Oak Circle Center for Adolescents	345
Forensics	60
Chemical Dependency Services	893
Nursing Home Services	
Jaquith Nursing Home (JNH)	451
Community Services	
Outpatient Therapy	0
Clubhouse	120
Supported and Transitional Employment	6
Group Homes	56
Case Management	233
Homeless Program (Stubbs House)	50
Total	3,983

East Mississippi State Hospital is located in Meridian and provides residential and/or community services for mental health, substance abuse, and Alzheimer’s disease and other dementia.

Individuals Served at East MS State Hospital in FY 2013

Inpatient Services	
Acute Psychiatric Care	702
Transition Unit	52
Adolescent Psychiatric Males	92
RP White Nursing Facility	107
JT Champion Nursing Facility	124
Adolescent Chemical Dependency Services	72
Adult Chemical Dependency Services	341
Medical Care Unit	55
Community Services	
Outpatient Therapy	146
Group Homes	117
Halfway Houses	11
Case Management	117
Total	1,936

North Mississippi State Hospital is located in Tupelo and provides acute inpatient services for adult men and women with serious mental illness.

Individuals Served at North MS State Hospital in FY 2013

Total Served
560

South Mississippi State Hospital in Purvis is an acute-care, regional behavioral health program with the primary purpose to offer a continuum of services for adults with mental illness within the patient’s region of residence.

Individuals Served at South MS State Hospital in FY 2013

Total Served
603

Central Mississippi Residential Center is located in Newton and provides behavioral health services in a community setting, minimizing the need for hospitalization.

Individuals Served at Central MS Residential Center in FY 2013

Group Homes	87
Apartments	22
Footprints	30
Total	139

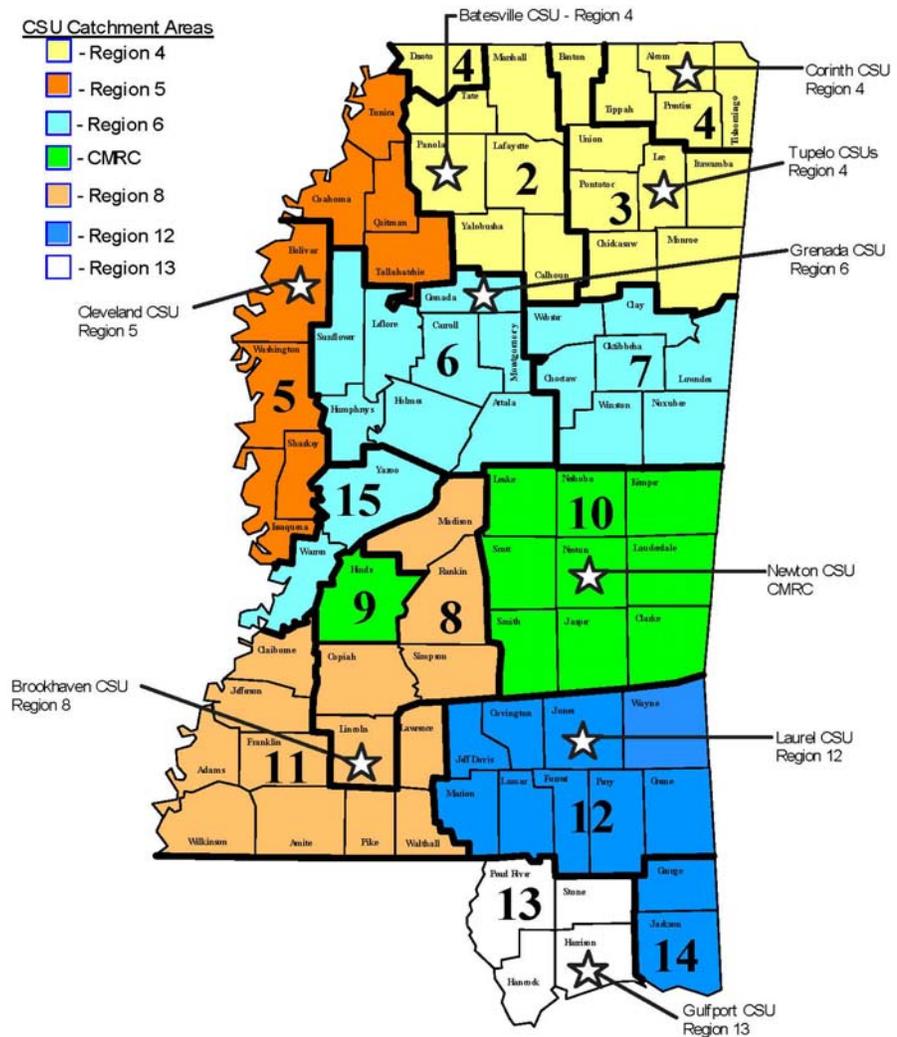
The Specialized Treatment Facility is an adolescent behavioral health residential treatment program. Residents are between 13-18 years of age who have been civil committed or transferred within the DMH. Priority placements are given to adolescents that have come into contact with the legal system.

Individuals Served at Specialized Treatment Facility in FY 2013

Total Served
141

Crisis Stabilization Units

Crisis Stabilization Units (CSUs) offer time-limited residential treatment services designed to serve adults with severe mental health episodes that if not addressed would likely result in the need for inpatient care. The community-based service setting provides intensive mental health assessment and treatment. Follow-up outreach and aftercare services are provided as an adjunct to this service.



CSUs	Total Served
Batesville CSU	308
Brookhaven CSU	428
Cleveland CSU	202
Corinth CSU	534
Grenada CSU	401
Gulfport CSU	495
Laurel CSU	357
Newton CSU	522
Tupelo CSU	484
Total	3,731

A variety of adult mental health services were provided by community mental health providers certified by DMH from October 1, 2012 to September 30, 2013. Below is a list of the services and the number of individuals served.

Psychosocial Rehabilitation

Psychosocial Rehabilitation Program consist of a network of services to support and restore community functioning and well-being of adults with serious and persistent mental illness. The program is designed to promote recovery, resiliency, and empowerment of the individual in his/her community. **For the 12 month period, a total of 3,562 were served.**

Pre-Evaluation Screening & Civil Commitment Examinations

Pre-evaluation screening provides descriptive information to determine whether or not further examination is needed; a diagnosis is not made during this screening step. **For the 12 month period, 5,367 individuals were served.**

Community Support Services

Community Support Services address the mental health needs of the individual. Services are focused on the individual's ability to succeed in the community and identify and assist with accessing services. **For the 12 month period, 17,770 individuals were served. Additionally there were 4,557 individuals served through Intensive Community Support and 4,184 individuals received Targeted Case Management.**

Community Living

Community Living offers a variety of supervised or supported housing options across the State. Group Homes, Halfway Houses, and Apartments make up the living options based on the need of individuals served. **There are a total of 613 Community Living beds. For the 12 month period, 942 individuals were served.**

Outpatient Therapy Services

Outpatient treatment includes individual, family, group, and multi-family group therapies. **For the 12 month period, 48,672 individuals were served.**

Serious Mental Illness Homeless Services

PATH (Projects for Assistance in Transitioning from Homelessness) provides funding for specialized services for homeless individuals with mental illness and individuals at-risk of homelessness in targeted areas of the state. **For the 12 month period, 675 individuals were served. Additionally, there were 462 individuals with mental illness who were homeless and were served by Community Mental Health Centers.**

Acute Partial Hospitalization

Acute Partial Hospitalization is a program that provides medical supervision, nursing services, structured therapeutic activities and intensive psychotherapy (individual, family and/or group) to individuals who are experiencing a period of such acute distress that their ability to cope with normal life circumstances is severely impaired. **For the 12 month period, 100 individuals were served.**

Psychosocial Rehabilitation/Senior Services

The Psychosocial Rehabilitation/Senior Services program was designed to support and enhance the ability of the elderly to function at the highest possible level of independence in the most integrated setting appropriate to their need. **For the 12 month period, 750 individuals were served in the Community programs. Additionally, 1,397 individuals were served in Nursing Home programs.**

Physician/Psychiatric Services

Individuals must be provided access to physician/psychiatric services that include medication evaluation and monitoring, prescribing of medications, regular monitoring of the effects of medication prescribed, and certifying individual treatment plans. **For the 12 month period, 40,060 individuals were served.**

Drop-In Center

Drop-In Center is a consumer-run program which offer services in a non-clinical atmosphere and which focus on self-help activities, social skills, job skills and decreasing isolation. **For the 12 month period, 61 individuals were served.**



A variety of children and youth mental health services were provided by community mental health providers certified by DMH from July 1, 2012 to June 30, 2013. Below is a list of the services and the number of children and youth served.

Residential Services

The children/youth appropriate for community residential services do not need the services provided in a long-term psychiatric residential treatment center or in any long-term psychiatric setting or other more restrictive setting.

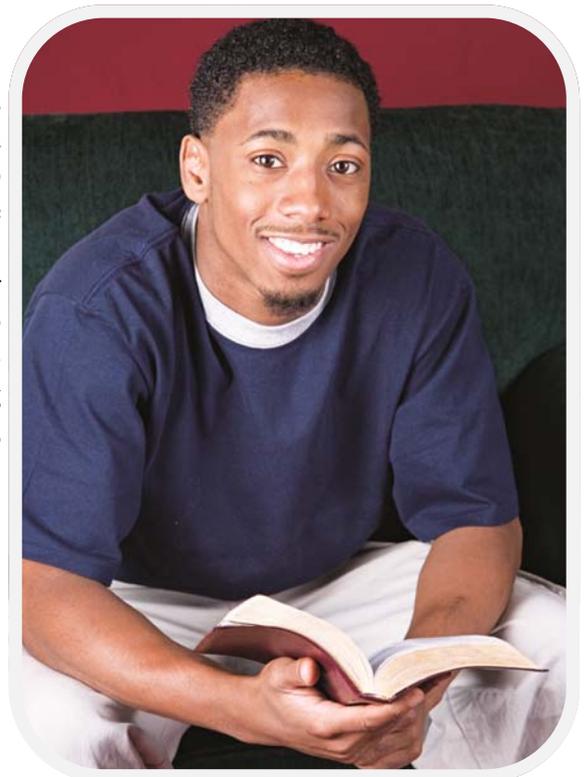
- **Therapeutic Group Homes** provide a structured therapeutic home environment, and the youth served in these homes have behavioral/emotional disorders and serious emotional disturbance. **During a 12 month period, 260 children and youth were served. In FY13, eight group homes closed.**
- **Therapeutic Foster Care** is an intensive community-based program composed of mental health professional staff and trained foster parents who provide a therapeutic program for children and adolescents with serious emotional disturbances living in a foster home. **During a 12 month period, 163 children and youth were served.**

Prevention/Early Intervention

Services include preventive mental health programs targeting vulnerable at-risk groups designed to prevent the occurrence of mental health and/or emotional problems and service programs designed to intervene as early as possible. **During a 12 month period, 778 children and youth were served.**

Mississippi Transitional Outreach Program (MTOPI)

MTOPI is an initiative that provides services and resources to youth and young adults, ages 14 to 21, to help them navigate transitions. There are three location sites in Meridian, Louisville, and Corinth that offer mental health services in addition to supports such as assistance with education, employment, and living skills. **During a 12 month period, 218 youth were served.**



Intensive Crisis Intervention/Emergency Response

These are specialized time-limited interventions, available 24 hours a day, seven days a week. Emergency crisis response staff triage referrals and respond in a timely and adequate manner to diffuse the current crisis and maintain the child/youth in the least restrictive, yet appropriate, environment. **During a 12 month period, 2,555 children and youth were served.**



Case Management Services

Case Management is the provision and coordination of services that are an integral part of helping individuals access needed medical, social, educational, and other services in order to attain their highest level of independent functioning. **During a 12 month period, 15,272 children and youth were served.**

Outpatient Therapy

Outpatient treatment includes individual, family, group, and multi-family group therapies. **During a 12 month period, 28,577 children and youth were served.**

Family Education and Support Services

These programs are designed to keep the family together while learning coping skills and strengthening the caregivers capability of utilizing resources. **During a 12 month period, 190 family education/support groups were available across the state.**

Day Treatment

Day Treatment is a therapeutic service designed for individuals who require less than 24-hour-a-day care, but more than other less intensive outpatient care. **During a 12 month period, 4,318 children and youth were served.**

MAP Teams

The Making A Plan (MAP) Teams address the needs of children up to 21 years of age with serious emotional/behavioral disorders who require services from multiple agencies. The MAP Team must be composed of, at a minimum, one representative from the county level from each of the following major agencies that serve children: a bachelor's degree representative employed by the regional Community Mental Health Centers, the local school district in the county, the county office of Family and Children's Services of the State Department of Human Services, the county or regional Youth Services Division of the State Department of Human Services, and the county or regional office of the State Department of Rehabilitation Services. **During a 12 month period, MAP Teams served 1,373 children and youth.**

DMH is responsible for counseling, education and training for family members, caregivers and service providers. The Division of Alzheimer's Disease and Other Dementia employs Masters level trainers and has field offices located in Oxford, Magee, Long Beach and the Central Office in Jackson. According to the Alzheimer's Association, an estimated 53,000 Mississippians are diagnosed with Alzheimer's disease.

Training Initiatives Offered in FY 2013

Alzheimer's and Dementia Education

Total Venues: 1
Total Participants: 150

Virtual Dementia Tour

Total Venues: 20
Total Participants: 740

Understanding Dementia in Individuals with IDD

Total Venues: 1
Total Participants: 75

Health Fairs/Senior Fairs

Total Venues: 27
Total Participants: 7,785

Additional Trainings

Total Venues: 40
Total Participants: 1,600

Suicide Prevention in the Elderly

Total Presentations: 34
Total Participants: 2,000

Silver Alert

Total Presentations: 35
Total Participants: 1,517

13th Annual Conference on Alzheimer's Disease and Psychiatric Disorders in the Elderly

Total Vendors: 56
Total Participants: 474

Mississippi Physician's Conference on Alzheimer's Disease

Total Participants: 80

Technical Assistance to Respite Day Programs

Number of Programs assisted: 9

Paint it Purple! Alzheimer's Awareness Events: 60 statewide

Community Outreach Activities not otherwise reflected: 30



IDD Programs

DMH is responsible for the development and implementation of services to meet the needs of **individuals with intellectual and developmental disabilities**. This public service delivery system is comprised of five state-operated comprehensive programs, a state-operated program for youth who require specialized treatment, 15 regional community mental health/mental retardation centers and other non-profit community agencies/organizations that provide community services. Community and residential services are offered.

Boswell Regional Center

Steven Allen, Director
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Magee, MS 39111
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Ellisville State School

Renee Brett, Director
1101 Highway 11 South
Ellisville, MS 39437-4444
Phone: 601-477-9384
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Hudspeth Regional Center

Mike Harris, Director
P.O. Box 127-B
Whitfield, MS 39193
Phone: 601-664-6000
www.hrc.state.ms.us

North Mississippi Regional Center

Edie Hayles, Director
967 Regional Center Drive
Oxford, MS 38655
Phone: 662-234-1476
www.nmrc.state.ms.us

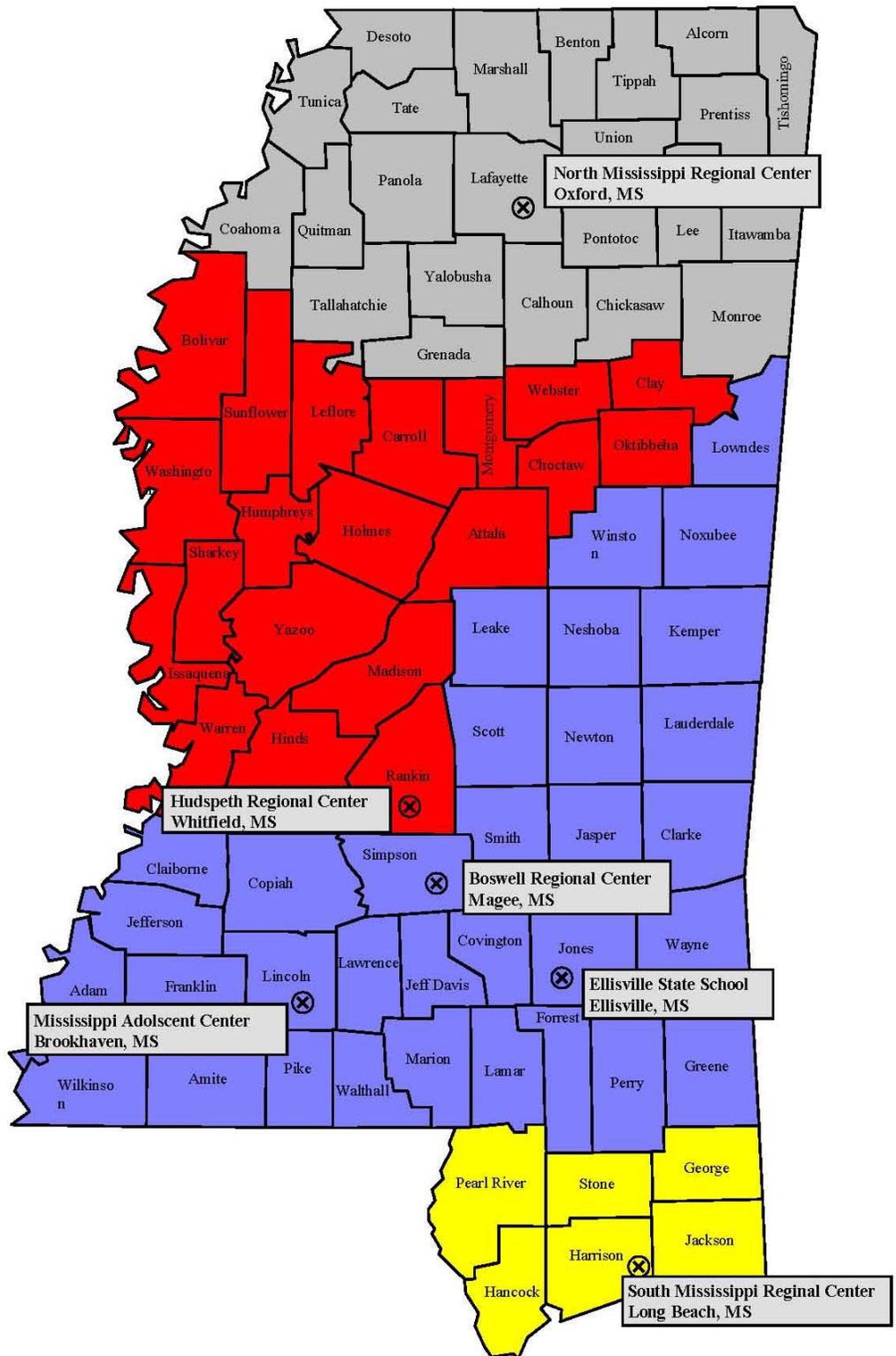
South Mississippi Regional Center

Dorothy McEwen, Director
1170 W. Railroad St.
Long Beach, MS 39560-4199
Phone: 228-868-2923
www.smrc.state.ms.us

Mississippi Adolescent Center

Shirley Miller, Director
760 Brookman Dr. Extension
Brookhaven, MS 39601
Phone: 601-823-5700
www.mac.dmh.ms.gov

IDD Programs



Ellisville State School, located in Ellisville, provides services through residential and community programs to children and adults with intellectual and developmental disabilities.

Individuals Served at Ellisville State School in FY 2013

Residential Services	
Campus Residential	379
ICF/MR Group Homes	184
Supervised Living	42
Supported Living	26
Day Programs	
Prevocational Services	95
Day Services Adult	36
Work Activity	29
Supported Employment	30
Campus Employment	261
Campus School	25
Other Support Services	
Behavior Support	2
Home/Community Support	33
In Home Nursing Respite	5
Case Management	92
Diagnostic Services	216
Early Intervention	223
ID/DD Waiver Services	
Total # Receiving Waiver Services	428

North MS Regional Center, located in Oxford, provides individuals with intellectual and developmental disabilities a comprehensive array of services.

Individuals Served at North MS Regional Center in FY 2013

Residential Services	
Campus Residential	322
ICF/MR Group Homes	208
Supervised Living	46
Supported Living	12
Day Programs	
Prevocational Services	145
Day Services Adult	18
Work Activity	84
Supported Employment	43
Campus Employment	81
Campus School	9
Other Support Services	
Behavior Support	5
Home/Community Support	66
In Home Nursing Respite	9
Case Management	9
Diagnostic Services	276
Assistive Technology	1570
Early Intervention	207
ID/DD Waiver Services	
Total # Receiving Waiver Services	374

South MS Regional Center, located in Long Beach, provides individuals with intellectual and developmental disabilities a comprehensive array of services.

Individuals Served at South MS Regional Center in FY 2013

Residential Services	
Campus Residential	163
ICF/MR Group Homes	84
Supervised Living	14
Supported Living	11
Day Programs	
Prevocational Services	3
Day Services Adult	2
Work Activity	30
Supported Employment	39
Campus Employment & ICF/IID Work Program	79
Other Support Services	
Behavior Support	10
Case Management	113
Diagnostic Services	396
Assistive Technology	440
ID/DD Waiver Services	
Total # Receiving Waiver Services	373

Hudspeth Regional Center located in Whitfield provides individuals with intellectual and developmental disabilities a comprehensive array of services.

Individuals Served at Hudspeth Regional Center in FY 2013

Residential Services	
Campus Residential	287
ICF/MR Group Homes	124
Supervised Living	58
Supported Living	12
Day Programs	
Prevocational Services	64
Work Activity	198
Supported Employment	49
Campus Employment	67
Campus School	23
Other Support Services	
Behavior Support	8
Home/Community Support	86
In Home Nursing Respite	5
Case Management	26
Diagnostic Services	228
Assistive Technology	603
ID/DD Waiver Services	
Total # Receiving Waiver Services	592

Boswell Regional Center, located in Magee, provides individuals with intellectual and developmental disabilities a comprehensive array of services.

Individuals Served at Boswell Regional Center in FY 2013

Residential Services	
Campus Residential	152
ICF/MR Group Homes	56
Supervised Living	119
Day Programs	
Prevocational Services	93
Day Services Adult	76
Work Activity	177
Supported Employment	49
Campus Employment	63
Other Support Services	
Crisis Support/Respite	22
Behavior Support	1
Home/Community Support	36
Case Management	15
Early Intervention	77 (closed)
Diagnostic Services	144
ID/DD Waiver Services	
Total # Receiving Waiver Services	264

The Mississippi Adolescent Center is a residential facility located in Brookhaven dedicated to providing adolescents with intellectual and/or developmental disabilities an individualized array of rehabilitation service options.

Individuals Served at MS Adolescent Center in FY 2013

Total Served
40

Early Intervention

Services are provided to children birth to age three who have an intellectual and/or developmental disability (IDD) or who are at risk for such. Services include comprehensive and multidisciplinary evaluations, speech/language therapy, occupational therapy, physical therapy, and educational interventions. The program is in collaboration with the Mississippi Department of Health's First Steps Early Intervention Program. **In FY 2013, 507 individuals were served.**

Work Activity Centers

Work Activity Centers are provided for individuals 16 years and older who have IDD. The service assists individuals in increasing their productivity and self-sufficiency and provides opportunities for community integration. **In FY 2013, 1,195 individuals were served.**

Case Management

Services assist individuals with IDD in gaining access to any needed social, medical, and/or educational services in order to live successfully in the community. **In FY 2013, 308 individuals were served.**

Community Living

Services are provided to offer needed supervision, monitor health and physical condition, and assist with activities of daily living. Community Living provides different levels of assistance ranging from 24 hours a day, seven days a week to weekly contact. This service includes supported living, supervised living and IDD certified group homes. **In FY 2013, 507 individuals were served.**

Supported Employment

Supported Employment services are designed to increase the independence, community integration, and productivity of people by assisting them in finding and keeping community employment. The service consists of such elements as recruitment of individuals from other services to competitive employment, job finding, matching the individual to appropriate jobs, and employment maintenance. **In FY 2013, 224 individuals were served.**



Home and Community Supports

Services are provided to meet the daily living requirements of individuals and to help ensure adequate support so the individual can be maintained at home or in the community. **In FY 2013, 1,137 individuals were served.**

Day Services - Adult

Day Habilitation is a community program for people who typically are more severely involved and require a greater degree of assistance with activities of daily living. **In FY 2013, 366 individuals were served.**

In-Home Nursing Respite

In-home Nursing Respite services are provided to individuals on a short-term basis for the purpose of giving the family a break. **In FY 2013, 215 individuals were served.**

Occupational Therapy, Physical Therapy and Speech/Language Therapy

These therapies are provided by therapists licensed according to state law for their respective duties and regulations and are approved Medicaid providers. **In FY 2013, 27 individuals were served.**

Prevocational Services

Services are designed to lead to vocational skill development in order to obtain community employment. **In FY 2013, 908 individuals were served.**

Support Coordination

Services are designed to assist individuals in accessing services in the community which meet their individual needs and prevent or delay placement away from their home and community. **In FY 2013, 1,961 individuals were served.**

Supervised Residential Habilitation

Services provide 24 hours a day, seven days a week on-site support and supervision for individuals living in the community. **In FY 2013, 340 individuals were served.**

Supported Employment

Services are designed to increase independence, community integration and productivity of individuals with intellectual/ developmental disabilities by assisting them with finding and maintaining community employment. **In FY 2013, 229 individuals were served.**

DMH administers the public system of **alcohol and drug prevention and treatment services** in Mississippi through the Bureau of Alcohol and Drug Services (BADA). These services are provided through a statewide network, which includes state-operated facilities, regional community mental health centers, and other non-profit community-based programs.

Alcohol and Drug Services Highlights for FY 2013

Trainings Provided

As the State oversight for Drug and Alcohol Services, BADS strives to offer the most up to date quality technical assistance and training to all providers BADS focuses trainings around three areas national trends, promising research and community demands. Over the past year, BADS offered trainings/Technical Assistance for certified providers and other State and local community organizations on topics such as Recovery-Resiliency Oriented Systems of Care; Screening, Brief Intervention, and Referral to Treatment (SBIRT); Measuring Quality Outcomes; Accessing Service Delivery Systems; Evidenced Based Programs; Co-Occurring Disorder (Adult); Co-Occurring Disorder (Adolescent); Treatment with Juvenile Justice Involved Clients; Effective Individual Service Plans; Pharmaceutical Diversion: What's in Your Medicine Cabinet; and many others. BADS is committed to continuing providing Mississippi with the highest quality technical assistance and training for years to come.

Mississippi State Adolescent Treatment Enhancement and Dissemination Grant

Mississippi was awarded a State Adolescent Treatment Enhancement and Dissemination (SYT-ED) grant through SAMHSA on 9/1/2013 – 8/31/2017. The MS SYT-ED project will strengthen the State's systems to serve adolescents, ages 12 – 18, with co-occurring substance use and mental health disorders. This project will implement needed changes to statewide policies and procedures to bolster the quality and breadth of service provision, develop financing structures to include practical funding and payment strategies, and develop an assessment and treatment blueprint for the state in partnership with two local community provider sites to widen the use of evidence-based substance abuse programming.

Strategic Prevention Framework - Partnerships for Success II Grant

Mississippi was awarded the Strategic Prevention Framework - Partnerships for Success II Grant (SPF-PFS II) grant through SAMHSA in October 2012. The SPF-PFS II grant, known locally as the Mississippi Partnership Project (MPP), has two priorities of focus: to reduce underage drinking rates and consequences; and to reduce prescription drug abuse rates and consequences amongst youth and young adults in Mississippi. The MPP has increased state and community level capacity to combat substance abuse and its related consequences, while promoting mental health through this multipronged initiative.

Alcohol and Drug Services

The Bureau of Alcohol and Drug Services maintains a statewide comprehensive system of substance abuse services of prevention, treatment and rehabilitation and promotes quality care, cost-effective services and ensures the health and welfare of individuals through the reduction of substance abuse.

Services include:

Services Provided	Number Served FY 2013
Community-based adult primary residential services	2,767
Community-based adolescent primary residential services	77
Inmates at the MS Department of Corrections	603
Community-based adult transitional residential services	408
Community-based general outpatient services	5,714
Community-based adult intensive outpatient services	444
Community-based recovery supports	723
Adult co-occurring services	6,012
Vocational rehabilitation services for transitional treatment services	1,422
DUI offenders admitted to and completed treatment	219

Mental Health First Aid

In response to recent shooting tragedies in the United States, Mental Health First Aid (MHFA) has become a hot topic in Washington and Mississippi. In May, the Mississippi Department of Mental Health used British Petroleum grant monies to certify a cadre of trainers in both the adult and youth versions of MHFA. These certified trainers will be available to provide education through workshops to community leaders such as pastors, teachers, and civic groups, along with families and friends interested in learning more about mental health issues. Mental Health First Aid is a public education program that helps the public identify, understand, and respond to signs of mental illness, substance use disorders and behavioral disorders. Mental Health First Aid is offered in the form of an interactive 12-hour course that presents an overview of mental illness and substance use disorders in the U.S. and introduces participants to risk factors and warning signs of mental health problems, builds understanding of their impact, and overviews common treatments.

Olmstead Policy Academy

In June 2013, DMH learned that Mississippi was one of seven states to be selected to participate in the SAMHSA's 2013 Olmstead Policy Academy, a virtual policy academy to provide technical assistance and access to subject matter experts to help Mississippi develop action plans to increase community integration for people with behavioral health issues. With the help of a lead facilitator assigned to DMH by SAMHSA, DMH will spend several months developing a one-year action plan with goals and strategies to help us promote community integration through improved housing, employment, and recovery support opportunities for people with behavioral health disorders in Mississippi. A team of approximately 30 individuals representing service providers, policy makers, and stakeholders in all three of the targeted areas will meet to learn and plan. DMH is not only providing leadership and functional support but is also actively involved in the efforts of all three planning groups.

Oxford Houses

In FY13, Mississippi opened six Oxford Houses with a total of 39 beds - four Oxford Houses for men and two Oxford Houses for women. Oxford Houses are located in Gulfport, Biloxi, Ocean Springs, and Jackson. An Oxford House is a self-run, self-supported recovery house to provide an opportunity for every recovering individual to learn a clean and sober way to live. The philosophy behind Oxford House is three-fold: [1] self-help is the bedrock of recovery, [2] disciplined democracy is key to living together, and [3] self-support builds efficacy in sobriety comfortable enough to avoid relapse. A recovering individual can live in an Oxford House for as long as he or she does not drink alcohol, does not use drugs, and pays an equal share of the house expenses. The average stay is about a year, but many residents stay three, four, or more years.

Recovery Breakthrough Series

DMH adopted the philosophy that “all components of the system should be person-driven, family-centered, community-based, results and recovery/resiliency oriented” as highlighted in the Mississippi Board of Mental Health and Mississippi Department of Mental Health Strategic Plan FY 2013-2017. As part of this transformation, DMH made a commitment to sponsor a Recovery and Resiliency Breakthrough Series Collaborative in order to more quickly and thoroughly test out and establish the essential components of this recovery and resiliency-based system of care for the public mental health system. The Recovery and Resiliency Breakthrough Series Collaborative brings together seven implementation teams from throughout the public mental health system working towards five overarching goals for system and organizational change. The overarching goals to: 1) transform policy, organizational culture, and practice to reflect a recovery and resiliency framework; 2) identify and implement best-practice recovery and resiliency-informed assessments, planning tools, and interventions for adults; 3) align funding streams to support an effective service delivery system; 4) develop organizational infrastructure to support on-going monitoring and delivery of high-quality recovery and resiliency services; and 5) facilitate authentic engagement and full partnership with the consumer and their support network. Over the past year, the Recovery and Resiliency Breakthrough Series Implementation Teams have participated in on-site learning sessions, monthly faculty-lead support calls with content specific to each position represented on the team, and topical calls designed to support the teams in making progress towards the collaborative goals.

Certified Peer Support Specialists

Mississippi’s Certified Peer Support Specialist (CPSS) Trainers conducted three Certified Peer Support Specialist Trainings in FY13. The CPSS Training is an intensive 34 hour course followed by a written exam. The CPSS trainings were attended by approximately 60 individuals who self identify as a family member or an individual who received or is currently receiving mental health services. Upon completion of the training, successfully passing the CPSS examinations, and obtaining employment by a DMH certified provider, participants will become Certified as Peer Support Specialists. The CPSS Program provides acknowledgment that the peer has met a set of requirements necessary to provide support to individuals with mental health, substance abuse, intellectual and developmental disabilities, and or family members. The training and certification process prepares CPSSs to promote hope, personal responsibility, empowerment, education, and self-determination in the communities in which they serve. Under the general supervision of a mental health professional, a CPSS may perform a wide range of peer support services. CPSSs are first degree family members and/or people living in recovery with mental illness, substance abuse, and intellectual and developmental disabilities that provide support to others who can benefit from their lived experiences.

Certification of Providers

In addition to the provision of services through the public mental system, DMH is responsible for the supervision, coordination and establishment of standards for the operations and activities of the public mental health system. Through the Bureau of Quality Management, Operations and Standards, DMH develops standards of care for all certified providers; approves community-based agencies to provide mental health, intellectual/developmental disabilities and substance abuse services throughout the state; certifies the provision of mental health, intellectual/developmental disabilities and substance abuse services; assesses provider serious incidents; and providers leadership to the Office of Consumer Support.

DMH Certified Providers	100
New or Additional Service Certifications	46
On-site Monitoring Visits Conducted	62

Office of Consumer Support

The Office of Consumer Support (OCS) serves as the point of contact for DMH for information/referral and for expressing grievances and concerns. In FY 13, OCS received more than 5,000 calls through the DMH Helpline and National Suicide Prevention Lifeline. OCS continues to contract with the National Suicide Prevention Lifeline as a network provider in Mississippi for crisis intervention, suicide prevention, and information/referral. Also in FY 13, OCS responded to and assisted with the resolution of more than 150 grievances related to the experiences of individuals receiving or seeking services.

DMH Strategic Plan

Using the mission, vision, and values, the Board of Mental Health developed three-year goals to address the transformation of the DMH service system. The goals and objectives will guide DMH's actions in moving toward a community-based service system. The system-wide goals are as follows:

- 1) To increase access to community-based care and supports through a network of service providers that are committed to a resiliency and recovery-oriented system of care.
- 2) To utilize information/data management to enhance decision making and service delivery.
- 3) To maximize efficient and effective use of human, fiscal, and material resources.



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