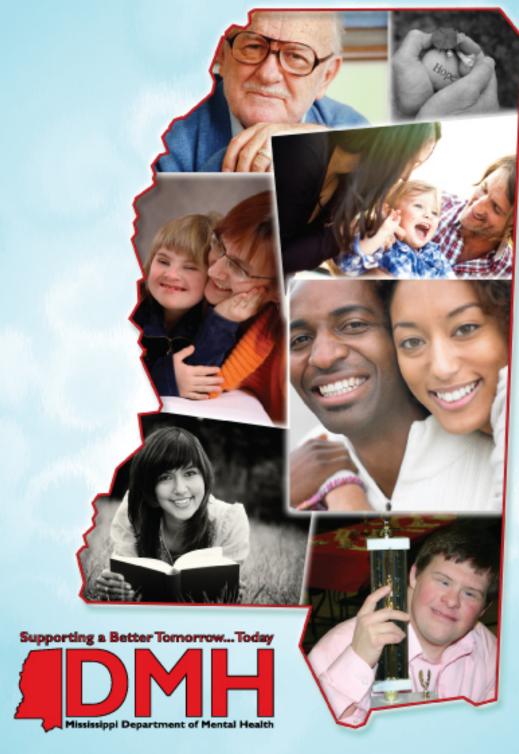
# Mississippi Department of Mental Health FY12 Annual Report



Supporting a Better Tomorrow...Today

# Mississippi Department of Mental Health

### Introduction

Since its inception in 1974, the Mississippi Department of Mental Health (DMH) has endeavored to provide services of the highest quality through a statewide service delivery system. As one of the major state agencies in Mississippi, DMH provides a network of services to individuals who experience problems with mental illness, alcohol and/or drug abuse/dependence, or who have intellectual or developmental disabilities. Services are provided through an array of facilities and agencies operated, certified and/or funded by DMH.

### Mission

Supporting a better tomorrow by making a difference in the lives of Mississippians with mental illness, substance abuse problems and intellectual/developmental disabilities one person at a time.

### Vision

We envision a better tomorrow where the lives of Mississippians are enriched through a public mental health system that promotes excellence in the provision of services and supports.

## **Individuals Served in FY 2012**

Psychiatric Programs.	8,033
Alcohol and Drug Abuse Treatment Services	
Alcohol and Drug Abuse Prevention Services	280,894
Intellectual/Developmental Disabilities Programs	4,369
Intellectual/Developmental Disabilities Community Services	3,161
Mental Health Community Services	204,720
Crisis Stabilization Units	3,767
IDD Home and Community Based Waiver	4,667

<sup>\*</sup>Individuals may have received more than one service. Numbers may be duplicated. Community Service totals include private, community mental health centers and facility based programs.

### **Statutory Authority of the Department of Mental Health**

The Mississippi Department of Mental Health was created in 1974 by an Act of the Mississippi Legislature, Regular Session, as outlined in Sections 41-4-1 et seq. of the Mississippi Code of 1972, Annotated. The statute placed into one agency mental health, alcohol/drug abuse, and intellectual and developmental disabilities programs which had previously been under the direction of the State Board of Health, the Interagency Commission on Mental Illness and Intellectual and Developmental Disabilities, the Board of Trustees of Mental Institutions, and the Governor's Office. The statute also addresses the Department of Mental Health's responsibilities concerning services for persons with Alzheimer's disease and other dementia.

The **network of services** comprising the public system is delivered through **three major components:** 

**State-operated programs** The four state comprehensive behavioral health programs, the five IDD regional programs, a mental health community living program, and two specialized programs for adolescents. These programs serve designated counties or service areas in the State and provide inpatient psychiatric, chemical dependence, forensic, limited medical/surgical hospital services, some community mental health services in areas near the state comprehensive psychiatric hospitals, intermediate care program services for persons with intellectual and developmental disabilities, and a range of community services for persons with developmental disabilities. Nursing facility services are also located on the grounds of two of the state comprehensive psychiatric programs.

Regional community mental health/mental retardation centers operate under the supervision of regional commissions appointed by county boards of supervisors comprising their respective service areas. The 15 regional centers make available a range of community-based mental health, substance abuse, and in some regions, intellectual and developmental disabilities services. The governing authorities are considered regional and not state-level entities. The Department of Mental Health is responsible for certifying, monitoring, and assisting the regional community mental health centers. These regional community mental health centers are the primary service providers with whom the Department of Mental Health contracts to provide community-based mental health and substance abuse services.

Other nonprofit service agencies/organizations, which make up a smaller part of the service system, are certified and may also receive funding through the Department of Mental Health to provide community-based services. Many of these non-profit agencies may also receive additional funding from other sources. Programs currently provided through these nonprofit agencies include community-based alcohol/drug abuse services, community services for persons with developmental disabilities and community services for children with mental illness or emotional problems.

### A Message from the Executive Director...

Over the past several years, DMH has focused on expanding community-based services, and transforming the system to more recovery and resiliency based.

As you will see in the FY12 Annual Report, DMH has focused on establishing a Certified Peer Support Specialist Network to encourage the professional growth and training of Certified Peer Support Specialists. These Specialists can use their skills to promote



hope, personal responsibility, empowerment, education, and selfdetermination in the communities in which they serve. This is one of many community, recovery and resiliency-based efforts during FY12.

Recovery not only benefits the individual, it benefits the entire community. We want every person served and his/her family to be able to make choices about their options for receiving services and supports. Supports and services in the community help people served by the public mental health system in their recovery journeys.

We all possess the fundamental and inherent value to be accepted and treated with respect and worth. We want individuals to restore, rebuild and reclaim control of their lives by increasing their resilience and focusing on their strengths.

We look forward to working with our partners in the public mental health system to improve community integration to benefit our State as a whole. Each of you play a vital role in the public mental health system, and with your support, we can all help make a difference in the lives of Mississippians with mental illness, intellectual and developmental disabilities, and substance abuse problems.

I invite you to join us on our mission of improving the lives of Mississippians one person at a time. It will take us all working together to make an impact. Together, we can make a difference.

> Sincerely, Edwin C. LeGrand III DMH Executive Director

# **Four Service Delivery Populations**

- Intellectual and Developmental Disabilities
- Mental Illness
- Alcohol and Drug Services
- Alzheimer's Disease and Other Dementia

# **Estimated Prevalence of Need**

2012 estimates of number of people needing services in MS

3,300
55,000
86,000
3,000

The **state behavioral health programs** are administered by the Department of Mental Health. These programs offer residential and/or community services for mental health, substance abuse, and Alzheimer's disease and other dementia. The programs are administered by the Bureau of Mental Health.

### East Mississippi State Hospital

Charles Carlisle, Director P.O. Box 4128 West Station Meridian, MS 39304-4128 Phone: 601-482-6186 www.emsh.state.ms.us

### Mississippi State Hospital

James G. Chastain, Director P.O. Box 157-A Whitfield, MS 39193 Phone: 601-351-8000 www.msh.state.ms.us

### North Mississippi State Hospital

Paul A. Callens, Ph.D., Director 1937 Briar Ridge Rd. Tupelo, MS 38804 Phone: 662-690-4200 www.nmsh.state.ms.us

### **South Mississippi State Hospital**

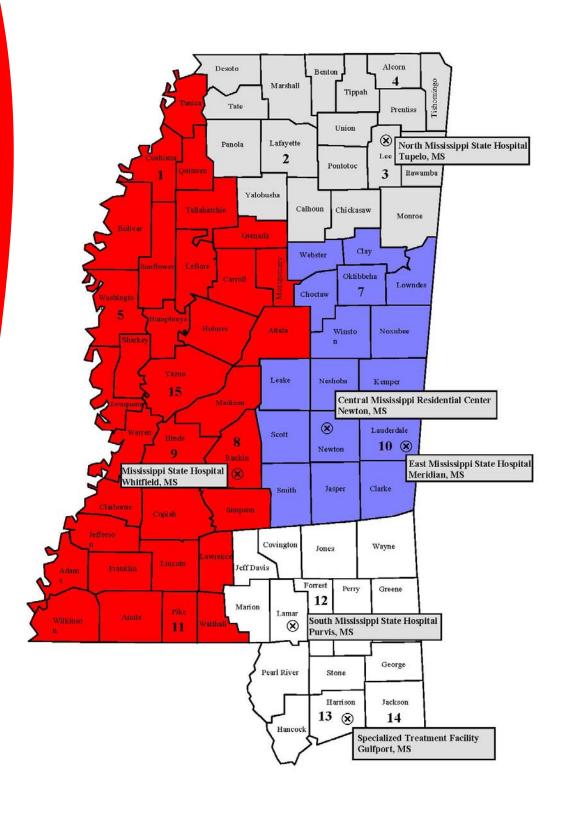
Clint Ashley, Director 823 Highway 589 Purvis, MS 39475 Phone: 601-794-0100 www.smsh.state.ms.us

### **Central Mississippi Residential Center**

Debbie Ferguson, Director P.O. Box 470 Newton, MS 39345 Phone: 601-683-4200 www.cmrc.state.ms.us

### **Specialized Treatment Facility**

Stacy Miller, Director 14426 James Bond Road Gulfport, MS 39503 Phone: 228-328-6000 www.stf.state.ms.us



Mississippi State Hospital is located in Whitfield and provides residential and/or community services for mental health, substance abuse, and Alzheimer's disease and other dementia. MSH is Joint Commission accredited.

### Individuals Served at Mississippi State Hospital in FY 2012

Inpatient Services	
Acute Psychiatric	1,615
<b>Continued Treatment Services</b>	195
Medical Surgical Hospital	281
Oak Circle Center for Adolescents	328
Forensics	55
<b>Chemical Dependency Services</b>	871
Nursing Hon	ne Services
Jaquith Nursing Home (JNH)	459
Community	Services
<b>Outpatient Therapy</b>	8
Clubhouse	125
Supported and Transitional Employment	13
<b>Group Homes</b>	68
Case Management	235
Homeless Program (Stubbs House)	75
Total	4,328

East Mississippi State Hospital is located in Meridian and provides residential and/or community services for mental health, substance abuse, and Alzheimer's disease and other dementia.

### **Individuals Served at East MS State Hospital in FY 2012**

Inpatient Services		
Acute Psychiatric Care	762	
Transition Unit	92	
Adolescent Psychiatric Males	108	
<b>RP</b> White Nursing Facility	114	
JT Champion Nursing Facility	122	
Adolescent Chemical Dependency Services	85	
<b>Adult Chemical Dependency Services</b>	351	
<b>Medical Care Unit</b>	52	
Community Services		
<b>Outpatient Therapy</b>	181	
<b>Group Homes</b>	127	
Halfway Houses	10	
Case Management	137	
Total	2,141	

North Mississippi State Hospital is located in Tupelo and provides acute inpatient services for adult men and women with serious mental illness.

### Individuals Served at North MS State Hospital in FY 2012

Total Served	
608	

South Mississippi State Hospital in Purvis is an acute-care, regional behavioral health program with the primary purpose to offer a continuum of services for adults with mental illness within the patient's region of residence.

### **Individuals Served at South MS State Hospital in FY 2012**

Total Served	
697	

Central Mississippi Residential Center is located in Newton and provides behavioral health services in a community setting, minimizing the need for hospitalization.

### **Individuals Served at Central MS Residential Center in FY 2012**

<b>Group Homes</b>	81
Apartments	24
Footprints	29
Total	134

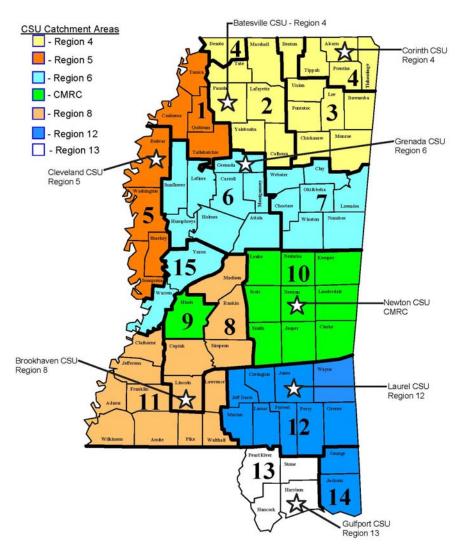
The Specialized Treatment Facility is an adolescent behavioral health residential treatment program. Residents are between 13-18 years of age who have been civil committed or transferred within the DMH. Priority placements are given to adolescents that have come into contact with the legal system.

### **Individuals Served at Specialized Treatment Facility in FY 2012**

<b>Total Served</b>
125

# Trisis Stabilization Units

**Crisis Stabilization Units** (CSUs) offer time-limited residential treatment services designed to serve adults with severe mental health episodes that if not addressed would likely result in the need for inpatient care. The community-based service setting provides intensive mental health assessment and treatment. Follow-up outreach and aftercare services are provided as an adjunct to this service.



CSUs	Total Served
Batesville CSU	389
Brookhaven CSU	389
Cleveland CSU	300
Corinth CSU	550
Grenada CSU	409
Gulfport CSU	552
Laurel CSU	389
Newton CSU	486
Tupelo CSU	303
Total	3,767

A variety of adult mental health services were provided by community mental health providers certified by DMH from October 1, 2011 to September 30, 2012. Below is a list of the services and the number of individuals served.

### Psychosocial Rehabilitation/Clubhouse

A Clubhouse is a psychosocial and vocational rehabilitation program for individuals diagnosed with a mental illness. Individuals are neither clients nor patients, but participating members. For the 12 month period, a total of 6,526 were served.

### **Pre-Evaluation Screening & Civil Commitment Examinations**

Pre-evaluation screening provides descriptive information to determine whether or not further examination is needed; a diagnosis is not made during this screening step. For the 12 month period, 6,450 individuals were served.

### **Case Management Services**

Case Management is the provision and coordination of services that are an integral part of helping individuals access needed medical, social, educational, and other services in order to attain their highest level of independent functioning. For the 12 month period, 30,925 individuals were served. Additionally there were 950 individuals served through Intensive Case Management.

### **Halfway Houses**

Halfway House services are for individuals with Serious Mental Illness and were developed to provide a readjustment and transitional living facility for individuals discharged from a psychiatric hospital. For the 12 month period, 42 individuals were served.

### **Group Homes**

Group home services for adults with Serious Mental Illness provide residential accommodations in a home-like environment, with supervision and training. For the 12 month period, 644 individuals were served.

### **Outpatient Therapy Services**

Outpatient treatment includes individual, family, group, and multi-family group therapies. For the 12 month period, 54,912 individuals were served.

### Serious Mental Illness Homeless Services

PATH (Projects for Assistance in Transitioning from Homelessness) provides funding for specialized services for homeless individuals with mental illness and individuals at-risk of homelessness in targeted areas of the state. For the 12 month period, 1,024 individuals were served.

### **Acute Partial Hospitalization**

Acute Partial Hospitalization is a program that provides medical supervision, nursing services, structured therapeutic activities and intensive psychotherapy (individual, family and/or group) to individuals who are experiencing a period of such acute distress that their ability to cope with normal life circumstances is severely impaired. For the 12 month period, 1,254 individuals were served.

### Psychosocial Rehabilitation/Senior Services

The Psychosocial Rehabilitation/Senior Services program was designed to provide a safe and creative environment for elderly individuals. This program utilizes a variety of activities to assist in alleviating depression. For the 12 month period, 4,088 individuals were served.

### **Supervised Housing**

Supervised Housing provides a residence for three or fewer individuals in a single living unit. Individuals function with a greater degree of independence than in a group home. For the 12 month period, 356 individuals were served.

### Physician/Psychiatric Services

Individuals must be provided access to physician/psychiatric services that include medication evaluation and monitoring, prescribing of medications, regular monitoring of the effects of medication prescribed, and certifying individual treatment plans every six months. For the 12 month period, 43,650 individuals were served.

### **Drop-In Center**

Drop-In Center is a consumer-run program which offer services in a non-clinical atmosphere and which focus on self-help activities, social skills, job skills and decreasing isolation. **For the 12 month period, 59 individuals were served.** 



A variety of children and youth mental health services were provided by community mental health providers certified by DMH from October 1, 2011 to September 30, 2012. Below is a list of the services and the number of children and youth served.

### **Residential Services**

The children/youth appropriate for community residential services do not need the services provided in a long-term psychiatric residential treatment center or in any long-term psychiatric setting or other more restrictive setting.

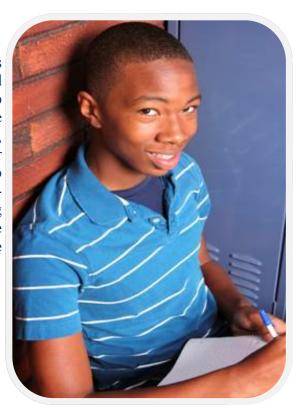
- Therapeutic Group Homes provide a structured therapeutic home environment, and the youth served in these homes have behavioral/emotional disorders and serious emotional disturbance. During a 12 month period, 410 children and youth were served.
- Therapeutic Foster Care is an intensive community-based program composed of mental health professional staff and trained foster parents who provide a therapeutic program for children and adolescents with serious emotional disturbances living in a foster home. During a 12 month period, 122 children and youth were served.

### **Prevention/Early Intervention**

Services include preventive mental health programs targeting vulnerable at-risk groups designed to prevent the occurrence of mental health and/or emotional problems and service programs designed to intervene as early as possible. **During a 12 month period, 727 children and youth were served.** 

# Mississippi Transitional Outreach Program (MTOP)

MTOP is an initiative that provides services and resources to youth and young adults, ages 14 to 21, to help them navigate transitions. There are three location sites in Meridian, Louisville, and Corinth that offer mental health services in addition to supports such as assistance with education, employment, and living skills. A total of 139 youth were served between July 1, 2011 - June 30, 2012.



### **Intensive Crisis Intervention/Emergency Response**

These are specialized time-limited interventions, available 24 hours a day, seven days a week. Emergency/crisis response staff triage referrals and respond in a timely and adequate manner to diffuse the current crisis and maintain the child/youth in the least restrictive, yet appropriate, environment. **During a 12 month period, 3,736 children and youth were served.** 



### **Case Management Services**

Case Management is the provision and coordination of services that are an integral part of helping individuals access needed medical, social, educational, and other services in order to attain their highest level of independent functioning. **During a 12 month period, 14,850 children and youth were served.** 

### **Outpatient Therapy**

Outpatient treatment includes individual, family, group, and multi-family group therapies. **During a 12 month period, 27,503 children and youth were served.** 

### **Family Education and Support Services**

These programs are designed to keep the family together while learning coping skills and strengthening the caregivers capability of utilizing resources. **During a 12 month period, 161 family education/support groups were available across the state.** 

### **Day Treatment**

Day Treatment is a therapeutic service designed for individuals who require less than 24-hour-a-day care, but more than other less intensive outpatient care. **During a 12 month period, 4,691 children and youth were served.** 

### **MAP Teams**

The Making A Plan (MAP) Teams address the needs of children up to 21 years of age with serious emotional/behavioral disorders who require services from multiple agencies. The MAP Team must be composed of, at a minimum, one representative from the county level from each of the following major agencies that serve children: a bachelor's degree representative employed by the regional Community Mental Health Centers, the local school district in the county, the county office of Family and Children's Services of the State Department of Human Services, the county or regional Youth Services Division of the State Department of Human Services, and the county or regional office of the State Department of Rehabilitation Services. **During a 12 month period, MAP Teams served 1,501 children and youth.** 

DMH is responsible for counseling, education and training for family members, caregivers and service providers. The Division of Alzheimer's Disease and Other Dementia employs Masters level trainers and has field offices located in Oxford, Magee, Long Beach and the Central Office in Jackson. According to the Alzheimer's Association, an estimated 53,000 Mississippians are diagnosed with Alzheimer's disease.

### **Training Initiatives Offered in FY 2012**

### Advanced Topics in Dementia Care

Total Venues: 5 Total Participants: 690

### Alzheimer's and Dementia Education

Total Venues: 10 Total Participants: 1,140

### Virtual Dementia Tour

Total Venues: 12 Total Participants: 538

### Understanding Dementia in Individuals with IDD

Total Venues: 13

Total Participants: 1,325

### Health Fairs/Senior Fairs

Total Venues: 29

Total Participants: 7,784

### Additional Trainings

Total Venues: 51

Total Participants: 1,974

### Suicide Prevention in the Elderly

Total Presentations: 91 Total Participants: 9,154

### Silver Alert

Total Presentations: 68 Total Participants: 5,946

# 12<sup>h</sup> Annual Conference on Alzheimer's Disease and Psychiatric Disorders in the Elderly

Total Vendors: 52 Total Participants: 525

### Mississippi Physician's Conference on Alzheimer's Disease

Total Participants: 33

### Early Stage Support Group Initiative

Number of Venues/support group cycles: 1

Number Participants: 8

### Technical Assistance to Respite Day Programs

Number of Programs assisted: 8

**Memory Screenings: 350** 

Paint it Purple! Alzheimer's Awareness Events: 60 statewide



DMH is responsible for the development and implementation of services to meet the needs of **individuals with intellectual and developmental disabilities**. This public service delivery system is comprised of five state-operated comprehensive programs, a state-operated program for youth who require specialized treatment, 15 regional community mental health/mental retardation centers and other non-profit community agencies/organizations that provide community services. Community and residential services are offered.

### **Boswell Regional Center**

P.O. Box 128 Magee, MS 39111 Phone: 601-867-5000 www.brc.state.ms.us

### **Ellisville State School**

Renee Brett, Director 1101 Highway 11 South Ellisville, MS 39437-4444 Phone: 601-477-9384 www.ess.state.ms.us

### **Hudspeth Regional Center**

Mike Harris, Director P.O. Box 127-B Whitfield, MS 39193 Phone: 601-664-6000 www.hrc.state.ms.us

### North Mississippi Regional Center

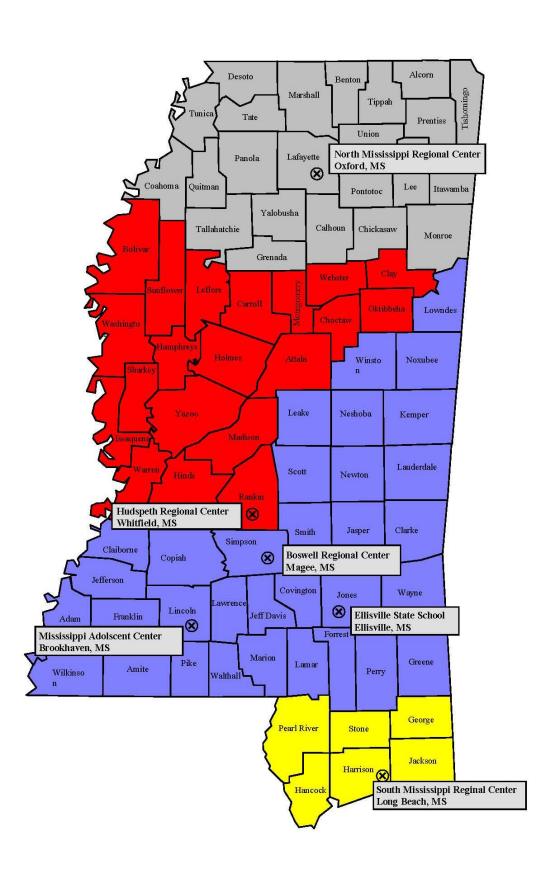
Edie Hayles, Director 967 Regional Center Drive Oxford, MS 38655 Phone: 662-234-1476 www.nmrc.state.ms.us

### **South Mississippi Regional Center**

Dorothy McEwen, Director 1170 W. Railroad St. Long Beach, MS 39560-4199 Phone: 228-868-2923 www.smrc.state.ms.us

### Mississippi Adolescent Center

Shirley Miller, Director 760 Brookman Dr. Extension Brookhaven, MS 39601 Phone: 601-823-5700 www.mac.dmh.ms.gov



Ellisville State School, located in Ellisville, provides services through residential and community programs to children and adults with intellectual and developmental disabilities.

### **Individuals Served at Ellisville State School in FY 2012**

Residential Services		
Campus Residential	454	
ICF/MR Group Homes	170	
IDD Certified Group Homes	34	
Community Services		
Case Management	92	
Early Intervention	222	
<b>Community Living</b>	22	
Supported Employment	30	
Work Activity	158	
Total	1,182	

Boswell Regional Center, located in Magee, provides individuals with intellectual and developmental disabilities a comprehensive array of services.

### **Individuals Served at Boswell Regional Center in FY 2012**

Residential Services	
Campus Residential	146
ICF/MR Group Homes	60
IDD Certified Group Homes	36
Community	y Services
Case Management	14
Early Intervention	147
Community Living	52
Supported Employment	36
Work Activity (Boswell Campus)	175
Work Activity (Brookhaven)	62
Total	728

North MS Regional Center, located in Oxford, provides individuals with intellectual and developmental disabilities a comprehensive array of services.

### **Individuals Served at North MS Regional Center in FY 2012**

Residential Services		
Campus Residential	322	
ICF/MR Group Homes	204	
<b>IDD Certified Group Homes</b>	45	
Community Services		
Case Management	14	
<b>Community Living</b>	13	
Early Intervention	243	
Supported Employment	42	
Work Activity	239	
Total	1,122	

South MS Regional Center, located in Long Beach, provides individuals with intellectual and developmental disabilities a comprehensive array of services.

### **Individuals Served at South MS Regional Center in FY 2012**

Residential Services		
<b>Campus Residential</b>	166	
<b>ICF/MR Group Homes</b>	87	
<b>IDD Certified Group Homes</b>	12	
Community Services		
<b>Case Management</b>	120	
<b>Community Living</b>	17	
<b>Supported Employment</b>	41	
Work Activity	36	
Total	479	

Hudspeth Regional Center located in Whitfield provides individuals with intellectual and developmental disabilities a comprehensive array of services.

### **Individuals Served at Hudspeth Regional Center in FY 2012**

Residential Services		
<b>Campus Residential</b>	295	
<b>ICF/MR Group Homes</b>	127	
Community Services		
Case Management	29	
<b>Community Living</b>	65	
Supported Employment	45	
Work Activity	261	
Total	822	

The Mississippi Adolescent Center is a residential facility located in Brookhaven dedicated to providing adolescents with intellectual and/or developmental disabilities an individualized array of rehabilitation service options.

### **Individuals Served at MS Adolescent Center in FY 2012**

Total Served	
36	

### **Early Intervention**

Services are provided to children birth to age three who have an intellectual and/or developmental disability (IDD) or who are at risk for such. Services include comprehensive and multidisciplinary evaluations, speech/language therapy, occupational therapy, physical therapy, and educational interventions. The program is in collaboration with the Mississippi Department of Health's First Steps Early Intervention Program.

Early InterventionServedDay Treatment230Early Intervention Services557

### **Work Activity Centers**

Work Activity Centers are provided for individuals 16 years and older who have IDD. The service assists individuals in increasing their productivity and self-sufficiency and provides opportunities for community integration. **In FY 2012, 500 individuals were served.** 

### **Case Management**

Services assist individuals with IDD in gaining access to any needed social, medical, and/or educational services in order to live successfully in the community. **In FY 2012, 1,300 individuals were served.** 

### **Community Living**

Services are provided to offer needed supervision, monitor health and physical condition, and assist with activities of daily living. Community Living provides different levels of assistance ranging from 24 hours a day, seven days a week to weekly contact. This service includes supported living, supervised living and IDD certified group homes. In FY 2012, 354 individuals were served.

### **Supported Employment**

Supported Employment services are designed to increase the independence, community integration, and productivity of people by assisting them in finding and keeping community employment. The service consists of such elements as recruitment of individuals from other services to competitive employment, job finding, matching the individual to appropriate jobs, and employment maintenance. **In FY 2012, 200 individuals were served.** 

### **Day Support**

Day Support is a program of structured activities designed to support and enhance the functioning of individuals who are able to live fairly independently in the community through the regular provision of structured therapeutic support. **In FY 2012, 200 individuals were served.** 

### **Home and Community Supports**

Services are provided to meet the daily living requirements of individuals and to help ensure adequate support so the individual can be maintained at home or in the community. In FY 2012, 1,087 individuals were served.

### **Day Services - Adult**

Day Habilitation is a community program for people who typically are more severely involved and require a greater degree of assistance with activities of daily living. In FY 2012, 296 individuals were served.

### **In-Home Nursing Respite**

In-home Nursing Respite services are provided to individuals on a short-term basis for the purpose of giving the family a break. **In FY 2012, 219 individuals were served.** 

### Occupational Therapy, Physical Therapy and Speech/Language Therapy

These therapies are provided by therapists licensed according to state law for their respective duties and regulations and are approved Medicaid providers. In FY 2012, 23 individuals were served.

### **Prevocational Services**

Services are designed to lead to vocational skill development in order to obtain community employment. In FY 2012, 779 individuals were served.

### **Support Coordination**

Services are designed to assist individuals in accessing services in the community which meet their individual needs and prevent or delay placement away from their home and community. In FY 2012, 1,827 individuals were served.

### **Supervised Residential Habilitation**

Services provide 24 hours a day, seven days a week on-site support and supervision for individuals living in the community. In FY 2012, 212 individuals were served.

### **Supported Employment**

Services are designed to increase independence, community integration and productivity of individuals with intellectual/ developmental disabilities by assisting them with finding and maintaining community employment. In FY 2012, 224 individuals were served.

DMH administers the public system of **alcohol and drug prevention and treatment services** in Mississippi through the Bureau of Alcohol and Drug Services. These services are provided through a statewide network, which includes stateoperated facilities, regional community mental health centers, and other nonprofit community-based programs.

### **Alcohol and Drug Services Highlights for FY 2012**

### **State Prevention Enhancement Grant**

Mississippi was awarded a State Prevention Enhancement (SPE) grant through SAMHSA in October 2011. The SPE enabled the state to address gaps in its prevention infrastructure as well as to enhance the data systems including new data collection instruments. The grant helps build state-level capacity to combat substance abuse and its related consequences while promoting mental health through a multipronged initiative.

### **MS School for Addiction Professionals**

In April, the prevention staff hosted the 5th Annual Mississippi School for Addiction Professionals in Hattiesburg with more than 300 participants. Participants were provided the latest information on research, technology and practical strategies in alcohol, tobacco and other drugs (ATOD) and related fields. Participants also had access to a regional and national network of treatment and prevention leaders and participants.

### **Trainings Provided**

Workshops were provided by staff to service providers and individuals in treatment throughout the state. Trainings included Fetal Alcohol Spectrum Disorder, Effects of Methamphetamine, Alcohol/Tobacco Use, Prescription Drug Abuse, Marijuana Use and Anger Management. Treatment service providers were also trained on Workforce Development and a new data collection instrument, DataGadget in order to collect National Outcome Measures (NOMS). Prevention staff presented a Showcase of Evidence-Based Substance Abuse Prevention and Mental Health Promotion Programs which was held at the Jackson Convention Center with over 115 participants. Participants were provided information on eight evidence-based programs.

### **Employee Assistance Program**

The Employee Assistance Program is also a part of the Bureau of Alcohol and Drug Services. Training and technical assistance were provided to local and state entities who were interested in developing an Employee Assistance Program. The Employee Assistance Program Handbook was updated and distributed upon request.

### **DUI** Assessment

An individual must complete the process of a diagnostic assessment in order to see if treatment is warranted. An approved DMH diagnostic assessment instrument is administered. The result of the assessment is evaluated, as well as the client intake assessment. The BAC (Blood Alcohol Content) report and the motor vehicle record are reviewed and fourthly, collateral contacts are considered. If appropriate, other clinical observations are recorded. After the completion of the process, if the individual warrants treatment, the offender is placed in an appropriate treatment setting.

The Bureau of Alcohol and Drug Services maintains a statewide comprehensive system of substance abuse services of prevention, treatment and rehabilitation and promotes quality care, costeffective services and ensures the health and welfare of individuals through the reduction of substance abuse.

### **Services include:**

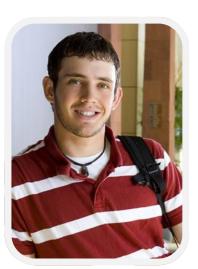
Services Provided	Number Served FY 2012
Community-based adult primary residential services	4,615
Community-based adolescent primary residential services	676
Inmates at the MS Department of Corrections	2,103
Community-based adult transitional residential services	1,422
Community-based general outpatient services	6,898
Community-based adult intensive outpatient services	1,643
Community-based adolescent intensive outpatient services	520
Community-based recovery supports	6,202
Adult co-occurring services	15,443
Vocational rehabilitation services for transitional treatment services	366
DUI offenders admitted to treatment	3,000
Prevention services	280,894

### **NFusion**

The Mississippi Transitional Outreach and Mental Health Services Admin-

# project (MTOP) is a six year System of Care Grant from the Substance Abuse

istration (SAMHSA). Through MTOP, NFusion service sites have been created. NFusion is an innovative program with sites existing in Louisville, Meridian, and Corinth. Youth who visit these sites have the privilege of utilizing the services without



adhering to the stigma of mental illness. NFusion acts as a smoke screen for MTOP and does not market itself as being connected to mental health. Through the smoke screen, youth are able to receive the help they need without having to deal with the stigma from their peers. These sites are serving as a single point of entry for services and referrals focusing on youth with serious emotional disorders between the ages of 14-21. To date, NFusion sites have served more than 270 vouth. MTOP also provides statewide training on Evidence Based Practices (EBP) and other System of Care related philosophies, such as Trauma Informed Care. In the last two years MTOP has trained more than 5,000 service providers, youth, and family members. You can learn more about MTOP/NFusion by visiting the website www.nfusionms.org.

### Office of Consumer Support

In FY12, DMH's Office of Consumer Support (OCS) received more than 4,500 calls on the DMH Helpline and the Suicide Prevention Lifeline. OCS continues to contract with the National Suicide Prevention Lifeline as a network provider to cover all 82 counties in Mississippi for crisis intervention, suicide prevention, and resource referrals. OCS responded and attempted to resolve more than 100 consumer grievances. In FY12, OCS conducted two Certified Peer Support Specialist trainings. OCS in partnership with PLACE certified and credentialed 39 individuals as Certified Peer Support Specialist (CPSS). OCS established a Certified Peer Support Specialist Network for CPSS's to use which encourages the professional growth of CPSS's by providing networking, mentoring, information sharing, and group support.

### **Professional Development**

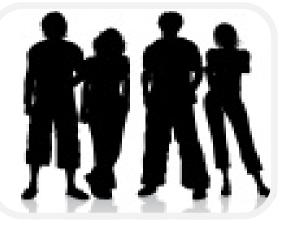
DMH provides opportunities for personal growth and continuing education opportunities to its professional staff while actively promoting education. An annual needs assessment is conducted at each facility, and a training plan is implemented from the identified areas of need. During FY12, DMH (through its facilities and programs) taught 26,999 courses, providing 44,111 hours of training to 9,002 employees. This equates to 4.90 hours of training per capita.

### **Certified Peer Support Specialists**

Three of Mississippi's Certified Peer Support Specialist (CPSS) Trainers conducted their first Certified Peer Support Specialist Training in June 2012. The CPSS Training is an intensive 34 hour course followed by a written exam. The CPSS training was attended by 23 individuals who self identify as a family member or an individual who received or is currently receiving mental health services. Upon completion of the training, successfully passing the CPSS examinations, and obtaining employment by a DMH certified provider, participates will become Certified as Peer Support Specialists. The CPSS Program provides acknowledgment that the peer has met a set of requirements necessary to provide support to individuals with mental health, substance abuse, intellectual and developmental disabilities, and or family members. The training and certification process prepares CPSSs to promote hope, personal responsibility, empowerment, education, and self-determination in the communities in which they serve. Under the general supervision of a mental health professional, a CPSS may perform a wide range of peer support services. CPSSs are first degree family members and/or people living in recovery with mental illness, substance abuse, and intellectual and developmental disabilities that provide support to others who can benefit from their lived experiences.

### **Diversion Program for Youth**

In FY12, Mississippi was one of eight states competitively selected to participate in the SAMHSA and the John D. and Catherine T. MacArthur Foundation Collaborative, Improving Diversion Policies and Programs for Justice Involved Youth with Co-Occurring Mental Health and Substance Abuse Disorders. DMH wrote the proposal with collaboration from Hinds County Youth Court, Hinds Behavioral Health Services, Department of Public Safety,



and MS Families As Allies. The grant will focus on the following: increasing communication among local agencies in Hinds County; maximizing existing funding streams and explore grant opportunities; improving the screening and assessment of youth at the Henley-Young Juvenile Justice — Center; and improving follow-though for those youth referred to other agencies/programs.



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