

February's Featured Relias Trainings:

✓ Evidence-Based Treatment Planning for Substance Use Disorders

While evidence-based practice (EBP) is steadily becoming the standard of mental health care, unfortunately, many mental health care providers do not use the results from clinical research to inform their practices. The information in this course covers the definition and diagnostic criteria for substance use disorders, the steps in building a treatment plan, a brief history on the Empirically Supported Treatments (EST) Movement, an overview of how you can identify some of the most widely-used, empirically-supported treatments for substance use disorders, as well as how to integrate these ESTs into your treatment planning.

✓ Overview of Assertive Community Treatment: Evidence-Based Practices

Every day, thousands of consumers with mental illness are hospitalized due to an increase in their symptoms and a mental health system that is plagued by little coordination of care between service providers. As a result, you may be witnessing the "revolving door" syndrome of frequent hospitalizations for many consumers with mental illness in your daily work. This course is based on content developed by The Substance Abuse and Mental Health Services Administration (SAMHSA), and describes the key principles of ACT and the evidence-based practices that were developed to meet the complex needs of individuals with mental illness. Research based on the ACT model shows that services are more effective if they fit the individual, rather than the individual fitting the traditional mental health system. This course covers evidence-based practices for symptom management, housing, finances, employment, medical care, substance abuse, family life, and activities of daily living.

✓ Customized Self-Employment Part 1: Introduction and Overview

Starting your own business is one answer to the growing problem of unemployment in our country. Because people with disabilities and other complex support needs demonstrate much greater unemployment rates than the general public, self-employment must be an available option for these individuals. This course is the first in a series of five trainings that cover best practices in Customized Self-Employment. Based on the work of Griffin-Hammis Associates and others who are developing more effective ways to support people in finding employment, these courses are especially designed for individuals who provide assistance to people with disabilities, someone with a psychiatric disability, or those who need help to earn more income.

For more information about Relias Learning, please contact Michael Jordan at 601-359-6515 or by email at Michael.Jordan@dmh.state.ms.us



RELIAS LEARNING
www.dmh.training.reliaslearning.com



Relias Learning is a customized learning management system and staff development tool. This training website, developed for DMH staff, presents and tracks training requirements in an accessible and easy to use format.

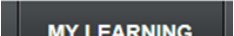
To highlight a few of Relias Learning's convenient features:

- ◇ **Continuing Education Hours** - almost all of the 500+ courses available for you to take have continuing education credits; you can print your own CEU certificates for license/certificate renewal
- ◇ **Web-based learning** – courses can be taken anywhere with an internet connection
- ◇ **Self-paced learning** – you can take a course in one sitting or in small segments
- ◇ **Email notifications** – reminders sent to you when required trainings are due, when you register for live class events or if you are waitlisted for a class and get that spot
- ◇ **Username/Password** – forgotten username and/or password emailed to you and you can even create your own password after logging in
- ◇ **Learner Resources** – Self-help tab for users that allows you to view a short introductory video about your RLMS, access the Learner Guide or Learner Manual, review the navigation guide for computer courses offered in the site, view the accreditation guide and a document with links to state board websites, and sign up for the live or recorded Site Overview-Learner webinar.

If you are interested in registering for Relias Learning, or reactivating your account, please contact your program's Human Resource or Staff Development director.


TIP OF THE MONTH:

How to view a short summary of a course.

1. Select your  Tab.

2. Select "Add a Course".



3. When your course list appears, use your cursor and hover over the  located on the right side of the box. You will see a small summary box appear (see image below). Scroll through to read the overview.



Stay tuned in April for a tip about viewing the full description, objectives, target audience, etc!