⇒ **Evidence-Based Treatment Planning for Post-traumatic Stress Disorder:**

Evidence-based practice (EBP), while widely accepted as the standard of mental health care, is not widely practiced by a great deal of healthcare providers, as many do not incorporate results from clinical research into their practices. This course covers the definition and diagnostic criteria of posttraumatic stress disorder (PTSD), the steps in building an empirically-supported treatment plan for PTSD, the identified empirically-supported treatments for PTSD, as well as how to integrate these ESTs into your treatment planning.

⇒ **Beyond EBPs: Using Science, Culture Change and Collaboration to Improve Outcomes for Children:**

Astor Services for Children & Families is a multi services behavioral health organization with a history of excellence in treating and educating children and youth with serious emotional and behavioral disorders. The workshop will highlight how the agency has been committed to implementing evidence based practices and utilizing outcomes in developing programs since 2002. We will describe how we utilized evidence based clinical case conference to create a culture where by staff looked to the literature to determine target, appropriate treatments for youth and their families.

⇒ **Evidence-Based Treatment Planning for Substance Use Disorders:**

The information in this course covers the definition and diagnostic criteria for substance use disorders, the steps in building a treatment plan, a brief history on the Empirically Supported Treatments (EST) Movement, an overview of how you can identify some of the most widely-used, empirically-supported treatments for substance use disorders, as well as how to integrate these ESTs into your treatment planning.

For more information about Relias Learning, please contact Michael Jordan at 601-359-6515 or by email at Michael.Jordan@dmh.state.ms.us

RELIAS LEARNING

www.dmh.training.reliaslearning.com

Relias Learning is a customized learning management system and staff development tool. This training website, developed for DMH staff, presents and tracks training requirements in an accessible and easy to use format.

To highlight a few of Relias Learning's convenient features:

◊ **Continuing Education Hours** - almost all of the 500+ courses available for you to take have continuing education credits; you can print your own CEU certificates for license/certificate renewal

◊ **Web-based learning** – courses can be taken anywhere with an internet connection

◊ **Self-paced learning** – you can take a course in one sitting or in small segments

◊ **Email notifications** – reminders sent to you when required trainings are due, when you register for live class events or if you are waitlisted for a class and get that spot

◊ **Username/Password** – forgotten username and/or password emailed to you and you can even create your own password after logging in

◊ **Learner Resources** – Self-help tab for users that allows you to view a short introductory video about your RLMS, access the Learner Guide or Learner Manual, review the navigation guide for computer courses offered in the site, view the accreditation guide and a document with links to state board websites, and sign up for the live or recorded Site Overview-Learner webinar.
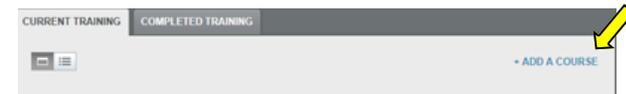
If you are interested in registering for Relias Learning, or reactivating your account, please contact your program's Human Resource or Staff Development director.

TIP OF THE MONTH:

How to take a course.

1. Select your **MY LEARNING** Tab.

2. Select "Add a Course".

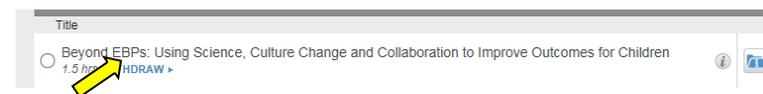CURRENT TRAINING | COMPLETED TRAINING
+ ADD A COURSE

3. When your course list appears, quick search for your course title.

FIND AND ENROLL IN COURSES | Evidence-Based Treatment

4. Select **Enroll**

5. Return to your "My Learning Tab". Your course list will take a moment to refresh and now the course should be listed. Select the course Title.

Title
○ Beyond EBPs: Using Science, Culture Change and Collaboration to Improve Outcomes for Children
1.5 hrs WITHDRAW ▸

6. Select Start to begin your course!

1 COURSE LESSONS AND EXAMS All items must be completed in order

Start ▾ Beyond EBPs: Using Science, Culture Change and Collaboration to Improve Outcomes for Children ▸
Start Final Exam ▸

Supporting a Better Tomorrow...Today
DMH
Mississippi Department of Mental Health