16th Annual Conference on Alzheimer’s Disease and Psychiatric Disorders in Older Adults

“The Many Faces of Care”
August 19 - 21, 2015

MSU RILEY CENTER
Meridian, MS

Presented by the Mississippi Department of Mental Health Division of Alzheimer’s Disease and Other Dementia Division of Professional Development

Register Online at: www.regonline.com/msalzconference2015

For more information: www.dmh.ms.gov
CONFERENCE PROGRAM DESCRIPTIVE

The purpose of the 16th Annual Conference on Alzheimer's Disease and Psychiatric Disorders in Older Adults is to inform, educate and train all who are involved in the care of persons with Alzheimer's disease, dementia and psychiatric disorders. The conference provides a unique forum for professional interactions, networking, and one-on-one contact to discuss issues and ask those important questions to some of our state's leaders.

Program Objectives:

• To discuss clinical assessment, diagnosis and treatment of older adults with dementia, mental illness, intellectual and developmental disabilities.
• To apply ethical considerations in geriatric mental health treatment and end of life issues.
• To make informed referrals to appropriate services for the aging.
• To demonstrate clinical understanding of therapeutic activities, cultural diversity, and safety issues in the geriatric population.

The educational portion of this activity is presented by the Mississippi Department of Mental Health, Division of Professional Development. Continuing education is a separate registration which is required at the beginning of the conference. Planning forms have been submitted for continuing education review.

Target Audience

DMH (all credentials)
Alcohol and Drug Counselor (NAADAC)
Certified Health Education Specialist
Continuing Medical Education
Counselor/LPC (NBCC)
Nursing Home Administrator (MS)
Psychologist (APA)
Recreation Therapist (ATRA)
Social Worker (MBOE MS)
University CEUs (JSU)
Attendance Certificate

For additional information regarding continuing education, contact:

Division of Professional Development
Mississippi Department of Mental Health
1101 Robert E. Lee Building
239 North Lamar Street
Jackson, MS 39201
Phone: (601) 359-1288

One Day Registration:

You may choose to register for any one day of the conference at the rate of $100 for Wednesday and Thursday and $25 for Friday. Please indicate below which day you would like to attend.

_____ Wednesday, August 19 _____ Thursday, August 20 _____ Friday, August 21

Awards Brunch – Friday, August 21, 2015

_____ I plan to attend the Awards Brunch
_____ I DO NOT plan to attend this event

The Awards Brunch is included in Conference Registration. Pre-registration is encouraged.

Cancellation and Refund Policy:

Cancellations made at least seven (7) days prior to the conference will receive a full refund. Refunds for cancellations after that date will be considered on an individual basis.

DMH will accept credit cards at the online registration portal: www.regonline.com/msalzconference2015.

MAKE CHECKS PAYABLE TO: Mississippi Department of Mental Health

MAIL PAYMENT & REGISTRATION FORM TO:

Kathy Van Cleave, Conference Chair
Mississippi Department of Mental Health
1101 Robert E. Lee Building
239 North Lamar Street
Jackson, MS 39201
Fax: 601.867.5289

Alzheimer's Conference rates have been secured at the following area hotels:

The Alzheimer's Conference Host Hotel is the Drury Inn & Suites. Conference Rate of $104 has been secured until August 3rd. Register online at http://www.druryhotels.com/reservations.aspx?groupno=2246879 or via phone: 1-800-325-0720, Group # 2246879. Conference rates have been secured at additional area hotels including the Comfort Inn, Country Inn and Suites, Hampton Inn, Hilton Garden Inn, Holiday Inn, Holiday Inn Express. Contact information can be found at www.dmh.ms.gov or www.regonline.com/msalzconference2015.

The conference center is ADA accessible. If special accommodations are requested, please contact Kathy Van Cleave at kathy.vancleave@dmh.state.ms.us.

This form may be photocopied.
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The City of Meridian will provide shuttle service from area hotels to the Riley Center. Shuttle service will be available during lunch as well.
7:30 a.m. – 8:30 a.m.  
*Vendor Exhibits Open/Continental Breakfast  
Studio Theater

GENERAL SESSION  
8:30 a.m. – 10:00 a.m.  
It’s Not About Dementia: “It’s About Me and All That I Love”  
Daniel C. Potts, MD, FAAN  
- Identify foundational life stories as an essential starting place to preserve personhood and maintain relationships
- List methods of engagement with persons with dementia, such as presence, mindfulness, humor, play and the arts
- Share what the experts – people with Alzheimer's and other dementias – can teach us: about themselves, and about ourselves

10:00 a.m. – 10:30 a.m.  
Break  
Exhibit Hall

CONCURRENT SESSIONS (Sessions will repeat)  
10:30 a.m. – 12:00 p.m.  
It’s Not About Dementia: Exploring Wellness, Spirituality and Creativity to Manage Stress  
Daniel C. Potts, MD, FAAN  
- Explore the effects of stress on the brain and its impact on overall health and the coping abilities of individuals with dementia, caregivers and healthcare professionals
- Summarize the evidence that supports the benefit of wellness approaches and spirituality in dementia, and the science behind their stress-mitigating effects
- Describe how expressive arts, such as story-telling, music, painting, creative writing, drama and movement can improve quality of life in the home and in residential care throughout the dementia journey

3:30 p.m. – 5:00 p.m.  
It’s Not About Dementia: Exploring Mindfulness Before Caregiving  
Robert W Montgomery, LMFT  
- Define negativity and its causes
- Differentiate between pessimism and optimism
- Explain the effects of attitude

Paint It Purple! Alzheimer’s Awareness Campaign kick-off  
Wear PURPLE to Friday’s events

Friday, August 21, 2015

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Wear PURPLE to Friday’s events

8:00 a.m. – 11:30 a.m.  
Registration  
Lobby

8:45 a.m. – 9:15 a.m.  
Awards Breakfast*  
Exhibit Hall/Studio Theater

*Breakfast is included in Conference Registration. Please indicate if you plan to attend.

9:15 a.m. – 10:45 a.m.  
Would You Like Some Cheese With That Whine - Strategies for Overcoming Negativity: I’m Smiling But I’d Really like to Slap you  
Jenny Nolen, BSW  
- Define negativity and its causes
- Differentiate between pessimism and optimism
- Explain the effects of attitude

10:45 a.m. – 11:30 a.m.  
Awards Presentation Exhibit Hall/Studio Theater

Conference Concludes