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**16th Annual
Conference on
Alzheimer's Disease
and Psychiatric
Disorders in Older
Adults**

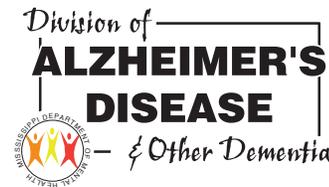
"The Many Faces of Care"

August 19 - 21, 2015

**MSU RILEY CENTER
Meridian, MS**

Division of
**ALZHEIMER'S
DISEASE**
— & Other Dementia

Mississippi Dept. of Mental Health
1101 Robert E Lee Bldg.
239 N. Lamar St.
Jackson, MS 39201



**Presented by the Mississippi Department of Mental Health
Division of Alzheimer's Disease and Other Dementia
Division of Professional Development**

**Register Online at:
www.regonline.com/msalzconference2015**

**For more information:
www.dmh.ms.gov**

CONFERENCE PROGRAM DESCRIPTIVE

The purpose of the 16th Annual Conference on Alzheimer's Disease and Psychiatric Disorders in Older Adults is to inform, educate and train all who are involved in the care of persons with Alzheimer's disease, dementia and psychiatric disorders. The conference provides a unique forum for professional interactions, networking, and one-on-one contact to discuss issues and ask those important questions to some of our state's leaders.

Program Objectives:

- To discuss clinical assessment, diagnosis and treatment of older adults with dementia, mental illness, intellectual and developmental disabilities.
- To apply ethical considerations in geriatric mental health treatment and end of life issues.
- To make informed referrals to appropriate services for the aging.
- To demonstrate clinical understanding of therapeutic activities, cultural diversity, and safety issues in the geriatric population.

The educational portion of this activity is presented by the Mississippi Department of Mental Health, Division of Professional Development. Continuing education is a separate registration which is required at the beginning of the conference. Planning forms have been submitted for continuing education review.

Target Audience

DMH (all credentials)
Alcohol and Drug Counselor (NAADAC)
Certified Health Education Specialist
Continuing Medical Education
Counselor/LPC (NBCC)
Nursing Home Administrator (MS)
Psychologist (APA)
Recreation Therapist (ATRA)
Social Worker (MBOE MS)
University CEUs (JSU)
Attendance Certificate

For additional information regarding continuing education, contact:

Division of Professional Development

Mississippi Department of Mental Health
1101 Robert E. Lee Building
239 North Lamar Street
Jackson, MS 39201
Phone: (601) 359-1288

REGISTRATION FORM

16th Annual Conference on Alzheimer's Disease and Psychiatric Disorders in Older Adults

August 19 - 21, 2015

Name: _____ Organization: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Fax: _____

Email: _____

Name as it should appear in conference material: _____

_____ \$175 Pre-registration for Full Conference (Due by August 7, 2015)

_____ \$ 75 Student Registration (Must present current student ID)

_____ \$ 75 Senior Registration (60 years and older; please show ID)

_____ \$ 75 Caregiver Registration (personal in-home caregiver)

Full Conference Registration at the door will be \$185.

Mental Health Therapist (DMH) IDD Therapist (DMH) Nursing Home Administrator (MS)

Licensed DMH Administrator Certified Community Support Specialists

Addictions Therapist (DMH) Alcohol and Drug Counselor (NAADAC)

Counselor/LPC (NBCC) Certified/Licensed DMH Addictions Therapists

Certified Peer Support Specialist Social Worker (MBOE MS) Psychologist (APA)

Recreation Therapist (ATRA) University CEUs (JSU)

Certified Health Education Specialist

I am a: Service Provider Caregiver Student Senior Presenter

Other (If so, _____)

ONE DAY REGISTRATION:

You may choose to register for any one day of the conference at the rate of \$100 for Wednesday and Thursday and \$25 for Friday. Please indicate below which day you would like to attend.

_____ Wednesday, August 19 _____ Thursday, August 20 _____ Friday, August 21

Awards Brunch – Friday, August 21, 2015

_____ I plan to attend the Awards Brunch

_____ I DO NOT plan to attend this event

The Awards Brunch is included in Conference Registration. Pre-registration is encouraged.

Cancellation and Refund Policy:

Cancellation made at least seven (7) days prior to the conference will receive a full refund.

Refunds for cancellations after that date will be considered on an individual basis.

DMH will accept credit cards at the online registration portal: www.regonline.com/msalzconference2015.

MAKE CHECKS PAYABLE TO: Mississippi Department of Mental Health

MAIL PAYMENT & REGISTRATION FORM TO:

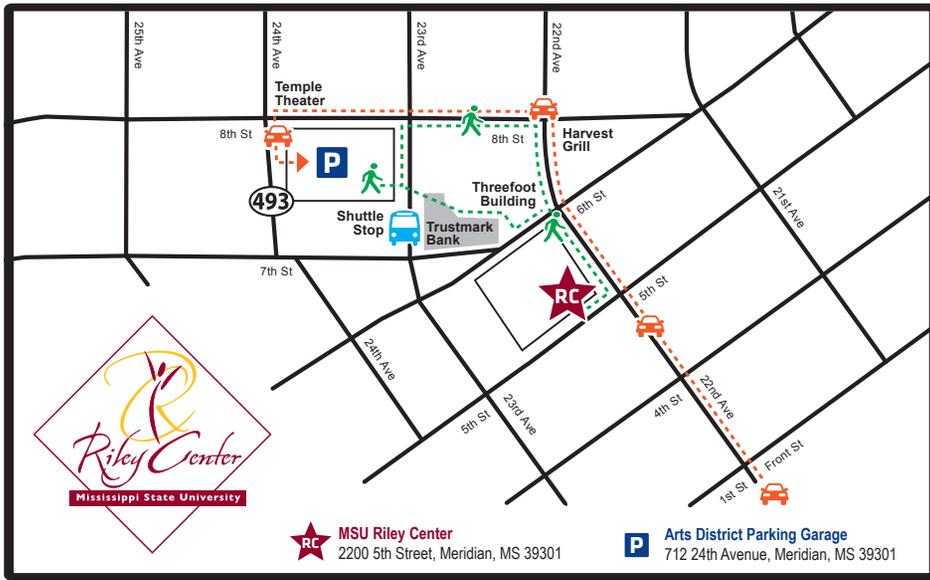
Kathy Van Cleave, Conference Chair
Mississippi Department of Mental Health
1101 Robert E. Lee Building
239 North Lamar Street
Jackson, MS 39201
Fax: 601.867.5289

Alzheimer's Conference rates have been secured at the following area hotels:

The Alzheimer's Conference Host Hotel is the Drury Inn & Suites. Conference Rate of \$104 has been secured until August 3rd. Register online at <http://www.druryhotels.com/Reservations.aspx?groupno=2246879> or via phone: 1-800-325-0720, Group # 2246879. Conference rates have been secured at additional area hotels including the Comfort Inn, Country Inn and Suites, Hampton Inn, Hilton Garden Inn, Holiday Inn, Holiday Inn Express. Contact information can be found at www.dmh.ms.gov or www.regonline.com/msalzconference2015.

The conference center is ADA accessible. If special accommodations are requested, please contact Kathy Van Cleave at kathy.vanleave@dmh.state.ms.us.

This form may be photocopied.



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The City of Meridian will provide shuttle service from area hotels to the Riley Center. Shuttle service will be available during lunch as well.

SESSION AGENDA

Tuesday, August 18, 2015

4:00 p.m. – 7:00 p.m. Registration Vendor Set-up Lobby

Wednesday, August 19, 2015

7:30 a.m. – 5:00 p.m. Registration Lobby
7:30 a.m. – 8:30 a.m. Vendor Exhibits Open/ Continental Breakfast Exhibit Hall

GENERAL SESSION

8:30 a.m. – 10:30 a.m. Theater

• **Take Your Oxygen First – Lessons for Family and Professional Caregivers**

James Huysman, PsyD, LCSW, CAP, CFT

- Understand the national landscape of family and professional caregivers
- Identify secondary trauma, its causes and conditions
- Utilize helpful, personal self-care techniques

10:30 a.m. – 11:00 a.m. Break Exhibit Hall
*Vendor Exhibits Open

CONCURRENT SESSIONS

11:00 a.m. – 12:00 p.m.

• **When the Party Never Stops: Boomer/Senior Addiction, Caregivers and Co-Addictions in a New Medical World** Theater

James Huysman, PsyD, LCSW, CAP, CFT

- Explain the scope of the problem of treating Boomer/Senior addiction
- Detail warning signs of addiction in their clients and/or loved ones
- Utilize available resources to apply effective protocols in caring for older adults

• **Dementia-Capable Care of Adults with ID** 2B/C

Kathryn G. Pears, MPPM

- Explain how dementia presents differently in adults with ID
- Describe how diagnostic overshadowing can negatively impact care and support of the person with ID and dementia
- List three ways modifications to their physical environment which can be made to support functioning in the person with ID and dementia

• **Spirituality at the End of Life** Studio Theater

Jerry M. Stanley, Jr., MDiv

- List differences between spirituality and religion
- Discuss the role and expression of spirituality during illness, death, and grief
- Describe tools for life review, end of life decision making, and therapeutic interventions

12:00 p.m. – 1:30 p.m. Lunch on your own

GENERAL SESSIONS

1:30 p.m. – 3:00 p.m. Theater

• **Mississippi Takes the Lead: Advances in Dementia Research and Technology**

Thomas Mosley, PhD

- Understand the mission of the UMMC MIND Center
- Describe new research to identify risk factors for dementia
- Identify new developments in understanding the causes of Alzheimer's disease

3:00 p.m. – 3:20 p.m. Break Exhibit Hall
*Vendor Exhibits Open

GENERAL SESSION

3:20 p.m. – 4:50 p.m. Theater

• **Legislative Action, State and National Planning in 2015**

Diana Mikula, MHA et al and Randi Chapman, JD

- Identify how legislation on national level and action plans from states that inform local public policy
- Describe how the MS Legislature supports care partners, older adults and persons with dementia
- Identify implementation components of the State Strategic Plan for Alzheimer's Disease and Other Dementias

4:50 p.m. – 6:00 p.m. Reception Lobby

Thursday, August 20, 2015

7:30 a.m. – 5:00 p.m. Registration Lobby
 7:30 a.m. – 8:30 a.m. *Vendor Exhibits Open/ Continental Breakfast Exhibit Hall

GENERAL SESSION

8:30 a.m. – 10:00 a.m. Theater

• ***It's Not About Dementia: "It's About Me and All That I Love"***

Daniel C. Potts, MD, FAAN

- Identify foundational life stories as an essential starting place to preserve personhood and maintain relationships
- List methods of engagement with persons with dementia, such as presence, mindfulness, humor, play and the arts
- Share what the experts – people with Alzheimer's and other dementias – can teach us: about themselves, and about ourselves

10:00 a.m. – 10:30 a.m. Break Exhibit Hall
 *Vendor Exhibits Open/ Book Signing

CONCURRENT SESSIONS (Sessions will repeat)

10:30 a.m. – 12:00 p.m.

• ***It's Not About Dementia: Exploring Wellness, Spirituality and Creativity to Manage Stress*** Theater

Daniel C. Potts, MD, FAAN

- Explore the effects of stress on the brain and its impact on overall health and the coping abilities of individuals with dementia, caregivers and healthcare professionals
- Summarize the evidence that supports the benefit of wellness approaches and spirituality in dementia, and the science behind their stress-mitigating effects
- Describe how expressive arts, such as story-telling, music, painting, creative writing, drama and movement can improve quality of life in the home and in residential care throughout the dementia journey

• ***It's Not About Dementia: Exploring Mindfulness Before Caregiving*** Studio Theater

Robert W Montgomery, LMFT

- Identify Anxiety/Reactivity
- Learn Self-Regulation of Reactivity
- Observe and identify various interactions of reactivity w/ a person with Alzheimer's disease

• ***Creating Caregiver Connections - Bridging the Gap Between Two Worlds*** 2B/C

Sheri Bankston, CTRS, Specialization in Geriatrics

- Explain how unmet needs can result in negative experiences and outcomes for people living with Alzheimer's disease/dementia
- Describe how functional barriers can directly affect a resident with Alzheimer's disease/dementia in a negative way
- Develop creative interventions for assigned case studies utilizing supplies for engagement

12:00 p.m. – 1:30 p.m. Lunch on your own

12:00 p.m. – 1:30 p.m. Mississippi Gerontological Society Luncheon
MGS Members only

GENERAL SESSION

1:30 p.m. – 3:00 p.m. Theater

• ***The Face of Alzheimer's: Life After Diagnosis***

Sara Murphy, BS

Mike Quayle

Kerri Hawkins

- Understand the early signs and symptoms of Alzheimer's and steps for getting a diagnosis
- Discuss the impact a diagnosis of AD has on both the person with dementia and the family
- Identify helpful resources for both the caregiver and the person living with Alzheimer's disease

3:00 p.m. – 3:30 p.m. Break Exhibit Hall
 *Vendor Exhibits Open

CONCURRENT SESSIONS (Repeat of morning Sessions)

3:30 p.m. – 5:00 p.m.

• ***It's Not About Dementia: Exploring Wellness, Spirituality and Creativity to Manage Stress*** Theater

Daniel C. Potts, MD, FAAN

- Explore the effects of stress on the brain and its impact on overall health and the coping abilities of individuals with dementia, caregivers and healthcare professionals
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Friday, August 21, 2015

Paint It Purple! Alzheimer's Awareness Campaign kick-off Wear PURPLE to Friday's events

8:00 a.m. – 11:30 a.m. Registration Lobby

8:45 a.m. – 9:15 a.m. Awards Breakfast* Exhibit Hall/Studio Theater
 Welcome and Introductions

**Breakfast is included in Conference Registration. Please indicate if you plan to attend.*

9:15 a.m. – 10:45 a.m. General Session Exhibit Hall/Studio Theater

• ***Would You Like Some Cheese With That Whine - Strategies for Overcoming Negativity: I'm Smiling But I'd Really like to Slap you***

Jenny Nolen, BSW

- Define negativity and its causes
- Differentiate between pessimism and optimism
- Explain the effects of attitude

10:45 a.m. – 11:30 a.m. Awards Presentation Exhibit Hall/Studio Theater

Conference Concludes