



## August: Featured Relias Trainings

For more information about Relias Learning, please contact Michael Jordan at 601-359-6515 or by email at [Michael.Jordan@dmh.state.ms.us](mailto:Michael.Jordan@dmh.state.ms.us)

### ① ***Evidence-Based Treatment Planning for Social Anxiety***

*Evidence-based practice (EBP), widely accepted as the standard of mental health treatment, is not as commonplace among mental healthcare providers as you would think. Many providers surprisingly do not integrate recent clinical research into their everyday practices. This course is designed for mental health providers interested in empirically informing their treatments. You will not only learn about the process of empirically informing your treatment plans for social anxiety disorder (SAD), but you also will gain extensive knowledge about some of the most commonly identified ESTs for SAD, along with some considerations for relapse prevention.*

### ② ***Family Psychoeducation: Advanced Evidence-Based Practices***

*These days, serious mental illnesses are widely accepted in the medical field as illnesses with well-established symptoms and treatment. Despite this recognition, one of the most common roadblocks to successful treatment outcomes and to recovery is a lack of family support, as well as the lack of understanding within the family of the nature of the person's mental illness. Based on content from Substance Abuse and Mental Health Service Administration (SAMHSA), this course is part of the Evidence-Based Practices series designed to teach you the principles and practices that research suggests are most effective in the implementation of a family psychoeducation program. In addition, this training covers how to best develop an effective family psychoeducation program and provides helpful tips for mental health authorities. Whether you are a mental health provider or an agency administrator, this course is an opportunity to develop new skills to support consumers, as well as to develop an effective program of this type in your own community.*

### ③ ***Introduction to Treating Gambling Problems***

*Gambling has become more socially acceptable and widely available in the United States. As a result, substance use counselors, mental health professionals, primary care physicians, and social service workers are steadily confronted with individuals who are in need of problem gambling treatment services. Gambling problems are an important public health concern because they are associated with serious physical, social, psychological, financial, and legal problems.*



RELIAS LEARNING  
[www.dmh.training.reliaslearning.com](http://www.dmh.training.reliaslearning.com)



Relias Learning is a customized learning management system and staff development tool. This training website, developed for DMH staff, presents and tracks training requirements in an accessible and easy to use format.

To highlight a few of Relias Learning's convenient features:

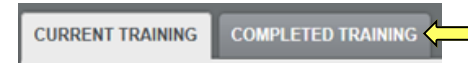
- ◇ **Continuing Education Hours** - almost all of the 500+ courses available for you to take have continuing education credits; you can print your own CEU certificates for license/certificate renewal
- ◇ **Web-based learning** – courses can be taken anywhere with an internet connection
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- ◇ **Email notifications** – reminders sent to you when required trainings are due, when you register for live class events or if you are waitlisted for a class and get that spot
- ◇ **Username/Password** – forgotten username and/or password emailed to you and you can even create your own password after logging in
- ◇ **Learner Resources** – Self-help tab for users that allows you to view a short introductory video about your RLMS, access the Learner Guide or Learner Manual, review the navigation guide for computer courses offered in the site, view the accreditation guide and a document with links to state board websites, and sign up for the live or recorded Site Overview-Learner webinar.


If you are interested in registering for Relias Learning, or reactivating your account, please contact your program's Human Resource or Staff Development director.


## TIP OF THE MONTH:

How to print a certificate from a previously completed course.

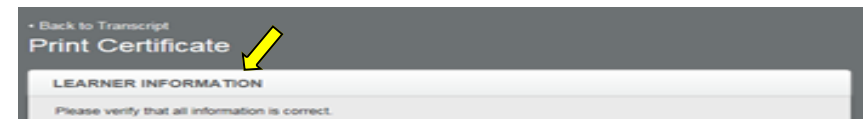
1. Select your "Completed Training" tab at the top of your homepage.




2. Select the small  button.

ONLINE TRAINING				
Title	Grade	Due Date	Completed	
✓ Customer Relations 1.5 hrs	90%	2/14/2015	1/16/2015	

3. Review your "learner information" for accuracy.



4. Select 
5. Your certificate will be generated and you will now be able to print for your files.

**Note:** As long as you have a Relias account, your transcript of completed courses is be available to you. This means that you are able to log in and print a certificate of completion at any time.