

Success Stories



With a tender and loving heart for those who have a mental illness, I began volunteering in 2011 at North Mississippi State Hospital in Tupelo, MS. Each month I would bake a birthday cake and other delicious treats for the patients there. I was thrilled to see them so happy, eating, and enjoying the entertainment. I spent many countless hours in the flower beds, so there would be beautiful flowers blooming there during every season. I recruited others to share their talents at NMSH, and since I have been on the board of Friends of North Mississippi State Hospital, I have worked to encourage others to join the group as well. Friends of NMSH named me the Volunteer of the Year in 2013.

That same year, my book "Out of the Cage" was published. I dedicated this book to all the precious people who have been diagnosed with bipolar illness. My heart and love will always be with them.

In my book, I love to share what I am doing now to successfully manage my illness. I share how the pieces came together after I researched my past, and how I understood why I was suicidal all those years. I also learned how important the soft voices were, and how one of them saved me from myself. I share the steps I took to overcome grieving and depression, and how being labeled and rejected ended up being a good thing for me, because it forced me to turn to God for comfort. I am now free from psychotic drugs, suicidal thoughts, grieving, depression, and the fear of being labeled and rejected.

I am now a Certified Peer Support Specialist, and I am also on the board of the Association of Mississippi Peer Support Specialists. Today, I finally know my main purpose and mission is to help others living with a mental illness until God calls me home. With God helping all of us, everyone one of us will have a success story one day.

- Faye Hurt, CPSS

RECOVERY: A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.