



October

Featured Relias Trainings

Best Practices: Behavior Support and Intervention

This course offers some practical suggestions for how to reduce the use of seclusion and restraint. It addresses an important issue in the care and treatment of children in residential and/or foster care: the use of restraint and seclusion as behavior management tools. The course defines restraint and seclusion, presents facts and myths regarding their use, and presents data regarding the negative outcomes of the use of restraint and seclusion including child and youth deaths and re-traumatization. Trauma and posttraumatic stress disorder are described and their relationship to experiences of restraint and seclusion are presented. More effective and therapeutic approaches to behavior management are presented including the importance of family involvement, the three level public health model of prevention is applied to the topic of concern, and non-coercive behavior management strategies are described.

Risk Management for Individuals with IDD

This course discusses the principles of risk management and the specific types and levels of risks associated with daily living for individuals with developmental disabilities. It identifies tools for risk assessment and service planning and how to monitor individuals for ongoing risk analysis.

Adolescent Substance Use Disorder Clinical Pathways Training

The clinical pathways system is a comprehensive treatment model that targets the specific behavioral and emotional problems associated with the major DSM childhood and adolescent diagnoses. The system includes three major facets: a method for understanding the major DSM diagnoses that may require outpatient and/or residential treatment; a structured curriculum of treatment services and activities to address targeted symptoms of behavioral and emotional disturbance; a philosophy and protocol for managing treatment for severely emotionally disturbed children and adolescents.



RELIAS LEARNING
www.dmh.training.reliaslearning.com



Relias Learning is a customized learning management system and staff development tool. This training website, developed for DMH staff, presents and tracks training requirements in an accessible and easy to use format.

To highlight a few of Relias Learning's convenient features:

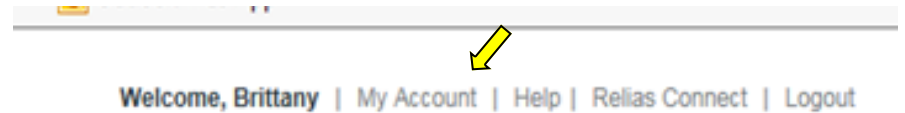
- ◇ **Continuing Education Hours** - almost all of the 500+ courses available for you to take have continuing education credits; you can print your own CEU certificates for license/certificate renewal
- ◇ **Web-based learning** – courses can be taken anywhere with an internet connection
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- ◇ **Learner Resources** – Self-help tab for users that allows you to view a short introductory video about your RLMS, access the Learner Guide or Learner Manual, review the navigation guide for computer courses offered in the site, view the accreditation guide and a document with links to state board websites, and sign up for the live or recorded Site Overview-Learner webinar.

If you are interested in registering for Relias Learning, or reactivating your account, please contact your program's Human Resource or Staff Development director.

TIP OF THE MONTH:

How to change/update your account password.

1. From your home page, select "My Account".



2. Delete your old password and enter your new one!

NAME & LOGIN * Required Field

User Name * Password *

Brittany Robinson

3. Select "Save".

SAVE

CANCEL