Featured Relias Trainings

January 2016

Helping Children and Adolescents Cope with Violence and Disasters

Disasters and traumatic events can happen to anyone at any time. Despite our best efforts to protect children and adolescents from experiencing disasters or trauma, it is impossible to shelter them from every potentially traumatic event. Children exposed to traumatic events and disasters are particularly vulnerable to complicated physical and emotional responses, in part due to their limited life experiences. This course provides you with clear information about how to apply best practices outlined by the National Institutes of Mental Health when working with children exposed to violence and disasters.

Beck Depression Inventory-II® In Health & Human Service Settings

Practitioners in a variety of healthcare settings frequently find themselves working with individuals who present with possible symptoms of depression. Quick and accurate assessment of depression can be an essential component of mental as well as physical health diagnosis and treatment. However, it can be difficult to accurately assess clinical depression when it is accompanied by other presenting symptoms and concerns. In this course, you will be introduced to the Beck Depression Inventory-II, an evidence-based tool for assessing consumers for depression.

Inclusion: Children with Disabilities

Infants and young children with varied developmental disabilities or developmental delays can be found in all communities throughout the nation. Families have the desire to provide high quality care and education for their children in their local communities. Federal, state, and local laws have authorized that programs and related services should be provided in settings where children with disabilities or developmental delays can have the opportunity to develop social relationships.

For more information about Relias Learning, please contact Michael Jordan at 601-359-6515 or by email at Michael.Jordan@dmh.state.ms.us

RELIAS ‖ LEARNING

www.dmh.training.reliaslearning.com

Relias Learning is a customized learning management system and staff development tool. This training website, developed for DMH staff, presents and tracks training requirements in an accessible and easy to use format.

To highlight a few of Relias Learning's convenient features:

◊ **Continuing Education Hours** - almost all of the 500+ courses available for you to take have continuing education credits; you can print your own CEU certificates for license/certificate renewal

◊ **Web-based learning** – courses can be taken anywhere with an internet connection

◊ **Self-paced learning** – you can take a course in one sitting or in small segments

◊ **Email notifications** – reminders sent to you when required trainings are due, when you register for live class events or if you are waitlisted for a class and get that spot

◊ **Username/Password** – forgotten username and/or password emailed to you and you can even create your own password after logging in

◊ **Learner Resources** – Self-help tab for users that allows you to view a short introductory video about your RLMS, access the Learner Guide or Learner Manual, review the navigation guide for computer courses offered in the site, view the accreditation guide and a document with links to state board websites, and sign up for the live or recorded Site Overview-Learner webinar.

If you are interested in registering for Relias Learning, or reactivating your account, please contact your program's Human Resource or Staff Development director.

Tip of the Month:

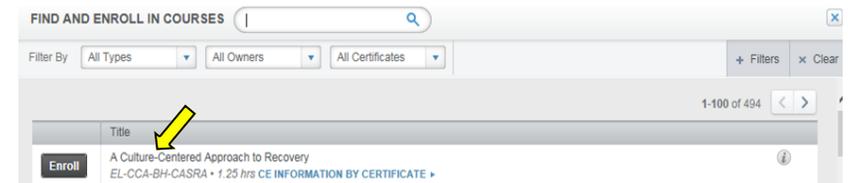How to view the detailed course properties.

1. Select your **MY LEARNING** Tab.

2. Select "Add a Course".

3. When your course list appears, select the course Title that you are wanting to view.

4. The detailed course properties, including description, objectives, target audience, etc. should now be shown on your screen. Scroll through the box to view all of the information.