### Consumers as Service Providers in the Behavioral Health Workplace

Peer Support services have evolved from a promising to an evidence-based model of care. Many states now have state instituted certification programs for both individuals with lived experience and family members whose loved one has experienced the challenges of a serious emotional disorder. This course provides an overview of the values, beliefs, and principles that are the foundation of psychosocial rehabilitation and recovery-oriented practice.

### Evidence-Based Treatment Planning for Substance Use Disorders

The information in this course covers the definition and diagnostic criteria for substance use disorders, the steps in building a treatment plan, a brief history on the Empirically Supported Treatments (EST) Movement, an overview of how you can identify some of the most widely-used, empirically-supported treatments for substance use disorders, as well as how to integrate these ESTs into your treatment planning.

### Evidence-Based Treatment Planning for Disruptive Child and Adolescent Behavior

This course discusses the process of empirically informing your treatment plans for disruptive behavior disorders, including Oppositional Defiant Disorder (ODD) and Conduct Disorder (CD), and also provides an in-depth look at the process of creating your own treatment plan that integrates EST. You will gain extensive knowledge about some of the most commonly identified ESTs for disruptive behavior disorders, along with some considerations for relapse prevention.

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For more information about Relias Learning, please contact Michael Jordan at 601-359-6515 or by email at Michael.Jordan@dmh.state.ms.us
Relias Learning is a customized learning management system and staff development tool. This training website, developed for DMH staff, presents and tracks training requirements in an accessible and easy to use format.

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**Tip of the Month:**

How to view the detailed course properties.

1. Select your **MY LEARNING** Tab.

2. Select “Add a Course”.

3. When your course list appears, select the course Title that you are wanting to view.

4. The detailed course properties, including description, objectives, target audience, etc. should now be shown on your screen. Scroll through the box to view all of the information.

If you are interested in registering for Relias Learning, or reactivating your account, please contact your program’s Human Resource or Staff Development director.