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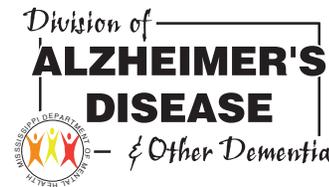
# 17th Annual Conference on Alzheimer's Disease and Psychiatric Disorders in Older Adults

*"Building Bridges Together"*  
**August 17-19, 2016**

**Natchez Convention Center  
Natchez, MS**

Division of  
**ALZHEIMER'S  
DISEASE**  
— & Other Dementia

Mississippi Dept. of Mental Health  
1101 Robert E Lee Bldg.  
239 N. Lamar St.  
Jackson, MS 39201



**Presented by the Mississippi Department of Mental Health  
Division of Alzheimer's Disease and Other Dementia  
Division of Professional Development**

**Register Online at:  
[www.regonline.com/msalzconference2016](http://www.regonline.com/msalzconference2016)**

**For more information:  
[www.dmh.ms.gov](http://www.dmh.ms.gov)**

## CONFERENCE PROGRAM DESCRIPTIVE

The purpose of the 17th Annual Conference on Alzheimer's Disease and Psychiatric Disorders in Older Adults is to inform, educate and train all who are involved in the care of persons with Alzheimer's disease, dementia and psychiatric disorders. The conference provides a unique forum for professional interactions, networking, and one-on-one contact to discuss issues and ask those important questions to some of our state's leaders.

### Program Objectives:

- To discuss clinical assessment, diagnosis and treatment of older adults with dementia, mental illness, intellectual and developmental disabilities.
- To apply ethical considerations in geriatric mental health treatment and end of life issues.
- To make informed referrals to appropriate services for the aging.
- To demonstrate clinical understanding of therapeutic activities, cultural diversity, and safety issues in the geriatric population.

The educational portion of this activity is presented by the Mississippi Department of Mental Health, Division of Professional Development. Continuing education is a separate registration which is required at the beginning of the conference. Planning forms have been submitted for continuing education review.

### Target Audience

DMH (all credentials)  
Alcohol and Drug Counselor (NAADAC)  
Certified Health Education Specialist  
Continuing Medical Education  
Counselor/LPC (NBCC)  
Nursing Home Administrator (MS)  
Psychologist (APA)  
Recreation Therapist (ATRA)  
Social Worker (MBOE MS)  
University CEUs (JSU)  
Attendance Certificate

For additional information regarding continuing education, contact:

### Division of Professional Development

Mississippi Department of Mental Health  
1101 Robert E. Lee Building  
239 North Lamar Street  
Jackson, MS 39201  
Phone: (601) 359-1288

## REGISTRATION FORM

17th Annual Conference on Alzheimer's Disease and Psychiatric Disorders in Older Adults

August 17 - 19, 2016

Name: \_\_\_\_\_ Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

Name as it should appear in conference material: \_\_\_\_\_

\_\_\_\_\_ \$175 Pre-registration for Full Conference (Due by August 5, 2016)

\_\_\_\_\_ \$ 75 Student Registration (Must present current student ID)

\_\_\_\_\_ \$ 75 Senior Registration (60 years and older; please show ID)

\_\_\_\_\_ \$ 75 Caregiver Registration (personal in-home caregiver)

Full Conference Registration at the door will be \$185.

Mental Health Therapist (DMH)  IDD Therapist (DMH)  Nursing Home Administrator (MS)

Licensed DMH Administrator  Certified Community Support Specialists

Addictions Therapist (DMH)  Alcohol and Drug Counselor (NAADAC)

Counselor/LPC (NBCC)  Social Worker (MBOE MS)  Psychologist (APA)

Certified Peer Support Specialist  University CEUs (JSU)

Recreation Therapist (ATRA)  Certified Health Education Specialist  Continuing Medical Education

I am a:  Service Provider  Caregiver  Student  Senior  Presenter

Other (If so, \_\_\_\_\_)

### ONE DAY REGISTRATION:

You may choose to register for any one day of the conference at the rate of \$100 for Wednesday and Thursday and \$25 for Friday. Please indicate below which day you would like to attend.

Wednesday, August 17  Thursday, August 18  Friday, August 19

### Awards Brunch – Friday, August 19, 2016

I plan to attend the Awards Brunch

I DO NOT plan to attend this event

The Awards Brunch is included in Conference Registration. Pre-registration is encouraged.

### Cancellation and Refund Policy:

Cancellation made at least seven (7) days prior to the conference will receive a full refund.

Refunds for cancellations after that date will be considered on an individual basis.

**Payment accepted through cash, check or purchase order. DMH does NOT accept credit cards.**

MAKE CHECKS PAYABLE TO: Mississippi Department of Mental Health

MAIL PAYMENT & REGISTRATION FORM TO:

Kathy Van Cleave, Conference Chair  
Mississippi Department of Mental Health  
1101 Robert E. Lee Building  
239 North Lamar Street  
Jackson, MS 39201  
Fax: 601.867.5289

### Alzheimer's Conference rates have been secured at the following area hotels:

The Alzheimer's Conference Host Hotel is the Natchez Grand Hotel with single/double rate of \$99 (city view) or \$109 (river view). Call 866-488-0898 for reservations. Conference rates have been secured at additional area hotels including Dunleith, the Eola Hotel, Hampton Inn, Holiday Inn Express, Hotel Vue and Magnolia Bluff. Contact information can be found at [www.dmh.ms.gov](http://www.dmh.ms.gov) or [www.regonline.com/msalzconference2016](http://www.regonline.com/msalzconference2016).

The conference center is ADA accessible. If special accommodations are requested, please contact Kathy Van Cleave at [kathy.vancleave@dmh.ms.gov](mailto:kathy.vancleave@dmh.ms.gov).

*This form may be photocopied.*



● Natchez Convention Center  
 211 Main Street  
 Natchez, MS 39120

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The conference center is ADA accessible. If special accommodations are requested, please contact Kathy Van Cleave at [kathy.vancleave@dmh.ms.gov](mailto:kathy.vancleave@dmh.ms.gov).

## SESSION AGENDA

### Wednesday, August 17, 2016

7:30 am – 5:00 pm ..... Registration  
 7:30 am – 8:30 am ..... Vendor Exhibits Open/Continental Breakfast

### GENERAL SESSION

8:30 am – 10:30 am ..... Opening Keynote

• **Sometimes Ya Gotta Laugh**

Karen Stobbe, CG and Mondy Carter, BA

- Define the power of laughter and the effects of stress
- Identify and apply theatrical scenes to their work situations and daily life
- List the reasons why it is important to know the person you are caring for

10:30 am – 11:00 am ..... Break/Book Signing  
 Vendor Exhibits Open

### CONCURRENT SESSIONS

11:00 am – 12:00 pm

• **Innovations in Healthcare Delivery: TeleMIND**

Denise Lafferty, BS and Netrali Patel, MD

- Explain telehealth and telemedicine and discuss how these technologies are being used to expand health care delivery
- Define The MIND Center's telemedicine program called "TeleMIND" and how it benefits Mississippians in remote and underserved parts of the state
- Describe a TeleMIND patient appointment

• **The Dementia Tsunami: What's Happening in Mississippi**

Patty Dunn, MBA and Caroline Newkirk, MPH

- Explain recent data obtained from BRFSS and how brain health is a part of public health
- Describe recent data obtained from the BRFSS Cognitive Impairment module
- Describe data obtained from "Collaborating to Promote Brain Health in Mississippi"

• **Calming the Perfect Storm: Stress and Isolation in Older Adults**

Laura Pannell, PhD, CPG

- Demonstrate knowledge of recent research in the area of statistics related to stress and suicide in older adults
- Describe the common causal factors related to stress and suicide in older adults
- List common risk factors and possible referral options

12:00 pm – 1:30 pm ..... Lunch on your own

### GENERAL SESSION

1:30 pm – 3:00 pm

• **Culture Change Across the Continuum of Care: Care-Partners, Elders and Those Who Love Someone Living with Dementia**

Michelle Daniel, NHA, MHA, Mary Kim Smith, RN and Sue Ann Meng, LCSW

- Explain culture change movement and dementia
- Discuss ways to improve care for persons with dementia and their care partners
- List ways to integrate culture change principles

## GENERAL SESSION

3:20 pm – 4:50 pm

### • **Legislative Action in MS: the 2016 Report**

Diana S. Mikula, MHA, et al. Moderated by Jake Hutchins.

- Identify how legislation on national and local level effects public policy
- Identify implementation components of the State Strategic Plan for Alzheimer's Disease and Other Dementias
- Describe how various programs in MS collaborate to affect the service system available to persons with dementia

4:50 pm – 6:00 pm ..... Reception

## Thursday, August 18, 2016

7:30 am – 5:00 pm ..... Registration

7:30 am – 8:30 am ..... Vendor Exhibits Open/Continental Breakfast

## GENERAL SESSION

8:30 am – 10:00 am

### • **Importance of Creativity in Healthcare**

Karen Stobbe, CG and Mondy Carter, BA

- Identify the reason creativity is needed in caregiving
- Demonstrate that communicating with people who have different abilities requires various techniques
- Apply creativity techniques to personal life as well as working life

10:00 am – 10:30 am ..... Break

Vendor Exhibits Open

## CONCURRENT SESSIONS

10:30 am – 12:00 noon..... (These sessions will repeat in the afternoon)

### • **Changing Our Behavior**

Karen Stobbe, CG

- Identify and describe ways to increase levels of non-verbal and verbal communication within your care setting
- Define and name listening skills that are key to communicating with persons with dementia
- Define behaviors as a form of communication

### • **Art in Mind: Combining Art & Social Engagement**

Carol Messer, BA, Al Kirsch, LMSW and Lisa Michiels, BA

- Describe the importance of caregiver support through venues such as expressive art therapy programming
- Explain how expressive art therapy increases social engagement of the person with dementia
- Demonstrate hands-on techniques of expressive art therapy

### • **An Ethical Approach to End of Life Care**

Donna Evans, BSW

- Define goals and philosophy of end of life care
- Explain ethical challenges in end of life care
- List at least two guidelines needed to support patients/families in end of life care while exhibiting cultural competence and sensitivity

12:00 pm – 1:30 pm ..... Lunch on Your Own

## GENERAL SESSION

1:30 pm – 3:00 pm

### • **A Colorful Look at Better Communication**

Kent Dean, BBA

- Discuss reasons lending to the communication breakdown between individuals
- Demonstrate the True Colors personality self-assessment
- Define tools for communicating more successfully with others and respecting their personality differences

## CONCURRENT SESSIONS (Repeat of morning sessions)

3:30 pm – 5:00 pm

***Paint It Purple! Alzheimer's Awareness Campaign kick-off  
Wear PURPLE to Friday's events***

## Friday, August 19, 2016

8:00 am – 11:30 am ..... Registration

8:45 am – 9:15 am ..... Awards Breakfast \*

Welcome and Introductions

*\*Breakfast is included in Conference Registration. Please indicate if you plan to attend.*

9:15 am - 10:45 am ..... General Session

### • **Creating Relationship Excellence/Managing Success through Adversity**

Linda Gholston, BA, AD and Heather Palmer, AAS

- Identify leadership strategies and tools to motivate team members during difficult situations
- Educate about hospice mission
- Discuss ways to advocate for oneself and for caregivers

10:45 am – 11:30 am ..... Awards Presentation

***The Conference Concludes with Awards presentations for the Direct Care Worker of the Year, Volunteer of the Year, and the Dorris Award for Caregiving.***

