

### Overview

Active:	Yes	Created Date:	7/15/15
PSS Type:	Initial	Effective Date:	10/1/15
Service Type	1915c	End Date:	9/30/2016

Comments:

### Part I - Essential Information

#### Contact Information

Legal First Name:	Trey	Medicaid #	123-45-6789
Legal Last Name:	Rich	Initial Certification Date:	
Legal Middle Name:		Home Phone:	601-985-5231
Preferred Name:	Trey	Cell Phone:	
Date of Birth:	1/27/79	Email:	12/4/1995
Address:	5231 May St., Jackson, MS 39201	Support Coordinator/TCM	Betsy Bell

#### Family Contact

First Name:	Diane	Phone:	601-236-6587
Last Name:	Rich	Fax:	
Middle Name:		Email:	drich@hotmail.com
Contact Type:	Family	Address:	234 N. King Drive, Jackson, MS 39201

First Name:	Tom	Phone:	601-236-6587
Last Name:	Rich	Fax:	
Middle Name:		Email:	drich@hotmail.com
Contact Type:	Family	Address:	234 N. King Drive, Jackson, MS 39201

First Name:	Sophie	Phone:	901-983-3210
Last Name:	Rich	Fax:	
Middle Name:		Email:	srich@hotmail.com
Contact Type:	Family	Address:	1698 Germantown Dr., Memphis, TN 38801

**ID/DD Waiver Supports****Service Information**

<b>Service Type:</b>	Waiver Services	<b>PSS Service:</b>	Support Coordination
<b>Frequency Type:</b>	Monthly	<b>Units per month:</b>	1
<b>Hours per Month:</b>		<b>Rate:</b>	\$195.56
<b>Minutes:</b>		<b>Costs:</b>	\$2346.72

**How/When Support is Used:**

Support Coordination is responsible for linking people to resources in the community in order for their needs to be met. The SC offers a choice of services and providers and conducts continuous follow up to ensure the person is happy with their services and supports. The SC coordinates, facilitates, writes and revises the Plan of Services and Supports. The SC speaks with the person/legal representative/family monthly and sees them quarterly. Support Coordination monitors the implementation of the PSS and all Activity Support Plans. Support Coordination is responsible for checking eligibility for services and supports and assisting with annual recertification.

**Provider Information**

<b>Provider Name:</b>	Hill Regional Center	<b>Provider Number:</b>	077715212
<b>Contact Name:</b>	Betsy Bell	<b>Phone:</b>	601-587-8962
<b>Address:</b>	4622 N. Green St. Jackson, MS 36541	<b>Email address</b>	bbell@hillrc.ms.gov

**Service Information**

<b>Service Type:</b>	Waiver Services	<b>PSS Service:</b>	Prevocational
<b>Frequency Type:</b>	Monthly	<b>Units per month:</b>	256
<b>Hours per Month:</b>	65	<b>Rate:</b>	\$3.13
<b>Minutes:</b>		<b>Costs:</b>	\$9,615.36

**How/When Support is Used:**

Trey goes to The Sullivan Center so that he can work with staff to help him figure out what kind of job he wants and where he wants to work in his community. He is working on accepting constructive feedback and researching job opportunities. He has learned a lot of information about different jobs, but still doesn't know where he wants to work. He is enjoying visiting different places of his choice like Wal-Mart, Kroger, Barnes and Noble, and the car wash. One of things he is trying out right now is building birdhouses. Trey needs the assistance of PV to find a job. Trey attends the program Monday and Tuesday from 8am-2pm and Wednesdays from 8am-1am.

**Provider Information**

<b>Provider Name:</b>	Sullivan Center	<b>Provider Number:</b>	077734874
<b>Contact Name:</b>	Bruce Smith	<b>Phone:</b>	601-897-8934
<b>Address:</b>	5412 Hampton St. Jackson, MS 39201	<b>Email address</b>	bsmith@sullivan.com

**Service Information**

<b>Service Type:</b>	Waiver Services	<b>PSS Service:</b>	Day Services-Adult
<b>Frequency Type:</b>	Monthly	<b>Units per month:</b>	256
<b>Hours per Month:</b>	65	<b>Rate:</b>	\$3.57
<b>Minutes:</b>		<b>Costs:</b>	\$10,967.04

**How/When Support is Used:**

Trey enjoys attending the DSA program so he can work on his arts skill and be around friends. He likes painting pictures and other items the staff provide. Trey goes places like the gym, park, out to eat and shopping during DSA. He loves looking up jokes on the computer and sharing them with everyone. Trey attends Wednesdays from 11am-2pm and Thursday and Friday from 8am-2pm.

**Provider Information**

<b>Provider Name:</b>	Sullivan Center	<b>Provider Number:</b>	077734874
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Name: Trey Rich Medicaid #: 123-45-6789 Certification Date: 10/1/15

**Contact Name:** Sherry Lockwood      **Phone:** 601-897-8934  
**Address:** 5412 Hampton St.      **Email address:** slockwood@sullivan.com  
Jackson, MS 39201

### Service Information

**Service Type:** Waiver Services      **PSS Service:** Supervised Living  
**Frequency Type:** Monthly      **Units per month:** 31  
**Hours per Month:**      **Rate:** \$101.91  
**Minutes:**      **Costs:** \$37,197.15

#### How/When Support is Used:

Trey lives in a home with 3 other men where staff is always available to help with taking care of things around the house and taking the him to do things in the community such as go shopping, to the movies, the park, special Olympics, etc. They provide assistance to Trey to cook meals, wash laundry and ensure he completes everything he needs to do to get ready for the day as well as everything he needs to do to get ready for bed.

### Provider Information

**Provider Name:** Treehouse      **Provider Number:** 077712365  
**Contact Name:** Mary Rhodes      **Phone:** 601-985-5231  
**Address:** 5231 May St.      **Email address:** [mrhodes@treehouse.com](mailto:mrhodes@treehouse.com)  
Jackson, MS 39201

### PSS Costs

**Annual Waiver Plan Services Total:** \$60,126.27  
**Annual 1915(i) Services Total:** \$0.00  
**Total PSS Budget:** \$60,126.27

### Non – Waiver Agency Supports

Agency	Contact Name	Phone Number:	Non-Waiver Agency Support	How/When Support Provided
MDRS	Allen Laken	601-255-6325	Vocational Rehabilitation Services/Supported Employment	Allen is helping Trey find a job in the community. Allen has met with Trey once to discuss what kind of job he wants.

### Natural Supports

Are there natural supports? Yes

Support Person	Relationship	Support Role	Phone Number
Clay, Bob, David	Roommates	The 3 men live with Trey and enjoy spending time together. They all get along great and support each other daily.	601-555-2369 (house phone)
Sophie Rich	Sister	Sophie lives in Tennessee. She calls Trey every Thursday and Sunday night. She sees him at Thanksgiving and Christmas. Trey, Diane and Tom visit Sophie at least once during the summer to go to the Memphis Zoo and Beale Street.	601-963-9853
Matthew Rain	Director, ARC	Matthew assists Trey in participating in outreach activities one time per month to help educate the public about IDD.	601-123-4567

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## Natural Supports

Are there natural supports? Yes

Support Person	Relationship	Support Role	Phone Number
Susie Glass	Friend	Susie sits next to Trey in the church choir on Sundays and at choir practice on Wednesdays. She shares her song book with him so he does not have to worry about holding the book while singing. She also brings him a bottle of water because she knows he stays thirsty.	601-326-5296
Diane and Tom Rich	Parents	Diane and Tom see Trey every other weekend. They pick him up from Treehouse and he spends the weekend with them. They go to movies, visit Mattie, go out to eat, to the pool and other places. They pick him up Friday afternoon and drop him back off Sunday evening.	601-222-6974
Mattie Rich	Grandmother	Trey sees Mattie every other weekend while he is at home with his parents. She lives close by and they go visit and spend time watching sports on TV. Mattie and Trey are big football fans.	
Leland Spot	Neighbor/church member	Leland gives Trey a ride to church every other Sunday. They are in the same Sunday school class. Leland picks Trey up and after church they have lunch and Leland drops Trey back at Treehouse.	601-962-9314
Mel	Sales clerk at Walgreen's/friend	Trey sees Mel at least once a week in Walgreens. He goes in when Mel is working to buy candy or anything he may need. He and Mel joke around and talk sports.	

## Medical Information

Physician	Specialty	Address	Phone
Dr. Trace	Primary Care	321 Lakeland Drive, Jackson, MS 39201	601-363-5874
Dr. Weaver	Optometrist	333 N. Lakeland Drive, Jackson, MS 39201	601-322-9761
Dr. Henry	Psychiatrist	XYZ Community Mental Health Center 98 Briar Drive, Jackson, MS 39201	601-562-9712
Dr. South	Neurologist	435 Highway 20, Jackson, MS 39203	601-423-9874

## Medications

Medications required? Yes

Medication:	Physician:	Dosage	Frequency	Reason(s) Prescribed	Psychotropic Y/N
Xanax	Dr. Henry	.5mg	PRN	Anxiety	Yes
Lamictal	Dr. South	150mg	daily (a.m.)	Seizures	No

## Recent Physical and Health Conditions

### Recent Physical Complaints and/or Health Conditions

Name: Trey Rich Medicaid #: 123-45-6789 Certification Date: 10/1/15

Chronic health conditions?	Yes X	No	Description:	Seizures, anxiety, peanut allergy
History of health problems/issues?	Yes X	No	Description:	Mumps in 2000
Current limitations or restrictions on physical activities?	Yes	No X	Description:	
Any serious illnesses and/or hospitalizations in the past year including ER visits?	Yes	No X	Description:	
Admissions to ICF/IID, Mental Health Facilities, Rehabilitation Facilities or other inpatient care?	Yes	No X	Description:	( <i>when, where, why</i> )

#### Latest Exam Dates

Date of my last physical exam:  
4/4/15

Estimated/approximate date? No

Date of my last dental exam:  
4/6/14

Estimated/Approximate date? No

#### Examination Results

Results indicate no changes in Trey's physical condition. He is healthy. He will still be treated for possible seizures even though he has not had one in over 2 years.

#### Examination Results

Examination results did not show any cavities or decay

Allergies: Peanuts

Reactions: Throat closes up

### Medical Support Needs and Mental Health Support Needs

#### Medical Support Needs

Trey has an epipen with him at all times. He needs someone to stick him in the left arm with it if he begins having an allergic reaction. The epipen is kept in his backpack.

#### Mental Health Support Needs

Trey has anxiety issues intermittently such as when he does not follow his routine, when he is in large crowds, or sometimes when he does not get his way. He is prescribed Xanax to be taken if he starts wringing his hands, pacing or talking in an overly loud voice and talking to him about what he is experiencing does not lessen his anxiousness. Trey sees Dr. Henry at XYZ Mental Health Center at least one time every 3 months to discuss Trey's progress on controlling his anxiety as well as different ways staff and Trey handle it when it happens. Trey has Xanax at the Day Program and at home. He is able to say when he needs the medication and can take it by himself.

### Communication, Adaptive Equipment, Assistive Technology and/or Modifications

Method(s) of communication:

Trey uses words to communicate.

Describe supports needed for communication (if any):

None.

Describe any adaptive equipment or assistive technology supports used:

Glasses are needed for watching tv and looking at the computer.

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## Communication, Adaptive Equipment, Assistive Technology and/or Modifications

How is equipment maintained? Who is responsible?	Trey takes care of his glasses. If they break, Mary will take him to get them fixed or Tom and Diane will take him to buy some new ones.
What is the back-up plan for power outages if medical equipment is used?	N/A
Describe any environmental modifications necessary:	None

## Risk Assessment

Date Created:	Risk:	Resolution
8/24/15	Falling	Make sure someone is assisting Trey when walking on uneven ground; hold his arm or hand

## Back-up and Emergency Plans

**Steps to take if the provider does not show up:** Trey lives in the Treehouse group home. Mary is always available in case The Sullivan Center van does not show up to pick Trey up. Usually staff on duty at Treehouse will transport Trey to the center.

**Steps to take if the day program/work or other activity is canceled, closes or you have to leave for some other reason:** If the day program closes for any reason, Trey will stay home with his roommates and Mary.

**Steps to take when a natural disaster occurs:** If a natural disaster occurs, Trey knows the steps to take. He knows how to take cover and call 911. Trey follows the group home's disaster plan. If he has to move, due to unforeseen circumstances, the group home will relocate him. If there is a staff shortage at Treehouse, Trey can always find a new provider or place to live with the assistance of Betsy. Trey can always go home and stay with Diane and Tom if he needs to.

**Plan for future living arrangements if something were to happen to the primary caregiver:** Trey plans on continuing to live at Treehouse for as long as he can. If he is unable to reside there for some reason, Trey can choose another location or provider.

## Family and Current Living Arrangements

Trey lives with Bob, David and Clay in Treehouse group home. He is very close to his roommates and they love hanging out and doing things together. He is especially close to Clay. Trey has his own room and it is decorated with sports logos and knick-knacks. He loves his staff, ary, Darrell and Mike and is happy they support him. He is closest to Mary.

Diane and Tom live close by and Trey sees them every other weekend.

Diane is in fair health due to diabetes. She is 59 years old and works part-time in the library at the public school.

Tom is 62 years old and is in good health. He is retired but works with the youth group at the church.

Sophie lives in Memphis, TN. She talks to Trey on the phone twice a week and sees him about 3 times per year. She would definitely provide as much supports as possible if necessary. She is 32 years old and in great health.

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Mattie is Trey's grandmother. She lives close by but doesn't leave her house. She is 81 years old and is experiencing some dementia. Trey goes with his parents to visit her.

### Education

<b>Current School</b>		<b>Year</b>	
<b>Last School Attended:</b>	Watson High School	<b>Year</b>	May 1996
<b>Type of Diploma/Certificate:</b>	Certificate of Completion	<b>Year:</b>	May 1996

### Employment History

<b>Was Trey ever employed?</b>	Yes	No	X
<b>Reason why Trey isn't working:</b>	Trey has never worked or volunteered before because it has really never been discussed. However, at this time, he is in the process of looking for a job through MDRS and working on different job skills at PV.		

### Volunteer Activities

<b>Did Trey ever volunteer?</b>	Yes	No	X
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### Behavior Supports

**Previous and Current Behavior Supports:** Trey does not have and has never received behavior support services. He does have a have anxiety. When he gets anxious, Trey will wring his hands, pace, and may use an overly loud voice. Staff have been trained how to talk to Trey to help him calm down and redirect his attention from what is making him anxious. He sees a psychiatrist every 3 months. There is no behavior plan.

### Serious Incidents During the Past Year

None

### Evaluation Information

<b>Current ICAP Date:</b>	5/24/12	<b>Current ICAP Score</b>	54
<b>Who Completed the ICAP</b>	Ellen Smith, MSW, Hill Regional Center	<b>Current ICAP Service Level</b>	5
<b>Previous ICAP Date</b>		<b>Previous ICAP Score</b>	
<b>Who Completed the ICAP?</b>		<b>Previous ICAP Service Level</b>	
<b>Psychological Date:</b>	2/25/2008		
<b>Examiner Name:</b>	Allen East, M.S., LCIDDT	<b>Examiner Agency:</b>	Hill Regional Center
<b>Primary DSM Code</b>	318		
<b>Secondary DSM Code(s)</b>			

### Essential Information completed by:

<b>Person:</b>	Trey Rich	<b>Legal Guardian:</b>	
<b>Support Coordinator/Credentials:</b>	Betsy Bell, CSS	<b>Additional Contributors:</b>	
<b>Date Reviewed:</b>	8/27/15		

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## Part II – Personal Profile

### Great Things About Trey Rich

Trey is a fun person to be around. He has a great sense of humor and loves making people laugh. He tells funny jokes. Trey is a sharp dresser who always looks nice to impress the ladies. He is a huge flirt! Trey likes to be where the action is happening. He has lots of energy and is always on the go. He is a people person and loves meeting new people. Trey never meets a stranger. He is very honest and open. He loves being with his roommates and family.

### Hopes and Dreams

Trey hopes that one day he will have a job making lots of money. He wants to save up so he can travel to the beach in Florida and to Six Flags in Atlanta. He also wants to go to a New Orleans Saints game again.

### Important To/For

Important TO	Important FOR
Living at Treehouse is important to Trey because he has his own room and his roommates are his friends.	It is important for Trey to have staff and roommates he likes at Treehouse so he will be happy living there.
It's important to Trey to be funny so that he can make people laugh.	It is important for Trey to take his medications so that he does not get anxious or have seizures.
It is important to Trey to make his own decisions so he has control over what he does.	It is important for Trey to always have water with him because his medication makes him thirsty.
It's important to Trey to go home every other weekend to see and spend time with Diane, Tom and Mattie.	It is important for Trey to follow his routine so that he knows what is going to happen and doesn't have anxiety with change.
It's important for Trey to be included in all activities such as going to the gym, park, library, etc. so that he feels like a part of the group and be out in the community participating in activities/events he likes and chooses.	It is important for Trey to go to Walgreens, church, Roosters and Lenny's so that he is out in his community and doing things he likes to do.
It's important to Trey to work and make money so that he can buy sports knick-knacks and other things he wants.	It is important for Trey to have assistance walking on uneven ground so that he doesn't fall and injure himself.
Shopping is important to Trey because he wants to buy trendy clothes, look nice and be in style.	It is important for Trey to have his EpiPen with him at all times in case he has an allergic reaction.
It's important to Trey to follow his routine so that his days go smoothly and he does not become anxious.	It is important for Trey to be included in activities so that he doesn't feel isolated and become anxious.
Watching sports is important to Trey because he likes to be able to talk sports with people he meets. He feels important.	It is important for Trey to make and attend his doctor's appointments so that he keeps taking his meds and stays healthy.
Talking to Sophie on the phone is important to Trey so they can know what is going on in each other's lives.	It is important for Trey to wear his glasses so he can see and not strain his eyes.

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Singing in the choir is important to Trey because it makes him feel like part of a group and like he is giving something back to the church.

Going to eat at Roosters and Lenny's is important to Trey because he loves their food and the people at both places.

Mary, Darrell and Mike are important to Trey because they support him to live in the community away from home.

Painting is very important to Trey because he is creative and likes to make things.

## Working/Not Working

### Perspectives

#### Things that work

##### Trey's Perspective:

Trey says lots of things going on in his life right now make sense to him. Living at Treehouse and having his own room works for Trey. Being able to go home every other weekend and see Diane and Tom works. Talking to Sophie on the phone works well. Living with his good friends and his relationships with Mary, Darrell and Mike at Treehouse and Nicki and James at The Sullivan Center are working for Trey. Going to church and singing in the choir is working. Leland taking him to church works very well for Trey. Eating at Rooster's and Lenny's and other places works because he likes going to those places. Going to Walgreens and the mall to shop and buy things works. Watching sports and talking about the latest news works because Trey loves to do it. Going to the movies, park, special Olympics, sporting events and other places is working. Being able to tell people what he wants and them listening to his decisions is definitely working for Trey.

##### Family's Perspective

##### Diane and Tom

Diane and Tom are happy with things going on in Trey's life and the supports he is receiving from Treehouse and The Sullivan Center. They are happy that Trey is close to his roommates and staff.

It is working that Trey is taking his medication every day and staying safe and healthy. His current medications are working. It is working that Mary, Darrell and Mike make sure Trey gets to go places he wants and do things he likes to do. It is working that Trey goes home every other weekend. Diane and Tom like having him at home and spending time with him. Diane and Tom feel that Trey is safe with his current supports and they do not worry about him.

Meeting people and having relationships/friendships with others is important for Trey because it makes him feel close to others and important.

People knowing what Trey's seizures are like is important for him so they will know what to do if he experiences one.

#### Things That Do Not work

##### Trey's Perspective:

Trey says seeing Kim (DSP) at The Sullivan Center every day is not working for him because she doesn't listen to him.

Not having his own cell phone is not working for Trey because he has to wait his turn to talk on the phone at Treehouse.

Not having his own TV at Treehouse is not working for Trey because sometimes he wants to lie in bed and watch Sports Center.

Not having a job in the community is not working for Trey because he wants to make a lot of money.

Trey doesn't like his glasses so they are not working for him.

##### Family's Perspective

##### Diane and Tom

Diane and Tom think Trey having to interact with Kim daily is not working for him. She upsets him for some reason.

Diane and Tom think it is not working that Trey doesn't have his own TV. He cannot watch anytime he wants.

Diane and Tom think it is not working that Trey doesn't have a job in the community. He wants to work and make money.

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**Family's Perspective**

**Sophie**

Sophie thinks Trey is happy with his life right now. She says he is always happy to talk to her and tell her where he has been and what he has been doing. Sophie said Trey's relationships with staff and his roommates are obviously working for him. Sophie said she is happy Trey has somewhere to go during the day. She thinks it is working that Trey is looking for a job to make money and buy things he wants. She thinks he is getting enough attention and being included. She is proud of him for singing in the choir at church. Sophie says his meds are for sure working right now.

**Provider's Perspective  
Supervised Living**

**Mary, Mike & Darrell**

Mary, Mike and Darrell think things are currently going well in Trey's life and that he is happy living at Treehouse. He has his own room and it is decorated how he wants it. He gets to choose what he wants to eat and where he wants to go and what he wants to do. The men in the home get along very well and have great relationships. Trey takes his medications on time so he stays healthy and will tell them what he wants or needs. They are all 3 close to Trey.

**Provider's Perspective  
Prevocational**

**Nicki**

Nicki works daily with Trey. She says it is working that Trey likes attending the program and exploring various jobs to figure out what he wants to do. He is dedicated to doing this. It is working that Trey tells staff what he wants to do and when he wants to do it. Trey voices his opinion. Trey participating in different work activities is working. Nicki says Trey has come a long way over the past year. Trey's relationship with staff seems to be working for everyone.

**Family's Perspective**

**Sophie**

Sophie thinks Trey not having his own cell phone is not working. She has to call him at certain times so the phone will be available to him.

Sophie says Trey not being able to attend football games isn't working because it is something he loves to do so much.

Seeing Kim, DSA staff person, isn't working for Trey, Sophie says. He complains about her on the phone a good bit and Sophie has to calm him down.

**Provider's Perspective  
Supervised Living**

**Mary, Mike & Darrell**

Mary, Mike and Darrell think not having his own cell phone is not working for Trey. He sometimes gets anxious when it gets close to time for Sophie to call and tries to get people to hang up if they are on the phone. He is so worried he will miss her call.

They also think it isn't working for Trey that he doesn't have a TV in his room. He and the other roommates like to watch different things.

Trey not having a job isn't working. He wants a job so badly and no one seems to be assisting him in getting one. He wants to make money.

Trey buying expensive name brand clothes isn't working because he cannot afford them. It's not working that he doesn't follow a budget.

**Provider's Perspective  
Prevocational**

**Nicki**

Nicki thinks Trey not having a job in the community is not working for him. He is such a people person and wants to go and do so much. He loves meeting people and should have a job where he would have lots of interaction with people.

Nicki said it is not working that Trey doesn't like to work on building bird houses. He only likes painting them.

**Provider's Perspective**  
**Day Services-Adult**

James

James believes the DSA program is working for Trey. Trey likes attending the program on Mondays and Fridays and is great at painting. It is working that he gets to be around Bob, David and Clay at the program. Trey rides the van and makes everyone laugh with his jokes. He likes going places they go like to the park, Special Olympics, bowling, eating out, shopping, etc. All of these things are working together and making DSA a success for Trey.

**Provider's Perspective**  
**Day Services-Adult**

James

James thinks it is not working that Trey has to see Kim during DSA hours. He always complains about Kim.

James thinks everything else is going great with DSA.

## Need to Know & Strengths

### Things People Need to Know to Support Trey and Keep Him Healthy and Safe

Trey lives at the Treehouse group home. Trey attends Prevocational Services and Day Services Adult at The Sullivan Center. He goes to DSA on Mondays and Fridays and PV Tuesday through Thursday. He does not get along with Kim, a staff person at the DSA program. He needs to avoid her and she does not need to try and interact with him.

He really wants a job in his community. He wants to work somewhere that he will have lots of interaction with people. He will talk to anyone. He is very funny and likes to tell jokes and make people laugh. Make sure you listen to his jokes and do not ignore him. He loves attention and is very active.

He goes to visit Diane and Tom every other weekend. They usually go see Mattie too. He is extremely close to his family. Trey doesn't need a lot of assistance getting up and dressed for the day. Remind him to brush his teeth and take his medications. He can fix meals and snacks with assistance. Help him figure out how much of everything is needed and show him how to cook it. He does use the microwave. He needs assistance sorting and washing his clothes. He likes to fold them and put them up. He is a very clean person and makes sure everyone at the house does their chores so everything stays in order. He especially likes for his room to be clean and in order. He has lots of sports stuff in his room as he is an avid fan. He likes to watch Sports Center and talk about football and basketball.

If Trey is not included in activities or conversations, he tends to feel left out and will go to his room. Talk to him gently and get him to tell you a joke and he will come around and be okay.

He is allergic to peanuts and cannot eat anything associated with peanuts. Help him know if peanuts are in a dish or if peanut oil was used to cook something. He has an EpiPen in his backpack at all times. He can tell you how to use it. If Trey begins having trouble breathing and his throat starts to close up, stick the pen in Trey's left arm above the elbow. There is also an EpiPen kept in the kitchen at Treehouse.

Trey experiences anxiety at times and is prescribed Xanax to take as needed. If he gets anxious, he will become wring his hands, pace and/or talk in an overly loud voice. Try to talk to him first to see what the problem is. If his anxiety does not decrease, ask him if he thinks a Xanax would help. He administers his medications himself. Talk to him about what upset him and how you can fix it. Do not promise him anything you cannot deliver on because he will remember. Also, make sure you give him Coke and not Pepsi. He hates Pepsi products.

It is very important for Trey to follow his daily routine. Not following his routine makes him feel out of sorts and he will become anxious. Calm him down by getting him to tell you one of his jokes.

Trey also occasionally has seizures. He takes medication daily to prevent them and he hasn't had a seizure in 2 years. He needs to take his medication as prescribed by his physician. When Trey has a seizure, his body tenses up, he stares off into space and may begin drooling. The seizures usually last anywhere from 1 minute to 3 minutes. Get him to sit down and pat his face with a damp cloth until he comes out of the seizure. He will be very tired afterwards and will need to go lay down. There are no certain triggers for him to have a seizure. Staff and Diane keep a learning log to track the

Name: Trey Rich Medicaid #: 123-45-6789 Certification Date: 10/1/15

seizures. Make sure and call Diane and let her know he had a seizure. She likes to keep track of them to report to Dr. Grace when Trey sees him. He hasn't experienced a seizure in 2 years.

It is very important to always have a bottle of water with Trey due to the fact that the Lamictal makes him thirsty. When he doesn't have water, he becomes anxious.

Remind Trey to put his glasses on when he is going to watch TV or play on the computer. He doesn't like his current glasses but he doesn't need to strain his eyes. He loves to watch Sports Center and the comedy network. When he gets on the computer, assist him in finding new jokes that he can tell. Once you tell him a joke 3 times, he knows it by heart. When walking places where there is uneven ground or stairs, gently take Trey by the arm and assist him. He will lose his footing and fall. If he falls, help him get up and make sure he is okay. If he has any scraps, use the First Aid Kit to clean and treat them.

Trey is a very trendy dresser and likes to look nice for the ladies. He loves to shop to buy new clothes and tends to lean toward the more expensive, name brand clothes. He needs assistance with budgeting his money so he doesn't overspend at the beginning of the month. It is very easy to negotiate buying things with Trey as long as you do not tell him that he doesn't need it or cannot have it.

Trey talks to Sophie on the phone on Sundays and Thursdays around 6:00pm. His roommates understand his routine of talking with Sophie at these times and will try to stay off the phone at those times.

Trey attends church on Sundays with his friend and neighbor, Leland. Leland picks him up and takes him to church. He and Leland go out to eat lunch after church on Sundays. On Wednesday nights, Susie picks him up for Bible study and choir practice. He sings in the choir and Susie always holds his hymnal for him. Staff helps him study his lesson and practice his hymns on Tuesday night after dinner.

Trey likes to eat at Rooster's and Lenny's. He knows people in both places. He always orders the cheeseburger at Rooster's and the chicken Philly sandwich at Lenny's. Trey also likes to go shopping at the mall and Wal-Mart, walking in the park, sitting on the front porch, visiting with neighbors, watching tv (comedy channel and sports center, any sports, tvland), playing on the computer, listening to music (old time rock and roll), going to the movies (comedies and thrillers) and going in the community with The ARC once a month. It is important to him to help others.

Trey carries a calendar and stickers in his backpack. Staff place stickers on certain days so Trey can see what he will be doing in the future. He must stick to his routine.

Trey loves to paint. He likes painting things to give to people at Christmas time. His friends and family are very important to him. People that support him to live at Treehouse and go to The Sullivan Center are also very important to him. He gets upset when something is wrong with one of them and will cry. Pat him on the back and tell him he can support the person by being himself.

Always be patient with Trey. He does not like to be rushed. If you rush him, he will get anxious.

Name: Trey Rich Medicaid #: 123-45-6789 Certification Date: 10/1/15

## Trey's Strengths

Trey has a great support system. He is definitely a people person. Trey likes to meet new people and make people laugh by telling his jokes. He searches for jokes on the internet all the time with the assistance of staff. Trey gets up on his own each morning and gets ready for the day. Staff may only have to remind him to brush his teeth and take his meds. Trey likes to look stylish for the ladies. He is a charmer. Trey does his chores around the house without being reminded. He is very clean and neat and likes everything to be that way. He talks on the phone often. Trey likes helping cook dinner and fixing snacks for himself and his roommates. He uses the microwave but not the stove or oven. Trey is good about helping others out. Trey sings in the choir and loves going to church. He is very loved by everyone at his church.

## Questions/Things to Figure Out

Question	Person Responsible
How can we get Trey his own cell phone that he can afford?	Diane, Tom, Mary(SVL), Mike (SVL) and Darrell (SVL)
Why does Trey dislike Kim and what can be done to prevent him from having to interact with her?	James (DSA)
How can we get Trey some new glasses?	Diane, Tom, Mary (SVL)
How can we get Trey to a New Orleans Saints football game?	Diane, Tom, Mary(SVL) , Mike (SVL) Darrell (SVL) and maybe Mel
How can we get Trey his own TV for his bedroom at Treehouse?	Diane and Tom
Submit a request to BIDD for Trey to be approved for Job Discovery within one month.	Betsy (SC)
Why does Trey have to build birdhouses? What other activities can be offered that help him learn job skills.	Nicki (PV)
Are any referrals needed?	
Yes            No            X            Explain:	

## Part III – Person Centeredness

### Choice, Control, Restrictions/Limitations

Were you given a choice of service(s)?	Yes X	No	Please describe:	All services were reviewed with Trey. He chose PV, DSA, and Supervised Living
Were you given a choice of provider(s)?	Yes X	No	Please describe:	All available providers were reviewed with Trey. He chose the Sullivan Center for PV and DSA and Treehouse for Supervised Living.
Were you given a choice of living setting(s)?	Yes X	No	Please describe:	Trey was offered the choice of staying where he currently lives or looking for another arrangement. He chose to stay where he is.
Were you given a choice of roommate(s)?	Yes	No X	Please describe:	Trey moved into a home that was already occupied by Bob, David and Clay. He met them prior to moving in and thought it would work out and it

Name: Trey Rich                      Medicaid #: 123-45-6789                      Certification Date: 10/1/15

has.

<p><b>Do you have control of your personal resources?</b></p>	<p>Yes <input checked="" type="checkbox"/></p>	<p>No</p>	<p><b>Please describe:</b></p>	<p>Trey makes his own decisions. He does need assistance with sticking to a budget. Diane and Tom are his conservators.</p>
<p><b>Are you given a choice of activities in your living setting?</b> <i>(including where you want to go in the community)</i></p>	<p>Yes <input checked="" type="checkbox"/></p>	<p>No</p>	<p><b>Please describe:</b></p>	<p>Trey helps choose meals; he likes to go to Roosters and Lenny's. He likes to go to Walgreens. He likes to watch TV, go to the park and the movies. He sits outside on the porch when he wants and visits with neighbors.</p>
<p><b>Are you given a choice of activities in your day program setting?</b> <i>(including where you want to go in the community)</i></p>	<p>Yes <input checked="" type="checkbox"/></p>	<p>No</p>	<p><b>Please describe:</b></p>	<p>Trey researches job opportunities and is given options of where he wants to go on job exploration trips. He likes to go places like Walmart, Kroger, the mall, etc. to look at different jobs where he could talk to people a lot while working. He also chooses to work on activities he likes to practice different job skills.</p>
				<p>In DSA Trey has options such as listening to music, cooking, doing arts and crafts, painting, playing on the computer, watching TV, etc. He likes to do a variety of things. He chooses where he wants to go on outings. He always chooses to go eat at Rooster's or Lenny's.</p>
<p><b>Do you have any restrictions or limitations set by staff?</b> <i>(including visitors and food)</i></p>	<p>Yes</p>	<p>No <input checked="" type="checkbox"/></p>	<p><b>Please describe:</b></p>	<p>Trey does not have restrictions or limitations in place.</p>

**Contributors Not at Meeting**

Support Person	Relationship	Date contributed
Sophie Rich	Sister who lives in Tennessee	7/2/15
Darrell Tudor	SL staff	6/30/15
Allen Laken	VR Counselor	7/2/15
Leland Spot	Friend	7/3/15
Susie Green	Friend	7/3/15

Name: Trey Rich      Medicaid #: 123-45-6789      Certification Date: 10/1/15

## Signatures

Type	Name	Services	Signature Name	Signature Date
Provider	Sullivan Center	Prevocational	Nickie Smith	7/9/15
Provider	Sullivan Center	DSA	James Jones	7/9/15
Family		Mom	Diane Odom	7/9/15
Family		Dad	Tom Nelson	7/9/15
Provider	Treehouse	Supervised Living	Mary Walker	7/9/15
Friend		The ARC	Matthew Rain	7/9/15
Provider	Treehouse	Supervised Living	Mike Stewart	7/9/15
Support Coordinator/Targeted Case Manager	Hill Regional Center	Support Coordination	Betsy Bell	7/9/15
Person:	Trey Rich			7/9/15

## Part IV - Shared Planning

Desired Outcome	Supports	How Often	Start Date	End Date
Trey attends church on Sundays and Wednesdays in order to learn about God and sing in the choir.	Leland Spot Susie Glass Diane and Tom Rich Treehouse /Supv Living	2 times per week	10/1/15	9/30/16
Trey visits Diane and Tom every other weekend in order to spend time with them.	Diane and Tom Rich	2 times per month	10/1/15	9/30/16
Trey talks on the phone to Diane, Tom, Sophie and friends in order to maintain close relationships.	Diane and Tom Rich Sophie Glass Treehouse/Supv Living	Daily	10/1/15	9/30/16
Trey shops for clothes so that he can look nice and be trendy.	Diane and Tom Rich Treehouse/Supv Living	2 times per month	10/1/15	9/30/16
Trey watches the comedy channel, and TV Land in order to relax, enjoy himself and laugh.	Diane and Tom Rich Treehouse/Supv Living	Daily	10/1/15	9/30/16
Trey is healthy in order to live with Bob, David and Clay at Treehouse.	Treehouse/Supv Living	Daily	10/1/15	9/30/16
Trey follows his daily routine so that he remains calm and knows what is going on each day.	Diane and Tom Rich Treehouse/Supv Living The Sullivan Center/DSA	Daily	10/1/15	9/30/16

Name: Trey Rich Medicaid #: 123-45-6789 Certification Date: 10/1/15

Desired Outcome	Supports	How Often	Start Date	End Date
Trey shops at places of his choice in order to buy things he wants and needs.	Treehouse/Supv Living The Sullivan Center/DSA Diane and Tom Rich	4 times per month	10/1/15	9/30/16
Trey attends Special Olympic events in order to see friends and cheer on his team.	Treehouse/Supv Living The Sullivan Center/DSA	2 times per month	10/1/15	9/30/16
Trey eats at Rooster's, Lenny's and other places he chooses in order to enjoy the food and atmosphere and his friends.	The Sullivan Center/DSA Treehouse/Supv Living	2 times per week	10/1/15	9/30/16
Trey paints items so that he can give them to people as presents.	The Sullivan Center/DSA	4 times per month	10/1/15	9/30/16
Trey explores different job opportunities so that he can figure out where he wants to work.	Voc Rehab/ - Allen Laken The Sullivan Center - PV	3 times per week	10/1/15	9/30/16
Trey works in his community so that he can be around people and make money to buy things he wants and needs.	The Sullivan Center - PV Allen Laken/MDRS	3 times per week	10/1/15	9/30/16
Trey visits with his roommates and friends in order to enjoy other people's company and have fun.	Bob, Clay, David, Leland Spot, Susie Glass Treehouse/Supv Living	Daily	10/1/15	9/30/16
Trey watches Sports center and sporting events on TV so that he can enjoy himself and know what is happening to talk sports with others.	Diane and Tom Rich Treehouse/Supv Living	5 times per week	10/1/15	9/30/16
Trey participates in the outreach program thru The ARC so that he can help others understand disabilities.	The ARC – Matthew Rain Treehouse/Supv Living	1 time per month	10/1/15	9/30/16
Trey tells jokes so that he can be funny and make people laugh	Sullivan Center/DSA	Daily	10/1/15	9/30/16

Name: Trey Rich Medicaid #: 123-45-6789 Certification Date: 10/1/15

# IDD Activity Support Plan

**Name:** Trey Rich      **Medicaid #:** 123-45-6789      **Agency:** The Sullivan Center      **Service:** DSA

<b>Outcome Statement</b>	<b>List the support activities for each desired outcome</b>	<b>Support Instructions Describe how supports need to be tailored to the person's preferences and profile</b>	<b>How often or by when?</b>
Trey paints items so that he can give them to people as presents.	<p>Assist Trey with deciding what he wants to paint</p> <p>Provide assistance with the activity as necessary</p>	<ul style="list-style-type: none"> <li>• On days Trey chooses to work on painting, ask him what he would like to paint.</li> <li>• Give him several options to choose from.</li> <li>• Assist him with gathering the necessary materials and doing preparations – getting the paint colors, water, paint brushes, item to be painted, drop cloth, apron, etc.</li> <li>• Provide support as needed</li> <li>• Put an art sticker on that day in his calendar so he will know the last time he completed painting something</li> </ul>	3 times per week
Trey follows his daily routine so that he remains calm and knows what is going on each day.	<p>Assist Trey by reminding him to take care of all personal care needs.</p> <p>Assist Trey with meals and snacks</p> <p>Offer Trey choices about activities to participate in daily and help him plan his week on Mondays.</p>	<ul style="list-style-type: none"> <li>• Remind Trey, away from the group, to wash his hands after using the restroom.</li> <li>• Trey brushes his teeth after lunch. His toothpaste and toothbrush are in his locker.</li> <li>• Trey brings a lunch from Treehouse every day. Generally it's a sandwich, but sometimes it is also some soup. Observe Trey using the can opener and provide assistance at his request.</li> <li>• In the mornings, Trey likes to have a cup of coffee with his friends before he begins his day.</li> <li>• Then he usually has some time on the computer to look for jokes and do comparison shopping. Assist Trey as requested.</li> <li>• Trey generally likes to paint after lunch.</li> <li>• Other activities of his choice are worked on.</li> </ul>	Daily
Trey shops at places of his choice in order to buy things he wants and needs.	<p>Discuss what Trey wants or needs and give him options for where he wants to go shopping</p> <p>Accompany him to the store and assist as needed</p>	<ul style="list-style-type: none"> <li>• At the beginning of the week, ask Trey when and where he would like to go shopping this week.</li> <li>• Stick a shopping picture on the day of the week he chooses on the calendar he carries in his backpack.</li> <li>• Discuss things he may need or want to buy that week, based on the list he keeps. Treehouse staff also has this list, so purchases must be coordinated.</li> <li>• Talk about the various places you can go to get each item and the pros and cons of each place – including prices.</li> <li>• It is very important to help Trey learn to budget his money since he has</li> </ul>	1 time per week

# IDD Activity Support Plan

**Name:** Trey Rich      **Medicaid #:** 123-45-6789      **Agency:** The Sullivan Center      **Service:** DSA

		<p>expensive taste.</p> <ul style="list-style-type: none"> <li>• Sometimes he likes to get on the computer and look stuff up at the different stores. Provide assistance as needed.</li> <li>• On the day he chooses, let Trey pick where he wants to go. (Usually Walmart, Kroger, Walgreens and the mall)</li> <li>• He needs assistance with making purchasing decisions and with paying for his items and carry the bags to the car for him.</li> <li>• Rather than telling him he cannot buy or have something, negotiate with him.</li> </ul>	
<p>Trey tells jokes so that he can be funny and make people laugh.</p>	<p>Assist Trey in finding and learning new jokes.</p>	<ul style="list-style-type: none"> <li>• Trey likes to buy joke books. Staff will take him to the library and/or book store once a month so that he can check out or buy books.</li> <li>• In the library, staff must assist Trey with finding books and checking them out.</li> <li>• At the store, staff must assist Trey with finding books and picking one out to buy. He needs assistance paying for the book too.</li> <li>• Trey also looks jokes up on the internet. He needs assistance using the internet.</li> <li>• Once Trey has found new jokes, sit down with him and go over one or two a day. Once Trey hears a joke 3 times, he will remember it and be able to recite it.</li> </ul>	<p>Daily</p>
<p>Trey eats at Rooster's, Lenny's and other places he chooses in order to enjoy the food and atmosphere and his friends.</p>	<p>Give Trey options of when and where he would like to go out to eat</p> <p>Take Trey to eat and assist as needed and requested</p>	<ul style="list-style-type: none"> <li>• Ask Trey if he would like to go eat and tell him to choose a night and a place. He almost always chooses Rooster's or Lenny's.</li> <li>• Transport Trey to eat (and any of the other men if they choose to go) and assist him in walking in the restaurants as both places have just a few stairs leading up to them. Gently guide his arm.</li> <li>• Let Trey choose a table. He usually likes to sit by the front.</li> <li>• Assist Trey with ordering his food and paying for it.</li> <li>• At Rooster's and Lenny's, no one has to go get Trey's food when it is ready – one of the wait staff always brings it out to him and it makes Trey feel special.</li> <li>• Refill Trey's drink as needed.</li> </ul>	<p>1 time per week</p>

# IDD Activity Support Plan

Name: Trey Rich Medicaid #: 123-45-6789 Agency: The Sullivan Center Service: DSA

## Questions/Things to Figure Out

A. Why Trey and Kim do not get along and what can be done to solve this problem?	<b>Person Responsible:</b>	The Sullivan Center - DSA
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## Signatures

<b>Person:</b>	<b>Date:</b>
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<b>Legal Representative:</b>	<b>Date:</b>
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<b>Provider Signature/Credentials:</b>	<b>Date:</b>
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<b>SC/TCM Signature/Credentials:</b>	<b>Date:</b>
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## Part V – Activity Support Plan

**Name:** Trey Rich      **Medicaid #:** 123-45-6789      **Agency:** The Sullivan Center      **Service:** Prevocational

Outcome Statement	List the support activities for each desired outcome	Support Instructions Describe how supports need to be tailored to the person's preferences and profile	How often or by when?
Trey explores different job opportunities so that he can figure out where he wants to work and what he wants to do.	Job exploration trips  Job research	<ul style="list-style-type: none"> <li>At the beginning of the week, ask Trey where he would like to go on a job exploration trip. Give him several options or choices if he is not sure.</li> <li>Discuss what job duties he would like to observe in each place he chooses to visit.</li> <li>Explain to him what employees are doing and ask if he would be interested in doing those things too.</li> </ul> <ul style="list-style-type: none"> <li>Assist Trey with looking up jobs on the computer. Use the local newspaper(s) and job search engines. Read and discuss with Trey the different jobs available. If he seems interested in one job, find out if you can take him there on an outing.</li> </ul>	1 time per week          2 times per week
Trey works in his community so that he can be around people and make money to buy things he wants and needs.	Learn and practice general work skills such as operating small machinery, putting things together, counting items, sorting items, etc.  Communication skills	<ul style="list-style-type: none"> <li>Trey will practice various work skills each day he attends the day program. Trey will be given a choice of at least 3 activities to choose from.</li> <li>Once he chooses an activity, talk with him and work with him on a specific skill related to that activity. Do not rush him. He is very precise and thorough. Focus on one part of the activity each time until he can do it for himself.</li> </ul> <ul style="list-style-type: none"> <li>Trey uses words to speak but sometimes has difficulty telling people he doesn't know well what he thinks or wants. Trey needs to learn how to speak with employers and co-workers and know what is acceptable in the workplace.</li> <li>Give Trey feedback during his activities. Be sure to provide positive feedback as well as constructive criticism so you can see his reaction and work on it.</li> </ul>	3 times per week          3 times per week

### Questions/Things to Figure Out

<b>A.</b> Why does Trey have to build birdhouses? What other activities can be offered that help him learn job skills.	<b>Person Responsible:</b>	Nicki
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## Part V – Activity Support Plan

**Name:** Trey Rich      **Medicaid #:** 123-45-6789      **Agency:** The Sullivan Center      **Service:** Prevocational

### Signatures

**Person:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Legal Representative:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Provider Signature/Credentials:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**SC/TCM Signature/Credentials:** \_\_\_\_\_ **Date:** \_\_\_\_\_

## Part V – Activity Support Plan

**Name:** Trey Rich      **Medicaid #:** 123-45-6789      **Agency:** The Sullivan Center      **Service:** Supervised Living

Outcome Statement	List the support activities for each desired outcome	Support Instructions Describe how supports need to be tailored to the person's preferences and profile	How often or by when?
Trey attends church in order to learn about God and sing in the choir.	Assist Trey with studying his weekly lesson	<ul style="list-style-type: none"> <li>On Tuesday afternoon, staff assist Trey with studying his lesson for Wednesday night</li> <li>Staff encourages Trey to practice the hymns he learned last week so he will be ready to practice with the choir on Wednesday night</li> <li>Staff will transport Trey to his church on Wednesday nights at 6:00. He needs to eat supper before he leaves.</li> <li>Staff need to ensure Trey looks nice and has his bible and lesson book</li> <li>Make sure Trey takes a bottle of water with him as he gets thirsty very often and especially needs the water during choir practice</li> <li>His friend Susie holds the hymnal for Trey while he sings during choir practice. If she's not there, staff assists him.</li> <li>Staff picks Trey up from church on Wednesday nights at 7:30.</li> <li>Staff stops on the way home and lets Trey choose a place to get a snack.</li> <li>Staff does not have to transport Trey to church on Sunday mornings. He goes with his parents or his friend Leland.</li> </ul>	2 times per week
Trey attends Special Olympics events in order to see friends and cheer on his team.	Assist Trey with putting Special Olympic events on his calendar.  Accompanying Trey to events and provide assistance as needed	<ul style="list-style-type: none"> <li>Two weeks before the Special Olympics event, let Trey know that an event is coming up.</li> <li>Let him choose which events ones he would like watch.</li> <li>Assist him with putting sports stickers on his calendar.</li> <li>The day before the event, remind Trey he is going. He will lay his favorite jersey out to wear the next day.</li> <li>Take him and whoever else wants to go to the event. Carry his fold up chair so he can sit and watch events.</li> <li>Make sure to take several bottles of water to prevent dehydration.</li> </ul>	2 times per year
Trey shops for clothes so that he can look nice and be trendy.	Give Trey options for where he wants to go shopping  Assist Trey with budgeting his money	<ul style="list-style-type: none"> <li>At the beginning of the week, sit down with Trey and help him make a list of things that he needs or wants to buy this week.</li> <li>Talk about the various places you can go to get each item and the pros and cons of each item – including prices.</li> <li>Sometimes he likes to get on the computer and look at items at different stores before he chooses what to buy.</li> </ul>	2 times per month

## Part V – Activity Support Plan

**Name:** Trey Rich      **Medicaid #:** 123-45-6789      **Agency:** The Sullivan Center      **Service:** Supervised Living

Outcome Statement	List the support activities for each desired outcome	Support Instructions Describe how supports need to be tailored to the person's preferences and profile	How often or by when?
	Accompany him to the store and assist as needed	<ul style="list-style-type: none"> <li>Let Trey decide which days he wants to go where and write it on his calendar for him to see. He keeps the list in his backpack so he can see it and it can always be changed or revised</li> <li>When the time comes, take Trey where he wants and needs to go and assist him in shopping.</li> <li>Assist Trey with paying for his items and carry the bags to the car for him.</li> </ul>	
Trey is healthy in order to live with Bob, David and Clay at Treehouse.	Attend doctor's appointments Accompany and assist as needed	<ul style="list-style-type: none"> <li>Staff transports Trey to his quarterly doctor's appointments with Dr. Henry and other appointments as needed.</li> <li>Staff assists Trey with keeping his calendar up to date so he will know when his next appointment will be.</li> <li>Call Diane and let her know what the doctor said after each visit.</li> <li>Call Diane if Trey has a seizure.</li> </ul>	Quarterly and as needed
Trey visits with his roommates and friends in order to enjoy other people's company and have fun.	Sit out on the porch Eat meals together Watch TV Shop Go to the movies Church Talk sports	<ul style="list-style-type: none"> <li>Assist Trey as needed in Support Activities of his choice.</li> </ul>	Daily
Trey follows his daily routine so that he remains calm and knows what is going on each day.	Assist Trey by reminding him to take care of all personal care needs.  Assist Trey with meals and snacks	<ul style="list-style-type: none"> <li>Bathing – Trey likes to take a shower right before he goes to bed. He needs to use baby shampoo because it doesn't burn if he gets it in his eyes. He can shower by himself.</li> <li>Dressing – Trey chooses his own clothes each day and can get dressed himself.</li> <li>Cleanliness – Trey generally keeps his room arranged neatly. He may get anxious if things are not arranged to his liking. Assist as requested in getting his room arranged.</li> <li>Trey makes up his bed each morning after getting dressed.</li> <li>Trey can prepare simple items such as sandwiches to eat but must have assistance to cook on the stove or in the oven or microwave. He can</li> </ul>	Daily

## Part V – Activity Support Plan

**Name:** Trey Rich      **Medicaid #:** 123-45-6789      **Agency:** The Sullivan Center      **Service:** Supervised Living

Outcome Statement	List the support activities for each desired outcome	Support Instructions Describe how supports need to be tailored to the person's preferences and profile	How often or by when?
		<ul style="list-style-type: none"> <li>push the buttons, but must be shown which ones to push.</li> <li>• He likes to talk to Mary and the others as meals are prepared.</li> <li>• He can unload the dishwasher with reminders about where things go.</li> <li>• He sets the table for everyone.</li> <li>• Trey generally has a snack mid-morning and mid-afternoon on the weekends and chooses what he wants.</li> </ul>	
Trey participates in the outreach program thru The ARC so that he can help others understand disabilities.	Transport Trey to The ARC every 3 <sup>rd</sup> Saturday of the month to participate in the outreach program	<ul style="list-style-type: none"> <li>• The third Saturday of each month, Trey goes to The ARC to assist with the outreach program.</li> <li>• Make sure Trey is dressed so that he will not get too hot in the summer or too cold in the winter as he will be walking outside a good bit.</li> <li>• Make sure he has on comfortable shoes as well.</li> <li>• Pack water in his back pack in case he gets thirsty.</li> <li>• When Trey calls, go pick him up and take him home. He will want to tell you all about his day.</li> </ul>	1 time per month
Trey talks on the phone to Diane, Tom, Sophie and friends in order to maintain close relationships.	Assist Trey with finding numbers and making phone calls when needed	<ul style="list-style-type: none"> <li>• Trey likes to talk on the phone. He has a small phone book that he carries around in his backpack. In it he has the numbers of the people he talks to the most.</li> <li>• Every Sunday and Thursday nights at 6pm, Sophie calls to talk to Trey.</li> <li>• Ensure that the phone is charged up enough that he can take it into his room and close the door. Make sure he has privacy while they talk.</li> <li>• When he hangs up, remind Trey to put the phone back on the charger.</li> <li>• If Trey wants to call someone, he will ask you to help him locate the number in his phone book. Help him find the number and read it out to him and make sure he presses the correct numbers to make the call.</li> </ul>	Daily
Trey watches the Comedy Channel and TV Land in order to relax, enjoy himself and laugh.	Assist Trey with finding the correct channels on the television	<ul style="list-style-type: none"> <li>• Trey loves to watch funny things on TV. He and his roommates often bicker about what they are going to watch. They will usually negotiate TV time so they all get to watch their favorite shows.</li> <li>• Remind Trey when his favorite shows are going to be on.</li> <li>• Trey needs to request the TV during that timeframe.</li> <li>• 30 minutes before the show(s) begin, give Trey a reminder</li> </ul>	Daily

## Part V – Activity Support Plan

**Name:** Trey Rich      **Medicaid #:** 123-45-6789      **Agency:** The Sullivan Center      **Service:** Supervised Living

Outcome Statement	List the support activities for each desired outcome	Support Instructions Describe how supports need to be tailored to the person's preferences and profile	How often or by when?
		<ul style="list-style-type: none"> <li>Help Trey prepare a snack (if he is hungry) and get comfortable in front of the TV in his favorite recliner.</li> </ul>	
Trey eats at Rooster's, Lenny's and other places he chooses in order to enjoy the food and atmosphere and his friends.	<p>Give Trey options of where he wants to go eat</p> <p>Take Trey to eat wherever he chooses and assist as needed</p> <p>Assist him in picking something out to eat from the menu, ordering and paying for his food.</p>	<ul style="list-style-type: none"> <li>Ask Trey if he would like to go eat and tell him to choose a night and a place. He almost always chooses Rooster's or Lenny's.</li> <li>Transport Trey to eat (and any of the other men if they choose to go) and assist him in walking in the restaurants as both places have just a few stairs leading up to them. Gently guide his arm.</li> <li>Let Trey choose a table. He usually likes to sit by the front.</li> <li>Assist Trey with ordering his food and paying for it.</li> <li>At Rooster's and Lenny's, no one has to go get Trey's food when it is ready – one of the wait staff always brings it out to him and it makes Trey feel special.</li> <li>Refill Trey's drink as needed.</li> </ul>	2 times per week
Trey watches Sports Center and sporting events on TV so that he can enjoy himself and know what is happening to talk sports with others.	<p>Assist Trey in getting up on time and being ready to watch Sports Center</p> <p>Watch it with him so you can talk about it</p>	<ul style="list-style-type: none"> <li>Trey gets up early every Saturday and Sunday mornings so he can watch Sports Center without being interrupted.</li> <li>He sets his alarm for 5am so he can get up and be dressed before it comes on at 5:30am.</li> <li>Make sure Trey is up on time and make sure the TV is on the correct channel. If it is 5:31am and Sports Center is not showing on the TV, Trey will become anxious and may start yelling and wake everyone else up.</li> <li>Trey sometimes gets excited watching sports, remind him to keep his voice down while others are still sleeping</li> <li>Watch Sports Center with Trey so he has someone to talk about what he learns with</li> </ul>	2 times per week
Trey shops at places of his choice in order to buy things he wants and needs.	<p>Give Trey options of where he wants to shop for what</p> <p>Transport Trey to the stores and assist him in buying things he wants and needs</p>	<ul style="list-style-type: none"> <li>Help Trey keep a running list of things he needs or wants to buy. Keep this list in his backpack so that DSA staff at the Sullivan Center can also have access to it.</li> <li>When getting ready to go shopping, make sure he has the list with him in his backpack.</li> <li>Go over the list with him and ask him where he wants to go buy the things</li> </ul>	1 time per week

## Part V – Activity Support Plan

**Name:** Trey Rich      **Medicaid #:** 123-45-6789      **Agency:** The Sullivan Center      **Service:** Supervised Living

Outcome Statement	List the support activities for each desired outcome	Support Instructions Describe how supports need to be tailored to the person's preferences and profile	How often or by when?
		<p>he needs first. Give him options and let him choose if he doesn't tell you right away.</p> <ul style="list-style-type: none"> <li>Transport Trey to the store and assist him with walking in, finding the items and checking out. It is best to get a scooter for Trey to ride in while in Wal-Mart, Lowes or the mall since people are always walking fast and there may be uneven ground or things in his way.</li> <li>He always gets a coke slushy and cookie before leaving the mall.</li> <li>Assist Trey to places/stores of his choosing and help him pick things out that are on his list.</li> <li>Assist him with paying for items and carrying them to the car.</li> </ul>	

Questions/Things to Figure Out			
<b>A.</b>	Who will take Trey to a New Orleans Saints game and where will they get tickets?	<b>Person Responsible:</b>	Diane and Tom The Treehouse - SL
<b>B.</b>	How can we help Trey with his budgeting and money so he can afford his own cell phone?	<b>Person Responsible:</b>	Diane and Tom The Treehouse - SL
<b>C.</b>	How can we get Trey some new glasses?	<b>Person Responsible:</b>	Diane and Tom The Treehouse - SL

Signatures	
<b>Person:</b>	<b>Date:</b>
<b>Legal Representative:</b>	<b>Date:</b>
<b>Provider Signature/Credentials:</b>	<b>Date:</b>
<b>SC/TCM Signature/Credentials:</b>	<b>Date:</b>

# IDD Weekly Service Note

Name Trey Rich

ID Number 123-45-6789

Service Day Services Adult

## Attendance during month of **August** in the year of **2016**

Days	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31			
Time In							Record time in and time out daily.																											
Time Out																																		
Total Time																																		

### Weekly Dates

### Summary of Activity

#### 1<sup>st</sup> Week

**Outcomes: Trey paints items, Trey follows his daily routine, Trey shops, Trey tells jokes, Trey eats out**

Trey enjoyed painting a bird house this week. He plans to give it to his sister. Staff discussed with Trey other painting projects. He would like to paint on a canvas. He searched for art projects on the computer and staff assisted him print the one he chose to paint next week. Trey went to WalMart on Wednesday to buy a canvas and staff assisted him make the purchase and carry the canvas to the van. Staff assisted Trey schedule a day to go out next week and assisted him place a sticker on his calendar. Trey became upset Tuesday morning when he didn't get to drink coffee with Mary. He asked Mary to go out to lunch with him next Thursday.

Date:

**Signature/Credential:**  
John Doe, DSP

#### 2<sup>nd</sup> Week

**Outcomes: Trey paints items, Trey follows his daily routine, Trey shops, Trey tells jokes, Trey eats out**

Trey and Mary went to lunch at Rooster's Thursday. He ordered his food on his own but needed assistance paying. He enjoyed telling jokes to the waitress. Trey began painting the canvas but wants to work on it more next week. Staff talked with Trey to go over his budget. He would like to buy a new television for his room. Informed the Supervised Living Staff. Trey plans to go to ARC picnic next week. Staff assisted him put a sticker on his calendar.

Date:

**Signature/Credential:**  
John Doe, DSP

<b>3<sup>rd</sup> Week</b>	<p><b>Outcomes: Trey paints items, Trey follows his daily routine, Trey shops, Trey tells jokes, Trey eats out</b></p> <p>Trey was very excited to perform (tell jokes) at the ARC picnic on Wednesday. He chose not to paint this week. He spent his time researching for jokes on the computer. Staff took him to the library on Monday to assist him look for books with jokes. Trey seemed tired on Thursday and chose to watch TV much of the day. Informed Supervised Living staff when he went home. Friday Trey seemed to be back in routine and asked to paint, play the Wii, and spent time on the computer. Staff assisted him to mark his calendar for an outing next week. He doesn't know where he would like to go yet.</p>
<b>Date:</b>	<b>Signature/Credential:</b> <b>John Doe, DSP</b>
<b>4<sup>th</sup> Week</b>	<p><b>Outcomes: Trey paints items, Trey follows his daily routine, Trey shops, Trey tells jokes, Trey eats out</b></p> <p>Trey finished painting his canvas. He wants to purchase a frame and give it to his mother for Christmas. Staff assisted him put this on his budget and he plans to save \$5 per week for the frame. Trey went with others to the park for a walk. He walked for about 10 minutes and got tired. Trey asked if he could go to Hobby Lobby next week to look at picture frames. Staff assisted him mark his calendar.</p>
<b>Date:</b>	<b>Signature/Credential:</b> John Doe, DSP
<b>5<sup>th</sup> Week</b>	<p><b>Outcomes:</b></p>
<b>Date:</b>	<b>Signature/Credential:</b>
<b>Monthly Summary</b>	<p>Trey enjoyed painting a birdhouse and a canvas this month. He plans to frame the canvas to give to his Mom for Christmas and is interested in saving his money for a frame. He ate out and went to the park with friends. He shopped at WalMart. Trey followed his routine with the exception of going to the ARC picnic which was the highlight of his month.</p>
<b>Date:</b>	<b>Staff Signature/Credential:</b> John Doe, DSP
<b>Date:</b>	<b>Supervisor Signature/Credential:</b> Jane Smith, DSA Supervisor

## IDD Service Note

Name: Trey Rich Medicaid #: 123-45-6789

Service: Supervised Living Agency: Treehouse

Date:	9/1/16	Begin Time:	2:00 pm	End Time:	10:00 pm	Total Time:	32 units/ 8 hours	Location(s):	Home
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### Person's Activities

### Staff's Activities

(Who, When, Where, What, How, Why)

Trey came home from Prevocational Services and put his backpack in his room. He came to kitchen and chose a snack (chips and coke). He went to his room to watch the Comedy Channel and called Sophie. Trey sat in the kitchen and talked to Mary as the meal was being prepared and set the table. He enjoyed telling Bob some of the jokes at supper. After supper, he and his roommates met to discuss what meals they would like to have next week and made a grocery list. Trey would like to go to Rooster's Friday night. Trey showered and got ready for bed.

- Staff offered him choices of snacks.
- Reminded him to put his backpack in his room.
- Assisted Trey set the table for supper.
- Reminded him to wash his towels tomorrow.
- Assisted in making grocery list.
- Assisted Trey marking his calendar and put grocery list in his backpack.

Staff  
Signature/Credentials: