

MISSISSIPPI DEPARTMENT OF MENTAL HEALTH

Over the last several years, the Mississippi Department of Mental Health and the public mental health system have continued to make great strides to improve the availability of community-based services for individuals with mental illness, substance use and/or developmental disabilities (IDD). Below are a few examples of the progress the State has made.

- **MOBILE CRISIS RESPONSE TEAMS:** In 2014, each of the 14 Community Mental Health Centers developed Mobile Crisis Response Teams to provide community-based crisis services that deliver solution-focused and recovery-oriented behavioral health assessments and stabilization of crisis in the location where the individual is experiencing the crisis. This service is available statewide. In FY 16, the Teams provided 15,442 face-to-face interventions. A total of 22,768 calls were received by the Teams in FY 16. Out of those calls, 17,036 people were diverted from a more restrictive environment.
- **PROGRAMS OF ASSERTIVE COMMUNITY TREATMENT TEAMS (PACT):** Mississippi now has eight PACT Teams operated by the following Community Mental Health Centers: Warren-Yazoo Mental Health Services, Life Help, Pine Belt Mental Health (operates two PACT - one on the Gulf Coast), Hinds Behavioral Health, Weems Community Mental Health Center, Region III Mental Health Center and Timber Hills Mental Health Services. PACT is a mental health service delivery model for facilitating community living, psychological rehabilitation and recovery for persons who have the most severe and persistent mental illnesses and have not benefited from traditional outpatient/community services. In FY 16, there were 85 new admissions to PACT Teams in addition to the 164 already being served.
- **WRAPAROUND FACILITATION FOR CHILDREN:** In partnership with the Division of Medicaid and the University of Southern Mississippi, School of Social Work, DMH has provided training to approximately 500 mental health professionals over the past three years. Wraparound Facilitation is family and youth guided and provides intensive services to allow children and youth to remain in their homes and community. In FY 16, 2,960 children and youth were served with Wraparound Facilitation.
- **PERMANENT SUPPORTIVE HOUSING:** In 2015, the Mississippi Home Corporation received funding from the Mississippi Legislature to partner with DMH to develop an integrated permanent supported housing project. This will ensure people with a serious mental illness who are housed as a result of permanent supportive housing have the opportunity to live in the most integrated settings in the community of their choice by providing an adequate array of community supports/services. This program began implementation in March 2016. Known as CHOICE—Creative Housing Options in Communities for Everyone—it provided housing vouchers to 48 people during FY 16.
- **COOPERATIVE AGREEMENT TO BENEFIT HOMELESS INDIVIDUALS (CABHI):** CABHI is a three-year grant from SAMHSA to enhance/develop the infrastructure of Mississippi and our treatment service system to increase capacity to provide accessible, effective, comprehensive, coordinated/integrated, and evidence-based treatment services; permanent housing; peer supports; and other services to individuals who experience homelessness. In FY 16, there were 454 people served. CABHI also includes 1) The Mississippi Project for Assistance in Transition from Homelessness Formula Grant Program, which served approximately 700 people in FY 16 and 2) the CABHI/MH4R Enhancement that served 127 people from January to June 2016.
- **CRISIS INTERVENTION TEAMS:** DMH has utilized funding from the CABHI grant to offer Crisis Intervention Training (CIT) for up to 40 officers across the state each year from 2015 - 2017. In FY 2016, three classes of officers were trained, resulting in 38 officers receiving certification in Crisis Intervention Training.

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- **NAVIGATE:** This evidence-based program is being piloted through a Coordinated Specialty Care team to assist individuals, 15-30 years of age, who have experienced their first episode of psychosis. Interventions include intensive case management, individual or group therapy, supported employment and education services, family education and support, medication management, and peer support services. This recovery-oriented approach bridges existing resources for this population and eliminates gaps between child, adolescent, and adult mental health programs. In FY16, Region 6 Life Help Mental Health Center piloted the NAVIGATE program through the PACT Team. Life Help's Coordinated Specialty Care team served four young adults utilizing the NAVIGATE model. Region 13 has also received a grant to begin implementation of the NAVIGATE program.
- **SUPPORTED EMPLOYMENT FOR INDIVIDUALS WITH SERIOUS MENTAL ILLNESS:** In January 2015, DMH provided funding to develop four pilot sites to offer Supported Employment to 75 individuals with mental illness. The sites are located in Community Mental Health Center Regions 2, 7, 10 and 12. Through a federal grant, four more pilot sites are planned for FY 17. In FY 16, the four sites currently operating have made 2,763 business contacts with potential employers, resulting in 165 job placements.
- **MISSISSIPPI STATE YOUTH TREATMENT ENHANCEMENT AND DISSEMINATION:** Within the first three years of a four-year grant, Mississippi's SYT-ED grant developed two local community partner sites that are successfully implementing evidenced-based assessment and treatment services for adolescents with substance use or co-occurring disorders and their families. The success of these two programs has launched a statewide dissemination of an evidenced-based treatment tool to eight additional sites, and an assessment tool to 15 additional sites that have been identified to participate in the training and certification process. This will exceed the initial goals set for the dissemination of evidence-based assessment and treatment programs. As of July 31, 2016, a total of 215 adolescents have been admitted into treatment and 83 have successfully completed the program.
- **IDD TRANSITIONS TO THE COMMUNITY:** From January 2012 to June 2016, a total of 437 people have transitioned from intermediate care facilities for IDD to the community.
- **IDD HOME AND COMMUNITY BASED WAIVER:** Since FY12, the total number of Waiver slots has increased, allowing people to be served in the community and their homes. A total of 237 people were added from the planning list to ID/DD Waiver services in FY 16. As of June 30, 2016, there were 2,503 enrollees in the Waiver.
- **EXPANDING IDD COMMUNITY SERVICES:** CMS approved the 1915(i) State Plan Amendment to provide day program services to persons with IDD and the program was implemented in January 2015. The program provides Day Habilitation, Prevocational Services, and Supported Employment. As a Medicaid State Plan Amendment, there will be no waiting list for services for persons determined eligible.
- **SUPPORTED EMPLOYMENT FOR INDIVIDUALS WITH IDD:** DMH has implemented an MOU with the Department of Rehabilitation Services that is providing supported employment for people with IDD. Three hundred employees from DMH, MDRS, and the Division of Medicaid received training in early 2016 regarding supported employment services. As of June 2016, 18 people had been employed. 41 people have been referred for supported employment services through MDRS.

A more detailed white paper with more examples of progress the state has made in expanding community services is available to view at www.dmh.ms.gov.