

Featured Relias Trainings

10 Steps to Fully Integrating Peers into your Workforce

The results are in and it is clear that peers improve opportunities and outcomes for the people we serve. At the same time many organizations struggle to successfully create opportunities for this workforce. This workshop will explore the top ten strategies for success at incorporating the peer workforce and the critical role that organizational culture plays in this transformation of care.

1 Credit Hour

Substance Use in the Family

Alcohol use can have a destructive effect on individuals, as well as their families and loved ones. The main goal of this course is to give you in-depth knowledge about research concerning the impact of alcohol use disorders on families, as well as the family's impact on the development and persistence of alcohol use. You will learn the fundamentals of the family systems approach that are essential for you to understand the complicated dynamics of families struggling to deal with the impact of alcohol use disorders. You also will learn about factors that influence recovery, as well as the effectiveness of specific intervention models that are used for substance abuse.

2 Credit Hours

A Culture-Centered Approach to Recovery

In this course, you will learn about the values, beliefs, and principles that are the foundation of psychosocial rehabilitation and recovery-oriented practice. This training describes the many ways in which culture is central, not peripheral, to recovery. In addition, it includes a review of the many dimensions of culture, the impact of worldview on psychosocial rehabilitation (PSR) practice, as well as the steps to becoming a culturally competent service provider. You will complete exercises that will help you to explore your own culture and worldview, as well as identify biases that could impact your relationships with others.

1 Credit Hour

For more information about Relias Learning, please contact your Staff Development Officer.



RELIAS LEARNING
www.dmh.training.reliaslearning.com



Relias Learning is a customized learning management system and staff development tool. This training website, developed for DMH staff, presents and tracks training requirements in an accessible and easy to use format.

To highlight a few of Relias Learning's convenient features:

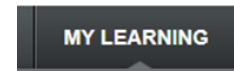
- ◇ **Continuing Education Hours** - almost all of the 500+ courses available for you to take have continuing education credits; you can print your own CEU certificates for license/certificate renewal
- ◇ **Web-based learning** – courses can be taken anywhere with an internet connection
- ◇ **Self-paced learning** – you can take a course in one sitting or in small segments
- ◇ **Email notifications** – reminders sent to you when required trainings are due, when you register for live class events or if you are waitlisted for a class and get that spot
- ◇ **Username/Password** – forgotten username and/or password emailed to you and you can even create your own password after logging in
- ◇ **Learner Resources** – Self-help tab for users that allows you to view a short introductory video about your RLMS, access the Learner Guide or Learner Manual, review the navigation guide for computer courses offered in the site, view the accreditation guide and a document with links to state board websites, and sign up for the live or recorded Site Overview-Learner webinar.

If you are interested in registering for Relias Learning, or reactivating your account, please contact your program's Human Resource or Staff Development director.

TIP OF THE MONTH:

How to view the detailed course properties.

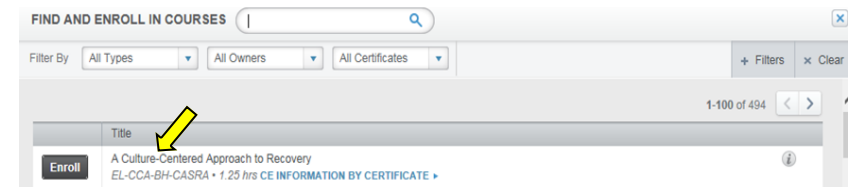
1. Select your **MY LEARNING** Tab.



2. Select "Add a Course".



3. When your course list appears, select the course Title that you are wanting to view.



4. The detailed course properties, including description, objectives, target audience, etc. should now be shown on your screen. Scroll through the box to view all of the information.

