

# MISSISSIPPI DEPARTMENT OF MENTAL HEALTH

Over the last several years, the Mississippi Department of Mental Health and the state's mental health system have continued to make strides to improve the availability of community-based services for individuals with mental illness, substance use and/or developmental disabilities (IDD). Below are a few examples of the progress the State has made.

- **MOBILE CRISIS RESPONSE TEAMS:** In 2014, each of the 14 Community Mental Health Centers developed Mobile Crisis Response Teams to provide community-based crisis services. This service is available statewide. In FY17, the Teams provided 15,668 face-to-face interventions. A total of 23,168 calls were received by the Teams in FY17. Out of those calls, 20,273 were diverted from a more restrictive environment.
- **PROGRAMS OF ASSERTIVE COMMUNITY TREATMENT TEAMS (PACT):** Mississippi has eight PACT Teams operated by the following Community Mental Health Centers: Warren-Yazoo Mental Health Services, Life Help, Pine Belt Mental Health (operates two PACT - one on the Gulf Coast), Hinds Behavioral Health, Weems Community Mental Health Center, Region III Mental Health Center and Timber Hills Mental Health Services. PACT is a mental health service delivery model for facilitating community living, psychological rehabilitation and recovery for persons who have the most severe and persistent mental illnesses and have not benefited from traditional outpatient/community services. In FY17, there were 140 new admissions to PACT Teams for a total of 387 people served.
- **WRAPAROUND FACILITATION FOR CHILDREN:** Wraparound Facilitation is family and youth guided and provides intensive services to allow children and youth to remain in their homes and community. In FY17, 345 individuals were trained and 12 providers were certified to provide Wraparound Facilitation. In FY17, 1,076 children and youth received Wraparound Facilitation.
- **PERMANENT SUPPORTIVE HOUSING:** In 2015, the Mississippi Home Corporation received funding from the Mississippi Legislature to partner with DMH to develop an integrated permanent supported housing project. This will ensure people with a serious mental illness who are housed as a result of permanent supportive housing have the opportunity to live in the most integrated settings in the community of their choice by providing an adequate array of community supports/services. In FY17, 205 individuals were housed through this project.
- **CRISIS INTERVENTION TEAMS:** DMH utilized federal funding to offer Crisis Intervention Team (CIT) training for up to 40 officers across the state each year from 2015 through 2017. Over the past three years, 173 officers from 31 different agencies have been trained. The first fully functional CIT program began in East Mississippi, and as a result of the collaboration to expand CIT across the state, we now have two more fully functional CIT programs in Jones County and DeSoto County.
- **NAVIGATE:** This evidence-based program assists individuals, 15-30 years of age, who have experienced their first episode of psychosis. This recovery-oriented approach bridges existing resources for this population and eliminates gaps between child, adolescent, and adult mental health programs. Region 6 Life Help Mental Health Center and Region 13 have NAVIGATE programs. In FY17, the program served 16 youth/young adults.
- **JAIL BASED COMPETENCE RESTORATION:** Mississippi State Hospital (MSH) and Region 8 CMHC partnered in July 2017 in a program to implement jail-based competence restoration services in Hinds and Madison counties. These jail-based services can reduce the time an individual might require as an inpatient at MSH and can divert individuals from ever having to be admitted to the hospital, which has a lengthy waiting list for the 15-beds dedicated for inpatient evaluation, treatment and competency restoration.

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- **SUPPORTED EMPLOYMENT FOR INDIVIDUALS WITH SERIOUS MENTAL ILLNESS:** Supported Employment sites are located in Community Mental Health Center Regions 2, 7, 10 and 12. In FY17, the DMH Supported Employment Pilot Program assisted 116 individuals on their road to recovery by helping them to become employed in the openly competitive job market.
- **CERTIFIED PEER SUPPORT SPECIALISTS (CPSS):** A CPSS is an individual or family member of an individual who has self-identified as having received or is presently receiving behavioral health services. A CPSS has successfully completed formal training recognized by DMH and is employed by a DMH Certified Provider. Mississippi has 159 active CPSSs as of the end of FY17.
- **MISSISSIPPI STATE YOUTH TREATMENT ENHANCEMENT AND DISSEMINATION:** MS SYT-ED Project developed two local community partner sites that continue to successfully implement evidenced-based assessment and treatment services for adolescents experiencing substance use or co-occurring disorders and their families. It was initially projected that at least 100 youth were to be served in the first three years; however, at least 169 youth were served. The programs developed will continue to provide sustainable services in an effort to meet the unique needs of adolescents and their families.
- **IDD TRANSITIONS TO THE COMMUNITY:** From January 2012 to June 2017, a total of 506 people have transitioned from intermediate care facilities for IDD to the community.
- **IDD HOME AND COMMUNITY BASED WAIVER:** Since FY12, the total number of Waiver slots has increased with 1,369 new enrollees, allowing them to be served in the community and their homes. A total of 202 new enrollees received ID/DD Waiver services in FY17. As of June 30, 2017, there were 2,646 enrollees in the Waiver.
- **EXPANDING IDD COMMUNITY SERVICES:** CMS approved the 1915(i) State Plan Amendment to provide day program services to persons with IDD and the program was implemented in January 2015. The program provides Day Habilitation, Prevocational Services, and Supported Employment. As a Medicaid State Plan Amendment, there will be no waiting list for services for persons determined eligible. To date, 594 people have received services through this IDD Community Support Program.
- **SUPPORTED EMPLOYMENT FOR INDIVIDUALS WITH IDD:** DMH has implemented an MOU with the Department of Rehabilitation Services that is providing supported employment for people with IDD. Three hundred employees from DMH, MDRS, and the Division of Medicaid received training in early 2016 regarding supported employment services. As of June 2017, 41 people have been referred for supported employment services through MDRS.
- **DETECT:** DETECT opened in November 2014 with the goal of improving the health of individuals with IDD statewide. DETECT provides educational opportunities, hands-on training and patient consultations to healthcare providers throughout Mississippi. DETECT's program offerings include in-office consultations or via Telemedicine, supported through University of Mississippi Medical Center for Telehealth, phone support, referral services, and evaluations at the main clinic at Hudspeith Regional Center.

A detailed white paper with more examples of progress the state has made in expanding community services is available to view at [www.dmh.ms.gov](http://www.dmh.ms.gov).