

FEATURED RELIAS TRAINING

JUNE 2018



CBT for People with Developmental Disabilities (REL-IDD-0-CBTDD)

The goal of this course is to provide information and tools for Cognitive Behavior Therapists so that they can modify their approach to make it more effective for persons with IDD. By using vignettes and interactive exercises, therapists will acquire some basic skills they can apply to the use of CBT with persons with IDD.

Credit Hours: 1.5

Person Centered Planning (REL-HHS-0-PP)

This course is designed to educate the learner on what makes the person-centered planning approach different from traditional treatment planning. You'll learn the significance of distinguishing between what is important to an individual and what is important for the individual, as well as the importance of promoting the active involvement of the persons receiving services in identifying their strengths, desires and needs. Through interactive lessons, personalized planning strategies, and descriptive examples, you will learn how to implement the person-centered approach in order to significantly enhance the chances for individuals diagnosed with behavioral health challenges to succeed in the road to recovery. This course is appropriate for entry-level care staff, including social workers, case managers, and counselors.

Credit Hours: 1

Trauma-Informed Clinical Best Practices: Implications for the Clinical and Peer Work Force (REL-HHS-0-C-TIC2)

In a trauma-informed organization, the clinical and peer work force ensures trauma-informed clinical best practices address the effects associated with trauma while honoring the core principles of trauma-informed care. Explore key components to trauma-informed clinical practice, the core competencies of a trauma-informed practitioner and what it means to apply trauma-informed principles across all stages of treatment. Learn more about trauma-specific, evidence-based and emerging best practices, including interventions focused on the mind/body connection.

Credit Hours: 1

For more information about Relias Learning, please contact Subrina Bolden at 601/359-6266 or Subrina.Bolden@dmh.ms.gov

