

# FEATURED RELIAS TRAINING

## MARCH 2018

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### **Illness Management and Recovery: Evidence-Based Practices (REL-HHS-0-IMREBP)**

In this course, you will learn about core values underlying the evidence-based practice of Illness Management and Recovery (IMR), including how to apply not only your existing skills, but also the approach's teaching principles to better help your clients with severe mental illness manage and recover from their illnesses.

This course provides an overview of Illness Management and Recovery evidence-based practices, and is intended for behavioral health professionals who have limited knowledge of Illness Management and Recovery. Through the use of interactive exercises and detailed vignettes, the course will give you the information and techniques you need to make IMR an effective part of your therapeutic toolbox.

**Credit Hours: 1.75 hours**

### **Medication-Assisted Treatment for Opioid Addiction (REL-HHS-0-MATOA-V2)**

Opioid addiction is a significant public health concern. Its effects on individuals, as well as populations, are costly and burdensome. This course is targeted to a broad healthcare audience, including individuals with either basic or more advanced levels of medication-assisted treatment experience. By clearly defining the scope of the problem and giving the definitions of opiates and the processes involved in opiate addiction, this training discusses the principles of effective medication-assisted addiction treatment, with special emphasis on assessing the opioid-addicted individual who seeks care. Using various teaching tools, including instructive information and interactive exercises, this course will help you to formulate a plan of care, goals for recovery, and confidentiality guidelines for individuals seeking treatment in your own setting. Step-by-step guidelines derived from the Substance Abuse and Mental Health Services Administration's (SAMHSA) "Medication-assisted treatment for opioid addiction: Facts for families and friends" will further assist your learning and application of these concepts. This course is appropriate for anyone who may be involved with the treatment of opioid addiction.

**Credit Hours: 2**

### **Suicide Risk Factors, Screening, and Assessment (REL-HHS-0-SSRF-V2)**

As a healthcare professional who deals with at-risk people, you know that those who are in distress are at an increased risk of suicide and that screening for suicidality is the first step in the process of prevention. This course dispels some of the common myths about suicide and provides you with up-to-date and accurate information about best practices in suicide screening and assessment. You will learn about specific factors that elevate risk of suicide and about some specific high-risk groups. Through a blend of didactic and interactive exercises, you will learn how to use screening instruments and several different models of comprehensive suicide assessment. The information you learn in this course will help you potentially save the lives of the at-risk population you encounter.

**Credit Hours: 1.25**

For more information about Relias Learning, please contact Subrina Bolden at 601/359-6266 or [Subrina.Bolden@dmh.ms.gov](mailto:Subrina.Bolden@dmh.ms.gov)

