

FEATURED RELIAS TRAINING

September 2018



Best Practices for Working with LGBTQ Children and Youth (REL-HHS-0-CSBPWCY)

This course will provide an overview of basic information on gender and sexual identities in LGBTQ+ children and youth. This course will also provide a discussion of institutional, cultural, and social discrimination, intersectional identities and complex trauma, assessment practices, and methods for building resilience in LGBTQ+ children, youth, and their families.

Credit Hours: 1.5

Best Practices: Behavior Support and Intervention (REL-HHS-CWLA-BPBSI)

This course offers some practical suggestions on how to reduce the use of seclusion and restraint. It addresses an important issue in the care and treatment of children in residential and/or foster care: the use of restraint and seclusion as behavior management tools. The course defines restraint and seclusion, presents facts and myths regarding their use, and presents data regarding the negative outcomes of the use of restraint and seclusion including child and youth deaths and re-traumatization. Trauma and posttraumatic stress disorder are described and their relationship to experiences of restraint and seclusion are presented. More effective and therapeutic approaches to behavior management are presented including the importance of family involvement, the three level public health model of prevention is applied to the topic of concern, and non-coercive behavior management strategies are described. The content in this course is helpful for administrators, supervisors, caregivers, policy makers, and others who work with children and youth.

Credit Hours: 1

10 Steps to Fully Integrating Peers into your Workforce (REL-HHS-0-NCV2)

The results are in and it is clear that peers improve opportunities and outcomes for the people we serve. At the same time many organizations struggle to successfully create opportunities for this workforce. This workshop will explore the top ten strategies for success at incorporating the peer workforce and the critical role that organizational culture plays in this transformation of care.

Credit Hours: 1

**For more information about Relias Learning, please contact Subrina Bolden at 601-359-6266
or Subrina.Bolden@dmh.ms.gov**



<https://dmh.training.reliaslearning.com>