



Mississippi Department of Mental Health

*Supporting a Better Tomorrow...One Person at a Time*

**HELPLINE • 1-877-210-8513**



## HOW TO ACCESS CRISIS SERVICES



Mental health problems are health conditions that can affect the way someone thinks, feels, or behaves. However, just as with any other health problem, it is important to address a mental health problem as quickly as possible.

A mental health crisis is any situation in which someone's behavior puts them at risk of becoming unable to properly provide self-care, function in the community, or possibly hurt themselves.

Just as with physical health problems, there may be times when a mental health crisis occurs unexpectedly. It is important to know what resources are available to you. Two programs that provide crisis services in Mississippi are Mobile Crisis Response Teams and Crisis Stabilization Units.



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## MOBILE CRISIS RESPONSE TEAMS (MCERT)

Mobile Crisis Response Teams provide guidance and support to adults and children who are experiencing a mental health crisis. The teams work closely with law enforcement to reduce the likelihood that a person experiencing a mental health crisis is unnecessarily placed in a more restrictive environment, like jail, a holding facility, hospital, or inpatient treatment.

- Response teams are available in all 82 counties and can be accessed by calling the toll-free numbers that are answered around the clock by Licensed Therapists, Peer Support Specialists, and Community Support Specialists.
- Response teams respond wherever a person is experiencing a crisis or at a designated location, like a local hospital.

### Mobile Crisis Response Team Contact Numbers:

**Region 1** – 888-404-8002

*(Coahoma, Quitman, Tallahatchie, Tunica)*

**Region 2** – 866-837-7521

*(Calhoun, Lafayette, Marshall, Panola, Tate, Yalobusha)*

**Region 3** – 866-255-9986

*(Benton, Chickasaw, Itawamba, Lee, Monroe, Pontotoc, Union)*

**Region 4** – 888-287-4443

*(Alcorn, DeSoto, Prentiss, Tippah, Tishomingo)*

**Region 6** – 866-453-6216

*(Attala, Bolivar, Carroll, Grenada, Holmes, Humphreys, Issaquena, Leflore, Montgomery, Sharkey, Sunflower, Washington)*

**Region 7** – 888-943-3022

*(Choctaw, Clay, Lowndes, Noxubee, Oktibbeha, Webster, Winston)*

**Region 8** – 877-657-4098

*(Copiah, Lincoln, Madison, Rankin, Simpson)*

**Region 9** – 601-955-6381

*(Hinds)*

**Region 10** – 800-803-0245

*(Clarke, Jasper, Kemper, Lauderdale, Leake, Neshoba, Newton, Scott, Smith)*

**Region 11** – 877-353-8689

*(Adams, Amite, Claiborne, Franklin, Jefferson, Lawrence, Pike, Walthall, Wilkinson)*

**Region 12** – 888-330-7772

*(Covington, Forrest, Greene, Jeff Davis, Jones, Lamar, Marion, Pearl River, Perry, Wayne)*

**Region 13** – 800-681-0798

*(Hancock, Harrison, Stone)*

**Region 14** – 866-497-0690

*(George, Jackson)*

**Region 15** – 601-638-0031

*(Warren, Yazoo)*

## CRISIS STABILIZATION UNITS (CSU)

Crisis Stabilization Units (CSUs) offer time-limited, voluntary, residential mental health treatment services for people with severe mental health problems. They also offer the opportunity for the problem to be addressed to avoid court commitment to a state behavioral health program. A thorough mental health assessment and treatment, along with follow-up outreach and aftercare once a person is discharged, are provided by the CSU.

To find CSU beds in your area, call the **DMH Helpline at 1-877-210-8513** or visit [dmh.ms.gov](https://dmh.ms.gov).

