

# FEATURED RELIAS TRAINING

## January 2019

---



### **Illness Management and Recovery: Evidence-Based Practices (REL-HHS-0-IMREBP)**

In this course, you will learn about core values underlying the evidence-based practice of Illness Management and Recovery (IMR), including how to apply not only your existing skills, but also the approach's teaching principles to better help your clients with severe mental illness manage and recover from their illnesses.

***Credit Hours: 1.75 hours***

### **Suicide Risk Factors, Screening, and Assessment (REL-HHS-0-SSRF-V2)**

This course dispels some of the common myths about suicide and provides up-to-date and accurate information about best practices in suicide screening and assessment. The focus is on specific factors that elevate risk of suicide and high-risk groups. Through a blend of educational and interactive exercises, you will learn how to use screening instruments and several different models of comprehensive suicide assessment.

***Credit Hours: 1.25***

### **Supporting Quality of Life for a Person with Developmental Disabilities REL-IDD-0-SQL-V2**

This course is meant to show support staff members the critical role they can play in promoting quality of life and how they can get involved with this effort. Starting with a short history of disability services, it explains what quality of life is and why it is different from past ways of thinking. The course will explore the core quality of life domains and how learners can use these domains and best practices as a basis for conversations and supports planning.

***Credit Hours 1.25***

For more information about Relias Learning, please contact Subrina Bolden at 601-359-6266 or [Subrina.Bolden@dmh.ms.gov](mailto:Subrina.Bolden@dmh.ms.gov)



<https://dmh.training.reliaslearning.com>