

FEATURED RELIAS TRAINING

July 2019



Best Practices for Working with LGBTQ Children and Youth *REL-HHS-0-CSBPWCY*

This course provides an overview of basic information on gender and sexual identities in LGBTQ+ children and youth. This course will provide a discussion of institutional, cultural, and social discrimination. The focus is on intersectional identities and complex trauma, assessment practices, and methods for building resilience in LGBTQ+ children, youth, and their families.
Credit Hours 1.25

Best Practices for Delivering Telehealth *REL-BH-0-TELE3*

Telehealth, using information technology to enable healthcare when distance separates two or more people, is designed to enable everyone to have access to healthcare. This course is about different modalities of treatment using telehealth in the behavioral health sciences, including a description of the most effective approaches. Topics include building and maintaining rapport with clients remotely via telehealth.
Credit Hours 1

Supporting Individuals in Early Recovery *REL-HHS-0-SIER*

This course introduces you to best practices in supporting individuals in early recovery from substance use disorders. You will learn about the needs of individuals in early recovery, with a focus on co-occurring mental health and medical symptoms. You will also learn about managing cravings and withdrawal symptoms. Finally, you will learn about peer support strategies that can help the individual maintain their recovery.
Credit Hours 1.5

For more information about Relias Learning, please contact Subrina Bolden at 601-359-6266 or Subrina.Bolden@dmh.ms.gov



<https://dmh.training.reliaslearning.com>