

FEATURED RELIAS TRAINING 2020



Overview of Cognitive Processing Therapy for PTSD in Veterans and Military Personnel (REL-HHS-CDP-CPTPTSD)

In this course, you will be introduced to one of the most effective treatments for individuals who have PTSD, called Cognitive Processing Therapy (CPT). An evidence-based, short-term treatment for PTSD, CPT is a form of cognitive behavioral treatment. This course provides an overview of the theory behind and empirical support for CPT. Through a session-by-session review of the CPT protocol, you will learn about the different phases of treatment, cognitive therapy techniques, and trauma-related themes. This course is intended for any mental health provider working with civilian or military populations. PLEASE NOTE: This course is an introduction to CPT and does not replace the in-depth training necessary to gain competence in conducting this treatment.

2 Credit Hours

Overview of Evidence-Based Practices for Integrated Treatment of Co-Occurring Disorders (REL-HHS-0-OEBPITCOD)

This course will examine how clinicians can work most effectively with clients with co-occurring disorders. Clinicians must understand how and why to perform a comprehensive assessment to make an accurate diagnosis, and to use evidence-based, integrated approaches to treatment. They must also see both psychiatric disorders and substance use disorders as primary conditions when they co-exist.

1.25 Credit Hours

Intellectual Disability Overview REL-IDD-0-INTDIS

In this course, you will learn the definition of intellectual disability (ID) how a person with ID is diagnosed and evaluated, and some of the causes and signs of ID. You will learn how to distinguish between facts and myths, find out about the range of educational and employment opportunities for individuals with ID, and learn some tips and strategies that you can use in your own career. This course is appropriate for professionals that work in the field of developmental disabilities and anyone who provides services to individuals with ID.

1.50 Credit Hours

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Supporting a Better Tomorrow...One Person at a Time

<https://dmh.training.reliaslearning.com>