

FEATURED RELIAS TRAINING

JULY 2020



Evidence-Based Practices in Family Psychoeducation **REL-BHC-0-EBPFP**

This course is an introduction of the Evidence-Based Practices series designed to teach you the principles and practices that research suggests are most effective in the implementation of a family psychoeducation. There is ample evidence that the inclusion of families in treatment planning and recovery management achieves the best outcomes.

Credit Hours: 1.5

Assessment and Treatment of Stimulant Use Disorders **REL-HHS-0-ADDICTION11**

This course provides an overview of stimulant use disorders with a specific focus on methamphetamine use disorders. In this course, you will learn about the components of assessment of methamphetamine use and abuse, as well as best practices for treatment interventions with a focus on cognitive behavioral therapy (CBT), motivational interviewing (MI), and the Matrix Model of intensive outpatient treatment for people with stimulant use disorders.

Credit Hours: 1.25

Homelessness and Substance Use **REL-HHS-0-ADDICTION14**

This course will provide information on updated definitions of homelessness as defined by the U.S. Department of Housing and Urban Development and discuss important considerations for working with individuals experiencing homelessness with SUD. You will also learn about several housing options for people experiencing homelessness and how the Housing First approach is demonstrating success in combating homelessness and leading people into recovery. Finally, you will learn some strategies you can use to help individuals experiencing homelessness with SUD overcome common challenges.

Credit Hours: 1.25

**For more information about Relias Learning, please contact Subrina Bolden at
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<https://dmh.training.reliaslearning.com>