MISSISSIPPI CERTIFIED PEER SUPPORT SPECIALIST PROFESSIONAL SCOPE OF ACTIVITIES

The scope of activities shows the wide range of tasks a Certified Peer Support Specialist Professional can perform to assist others in regaining control over their lives based on the principles of lived experience as a parent or caregiver of a child with a mental health challenge. Certification does not imply that the Certified Peer Support Specialist Professional is qualified to diagnose an illness, prescribe medication, or provide clinical services.

- 1) Utilizing unique lived experiences, the Certified Peer Support Specialist –Parent/Caregiver shall:
 - Teach and model the value of every parent/caregiver's strengths and lived experience;
 - Model effective communication skills and self-help strategies;
 - Establish and maintain a peer relationship rather than a hierarchical relationship.
- 2) Utilizing direct peer-to-peer interaction and a goal-setting process, the Certified Peer Support Specialist- Parent/Caregiver shall:
 - Encourage parent/child voice and choice during the development and implementation of plans;
 - Assist parent/caregivers in navigating the various child serving systems;
 - Assist parent/caregivers in identifying resources for their children;
 - Empower parent/caregivers to have the confidence to be self-advocates;
 - Support parent/caregivers in exploring sources of support and community resources that are available to them;
 - Appropriately document activities provided to parent/caregivers in either their child's records or program records.
- 3) The Certified Peer Support Specialist- Parent/Caregiver shall maintain a working knowledge of current trends and developments in the fields of children's mental health, system of care work, family-driven practice, and family-run organizations by:
 - Participating in coaching and continuing education with Families as Allies;
 - Reading books, current research articles, and other relevant material;
 - Joining and/or engaging with family-run organizations, including through social media;
 - Attending authorized local and/or national seminars, conferences, and trainings related to the field of peer, parent and/or family support.
- 4) The Certified Peer Support Specialist- Parent/Caregiver shall serve as a resource for promoting resiliency by:
 - Assisting parent/caregivers in obtaining services that suit their child's resiliency needs;
 - Helping parent/caregivers enhance relationships with community partners;
 - Helping providers and other non-peer staff who are working with a child and parent understand the importance of integrating family-driven practice in services and supports within a system of care;
 - Assisting non-peer staff in identifying programs and environments that are conducive to family-driven care;
 - Supporting families in engaging with Families as Allies and other family-run organizations.

ACKNOWLEDGEMENT OF THE MISSISSIPPI CERTIFIED PEER SUPPORT SPECIALIST PROFESSIONAL SCOPE OF ACTIVITIES

By signing below, you understand that you will be required to follow the professional standards detailed in the Mississippi Certified Peer Support Specialist- Parent/Caregiver Scope of Activities. Your signature is required in this section.

I acknowledge that I have received a copy of the Mississippi Certified Peer Support Specialist Professional Scope of Activities.

I further acknowledge that I have read and understand all of my obligations, duties and responsibilities under each principle and provision of the Mississippi Certified Peer Support Specialist Professional Scope of Activities.

Print Full Name

Date

Signature

Date