

# *Mississippi Department of Mental Health*

## *Annual Report FY2010*



# Mississippi Department of Mental Health

## *Introduction*

Since its inception in 1974, the Mississippi Department of Mental Health (DMH) has endeavored to provide services of the highest quality through a statewide service delivery system. As one of the major state agencies in Mississippi, DMH provides a network of services to individuals who experience problems with mental illness, alcohol and/or drug abuse/dependence, or who have intellectual or developmental disabilities. Services are provided through an array of facilities and agencies operated, certified and/or funded by DMH.

## *Mission*

Supporting a better tomorrow by making a difference in the lives of Mississippians with mental illness, substance abuse problems and intellectual/developmental disabilities one person at a time.

## *Vision*

We envision a better tomorrow where the lives of Mississippians are enriched through a public mental health system that promotes excellence in the provision of services and supports.

## *Individuals Served in FY 2010*

Psychiatric Facilities.....	8,944
Alcohol and Drug Abuse Treatment Services.....	36,401
Alcohol and Drug Abuse Prevention Services.....	136,953
Intellectual/Developmental Disabilities Facilities.....	4,838
Intellectual/Developmental Disabilities Community Services .....	4,907
Mental Health Community Services.....	194,102
Crisis Intervention Centers.....	1,512
**IDD Home and Community Based Waiver.....	1,889

\*Individuals may have received more than one service. Numbers may be duplicated. Community Service totals include private, community mental health centers and facility based programs.

\*\*IDD Home and Community Based Waiver is an unduplicated number.

# Overview of the Service System

## **Statutory Authority of the Department of Mental Health**

The Mississippi Department of Mental Health was created in 1974 by an Act of the Mississippi Legislature, Regular Session, as outlined in Sections 41-4-1 et seq. of the Mississippi Code of 1972, Annotated. The statute placed into one agency mental health, alcohol/drug abuse, and intellectual and developmental disabilities programs which had previously been under the direction of the State Board of Health, the Interagency Commission on Mental Illness and Intellectual and Developmental Disabilities, the Board of Trustees of Mental Institutions, and the Governor's Office. The statute also addresses the Department of Mental Health's responsibilities concerning services for persons with Alzheimer's disease and other dementia.

The **network of services** comprising the public system is delivered through **three major components**:

**State-operated facilities** The four state comprehensive psychiatric facilities, the five regional centers, a residential psychiatric center, two specialized facilities for adolescents, and seven crisis intervention centers are administered and operated by the Department of Mental Health. These facilities serve designated counties or service areas in the State and provide inpatient psychiatric, chemical dependence, forensic, limited medical/surgical hospital services, some community mental health services in areas near the state comprehensive psychiatric hospitals, intermediate care facility services for persons with intellectual and developmental disabilities, and a range of community services for persons with developmental disabilities. Nursing facility services are also located on the grounds of two of the state comprehensive psychiatric facilities.

**Regional community mental health/mental retardation centers** operate under the supervision of regional commissions appointed by county boards of supervisors comprising their respective service areas. The 15 regional centers make available a range of community-based mental health, substance abuse, and in some regions, intellectual and developmental disabilities services. The governing authorities are considered regional and not state-level entities. The Department of Mental Health is responsible for certifying, monitoring, and assisting the regional community mental health centers. These regional community mental health centers are the primary service providers with whom the Department of Mental Health contracts to provide community-based mental health and substance abuse services.

**Other nonprofit service agencies/organizations**, which make up a smaller part of the service system, are certified and may also receive funding through the Department of Mental Health to provide community-based services. Many of these nonprofit agencies may also receive additional funding from other sources. Programs currently provided through these nonprofit agencies include community-based alcohol/drug abuse services, community services for persons with developmental disabilities and community services for children with mental illness or emotional problems.

## *A Message from the Executive Director...*

The Mississippi Department of Mental Health (DMH) is focusing on the future by building a better tomorrow. By strengthening our partnerships and expanding community services, we believe we can improve quality and access to mental health services. We believe a better tomorrow will exist when...



- All Mississippians have equal access to quality mental health care, services and supports in their communities.
- People actively participate in designing services.
- The stigma surrounding mental illness, intellectual/developmental disabilities, substance abuse and dementia has disappeared.
- Research, outcomes measures, and technology are routinely utilized to enhance prevention, care, services, and supports.

Throughout the DMH FY10 Annual Report, you will clearly see the impact the Department has made on the lives of individuals seeking our services. We are proud of the difference we have made in the lives of the people we serve.

DMH faced many challenges during FY10, including a \$20 million budget cut. During the last few years, we have closed early intervention programs across the state, more than 200 beds at Mississippi State Hospital, and a dorm at the Mississippi Adolescent Center. In addition, we have implemented a redesign of the Crisis Intervention Centers, reduced grants provided to non-profits, and delayed funding for building renovation projects and equipment. Similar reductions have occurred elsewhere, including many non-Medicaid services at facilities that serve individuals with intellectual and developmental disabilities. Despite the current situation, we will continue to strive to provide quality care to Mississippians in need of services for mental illness, intellectual and developmental disabilities, and alcohol and substance abuse problems.

We must all work together during this time. I invite you to join us on our mission of improving the lives of Mississippians one person at a time. It will take us all working together to make an impact. Together, we can make a difference.

Sincerely,

Edwin C. LeGrand III  
DMH Executive Director

## Four Service Delivery Populations

- Intellectual and Developmental Disabilities
- Mental Illness
- Alcohol and Drug Abuse
- Alzheimer’s Disease and Other Dementia

### Estimated Prevalence of Need

2010 estimates of number of people needing services in MS

Intellectual and Developmental Disabilities.....	41,328
Mental Health.....	165,652
Alcohol and Drug Abuse.....	199,000
Alzheimer’s Disease and Other Dementia.....	53,000

# Psychiatric Facilities

The **state psychiatric facilities** are administered by the Department of Mental Health. These facilities offer residential and/or community services for mental health, substance abuse, and Alzheimer's disease and other dementia. The facilities are administered by the Bureau of Mental Health.

## **East Mississippi State Hospital**

Charles Carlisle, Director  
P.O. Box 4128 West Station  
Meridian, MS 39304-4128  
Phone: 601-482-6186  
[www.emsh.state.ms.us](http://www.emsh.state.ms.us)

## **Mississippi State Hospital**

James G. Chastain, Director  
P.O. Box 157-A  
Whitfield, MS 39193  
Phone: 601-351-8000  
[www.msh.state.ms.us](http://www.msh.state.ms.us)

## **North Mississippi State Hospital**

Paul A. Callens, Ph.D., Director  
1937 Briar Ridge Rd.  
Tupelo, MS 38804  
Phone: 662-690-4200  
[www.nmsh.state.ms.us](http://www.nmsh.state.ms.us)

## **South Mississippi State Hospital**

Wynona Winfield, Director  
823 Highway 589  
Purvis, MS 39475  
Phone: 601-794-0100  
[www.smsm.state.ms.us](http://www.smsm.state.ms.us)

## **Central Mississippi Residential Center**

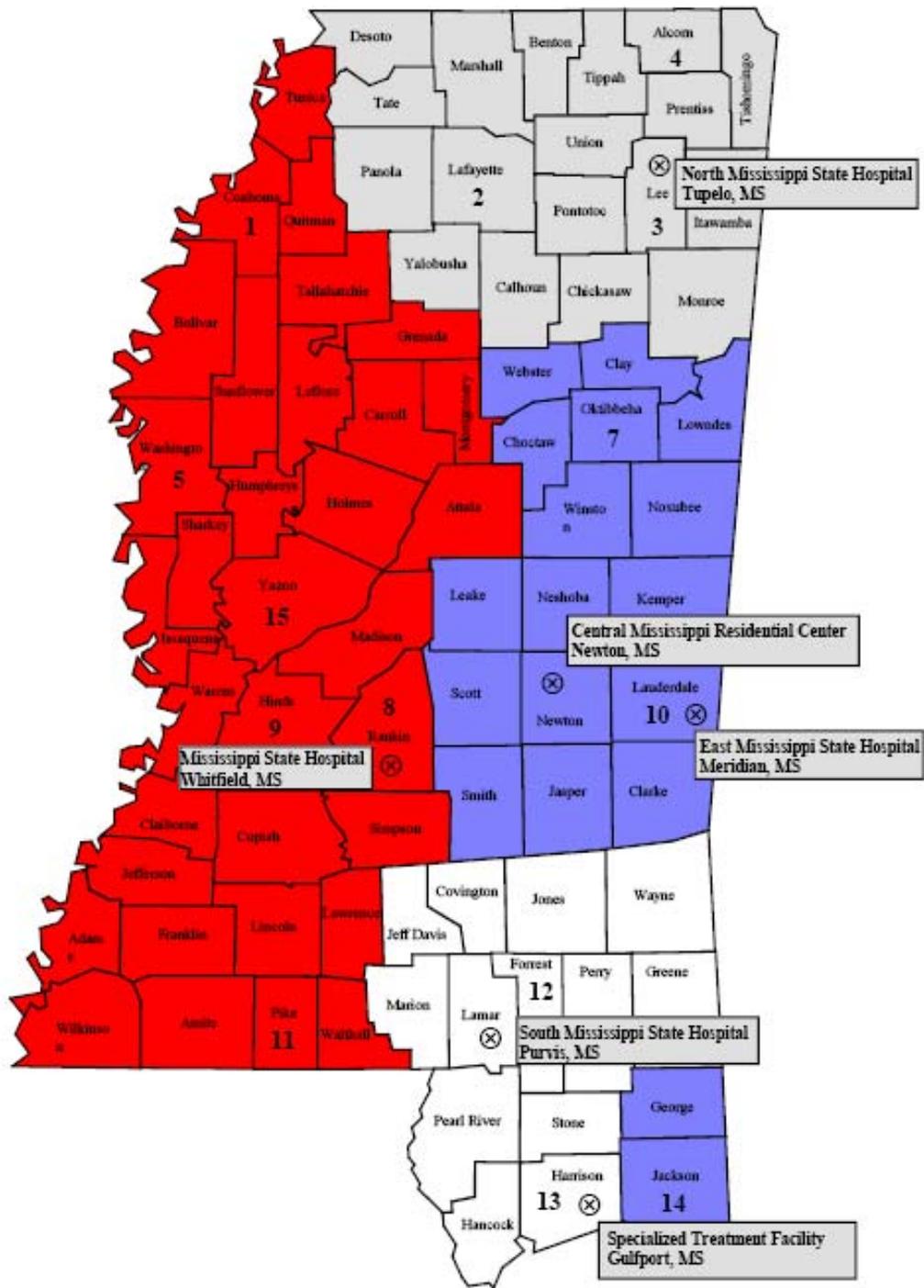
Debbie Ferguson, Director  
P.O. Box 470  
Newton, MS 39345  
Phone: 601-683-4200  
[www.cmrc.state.ms.us](http://www.cmrc.state.ms.us)

## **Specialized Treatment Facility**

Stacy Miller, Director  
14426 James Bond Road  
Gulfport, MS 39503  
Phone: 228-328-6000  
[www.stf.state.ms.us](http://www.stf.state.ms.us)

# Psychiatric Facilities

## State-Run Psychiatric Facilities



Mississippi State Hospital is located in Whitfield and provides residential and/or community services for mental health, substance abuse, and Alzheimer's disease and other dementia. MSH is Joint Commission accredited.

## Individuals Served at Mississippi State Hospital in FY 2010

Inpatient Services	
<b>Acute Psychiatric</b>	1,662
<b>Continued Treatment Services</b>	259
<b>Medical Surgical Hospital</b>	329
<b>Oak Circle Center for Adolescents</b>	342
<b>Forensics</b>	51
<b>Jaquith Nursing Home (JNH)</b>	501
<b>Chemical Dependency Services</b>	899
Community Services	
<b>Outpatient Therapy</b>	47
<b>Clubhouse</b>	108
<b>Supported and Transitional Employment</b>	7
<b>Group Homes</b>	53
<b>Halfway Houses</b>	19
<b>Case Management</b>	295
<b>Homeless Program (Stubbs House)</b>	42
Crisis Intervention Centers	
<b>Cleveland Crisis Intervention Center</b>	153
<b>Brookhaven Crisis Intervention Center</b>	209
<b>Total</b>	<b>4,976</b>

East Mississippi State Hospital is located in Meridian and provides residential and/or community services for mental health, substance abuse, and Alzheimer’s disease and other dementia.

### Individuals Served at East MS State Hospital in FY 2010

Inpatient Services	
Acute Psychiatric Care	638
Intermediate Psychiatric Care	121
Continued Treatment Services	158
Adolescent Psychiatric Males	118
RP White Nursing Facility	108
JT Champion Nursing Facility	125
Adolescent Chemical Dependency Services	95
Adult Chemical Dependency Services	347
Medical Care Unit	56
Community Services	
Outpatient Therapy	174
Group Homes	106
Halfway Houses	10
Case Management	58
<b>Total</b>	<b>2,114</b>

North Mississippi State Hospital is located in Tupelo and provides acute inpatient services for adult men and women with serious mental illness.

### Individuals Served at North MS State Hospital in FY 2010

Tupelo Campus	451
Corinth Crisis Intervention Center	181
Batesville Crisis Intervention Center	150
<b>Total</b>	<b>782</b>

South Mississippi State Hospital in Purvis is an acute-care, regional psychiatric facility with the primary purpose to offer a continuum of services for adults with mental illness within the patient's region of residence.

### Individuals Served at South MS State Hospital in FY 2010

<b>Purvis Campus</b>	<b>388</b>
<b>Laurel Crisis Intervention Center</b>	<b>135</b>
<b>Total</b>	<b>523</b>

Central Mississippi Residential Center is located in Newton and provides psychiatric services in a community setting, minimizing the need for hospitalization.

### Individuals Served at Central MS Residential Center in FY 2010

<b>Group Homes</b>	<b>122</b>
<b>Footprints</b>	<b>40</b>
<b>Newton Crisis Intervention Center</b>	<b>277</b>
<b>Total</b>	<b>439</b>

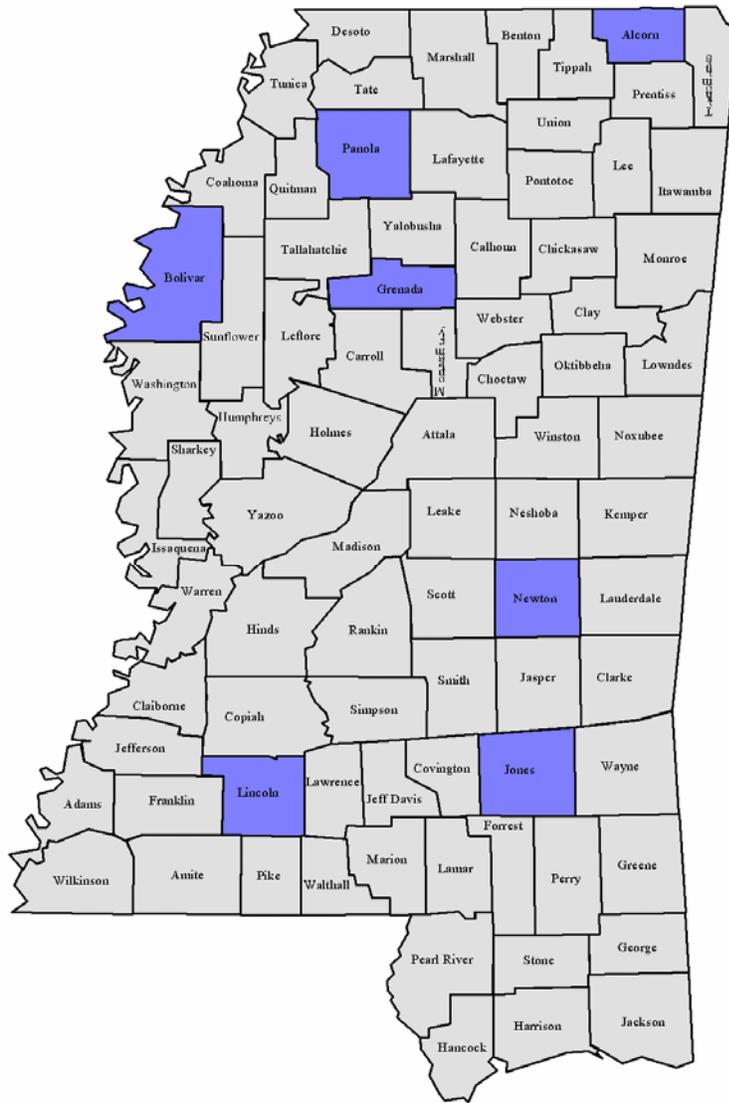
The Specialized Treatment Facility is an adolescent psychiatric residential treatment facility. Residents are between 13-18 years of age who have been involuntarily committed or transferred within the DMH. Priority placements are given to adolescents that have come into contact with the legal system.

### Individuals Served at Specialized Treatment Facility in FY 2010

<b>Total Served</b>
<b>110</b>

# Crisis Intervention Centers

The **Crisis Intervention Centers (CICs)** provide stabilization and treatment services to individuals who are in psychiatric crisis who have been committed to a psychiatric hospital and for whom a bed is not available. Individuals can often be stabilized at the crisis center and no longer require admission to the state psychiatric hospitals.



<b>CICs</b>	<b>Total Served</b>
<b>Batesville CIC</b>	<b>150</b>
<b>Brookhaven CIC</b>	<b>209</b>
<b>Cleveland CIC</b>	<b>153</b>
<b>Corinth CIC</b>	<b>181</b>
<b>Grenada CIC</b>	<b>407</b>
<b>Laurel CIC</b>	<b>135</b>
<b>Newton CIC</b>	<b>277</b>
<b>Total</b>	<b>1,512</b>

**A variety of adult mental health services were provided by community mental health providers certified by DMH from October 1, 2009 to September 30, 2010. Below is a list of the services and the number of individuals served.**

---

### **Psychosocial Rehabilitation/Clubhouse**

A Clubhouse is a psychosocial and vocational rehabilitation program for individuals diagnosed with a mental illness. Individuals are neither clients nor patients, but participating members. **For the 12 month period, a total of 5,158 were served.**

---

### **Pre-Evaluation Screening & Civil Commitment Examinations**

Pre-evaluation screening provides descriptive information to determine whether or not further examination is needed; a diagnosis is not made during this screening step. **For the 12 month period, 5,546 individuals were served.**

---

### **Case Management Services**

Case Management is the provision and coordination of services that are an integral part of helping individuals access needed medical, social, educational, and other services in order to attain their highest level of independent functioning. **For the 12 month period, 25,298 individuals were served.**

---

### **Halfway Houses**

Halfway House services are for individuals with Serious Mental Illness and were developed to provide a readjustment and transitional living facility for individuals discharged from a psychiatric hospital. **For the 12 month period, 70 individuals were served.**

---

### **Group Homes**

Group home services for adults with Serious Mental Illness provide residential accommodations in a home-like environment, with supervision and training. **For the 12 month period, 597 individuals were served.**



## **Acute Partial Hospitalization**

Acute Partial Hospitalization is a program that provides medical supervision, nursing services, structured therapeutic activities and intensive psychotherapy (individual, family and/or group) to individuals who are experiencing a period of such acute distress that their ability to cope with normal life circumstances is severely impaired. **For the 12 month period, 694 individuals were served.**

---

## **Psychosocial Rehabilitation/Elderly**

The Psychosocial Rehabilitation/Elderly program was designed to provide a safe and creative environment for elderly individuals. This program utilizes a variety of activities to assist in alleviating depression. **For the 12 month period, 1,616 individuals were served.**

---

## **Intensive Residential Treatment Services**

Intensive Residential Treatment Services are time-limited and designed to serve adults with severe mental illness episodes that if not addressed would likely result in the need for inpatient care. **For the 12 month period, 894 individuals were served.**

---

## **Supervised Housing**

Supervised Housing provides a residence for three or fewer individuals in a single living unit. Individuals function with a greater degree of independence than in a group home. **For the 12 month period, 283 individuals were served.**

---

## **Physician/Psychiatric Services**

Individuals must be provided access to physician/psychiatric services that include medication evaluation and monitoring, prescribing of medications, regular monitoring of the effects of medication prescribed, and certifying individual treatment plans every six months. **For the 12 month period, 41,310 individuals were served.**

---

## **Drop-In Centers**

Drop-In Centers are consumer-run programs which offer services in a non-clinical atmosphere and which focus on self-help activities, social skills, job skills and decreasing isolation. **For the 12 month period, 92 individuals were served.**

---

## **Serious Mental Illness Homeless Services**

PATH (Projects for Assistance in Transitioning from Homelessness) provides funding for specialized services for homeless individuals with mental illness and individuals at-risk of homelessness in targeted areas of the state. **For the 12 month period, 1,150 individuals were served.**

---

## **Outpatient Therapy Services**

Outpatient treatment includes individual, family, group, and multi-family group therapies. **For the 12 month period, 40,952 individuals were served.**

**A variety of adult mental health services were provided by community mental health providers certified by DMH from October 1, 2009 to September 30, 2010. Below is a list of the services and the number of children and youth served.**

---

## **Residential Services**

The children/youth appropriate for community residential services do not need the services provided in a long-term psychiatric residential treatment center or in any long-term psychiatric setting or other more restrictive setting.

- **Therapeutic Group Homes** provide a structured therapeutic home environment, and the youth served in these homes have behavioral/emotional disorders and serious emotional disturbance. **During a 12 month period, 482 children and youth were served.**
  - **Therapeutic Foster Care** is an intensive community-based program composed of mental health professional staff and trained foster parents who provide a therapeutic program for children and adolescents with serious emotional disturbances living in a foster home. **During a 12 month period, 214 children and youth were served.**
- 

## **Prevention/Early Intervention**

Services include preventive mental health programs targeting vulnerable at-risk groups designed to prevent the occurrence of mental health and/or emotional problems and service programs designed to intervene as early as possible. **During a 12 month period, 1,024 children and youth were served.**

---

## **Intensive Crisis Intervention/Emergency Response**

These are specialized time-limited interventions, available 24 hours a day, seven days a week. Emergency/crisis response staff triage referrals and respond in a timely and adequate manner to diffuse the current crisis and maintain the child/youth in the least restrictive, yet appropriate, environment. **During a 12 month period, 10,012 children and youth were served.**

---

## **Case Management Services**

Case Management is the provision and coordination of services that are an integral part of helping individuals access needed medical, social, educational, and other services in order to attain their highest level of independent functioning. **During a 12 month period, 15,316 children and youth were served.**

---

## **Outpatient Therapy**

Outpatient treatment includes individual, family, group, and multi-family group therapies. **During a 12 month period, 27,832 children and youth were served.**

## Physician/Psychiatric Services

Individuals must be provided access to physician/psychiatric services to include medication evaluation and monitoring, prescribing of medications, regular monitoring of the effects of medication prescribed, and certifying individual treatment plans every six months. **During a 12 month period, 16,768 children and youth were served.**

---

## Day Treatment

Day Treatment is a therapeutic service designed for individuals who require less than 24-hour-a-day care, but more than other less intensive outpatient care. **During a 12 month period, 5,619 children and youth were served.**

---

## MAP Teams

The Making A Plan (MAP) Teams address the needs of children up to 21 years of age with serious emotional/behavioral disorders who require services from multiple agencies. The MAP Team must be composed of, at a minimum, one representative from the county level from each of the following major agencies that serve children: a bachelor's degree representative employed by the regional Community Mental Health Centers, the local school district in the county, the county office of Family and Children's Services of the State Department of Human Services, the county or regional Youth Services Division of the State Department of Human Services, and the county or regional office of the State Department of Rehabilitation Services. **During a 12 month period, MAP Teams served 1,048 children and youth.**



DMH is responsible for counseling, education and training for family members, caregivers and service providers. The Division of Alzheimer's Disease and Other Dementia employs Masters level trainers and has field offices located in Oxford, Magee, Long Beach and the Central Office in Jackson. According to the Alzheimer's Association, an estimated 53,000 Mississippians are diagnosed with Alzheimer's disease.

## Training Initiatives Offered in FY 2010

### *Advanced Topics in Dementia Care*

Total Venues: 8  
Total Participants: 655

### *Dementia Education Training for Professionals in Elderly and Long-term Settings*

Total Venues: 3  
Total Participants: 320

### *Virtual Dementia Tour*

Total Venues: 17  
Total Participants: 401

### *Understanding Dementia in Individuals with IDD*

Total Venues: 3  
Total Participants: 280

### *Health Fairs/Senior Fairs*

Total Venues: 37  
Total Participants: 4,199

### *Additional Trainings*

Total Venues: 116  
Total Participants: 3,127

### *10<sup>th</sup> Annual Conference on Alzheimer's Disease and Psychiatric Disorders in the Elderly*

Total Vendors: 48  
Total Attendees: 715

### *Mississippi Physician's Conference on Alzheimer's Disease*

Total Participants: 52

DMH funds and certifies two Adult Day Programs for individuals with Alzheimer's disease and related disorders. Footprints Adult Services is located in Newton, and Garden Park Adult Center is located in Greenwood.

**Total served in FY 2010: 45**

DMH provided the Alzheimer's Association Mississippi Chapter with one-time funding to supplement one volunteer Respite/Resource programs.

**Total served in FY 2010: 20**

DMH supplements the printing of *Living With Alzheimer's: An Alzheimer's Resource Guide*. Resource guides are distributed through the Division of Alzheimer's Disease and Other Dementia and the Alzheimer's Association.

**Total distributed in FY 2010: 5,764**



# Intellectual and Developmental Disabilities

DMH is responsible for the development and implementation of services to meet the needs of **individuals with intellectual and developmental disabilities**. This public service delivery system is comprised of five state-operated comprehensive regional centers, a state-operated facility for youth who require specialized treatment, 15 regional community mental health/mental retardation centers and other non-profit community agencies/organizations that provide community services. Community and residential services are offered.

#### **Boswell Regional Center**

Raymond Johnson, Director  
P.O. Box 128  
Magee, MS 39111  
Phone: 601-867-5000  
[www.brc.state.ms.us](http://www.brc.state.ms.us)

#### **Ellisville State School**

Renee Brett, Director  
1101 Highway 11 South  
Ellisville, MS 39437-4444  
Phone: 601-477-9384  
[www.ess.state.ms.us](http://www.ess.state.ms.us)

#### **Hudspeth Regional Center**

John Lipscomb, Ph.D., Director  
P.O. Box 127-B  
Whitfield, MS 39193  
Phone: 601-664-6000  
[www.hrc.state.ms.us](http://www.hrc.state.ms.us)

#### **North Mississippi Regional Center**

Sandy Rogers, Ph.D., Director  
967 Regional Center Drive  
Oxford, MS 38655  
Phone: 662-234-1476  
[www.nmrc.state.ms.us](http://www.nmrc.state.ms.us)

#### **South Mississippi Regional Center**

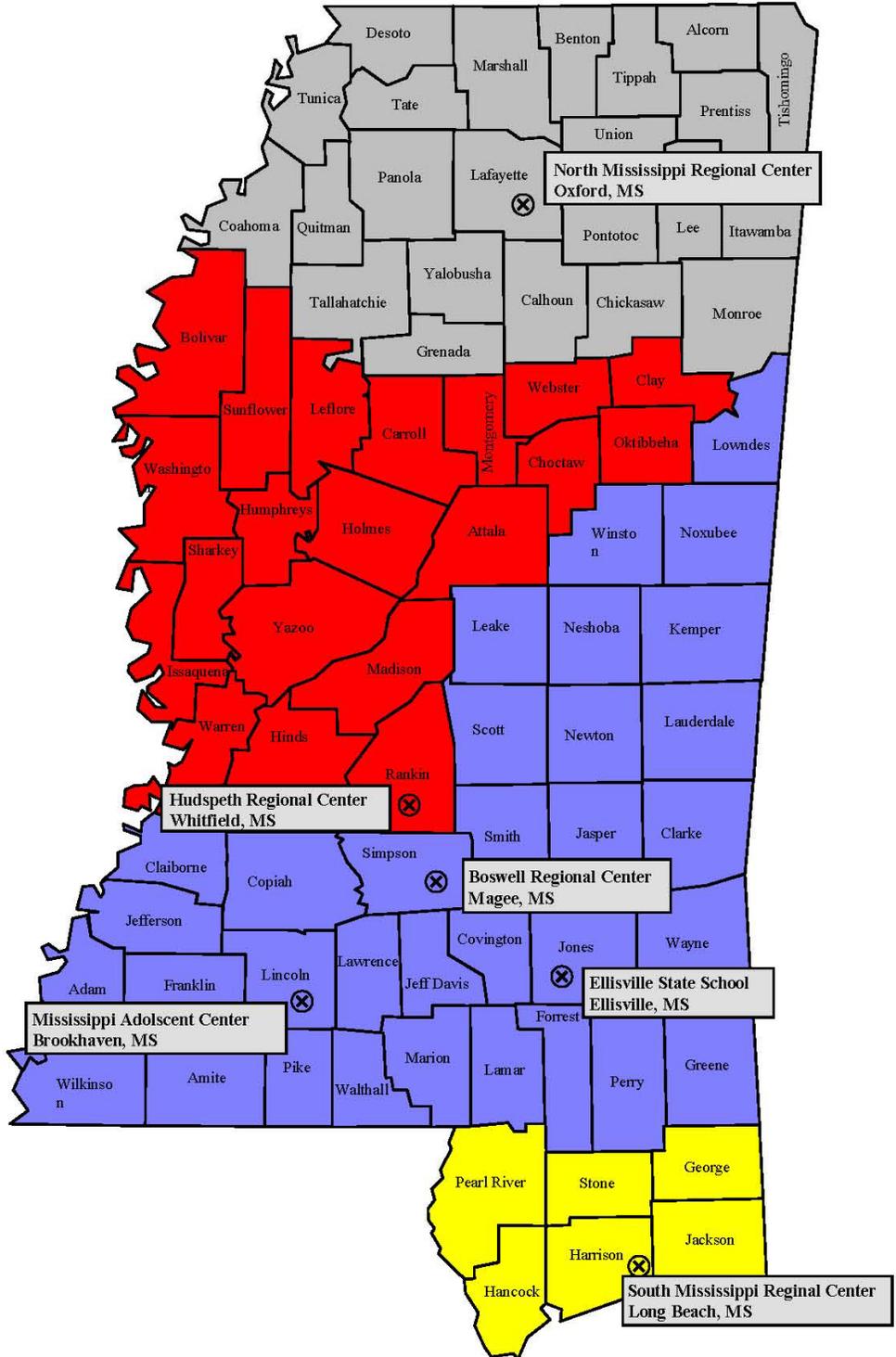
Dorothy McEwen, Director  
1170 W. Railroad St.  
Long Beach, MS 39560-4199  
Phone: 228-868-2923  
[www.smrc.state.ms.us](http://www.smrc.state.ms.us)

#### **Mississippi Adolescent Center**

Shirley Miller, Director  
760 Brookman Dr. Extension  
Brookhaven, MS 39601  
Phone: 601-823-5700  
[www.mac.dmh.ms.gov](http://www.mac.dmh.ms.gov)

# IDD Facilities

## State-Run Facilities for Persons with Intellectual/Developmental Disabilities



Ellisville State School, located in Ellisville, provides services through residential and community programs to children and adults with intellectual and developmental disabilities.

### Individuals Served at Ellisville State School in FY 2010

Residential Services	
Campus Residential	486
ICF/MR Group Homes	173
IDD Certified Group Homes	33
Community Services	
Case Management	124
Early Intervention	238
Community Living	22
Supported Employment	33
Work Activity	133
<b>Total</b>	<b>1,242</b>

Boswell Regional Center, located in Magee, provides individuals with intellectual and developmental disabilities a comprehensive array of services.

### Individuals Served at Boswell Regional Center in FY 2010

Residential Services	
Campus Residential	154
ICF/MR Group Homes	68
IDD Certified Group Homes	30
Community Services	
Case Management	13
Early Intervention	174
Community Living	51
Supported Employment	31
Work Activity	110
<b>Total</b>	<b>631</b>

North MS Regional Center, located in Oxford, provides individuals with intellectual and developmental disabilities a comprehensive array of services.

### Individuals Served at North MS Regional Center in FY 2010

Residential Services	
Campus Residential	327
ICF/MR Group Homes	216
IDD Certified Group Homes	50
Community Services	
Case Management	72
Community Living	15
Early Intervention	355
Supported Employment	65
Work Activity	273
<b>Total</b>	<b>1,373</b>

South MS Regional Center, located in Long Beach, provides individuals with intellectual and developmental disabilities a comprehensive array of services.

### Individuals Served at South MS Regional Center in FY 2010

Residential Services	
Campus Residential	166
ICF/MR Group Homes	84
IDD Certified Group Homes	12
Community Services	
Case Management	182
Community Living	20
Supported Employment	62
Work Activity	34
<b>Total</b>	<b>560</b>

Hudspeth Regional Center located in Whitfield provides individuals with intellectual and developmental disabilities a comprehensive array of services.

### Individuals Served at Hudspeth Regional Center in FY 2010

Residential Services	
<b>Campus Residential</b>	<b>303</b>
<b>ICF/MR Group Homes</b>	<b>130</b>
Community Services	
<b>Case Management</b>	<b>36</b>
<b>Community Living</b>	<b>71</b>
<b>Early Intervention</b>	<b>142</b>
<b>Supported Employment</b>	<b>71</b>
<b>Work Activity</b>	<b>221</b>
<b>Total</b>	<b>974</b>

The Mississippi Adolescent Center is a residential facility located in Brookhaven dedicated to providing adolescents with intellectual and/or developmental disabilities an individualized array of rehabilitation service options.

### Individuals Served at MS Adolescent Center in FY 2010

<b>Total Served</b>
<b>58</b>

# IDD Community Services

## Early Intervention

Services are provided to children birth to age three who have an intellectual and/or developmental disability (IDD) or who are at risk for such. Services include comprehensive and multidisciplinary evaluations, speech/language therapy, occupational therapy, physical therapy, and educational interventions. The program is in collaboration with the Mississippi Department of Health's First Steps Early Intervention Program.

Early Intervention	Served
Day Treatment	149
Early Intervention Services	1,015

---

## Work Activity Centers

Work Activity Centers are provided for individuals 16 years and older who have IDD. The service assists individuals in increasing their productivity and self-sufficiency and provides opportunities for community integration. **In FY 2010, 1,015 individuals were served.**

---

## Case Management

Services assist individuals with IDD in gaining access to any needed social, medical, and/or educational services in order to live successfully in the community. **In FY 2010, 2,144 individuals were served.**

---

## Community Living

Services are provided to offer needed supervision, monitor health and physical condition, and assist with activities of daily living. Community Living provides different levels of assistance ranging from 24 hours a day, seven days a week to weekly contact. This service includes supported living, supervised living and IDD certified group homes. **In FY 2010, 235 individuals were served.**

---

## Supported Employment

Supported Employment services are designed to increase the independence, community integration, and productivity of people by assisting them in finding and keeping community employment. The service consists of such elements as recruitment of individuals from other services to competitive employment, job finding, matching the individual to appropriate jobs, and employment maintenance. **In FY 2010, 168 individuals were served.**

---

## Day Support

Day Support is a program of structured activities designed to support and enhance the functioning of individuals who are able to live fairly independently in the community through the regular provision of structured therapeutic support. **In FY 2010, 181 individuals were served.**

## **Attendant Care Services**

Services are provided to meet the daily living requirements of individuals and to help ensure adequate support so the individual can be maintained at home or in the community. **In FY 2010, 1,047 individuals were served.**

---

## **Day Habilitation**

Day Habilitation is a community program for people who typically are more severely involved and require a greater degree of assistance with activities of daily living. **In FY 2010, 315 individuals were served.**

---

## **In-Home Companion Respite**

Services are provided to individuals on a short-term basis for the purpose of giving the family a break. **In FY 2010, 169 individuals were served.**

---

## **In-Home Nursing Respite**

In-home Nursing Respite services are provided to individuals on a short-term basis for the purpose of giving the family a break. **In FY 2010, 268 individuals were served.**

---

## **Occupational Therapy, Physical Therapy and Speech/Language Therapy**

These therapies are provided by therapists licensed according to state law for their respective duties and regulations and are approved Medicaid providers. **In FY 2010, 25 individuals were served.**

---

## **Prevocational Services**

Services are designed to lead to vocational skill development in order to obtain community employment. **In FY 2010, 786 individuals were served.**

---

## **Support Coordination**

Services are designed to assist individuals in accessing services in the community which meet their individual needs and prevent or delay placement away from their home and community. **In FY 2010, 1,887 individuals were served.**

---

## **Supervised Residential Habilitation**

Services provide 24 hours a day, seven days a week on-site support and supervision for individuals living in the community. **In FY 2010, 196 individuals were served.**

---

## **Supported Residential Habilitation**

Support services provided to individuals who live in their own home/apartment for a maximum of 30 hours per month. **In FY 2010, 70 individuals were served.**

---

## **Supported Employment**

Services are designed to increase independence, community integration and productivity of individuals with intellectual/ developmental disabilities by assisting them with finding and maintaining community employment. **In FY 2010, 210 individuals were served.**

DMH administers the public system of **alcohol and drug abuse prevention and treatment services** in Mississippi through the Bureau of Alcohol and Drug Abuse Services. These services are provided through a statewide network, which includes state-operated facilities, regional community mental health centers, and other nonprofit community-based programs.

## **Alcohol and Drug Abuse Services Highlights for FY 2010**

### **State Prevention Framework State Incentive Grant**

Prevention staff continued to administer the State Prevention Framework State Incentive Grant (SPF-SIG) by awarding 23 recipients. Priorities of the SPF-SIG included filling existing gaps with evidence-based programming and measuring progress in reducing substance abuse. Implementation of a targeted marijuana initiative, implementation of a targeted underage drinking campaign and implementation of a methamphetamine initiative were carried out by the prevention staff, and all initiatives are ongoing throughout the state.

### **MS School for Addiction Professionals**

In February, the prevention staff hosted the 3rd Annual Mississippi School for Addiction Professionals in Hattiesburg with more than 200 participants. Participants were provided the latest information on research, technology and practical strategies in alcohol, tobacco and other drugs (ATOD) and related fields. Participants also had access to a regional and national network of treatment and prevention leaders and participants.

### **Trainings Provided**

Workshops and technical assistance were provided by staff to service providers throughout the state upon request. Trainings included Fetal Alcohol Spectrum Disorder (FASD), the Effects of Methamphetamine, Alcohol and Tobacco Use and Prescription Drug Use/Abuse with the Older Adult. The Prevention staff implemented an Underage Drinking Campaign and facilitated biannual meetings to address the latest technology and national and state initiatives in the field of Prevention.

### **Employee Assistance Program**

The Employee Assistance Program is also a part of the Bureau of Alcohol and Drug Abuse. Training and technical assistance were provided to local and state entities who were interested in developing an Employee Assistance Program. The Employee Assistance Program Handbook was updated and distributed upon request.

### **DUI Assessment**

An individual must complete the process of a diagnostic assessment in order to see if treatment is warranted. An approved DMH diagnostic assessment instrument is administered. The result of the assessment is evaluated, as well as the client intake assessment. The BAC (Blood Alcohol Content) report and the motor vehicle record are reviewed and fourthly, collateral contacts are considered. If appropriate, other clinical observations are recorded. After the completion of the process, if the individual needs treatment, the offender is placed in an appropriate treatment setting.

# Alcohol and Drug Abuse Services

The Bureau of Alcohol and Drug Abuse maintains a statewide comprehensive system of substance abuse services of prevention, treatment and rehabilitation and promotes quality care, cost-effective services and ensures the health and welfare of individuals through the reduction of substance abuse.

**Services include:**

<b>Services Provided</b>	<b>Number Served FY 2010</b>
Community-based adult primary residential services	3,873
Community-based adolescent primary residential services	341
Inmates at the MS Department of Corrections	1,669
Community-based adult transitional residential services	1,258
Community-based general outpatient services	6,844
Community-based adult intensive outpatient services	1,317
Community-based adolescent intensive outpatient services	505
Community-based outreach/aftercare services	5,012
Adult dually diagnosed services	12,881
Vocational rehabilitation services for transitional treatment services	155
DUI offenders admitted to treatment	2,546
Prevention services	136,953

## **Project Hope**

In response to several tornadoes which swept through Mississippi, DMH received a grant for a six week crisis counseling program which ran from May 17 to June 28. Crisis Counselors provided outreach, group and individual assessment and crisis counseling, information and referral, educational services, and psychological first aid.



---

## **Professional Development**

DMH provides opportunities for personal growth and continuing education opportunities to its professional staff while actively promoting education. An annual needs assessment is conducted at each facility, and a training plan is implemented from the identified areas of need. During FY10, DMH (through its facilities and programs) taught 30,707 courses, providing 53,081 hours of training to 8,990 employees. This equates to 5.90 hours of training per capita.

---

## **Constituency Services**

In addition to the 2,732 calls DMH Helpline received in FY10, DMH's Office of Constituency Services (OCS) received and responded to 3,496 calls on the Suicide Prevention Lifeline. In December 2008, OCS contracted with the National Suicide Prevention Lifeline to become a network crisis center. The National Suicide Prevention Lifeline is a national, 24-hour, toll-free suicide prevention service comprised of 129 centers. Individuals calling 1-800-273-TALK (8255) are routed to the closest crisis center based on their location, as determined by the origination of the call. DMH now acts as the primary crisis center for all 82 counties in Mississippi.

---

## **Grenada CIC Pilot Project Redesign**

During the 2009 Legislative session, DMH sought and received permission to contract with Life Help Community Mental Health Center for the operation of the Grenada Crisis Intervention Center (CIC). The goal for the pilot program was to move towards reducing the use of jails for people under civil commitment orders and offer voluntary commitment. Under the redesign, from Sept. 1, 2009 - Aug. 31, 2010, 232 admissions were voluntary and 175 involuntary with the average stay 10 days. The ability to accommodate both voluntary and involuntary admissions on a 24/7 basis has resulted in a 78% diversion rate from costly inpatient hospital care and has markedly increased the provision of timely mental health care within the community.

---

## **Developing and Expanding Youth Programs**

Over the next five years, DMH plans to develop and expand programs for youth with mental illness who are transitioning from child mental health services to adult mental health services and/or from an institutional setting to the community. DMH's Bureau of Community Services was awarded a System of Care grant from the Substance Abuse and Mental Health Services Administration to help with the development and expansion of programs for youth ages 16-21. The \$8 million, six-year grant will require state and local match funding. The grant funding will be provided to local Community Mental Health Centers to increase their capacity to serve transitional aged youth and to provide a broad array of accessible and coordinated services/supports.

## Talk About It

DMH has added a new feature to its' statewide Helpline services which offer individuals the option of sending a text or online message to a member of the Helpline staff. Staff are available to provide help with mental health issues and suicide intervention around the clock. DMH partnered with AnComm's 'Talk About It' program which is an anonymous online messaging and emergency notification service to provide this new feature. 'Talk About It' offers young adults a more comfortable and easy way to initiate contact with the Helpline while remaining anonymous.



---

## Changes to Commitment Laws

The commitment process for individuals seeking mental health treatment was a hot topic during the 2010 Legislative Session. Several bills were submitted to help improve the process in Mississippi including HB 1525 which is one of the first bills as a result of the Mental Health Study Committee. In March 2010, HB 1525 was passed by the Legislature and signed by the Governor. The bill helps streamline mental health commitment laws and simplify the commitment process.

---

## Juvenile Mental Health Initiative

DMH's Division of Children & Youth Services received grant funding from the MS Department of Public Safety, Office of Justice Programs, for a Juvenile Mental Health Initiative. The initiative will target juveniles in detention centers, who have Serious Emotional Disturbances (SED) and/or substance abuse issues. This project will assist in providing early mental health assessments, identification, intervention and services for youth in the detention centers.



*Coming together is a beginning.  
Keeping together is progress.  
Working together is success.*

*~Henry Ford*

# DMH Budget

## FY 2010 Budget

	FYE 6/30/10		FYE 6/30/09	
	Year To Date	Spending Authority	Year To Date	Spending Authority
Expenditures				
Salaries and fringe benefits	371,544	386,187	376,046	382,477
Travel	547	1,147	840	1,163
Contractual	45,700	57,444	49,529	55,691
Commodities	38,194	50,653	47,096	50,411
Other than Equipment	573	2,749	1,180	1,891
Equipment, vehicles, wireless devices	3,134	6,344	3,828	5,019
Subsidies, loans, grants	130,331	166,303	147,665	157,680
Sub-total	590,023	670,827	626,184	654,332
Other transfers not using sp. authority	1,752		22,499	
Total expenditures	591,775	670,827	648,683	654,332

Sources of Funds				
Beginning cash	32,344	28,025	20,234	11,571
General funds	199,472	199,553	251,242	251,303
Healthcare Expendable Trust funds	13,952	13,952	13,952	13,952
Budget Contingency Funds	11,000	11,000	0	0
"ARRA" funds (excess authority)	0	37,702	0	0
Court Assessment funds	4,882	5,645	4,961	5,282
Medicaid receipts	294,636		312,931	
All other receipts	76,945		77,707	
Total Medicaid and all other	371,581	391,682	390,638	379,817
Total cash available	633,231	687,559	681,027	661,925
Ending cash	41,456	16,732	32,344	7,593
Net sources of funds	591,775	670,827	648,683	654,332

**Consolidated Financial Summary  
(In Thousands of Dollars)**

# Where We Are Headed In FY 2011

## Overall Agency Goals for FY 2011

- Ensure the stability of the public mental health system which consists of programs operated by DMH, the 15 Community Mental Health Centers, and non-profit community mental health providers who receive funding from the state.
- Secure Medicaid match for Community Mental Health Centers.
- Continue to take opportunities to expand the capacity for community-based service options.
- Secure funding for the Home and Community-based Waiver for individuals with intellectual and developmental disabilities.
- Full implementation of two partial Positive Assertive Community Treatment teams. PACT team services are targeted at individuals who are high users of hospital services and are designed to prevent the need of repeated hospitalizations.
- Develop a strategic initiative for housing options.