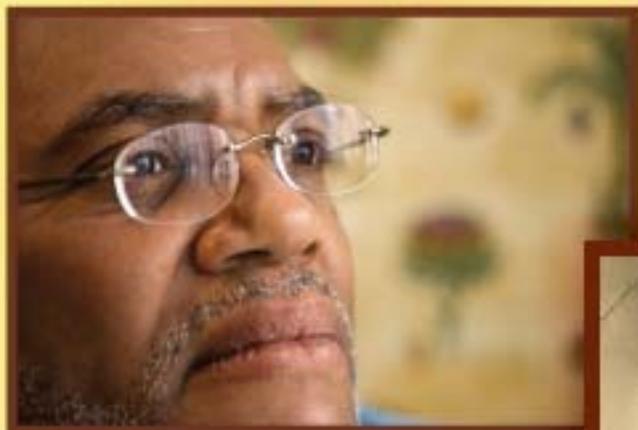


Mississippi Department of Mental Health FY11 Annual Report

Supporting a Better Tomorrow...Today



*Supporting A
Better Tomorrow...
Today*

Mississippi Department of Mental Health

Introduction

Since its inception in 1974, the Mississippi Department of Mental Health (DMH) has endeavored to provide services of the highest quality through a statewide service delivery system. As one of the major state agencies in Mississippi, DMH provides a network of services to individuals who experience problems with mental illness, alcohol and/or drug abuse/dependence, or who have intellectual or developmental disabilities. Services are provided through an array of facilities and agencies operated, certified and/or funded by DMH.

Mission

Supporting a better tomorrow by making a difference in the lives of Mississippians with mental illness, substance abuse problems and intellectual/developmental disabilities one person at a time.

Vision

We envision a better tomorrow where the lives of Mississippians are enriched through a public mental health system that promotes excellence in the provision of services and supports.

Individuals Served in FY 2011

Psychiatric Facilities.....	9,420
Alcohol and Drug Abuse Treatment Services.....	37,970
Alcohol and Drug Abuse Prevention Services.....	108,107
Intellectual/Developmental Disabilities Facilities.....	4,659
Intellectual/Developmental Disabilities Community Services.....	6,641
Mental Health Community Services.....	231,736
Crisis Stabilization Units.....	3,060
**IDD Home and Community Based Waiver.....	1,809

*Individuals may have received more than one service. Numbers may be duplicated. Community Service totals include private, community mental health centers and facility based programs.

**IDD Home and Community Based Waiver is an unduplicated number.

Statutory Authority of the Department of Mental Health

The Mississippi Department of Mental Health was created in 1974 by an Act of the Mississippi Legislature, Regular Session, as outlined in Sections 41-4-1 et seq. of the Mississippi Code of 1972, Annotated. The statute placed into one agency mental health, alcohol/drug abuse, and intellectual and developmental disabilities programs which had previously been under the direction of the State Board of Health, the Interagency Commission on Mental Illness and Intellectual and Developmental Disabilities, the Board of Trustees of Mental Institutions, and the Governor's Office. The statute also addresses the Department of Mental Health's responsibilities concerning services for persons with Alzheimer's disease and other dementia.

The **network of services** comprising the public system is delivered through **three major components**:

State-operated facilities The four state comprehensive psychiatric facilities, the five regional centers, a residential psychiatric center, and two specialized facilities for adolescents. These facilities serve designated counties or service areas in the State and provide inpatient psychiatric, chemical dependence, forensic, limited medical/surgical hospital services, some community mental health services in areas near the state comprehensive psychiatric hospitals, intermediate care facility services for persons with intellectual and developmental disabilities, and a range of community services for persons with developmental disabilities. Nursing facility services are also located on the grounds of two of the state comprehensive psychiatric facilities.

Regional community mental health/mental retardation centers operate under the supervision of regional commissions appointed by county boards of supervisors comprising their respective service areas. The 15 regional centers make available a range of community-based mental health, substance abuse, and in some regions, intellectual and developmental disabilities services. The governing authorities are considered regional and not state-level entities. The Department of Mental Health is responsible for certifying, monitoring, and assisting the regional community mental health centers. These regional community mental health centers are the primary service providers with whom the Department of Mental Health contracts to provide community-based mental health and substance abuse services.

Other nonprofit service agencies/organizations, which make up a smaller part of the service system, are certified and may also receive funding through the Department of Mental Health to provide community-based services. Many of these nonprofit agencies may also receive additional funding from other sources. Programs currently provided through these nonprofit agencies include community-based alcohol/drug abuse services, community services for persons with developmental disabilities and community services for children with mental illness or emotional problems.

Focusing on the Future

A Message from the Executive Director...

The Mississippi Department of Mental Health (DMH) is focusing on the future by building a better tomorrow. Our agency is working towards a recovery-oriented system of care which focuses on a network of services and supports. This includes hospital and community-based care, peer-run services, involvement from family, and other supports that incorporate the values and principles associated with recovery. We want individuals to restore, rebuild and reclaim control of their lives by increasing their resilience and focusing on their strengths.



We believe a better tomorrow will exist when...

- All Mississippians have equal access to quality mental health care, services and supports in their communities.
- People actively participate in designing services.
- The stigma surrounding mental illness, intellectual/developmental disabilities, substance abuse and dementia has disappeared.
- Research, outcomes measures, and technology are routinely utilized to enhance prevention, care, services, and supports.

Throughout the DMH FY11 Annual Report, you will clearly see the impact the Department has made on the lives of individuals seeking our services. We are proud of the difference we have made in the lives of the people we serve.

We must all work together during this time. I invite you to join us on our mission of improving the lives of Mississippians one person at a time. It will take us all working together to make an impact. Together, we can make a difference.

Sincerely,
Edwin C. LeGrand III
DMH Executive Director

Four Service Delivery Populations

- Intellectual and Developmental Disabilities
- Mental Illness
- Alcohol and Drug Abuse
- Alzheimer’s Disease and Other Dementia

Estimated Prevalence of Need

2011 estimates of number of people needing services in MS

Intellectual and Developmental Disabilities.....	41,328
Mental Health.....	165,652
Alcohol and Drug Abuse.....	199,000
Alzheimer’s Disease and Other Dementia.....	53,000

Psychiatric Facilities

The **state psychiatric facilities** are administered by the Department of Mental Health. These facilities offer residential and/or community services for mental health, substance abuse, and Alzheimer's disease and other dementia. The facilities are administered by the Bureau of Mental Health.

East Mississippi State Hospital

Charles Carlisle, Director
P.O. Box 4128 West Station
Meridian, MS 39304-4128
Phone: 601-482-6186
www.emsh.state.ms.us

Mississippi State Hospital

James G. Chastain, Director
P.O. Box 157-A
Whitfield, MS 39193
Phone: 601-351-8000
www.msh.state.ms.us

North Mississippi State Hospital

Paul A. Callens, Ph.D., Director
1937 Briar Ridge Rd.
Tupelo, MS 38804
Phone: 662-690-4200
www.nmsh.state.ms.us

South Mississippi State Hospital

Clint Ashley, Director
823 Highway 589
Purvis, MS 39475
Phone: 601-794-0100
www.smsm.state.ms.us

Central Mississippi Residential Center

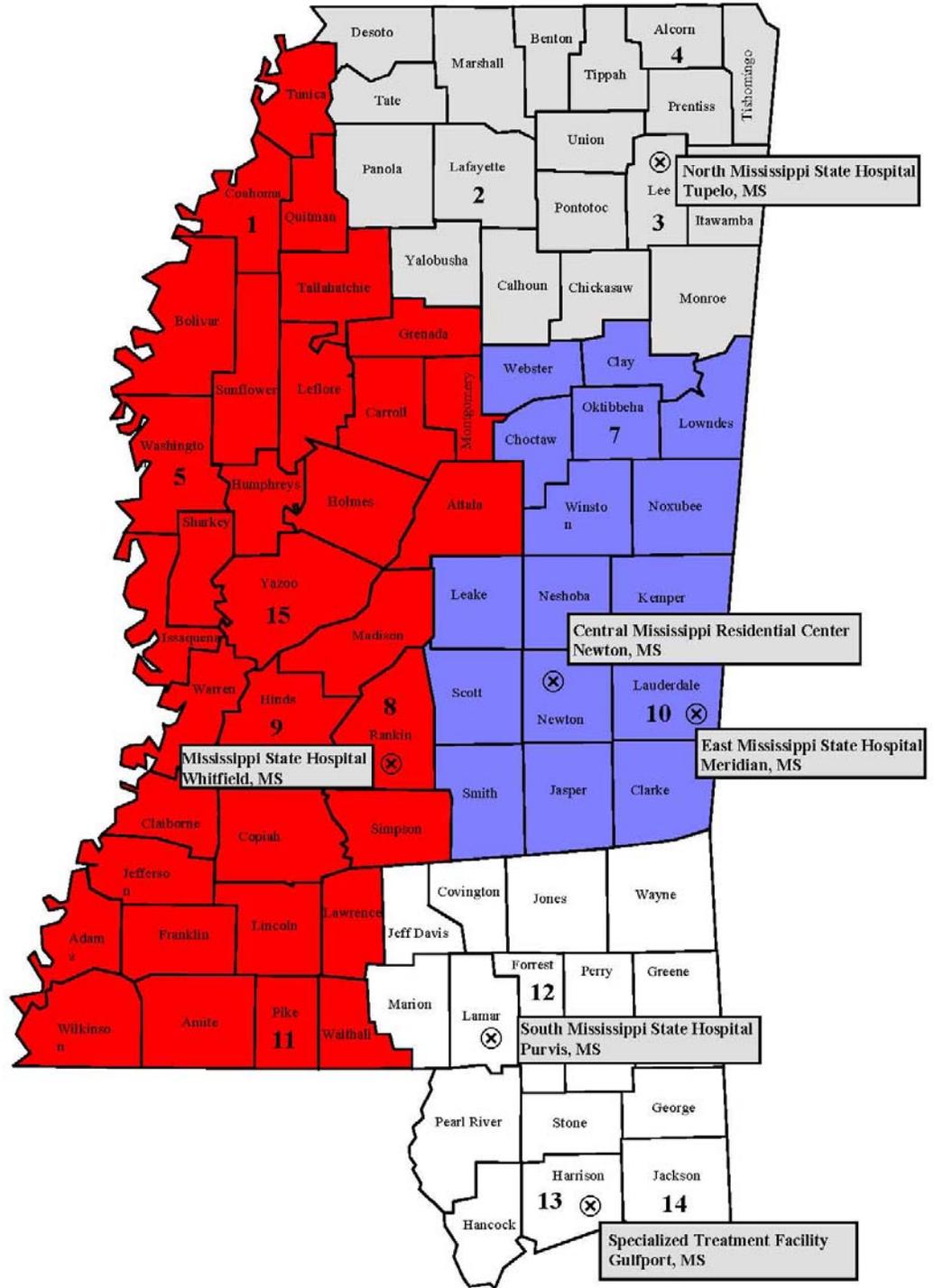
Debbie Ferguson, Director
P.O. Box 470
Newton, MS 39345
Phone: 601-683-4200
www.cmrc.state.ms.us

Specialized Treatment Facility

Stacy Miller, Director
14426 James Bond Road
Gulfport, MS 39503
Phone: 228-328-6000
www.stf.state.ms.us

Psychiatric Facilities

State-Run Psychiatric Facilities



Psychiatric Facilities

Mississippi State Hospital is located in Whitfield and provides residential and/or community services for mental health, substance abuse, and Alzheimer's disease and other dementia. MSH is Joint Commission accredited.

Individuals Served at Mississippi State Hospital in FY 2011

Inpatient Services	
Acute Psychiatric	1,556
Continued Treatment Services	258
Medical Surgical Hospital	313
Oak Circle Center for Adolescents	395
Forensics	62
Jaquith Nursing Home (JNH)	530
Chemical Dependency Services	893
Community Services	
Outpatient Therapy	8
Clubhouse	172
Supported and Transitional Employment	28
Group Homes	74
Halfway Houses	19
Case Management	320
Homeless Program (Stubbs House)	71
Total	4,699

Psychiatric Facilities

East Mississippi State Hospital is located in Meridian and provides residential and/or community services for mental health, substance abuse, and Alzheimer's disease and other dementia.

Individuals Served at East MS State Hospital in FY 2011

Inpatient Services	
Acute Psychiatric Care	1,787
Intermediate Psychiatric Care	125
Continued Treatment Services	150
Adolescent Psychiatric Males	106
RP White Nursing Facility	117
JT Champion Nursing Facility	113
Adolescent Chemical Dependency Services	127
Adult Chemical Dependency Services	354
Medical Care Unit	79
Community Services	
Outpatient Therapy	215
Group Homes	118
Halfway Houses	10
Case Management	18
Total	3,319

North Mississippi State Hospital is located in Tupelo and provides acute inpatient services for adult men and women with serious mental illness.

Individuals Served at North MS State Hospital in FY 2011

Total Served
575

South Mississippi State Hospital in Purvis is an acute-care, regional psychiatric facility with the primary purpose to offer a continuum of services for adults with mental illness within the patient's region of residence.

Individuals Served at South MS State Hospital in FY 2011

Total Served
546

Central Mississippi Residential Center is located in Newton and provides psychiatric services in a community setting, minimizing the need for hospitalization.

Individuals Served at Central MS Residential Center in FY 2011

Group Homes	117
Footprints	34
Total	151

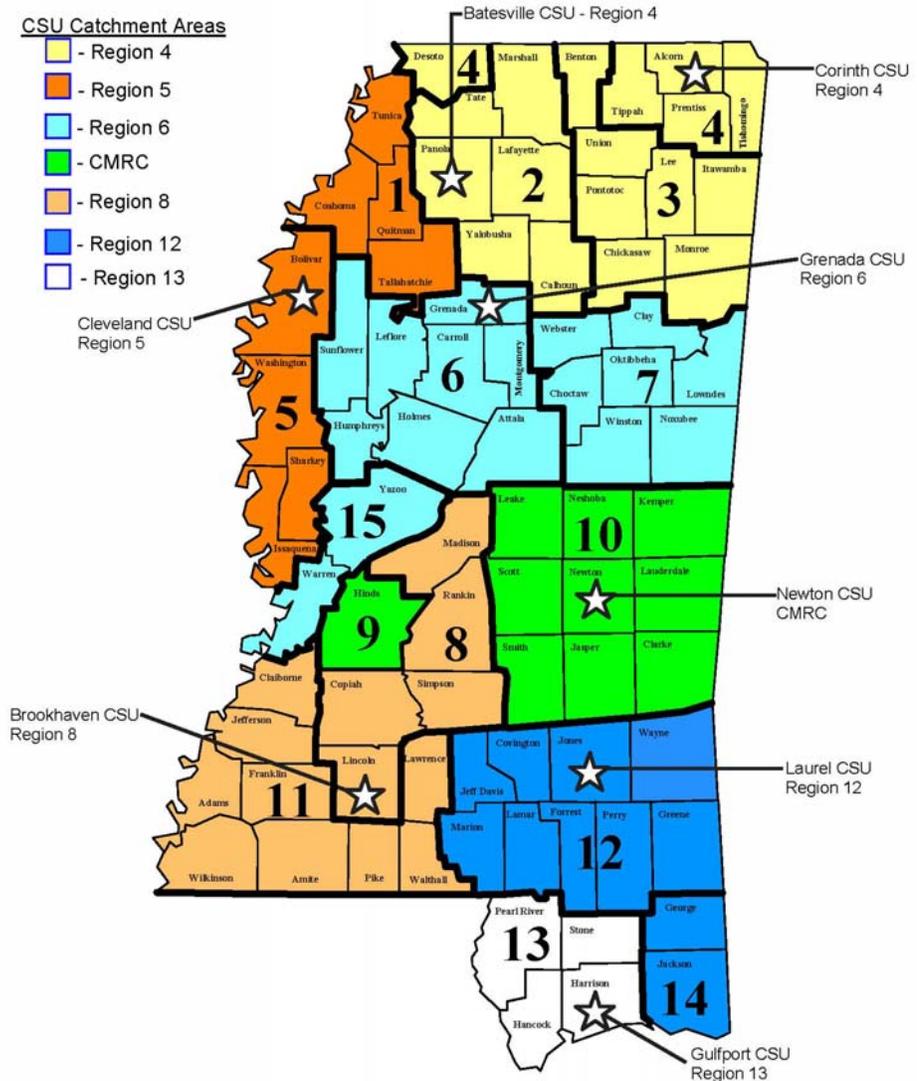
The Specialized Treatment Facility is an adolescent psychiatric residential treatment facility. Residents are between 13-18 years of age who have been civil committed or transferred within the DMH. Priority placements are given to adolescents that have come into contact with the legal system.

Individuals Served at Specialized Treatment Facility in FY 2011

Total Served
130

Crisis Stabilization Units

Crisis Stabilization Units (CSUs) offer time-limited residential treatment services designed to serve adults with severe mental health episodes that if not addressed would likely result in the need for inpatient care. The community-based service setting provides intensive mental health assessment and treatment. Follow-up outreach and aftercare services are provided as an adjunct to this service.



CSUs	Total Served
Batesville CSU	348
Brookhaven CSU	392
Cleveland CSU	220
Corinth CSU	355
Grenada CSU	419
Gulfport CSU	600
Laurel CSU	324
Newton CSU	402
Total	3,060

A variety of adult mental health services were provided by community mental health providers certified by DMH from October 1, 2010 to September 30, 2011. Below is a list of the services and the number of individuals served.

Psychosocial Rehabilitation/Clubhouse

A Clubhouse is a psychosocial and vocational rehabilitation program for individuals diagnosed with a mental illness. Individuals are neither clients nor patients, but participating members. **For the 12 month period, a total of 5,127 were served.**

Pre-Evaluation Screening & Civil Commitment Examinations

Pre-evaluation screening provides descriptive information to determine whether or not further examination is needed; a diagnosis is not made during this screening step. **For the 12 month period, 5,183 individuals were served.**

Case Management Services

Case Management is the provision and coordination of services that are an integral part of helping individuals access needed medical, social, educational, and other services in order to attain their highest level of independent functioning. **For the 12 month period, 27,853 individuals were served. Additionally there were 5,358 individuals served through Intensive Case Management.**

Halfway Houses

Halfway House services are for individuals with Serious Mental Illness and were developed to provide a readjustment and transitional living facility for individuals discharged from a psychiatric hospital. **For the 12 month period, 49 individuals were served.**

Group Homes

Group home services for adults with Serious Mental Illness provide residential accommodations in a home-like environment, with supervision and training. **For the 12 month period, 666 individuals were served.**

Outpatient Therapy Services

Outpatient treatment includes individual, family, group, and multi-family group therapies. **For the 12 month period, 44,751 individuals were served.**

Serious Mental Illness Homeless Services

PATH (Projects for Assistance in Transitioning from Homelessness) provides funding for specialized services for homeless individuals with mental illness and individuals at-risk of homelessness in targeted areas of the state. **For the 12 month period, 1,015 individuals were served.**

Acute Partial Hospitalization

Acute Partial Hospitalization is a program that provides medical supervision, nursing services, structured therapeutic activities and intensive psychotherapy (individual, family and/or group) to individuals who are experiencing a period of such acute distress that their ability to cope with normal life circumstances is severely impaired. **For the 12 month period, 1,468 individuals were served.**

Psychosocial Rehabilitation/Senior Services

The Psychosocial Rehabilitation/Senior Services program was designed to provide a safe and creative environment for elderly individuals. This program utilizes a variety of activities to assist in alleviating depression. **For the 12 month period, 2,326 individuals were served.**

Supervised Housing

Supervised Housing provides a residence for three or fewer individuals in a single living unit. Individuals function with a greater degree of independence than in a group home. **For the 12 month period, 372 individuals were served.**

Physician/Psychiatric Services

Individuals must be provided access to physician/psychiatric services that include medication evaluation and monitoring, prescribing of medications, regular monitoring of the effects of medication prescribed, and certifying individual treatment plans every six months. **For the 12 month period, 43,874 individuals were served.**

Drop-In Centers

Drop-In Centers are consumer-run programs which offer services in a non-clinical atmosphere and which focus on self-help activities, social skills, job skills and decreasing isolation. **For the 12 month period, 110 individuals were served.**



A variety of children and youth mental health services were provided by community mental health providers certified by DMH from October 1, 2010 to September 30, 2011. Below is a list of the services and the number of children and youth served.

Residential Services

The children/youth appropriate for community residential services do not need the services provided in a long-term psychiatric residential treatment center or in any long-term psychiatric setting or other more restrictive setting.

- **Therapeutic Group Homes** provide a structured therapeutic home environment, and the youth served in these homes have behavioral/emotional disorders and serious emotional disturbance. **During a 12 month period, 533 children and youth were served.**
 - **Therapeutic Foster Care** is an intensive community-based program composed of mental health professional staff and trained foster parents who provide a therapeutic program for children and adolescents with serious emotional disturbances living in a foster home. **During a 12 month period, 159 children and youth were served.**
-

Prevention/Early Intervention

Services include preventive mental health programs targeting vulnerable at-risk groups designed to prevent the occurrence of mental health and/or emotional problems and service programs designed to intervene as early as possible. **During a 12 month period, 965 children and youth were served.**

Intensive Crisis Intervention/Emergency Response

These are specialized time-limited interventions, available 24 hours a day, seven days a week. Emergency/crisis response staff triage referrals and respond in a timely and adequate manner to diffuse the current crisis and maintain the child/youth in the least restrictive, yet appropriate, environment. **During a 12 month period, 9,701 children and youth were served.**

Case Management Services

Case Management is the provision and coordination of services that are an integral part of helping individuals access needed medical, social, educational, and other services in order to attain their highest level of independent functioning. **During a 12 month period, 25,418 children and youth were served.**

Outpatient Therapy

Outpatient treatment includes individual, family, group, and multi-family group therapies. **During a 12 month period, 29,153 children and youth were served.**

Children and Youth Services

Physician/Psychiatric Services

Individuals must be provided access to physician/psychiatric services to include medication evaluation and monitoring, prescribing of medications, regular monitoring of the effects of medication prescribed, and certifying individual treatment plans every six months. **During a 12 month period, 17,899 children and youth were served.**

Day Treatment

Day Treatment is a therapeutic service designed for individuals who require less than 24-hour-a-day care, but more than other less intensive outpatient care. **During a 12 month period, 8,652 children and youth were served.**

MAP Teams

The Making A Plan (MAP) Teams address the needs of children up to 21 years of age with serious emotional/behavioral disorders who require services from multiple agencies. The MAP Team must be composed of, at a minimum, one representative from the county level from each of the following major agencies that serve children: a bachelor's degree representative employed by the regional Community Mental Health Centers, the local school district in the county, the county office of Family and Children's Services of the State Department of Human Services, the county or regional Youth Services Division of the State Department of Human Services, and the county or regional office of the State Department of Rehabilitation Services. **During a 12 month period, MAP Teams served 1,104 children and youth.**



DMH is responsible for counseling, education and training for family members, caregivers and service providers. The Division of Alzheimer's Disease and Other Dementia employs Masters level trainers and has field offices located in Oxford, Magee, Long Beach and the Central Office in Jackson. According to the Alzheimer's Association, an estimated 53,000 Mississippians are diagnosed with Alzheimer's disease.

Training Initiatives Offered in FY 2011

Advanced Topics in Dementia Care

Total Venues: 4
Total Participants: 372

Virtual Dementia Tour

Total Venues: 14
Total Participants: 523

Understanding Dementia in Individuals with IDD

Total Venues: 3
Total Participants: 245

Health Fairs/Senior Fairs

Total Venues: 32
Total Participants: 8,467

Additional Trainings

Total Venues: 98
Total Participants: 3,398

Suicide Prevention in the Elderly

Total Presentations: 95
Total Attendance: 11,735

(These figures represent the number of presentations that both were solely about suicide prevention and those that included suicide prevention information.)

Silver Alert

Total Presentations: 99
Total Attendance: 11,910

(These figures represent the number of presentations that both were solely about Silver Alert and those that included Silver Alert information. An additional 3,000 brochures were shared with the MS Nurses Association and the Alzheimer's Association Mississippi Chapter as contributing partners to the Silver Alert initiative.)

11th Annual Conference on Alzheimer's Disease and Psychiatric Disorders in the Elderly

Total Vendors: 56
Total Attendees: 473

Mississippi Physician's Conference on Alzheimer's Disease

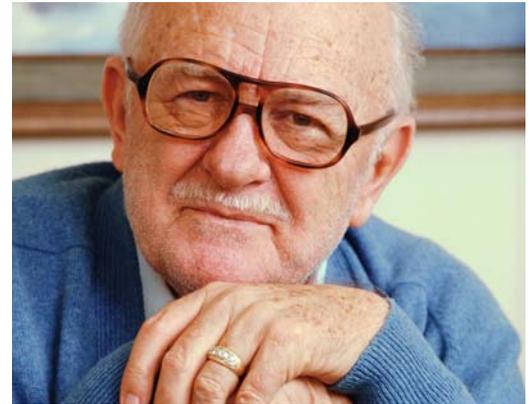
Total Participants: 52

Early Stage Support Group Initiative

Number of Venues/support group cycles: 2
Number of attendees: 10

Technical Assistance to Respite Day Programs

Number of Programs assisted: 7



Intellectual and Developmental Disabilities

DMH is responsible for the development and implementation of services to meet the needs of **individuals with intellectual and developmental disabilities**. This public service delivery system is comprised of five state-operated comprehensive regional centers, a state-operated facility for youth who require specialized treatment, 15 regional community mental health/mental retardation centers and other non-profit community agencies/organizations that provide community services. Community and residential services are offered.

Boswell Regional Center

Raymond Johnson, Director
P.O. Box 128
Magee, MS 39111
Phone: 601-867-5000
www.brc.state.ms.us

Ellisville State School

Renee Brett, Director
1101 Highway 11 South
Ellisville, MS 39437-4444
Phone: 601-477-9384
www.ess.state.ms.us

Hudspeth Regional Center

Mike Harris, Director
P.O. Box 127-B
Whitfield, MS 39193
Phone: 601-664-6000
www.hrc.state.ms.us

North Mississippi Regional Center

Edie Hayles, Director
967 Regional Center Drive
Oxford, MS 38655
Phone: 662-234-1476
www.nmrc.state.ms.us

South Mississippi Regional Center

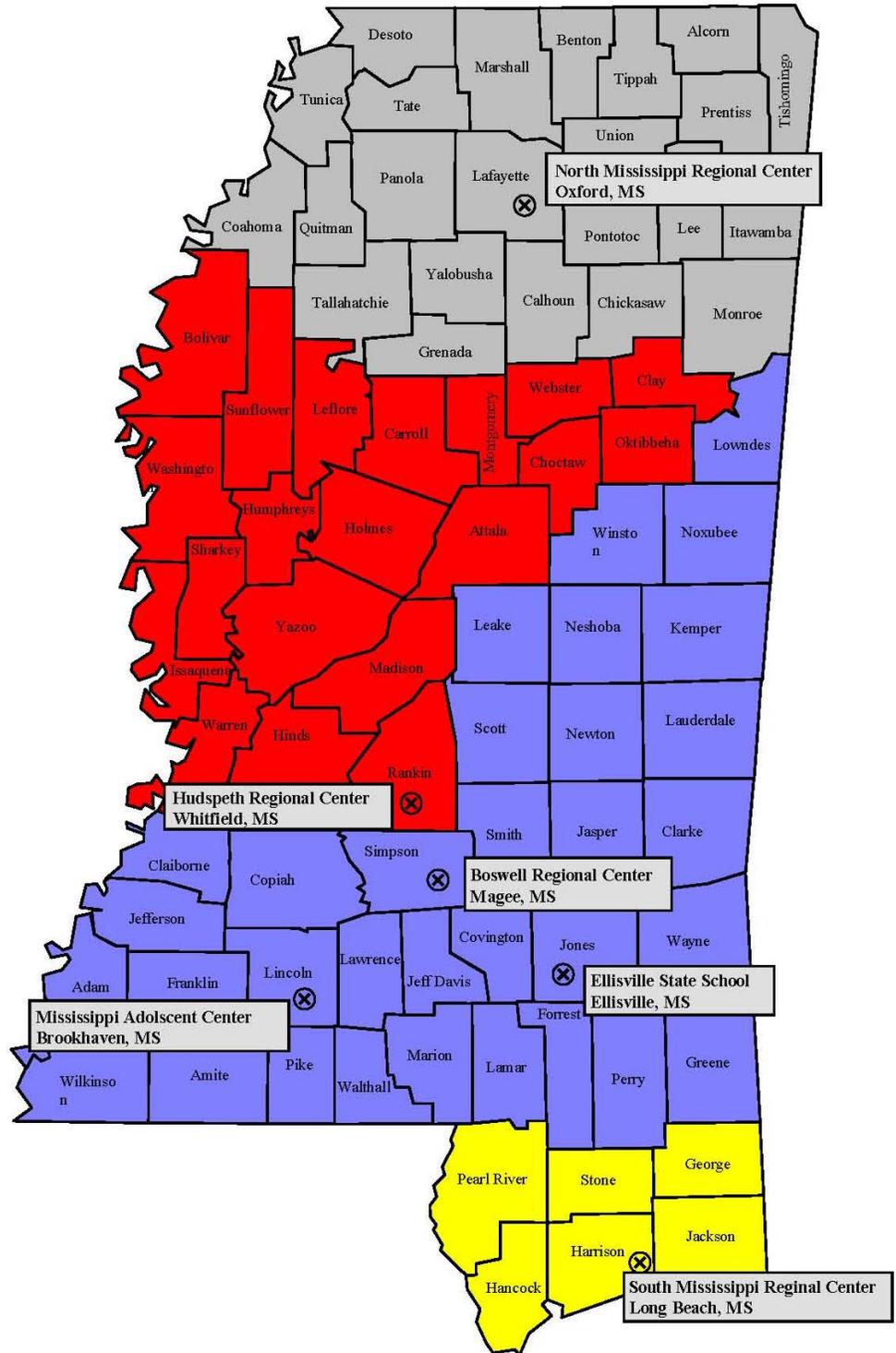
Dorothy McEwen, Director
1170 W. Railroad St.
Long Beach, MS 39560-4199
Phone: 228-868-2923
www.smrc.state.ms.us

Mississippi Adolescent Center

Shirley Miller, Director
760 Brookman Dr. Extension
Brookhaven, MS 39601
Phone: 601-823-5700

IDD Facilities

State-Run Facilities for Persons with Intellectual/Developmental Disabilities



Ellisville State School, located in Ellisville, provides services through residential and community programs to children and adults with intellectual and developmental disabilities.

Individuals Served at Ellisville State School in FY 2011

Residential Services	
Campus Residential	466
ICF/MR Group Homes	173
IDD Certified Group Homes	33
Community Services	
Case Management	121
Early Intervention	232
Community Living	22
Supported Employment	25
Work Activity	175
Total	1,247

Boswell Regional Center, located in Magee, provides individuals with intellectual and developmental disabilities a comprehensive array of services.

Individuals Served at Boswell Regional Center in FY 2011

Residential Services	
Campus Residential	154
ICF/MR Group Homes	67
IDD Certified Group Homes	28
Community Services	
Case Management	12
Early Intervention	175
Community Living	43
Supported Employment	39
Work Activity (Boswell Campus)	141
Work Activity (Brookhaven)	71
Total	730

North MS Regional Center, located in Oxford, provides individuals with intellectual and developmental disabilities a comprehensive array of services.

Individuals Served at North MS Regional Center in FY 2011

Residential Services	
Campus Residential	309
ICF/MR Group Homes	206
IDD Certified Group Homes	45
Community Services	
Case Management	25
Community Living	15
Early Intervention	269
Supported Employment	42
Work Activity	238
Total	1,149

South MS Regional Center, located in Long Beach, provides individuals with intellectual and developmental disabilities a comprehensive array of services.

Individuals Served at South MS Regional Center in FY 2011

Residential Services	
Campus Residential	163
ICF/MR Group Homes	80
IDD Certified Group Homes	12
Community Services	
Case Management	175
Community Living	28
Supported Employment	36
Work Activity	31
Total	525

Hudspeth Regional Center located in Whitfield provides individuals with intellectual and developmental disabilities a comprehensive array of services.

Individuals Served at Hudspeth Regional Center in FY 2011

Residential Services	
Campus Residential	292
ICF/MR Group Homes	127
Community Services	
Case Management	31
Community Living	69
Early Intervention	113
Supported Employment	50
Work Activity	282
Total	964

The Mississippi Adolescent Center is a residential facility located in Brookhaven dedicated to providing adolescents with intellectual and/or developmental disabilities an individualized array of rehabilitation service options.

Individuals Served at MS Adolescent Center in FY 2011

Total Served
44

Early Intervention

Services are provided to children birth to age three who have an intellectual and/or developmental disability (IDD) or who are at risk for such. Services include comprehensive and multidisciplinary evaluations, speech/language therapy, occupational therapy, physical therapy, and educational interventions. The program is in collaboration with the Mississippi Department of Health's First Steps Early Intervention Program.

Early Intervention	Served
Day Treatment	121
Early Intervention Services	315

Work Activity Centers

Work Activity Centers are provided for individuals 16 years and older who have IDD. The service assists individuals in increasing their productivity and self-sufficiency and provides opportunities for community integration. **In FY 2011, 800 individuals were served.**

Case Management

Services assist individuals with IDD in gaining access to any needed social, medical, and/or educational services in order to live successfully in the community. **In FY 2011, 4,185 individuals were served.**

Community Living

Services are provided to offer needed supervision, monitor health and physical condition, and assist with activities of daily living. Community Living provides different levels of assistance ranging from 24 hours a day, seven days a week to weekly contact. This service includes supported living, supervised living and IDD certified group homes. **In FY 2011, 329 individuals were served.**

Supported Employment

Supported Employment services are designed to increase the independence, community integration, and productivity of people by assisting them in finding and keeping community employment. The service consists of such elements as recruitment of individuals from other services to competitive employment, job finding, matching the individual to appropriate jobs, and employment maintenance. **In FY 2011, 122 individuals were served.**

Day Support

Day Support is a program of structured activities designed to support and enhance the functioning of individuals who are able to live fairly independently in the community through the regular provision of structured therapeutic support. **In FY 2011, 769 individuals were served.**

Attendant Care Services

Services are provided to meet the daily living requirements of individuals and to help ensure adequate support so the individual can be maintained at home or in the community. **In FY 2011, 1,011 individuals were served.**

Day Habilitation

Day Habilitation is a community program for people who typically are more severely involved and require a greater degree of assistance with activities of daily living. **In FY 2011, 298 individuals were served.**

In-Home Companion Respite

Services are provided to individuals on a short-term basis for the purpose of giving the family a break. **In FY 2011, 46 individuals were served.**

In-Home Nursing Respite

In-home Nursing Respite services are provided to individuals on a short-term basis for the purpose of giving the family a break. **In FY 2011, 232 individuals were served.**

Occupational Therapy, Physical Therapy and Speech/Language Therapy

These therapies are provided by therapists licensed according to state law for their respective duties and regulations and are approved Medicaid providers. **In FY 2011, 27 individuals were served.**

Prevocational Services

Services are designed to lead to vocational skill development in order to obtain community employment. **In FY 2011, 754 individuals were served.**

Support Coordination

Services are designed to assist individuals in accessing services in the community which meet their individual needs and prevent or delay placement away from their home and community. **In FY 2011, 1,806 individuals were served.**

Supervised Residential Habilitation

Services provide 24 hours a day, seven days a week on-site support and supervision for individuals living in the community. **In FY 2011, 193 individuals were served.**

Supported Residential Habilitation

Support services provided to individuals who live in their own home/apartment for a maximum of 30 hours per month. **In FY 2011, 65 individuals were served.**

Supported Employment

Services are designed to increase independence, community integration and productivity of individuals with intellectual/ developmental disabilities by assisting them with finding and maintaining community employment. **In FY 2011, 207 individuals were served.**

DMH administers the public system of **alcohol and drug abuse prevention and treatment services** in Mississippi through the Bureau of Alcohol and Drug Abuse Services. These services are provided through a statewide network, which includes state-operated facilities, regional community mental health centers, and other nonprofit community-based programs.

Alcohol and Drug Abuse Services Highlights for FY 2011

State Prevention Framework State Incentive Grant

Prevention staff continued to administer the State Prevention Framework State Incentive Grant (SPF-SIG) by awarding 20 recipients. Priorities of the SPF-SIG included filling existing gaps with evidence-based programming and measuring progress in reducing substance abuse. Implementation of a targeted marijuana initiative, implementation of a targeted underage drinking campaign and implementation of a methamphetamine initiative were carried out by the prevention staff, and all initiatives are ongoing throughout the state.

MS School for Addiction Professionals

In April, the prevention staff hosted the 4th Annual Mississippi School for Addiction Professionals in Hattiesburg with more than 300 participants. Participants were provided the latest information on research, technology and practical strategies in alcohol, tobacco and other drugs (ATOD) and related fields. Participants also had access to a regional and national network of treatment and prevention leaders and participants.

Trainings Provided

Workshops and technical assistance were provided by staff to service providers throughout the state upon request. Trainings included Fetal Alcohol Spectrum Disorder (FASD), the Effects of Methamphetamine, Alcohol and Tobacco Use and Prescription Drug Use/Abuse with the Older Adult. The Prevention staff implemented an Underage Drinking Campaign and facilitated biannual meetings to address the latest technology and national and state initiatives in the field of Prevention.

Employee Assistance Program

The Employee Assistance Program is also a part of the Bureau of Alcohol and Drug Abuse. Training and technical assistance were provided to local and state entities who were interested in developing an Employee Assistance Program. The Employee Assistance Program Handbook was updated and distributed upon request.

DUI Assessment

An individual must complete the process of a diagnostic assessment in order to see if treatment is warranted. An approved DMH diagnostic assessment instrument is administered. The result of the assessment is evaluated, as well as the client intake assessment. The BAC (Blood Alcohol Content) report and the motor vehicle record are reviewed and fourthly, collateral contacts are considered. If appropriate, other clinical observations are recorded. After the completion of the process, if the individual needs treatment, the offender is placed in an appropriate treatment setting.

Alcohol and Drug Abuse Services

The Bureau of Alcohol and Drug Abuse maintains a statewide comprehensive system of substance abuse services of prevention, treatment and rehabilitation and promotes quality care, cost-effective services and ensures the health and welfare of individuals through the reduction of substance abuse.

Services include:

Services Provided	Number Served FY 2011
Community-based adult primary residential services	4,215
Community-based adolescent primary residential services	504
Inmates at the MS Department of Corrections	1,878
Community-based adult transitional residential services	1,332
Community-based general outpatient services	5,302
Community-based adult intensive outpatient services	1,471
Community-based adolescent intensive outpatient services	510
Community-based outreach/aftercare services	5,582
Adult dually diagnosed services	14,141
Vocational rehabilitation services for transitional treatment services	256
DUI offenders admitted to treatment	2,779
Prevention services	108,107

Oil Spill Response

In FY11, DMH awarded 14 grants to provide behavioral health services to individuals impacted by the Deepwater Horizon Gulf Coast oil spill. Through the grant funding, a wide range of services were provided such as substance abuse prevention and treatment, employment assistance for individuals with a mental illness, coping skills for families and children dealing with stress, anxiety and/or depression, domestic violence prevention and intervention, as well as general psychiatric interventions for those who were affected by the oil spill. Funding was provided by BP.

Operation Resiliency

DMH and Friends of Mississippi State Hospital teamed up with the Mississippi National Guard to launch a mental health awareness campaign for the military and their families. The campaign, *Operation Resiliency*, reached all National Guard units across the state. *Operation Resiliency* aims to dispel the stigma associated with mental illness, educate about mental health and stress, recognize signs of duress and share knowledge about available resources.



Constituency Services

In addition to the 3,371 calls the DMH Helpline received in FY11, DMH's Office of Consumer Support (OCS) received 3,365 calls on the Suicide Prevention Lifeline and 81 calls on the Oil Spill Distress Helpline. OCS continues to contract with the National Suicide Prevention Lifeline as a network provider to cover all 82 counties in Mississippi for crisis intervention, suicide prevention, and resource referrals. In FY09, OCS contracted with AnComm to provide a text and email messaging service "Talk About It" for individuals to anonymously communicate with an OCS staff member. In FY11, 227 users accessed the system.

Professional Development

DMH provides opportunities for personal growth and continuing education opportunities to its professional staff while actively promoting education. An annual needs assessment is conducted at each facility, and a training plan is implemented from the identified areas of need. During FY11, DMH (through its facilities and programs) taught 28,118 courses, providing 47,002 hours of training to 8,220 employees. This equates to 5.71 hours of training per capita.

Personal Outcome Measures Adopted

In FY11, DMH continued its goal to advocate for excellence in services through the voices of the individuals being served and to ensure services meet the expressed needs of individuals receiving services. DMH adopted the Council On Quality and Leadership's Personal Outcome Measures © as the foundation for the DMH Peer Review Process. Through the use of the Personal Outcomes Measures © DMH has the opportunity to determine whether or not individuals are achieving personal outcomes that are measures of a person's quality of life.

None for Nine

In September 2010, DMH launched the *None for Nine* campaign to help prevent Fetal Alcohol Spectrum Disorders (FASD) in Mississippi. The awareness and prevention campaign will target mental health providers during the first year. FASD is the leading known cause of preventable mental retardation. It can also cause birth defects and learning and behavioral disorders. In Mississippi, more than 450 babies are born each year with FASD.



Elderly Suicide Prevention

The highest suicide rate of any age group occurs among those aged 65 and older. There is an average of one suicide among the elderly every 90 minutes. To combat this growing problem, the Mississippi Department of Mental Health launched a statewide suicide prevention and awareness campaign targeting the elderly and their caregivers.

Mental Health Rally at the State Capitol



Mental health and public education supporters from across the state gathered at the State Capitol on March 29 for a joint rally. More than 500 people attended the event. The purpose of the rally was to support the public mental health system and minimum funding at the level recommended by the Legislative Budget Committee plus Medicaid match for Community Mental Health Centers.

DMH Budget

FY 2011 Budget

**Department of Mental Health
Expenditures and Sources of Funds
In Thousand of Dollars**

	Fiscal Year Ended June 30	
	2011	2010
Expenditures		
Salaries and fringe benefits	\$ 342,022	\$ 371,544
All other operating expenditures	<u>84,518</u>	<u>88,148</u>
Total operating expenditures	426,540	459,692
Subsidies, loans, and grants and expenditures not requiring spending authority	<u>141,495</u>	<u>132,083</u>
Total expenditures	<u>\$ 568,035</u>	<u>\$ 591,775</u>
Sources of funds		
State source funds		
General funds	\$ 202,874	\$ 199,472
Healthcare funds	13,952	13,952
Budget Contingency funds	-	11,000
Crisis Center funds	4,626	4,882
3% Alcohol Tax funds	<u>6,438</u>	<u>6,149</u>
Total state source funds	<u>227,890</u>	<u>235,455</u>
Other funds		
Medicaid	269,176	294,636
Medicare	11,316	10,986
BP (oil spill) funds (see note)	4,069	-
All other (federal grants, client payments, other third party receipts)	<u>55,584</u>	<u>50,698</u>
Total other funds	<u>340,145</u>	<u>356,320</u>
Total sources	<u>\$ 568,035</u>	<u>\$ 591,775</u>

NOTE: \$12 million was received from BP to fund mental health services for persons affected by the Deepwater Horizon oil spill. \$7,931,000 remained on hand as of June 30, 2011, to be expended during the year ending June 30, 2012.

Where We Are Headed In FY 2012

Overall Agency Goals for FY 2012

- Implement the Strategic Housing Plan.
- Increase the number of Peer Support Specialists throughout the state.
- Increase the availability of crisis/mobile crisis services throughout the state.
- Ensure the stability of the public mental health system which consists of programs operated by DMH, the 15 Community Mental Health Centers, and non-profit community mental health providers who receive funding from the state.
- Secure Medicaid match for Community Mental Health Centers.
- Continue to take opportunities to expand the capacity for community-based service options.
- Secure funding for the Home and Community-based Waiver for individuals with intellectual and developmental disabilities.