

Success Stories



On June 17, 1972, my life changed forever. That night, I was in a horrific automobile accident in which I received three skull fractures, a bruised brain, a torn muscle in my back, along with not being found for six hours. This resulted in brain surgery, an eight day coma, and 10 days in intensive care. I was paralyzed for three weeks and had to relearn how to walk and talk.

After six weeks of hospitalization, I was discharged home weighing 110 lbs. Several months later, after EEG's gave to my neurosurgeon the desired results, I was allowed to drive a car, go to school and/or have a job. The thing he did not tell me was now I have to live with it.

Poor short-term memory was a constant companion, along with anxiety/depression. However, it was not until after my first seizure in November 1985 that I saw a neurologist who clarified everything for me. That neurologist told me I would never be able to cope with stress, would never be able to take as much anxiety in my life as others, and would always be tired at the end of the day.

That seizure, and all following seizures, was stressed induced. Since that experience, medication was prescribed for me to address my anxiety/depression and seizures. While living in Jackson, I was actively involved in a Traumatic Brain Injury Support Group. Being able to meet and share with others, who have experienced what I experienced, proved to be beneficial. I have learned to work within my limitations. I have also published a book, Rise Above: Conquering Adversities, which explains in detail the issues faced in my recovery.

~Greg Little

RECOVERY: A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.