DMH CERTIFIED PEER SUPPORT SPECIALIST PROFESSIONAL INFORMATION GATHERING FORM

On the paper provided or a separate piece of paper, please answer ALL of the questions below. Answers to the following questions weigh heavily on determining acceptance into the training. You may attach a separate sheet if needed.

1. Describe your experience of personal recovery from mental health and/or substance use challenges.

2. Other than a lived mental health/substance use experience, please describe any other experiences that inform your motivation to be a peer specialist, such as: incarceration, homelessness, identification with a marginalized group, and/or traumatic life events.

3. Please share what the role of a peer support specialist means to you and why you want to do the work of a peer support specialist?

4. Related to your personal life and experiences, how do you define "recovery"?

5. What factors are important in your own recovery?

6. Peer Specialists are models of recovery for others. In what ways do your demonstrate recovery and its goal of a full and meaningful life in the community?

7. How did you hear about the peer support specialist training?