

FEATURED RELIAS TRAINING

January 2021

Best Practices for Behavioral Health in Child Welfare (REL-HHS-0-BPBHCW)

Professionals working with children and youth in the child welfare system should be aware of the risk and protective factors common among children and youth they work with, the screening and assessment process for identifying risk and protective factors, and strategies they can use to help children and youth overcome challenges and access needed treatment for identified behavioral health issues. This course is applicable to practitioners working in children, youth, and family agencies or with youth involved in child welfare with behavioral health disorders. This includes social workers, therapists, counselors, nurses and physicians. **Credit Hours 1**

Evidence Based Practices in Treatment of Substance Use Disorders (REL-HHS-0-EBPTSUD-V2)

Tobacco, alcohol, and illicit drug abuse is costly to the U.S., resulting in more than \$740 billion annually in costs related to crime, lost work productivity, and healthcare (National Institute on Drug Abuse [NIDA], 2018). The Substance Abuse and Mental Health Services Administration's (SAMHSA) National Survey on Drug Use and Health (NSDUH) is the primary source of information on the prevalence, patterns, and consequences of alcohol, tobacco, and illegal drug use and abuse in the general US population. **Credit Hours 1.5**

Illness Management and Recovery Model (REL-HHS-0-IMREBP-V2)

As a professional working with adults with serious mental illness, you are well-poised to help your clients address the preventable causes of premature death through the utilization of recovery-oriented, evidence-based practices. In this course, you will learn about the core values underlying the Illness Management and Recovery (IMR) model, recent adaptations of the IMR model, how IMR can support you in addressing both physical and mental health symptoms, and how the approach's teaching principles can support your clients with serious mental illness manage and recover from their illnesses. This course provides an overview of IMR practices. By using interactive exercises and detailed vignettes, the course will give you the information and techniques you need to make IMR an effective part of your therapeutic toolbox. **Credit Hours 1**

For more information about Relias Learning, please contact Subrina Bolden at 601-359-6266 or Subrina.Bolden@dmh.ms.gov



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