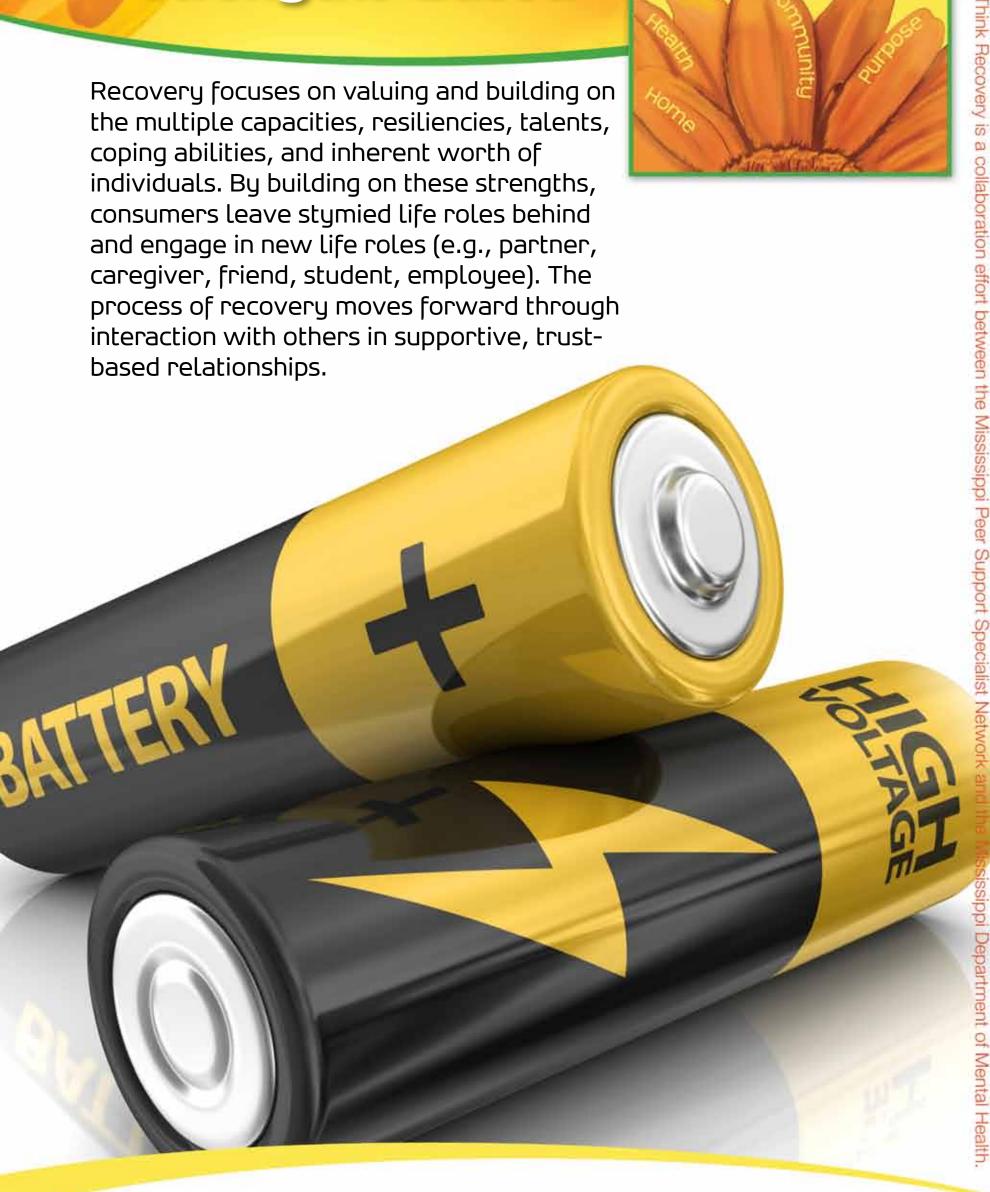
Recovery focuses on valuing and building on the multiple capacities, resiliencies, talents, coping abilities, and inherent worth of individuals. By building on these strengths, consumers leave stymied life roles behind and engage in new life roles (e.g., partner, caregiver, friend, student, employee). The process of recovery moves forward through interaction with others in supportive, trustbased relationships.





RECOVERY: A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.



