



INFORMATION BOOKLET



The Mississippi Department of Mental Health Provides Hope by Supporting a Continuum of Care for People with Mental Illness, Alcohol and Drug Addiction, and Intellectual or Developmental Disabilities.





Supporting a Better Tomorrow...One Person at a Time



**MENTAL HEALTH
SERVICES**



**ALCOHOL & DRUG
ADDICTION SERVICES**



**INTELLECTUAL AND
DEVELOPMENTAL
DISABILITY SERVICES**

MISSION

Supporting a better tomorrow by making a difference in the lives of Mississippians with mental illness, substance use disorders and intellectual/developmental disabilities one person at a time.

VISION

We envision a better tomorrow where lives are enriched by a public mental health system that promotes excellence by providing services and support for all Mississippians.

CORE VALUES & GUIDING PRINCIPLES

People

We believe people are the focus of the public mental health system. We respect the dignity of each person and value their participation in the design, choice and provision of services to meet their unique needs.

Community

We believe that community-based service and support options should be designed to meet each person's particular needs, and be available and easily accessible in the communities where people live.

Commitment

We believe in the people we serve, our vision and mission, our workforce, and the community-at-large. We are committed to assisting people in improving their mental health, quality of life, and their acceptance and participation in the community.

Excellence

We believe services and support must be provided in an ethical manner, meet established outcome measures, and be based on clinical research and best practices. We also emphasize the continued education and development of our workforce to provide the best care possible.

Accountability

We believe it is our responsibility to be good stewards in the efficient and effective use of all human, fiscal, and material resources. We are dedicated to the continuous evaluation and improvement of the public mental health system.

Collaboration

We believe that services and support are the shared responsibility of state and local governments, communities, family members, and service providers. Through open communication, we continuously build relationships and partnerships with the people and families we serve, communities, governmental/non-governmental entities and other service providers to meet the needs of people and their families.

Integrity

We believe the public mental health system should act in an ethical, trustworthy, and transparent manner on a daily basis. We are responsible for providing services based on principles in legislation, safeguards, and professional codes of conduct.

Awareness

We believe awareness, education, and other prevention and early intervention strategies will minimize the behavioral health needs of Mississippians. We also encourage community education and awareness to promote an understanding and acceptance of people with behavioral health needs.

Innovation

We believe it is important to embrace new ideas and change in order to improve the public mental health system. We seek dynamic and innovative ways to provide evidence-based services/support and strive to find creative solutions to inspire hope and help people obtain their goals.

Respect

We believe in respecting the culture and values of the people and families we serve. We emphasize and promote diversity in our ideas, our workforce, and the services/support provided through the public mental health system.

HOW TO GET HELP

For more information about services, or if you or a loved one needs help, call our **Helpline at 1-877-210-8513**. Staff is available to help around the clock.

Through the Office of Consumer Support, you or members of your family can:

- Get information about mental health, alcohol and drug addiction, and intellectual and developmental disability services available in Mississippi.
- File a formal grievance regarding services from a DMH Certified Provider.

You can find more information about services and support at **www.dmh.ms.gov**.

If you or someone you know is at risk for suicide, call the National Suicide Prevention Lifeline at **1-800-273-TALK (8255)**.



STRATEGIC PLAN

In 2008, DMH developed its first Strategic Plan to set clear goals and objectives for our future. This plan continues to be a road map for the state's mental health system as we focus on enhancing our community-based system of care. People are the heart of the public mental health system, and our mission is to make a difference in their lives. Using the mission, vision, and values, the Board of Mental Health developed goals for transforming the DMH service system. These goals address:

- Accountability and efficiency
- A person-centered and person-driven system
- Access to care
- Community services and support
- Outcomes
- Partnerships
- Information management

Goal 1

To increase community-based care and support for adults and children with mental illness and/or substance use disorders through a network of service providers that are committed to a person-centered and recovery-oriented system of care

Goal 2

To increase community-based care and support for people with intellectual and/or developmental disabilities through a network of service providers that are committed to a person-centered system of care

Goal 3

To ensure people receive quality services in safe settings and use information/data management to improve decision making and service delivery

SERVICES AND SUPPORT OVERVIEW

The Mississippi Department of Mental Health is committed to making sure Mississippians have access to the least restrictive, and most appropriate, level of services and support to meet their needs. Our comprehensive system is person-centered and built to meet the special needs of each individual and their family.

We make sure services are available where and when the person needs it.

Service Delivery System

The mental health service delivery system has three major components:

- 1) State-operated programs and community services programs
- 2) Regional Community Mental Health Centers
- 3) Other nonprofit/profit service agencies/organizations

State-Operated Programs

DMH administers and operates:

- State behavioral health programs
- A mental health community living program
- A specialized behavioral health program for youth
- Regional programs for persons with intellectual and developmental disabilities
- A specialized program for adolescents with intellectual and developmental disabilities

These programs serve designated counties or service areas and offer community living and/or community services.

- **Behavioral Health Programs** provide inpatient services for adults and children with serious mental illness (SMI) and alcohol and drug addiction. These programs include:
 - Mississippi State Hospital and its satellite program, Specialized Treatment Facility
 - East Mississippi State Hospital and its satellite programs, North Mississippi State Hospital, South Mississippi State Hospital and Central Mississippi Residential Center.

- Nursing home services are also located on the grounds of Mississippi State Hospital and East Mississippi State Hospital. In addition to the inpatient services mentioned, East Mississippi State Hospital provides transitional, community-based care.
- The programs for persons with ***intellectual and developmental disabilities*** provide residential services and licensed homes for community living. These programs include:
 - Boswell Regional Center and its satellite programs, Hudspeth Regional Center and Mississippi Adolescent Center
 - Ellisville State School and its satellite program, South Mississippi Regional Center
 - North Mississippi Regional Center

Regional Community Mental Health Centers (CMHCs)

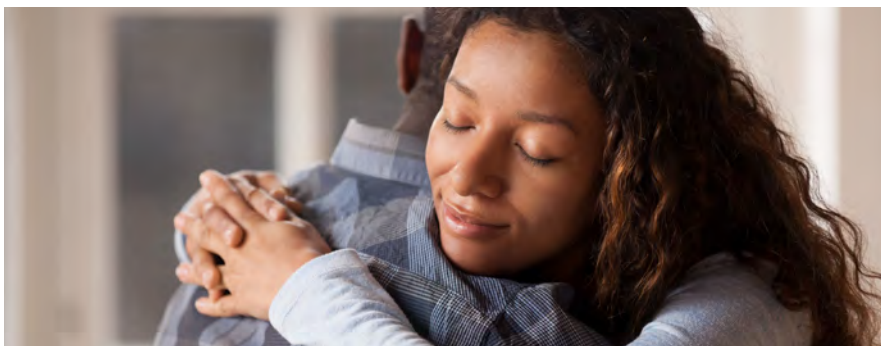
CMHCs operate under the supervision of regional commissions, appointed by county boards of supervisors, comprising their respective service areas. The 14 CMHCs offer a range of community-based mental health, alcohol and drug addiction, and in some regions, intellectual/developmental disabilities services. CMHC governing authorities are regional entities, not state-level. DMH is responsible for certifying, monitoring, and assisting CMHCs.

Other Nonprofit/Profit Service Agencies/Organizations

DMH also certifies other community providers and may grant them funding for community-based services. Many of these agencies receive additional funding from other sources. Services currently provided through these nonprofit agencies include community-based alcohol and drug addiction services, community services for persons with intellectual/developmental disabilities, and community services for children with mental illness or emotional problems.

WHAT IS MENTAL ILLNESS?

Mental illnesses are health conditions, just like diabetes or asthma. One in five people will experience a mental illness during his or her lifetime, and one family in four has a member who has a serious mental illness requiring some type of treatment. Many mental disorders and illnesses can be successfully treated within your community at local behavioral health providers. Good mental health is an essential component of a person's overall health and well-being.



How Do I Get Help?

There are more community services available in Mississippi right now than ever before. DMH is dedicated to making sure people have access to the most appropriate and least restrictive level of services and support to meet their needs.

Services may include individual or family therapy, or therapeutic activities, or medication. Misconceptions and stereotypes of mental illnesses are some of the main barriers people have to seeking treatment. Though many mental health problems can be treated successfully in the community, professionals are available to guide you through the process for hospitalization if it is needed. If you think you or a loved one needs help, please reach out.

For services and support available near you, and to discuss treatment options, call the DMH Helpline at 1-877-210-8513. You may also visit www.dmh.ms.gov and use the “Where to Go – Find A Provider” option to locate DMH Certified Providers near you.

State-Operated Behavioral Health Programs

DMH administers and operates state behavioral health programs, a mental health community living program, and a specialized behavioral health program for youth. These programs serve designated counties or service areas, including:

● **Mississippi State Hospital**

3550 MS-468 • Whitfield, MS 39193

Phone: 601-351-8000 • www.msh.state.ms.us

Satellite Program:

Specialized Treatment Facility

14426 James Bond Road • Gulfport, MS 39503

Phone: 228-328-6000 • www.stf.state.ms.us

(Admits Youth Statewide)

● **East Mississippi State Hospital**

1818 College Drive • Meridian, MS 39307

Phone: 601-581-7600 • www.emsh.ms.gov

Satellite Programs:

● *North Mississippi State Hospital*

1937 Briar Ridge Road • Tupelo, MS 38804

Phone: 662-690-4200 • www.nmsh.state.ms.us

● *Central Mississippi Residential Center*

701 Northside Drive • Newton, MS 39345

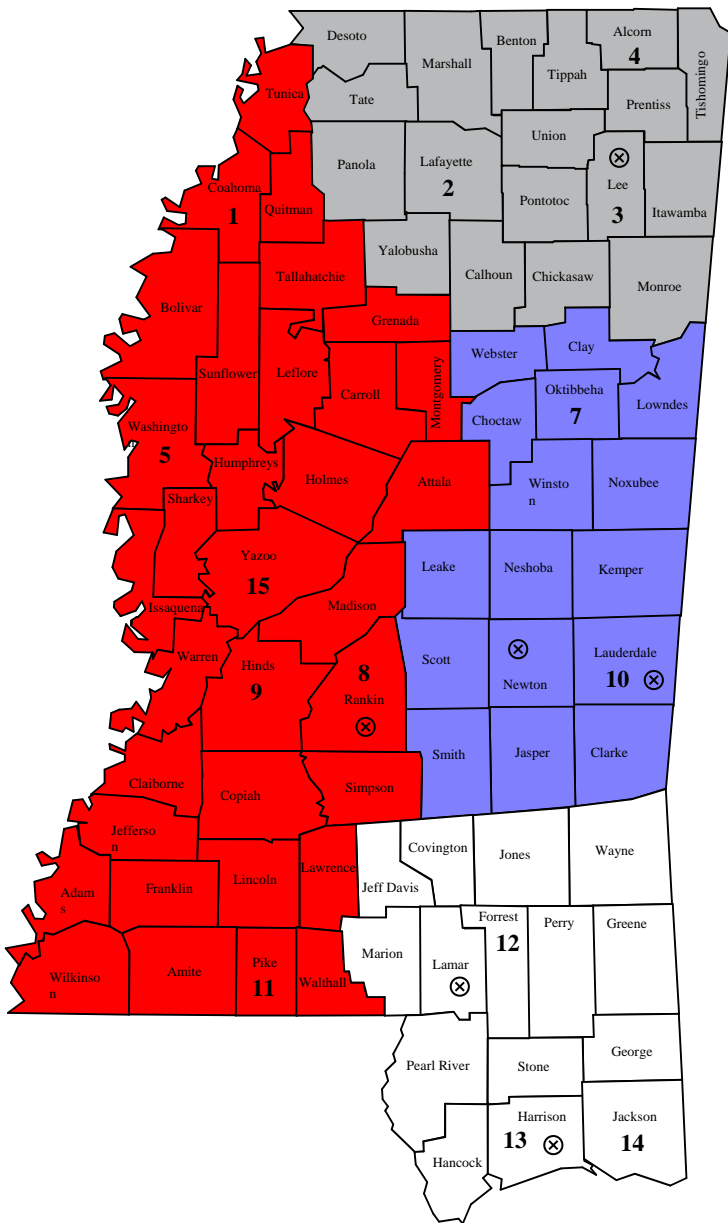
Phone: 601-683-4200 • www.cmrc.ms.gov

○ *South Mississippi State Hospital*

823 Highway 589 • Purvis, MS 39475

Phone: 601-794-0100 • www.smsl.ms.gov

State-Operated Behavioral Health Programs



CRISIS STABILIZATION UNITS

Crisis Stabilization Units (CSUs) offer time-limited, voluntary and involuntary, residential mental health treatment services for people with severe mental health problems. They offer the opportunity to address a problem without court commitment to a state behavioral health program. A CSU provides a thorough mental health assessment and treatment, along with follow-up outreach and aftercare once a person is discharged.

To find CSU beds in your area, call the DMH Helpline at 1-877-210-8513 or visit dmh.ms.gov.



COMMUNITY MENTAL HEALTH CENTERS

Regional community mental health centers (CMHCs) operate under the supervision of regional commissions appointed by county boards of supervisors from the respective service areas. The 14 CMHCs make available a range of community-based mental health, alcohol and drug addiction, and in some regions, intellectual/developmental disability services. CMHC governing authorities are considered regional and not state-level entities. DMH is responsible for certifying, monitoring, and assisting CMHCs.



Region 1

Coahoma, Quitman, Tallahatchie, Tunica

Region One Mental Health Center

1742 Cheryl Street • Clarksdale, MS 38614

662-627-7267 • www.regionone.org

Region 2

Calhoun, Lafayette, Marshall, Panola, Tate, Yalobusha

Communicare

152 Highway 7 South • Oxford, MS 38655

662-234-7521 • www.communicarems.org

Region 3

Benton, Chickasaw, Itawamba, Lee, Monroe, Pontotoc, Union

LIFECORE Health Group

2434 South Eason Boulevard • Tupelo, MS 38804

662-640-4595 • www.lifecorehealthgroup.com

Region 4

Alcorn, DeSoto, Prentiss, Tippah, Tishomingo

Region 4 Mental Health Services

303 N. Madison • P. O. Box 839 • Corinth, MS 38835

662-286-9883 • www.regionivmhs.com

Region 6

Attala, Bolivar, Carroll, Grenada, Holmes, Humphreys, Issaquena,
Leflore, Montgomery, Sharkey, Sunflower, Washington

Life Help

2504 Browning Road • P. O. Box 1505 • Greenwood, MS 38935

662-453-6211 • www.region6-lifehelp.org

Region 7

Choctaw, Clay, Lowndes, Noxubee, Oktibbeha, Webster, Winston

Community Counseling Services

222 Mary Holmes Drive • P.O. Box 1336 • West Point, MS 39773

662-524-4347 • www.ccsms.org

Region 8

Copiah, Lincoln, Madison, Rankin, Simpson

Region 8 Mental Health Services

613 Marquette Road • Brandon, MS 39042

601-824-0342 • www.region8mhs.org

Region 9

Hinds

Hinds Behavioral Health Services

3450 Highway 80 West • Jackson, MS 39209

601-321-2400 • www.hbhs9.com

Region 10

Clarke, Jasper, Kemper, Lauderdale, Leakey, Neshoba, Newton, Scott, Smith

Weems Community Mental Health Center

1415 College Drive • Meridian, MS 39307

601-483-4821 • www.weemsmh.com

Region 11

Adams, Amite, Claiborne, Franklin, Jefferson, Lawrence, Pike,
Walthall, Wilkinson

A Clear Path

Southwest Mississippi Behavioral Health

1701 White Street • McComb, MS 39648

601-684-2173 • www.aclearpath.org

Region 12

Covington, Forrest, Greene, Hancock, Harrison, Jeff Davis, Jones, Lamar,
Marion, Pearl River, Perry, Stone, Wayne

Pine Belt Mental Healthcare Resources

103 South 19th Avenue • P. O. Box 18679 • Hattiesburg, MS 39404

601-544-4641 • www.pbmhr.com

Region 14

George, Jackson

Singing River Services

3407 Shamrock Court • Gautier, MS 39553

228-497-0690 • www.singingriverservices.com

Region 15

Warren, Yazoo

Warren-Yazoo Behavioral Health

3444 Wisconsin Avenue • Vicksburg, MS 39180

601-638-0031 • www.warren-yazoo.org





MOBILE CRISIS RESPONSE TEAMS

Mobile Crisis Response Teams provide guidance and support to adults and children who are experiencing a mental health crisis. The teams work closely with law enforcement to reduce the likelihood that a person experiencing a crisis is unnecessarily placed in a more restrictive environment, like jail, a holding facility, hospital, or inpatient treatment.

- Response teams are available in all 82 counties and can be accessed by calling the toll-free numbers that are answered around the clock by Licensed Therapists, Peer Support Specialists, and Community Support Specialists.
- Response teams respond wherever a person is experiencing a crisis or at a designated location, like a local hospital.



Mobile Crisis Response Team Contact Numbers:

Region 1 – 888-404-8002

(Coahoma, Quitman, Tallahatchie, Tunica)

Region 2 – 866-837-7521

(Calhoun, Lafayette, Marshall, Panola, Tate, Yalobusha)

Region 3 – 866-255-9986

(Benton, Chickasaw, Itawamba, Lee, Monroe, Pontotoc, Union)

Region 4 – 888-287-4443

(Alcorn, DeSoto, Prentiss, Tippah, Tishomingo)

Region 6 – 866-453-6216

(Attala, Bolivar, Carroll, Grenada, Holmes, Humphreys, Issaquena, Leflore, Montgomery, Sharkey, Sunflower, Washington)

Region 7 – 888-943-3022

(Choctaw, Clay, Lowndes, Noxubee, Oktibbeha, Webster, Winston)

Region 8 – 877-657-4098

(Copiah, Lincoln, Madison, Rankin, Simpson)

Region 9 – 601-955-6381

(Hinds)

Region 10 – 800-803-0245

(Clarke, Jasper, Kemper, Lauderdale, Leake, Neshoba, Newton, Scott, Smith)

Region 11 – 877-353-8689

(Adams, Amite, Claiborne, Franklin, Jefferson, Lawrence, Pike, Walthall, Wilkinson)

Region 12 – 888-330-7772

(Covington, Forrest, Greene, Jeff Davis, Jones, Lamar, Marion, Pearl River, Perry, Wayne)

Region 12 – 800-681-0798

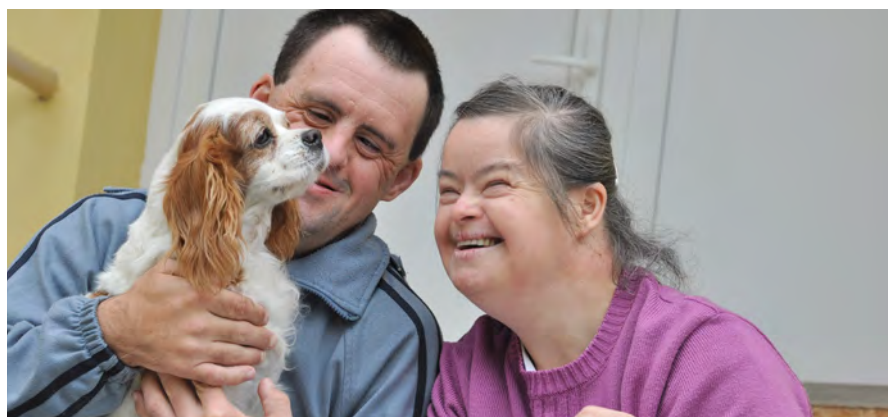
(Hancock, Harrison, Stone)

Region 14 – 866-497-0690

(George, Jackson)

Region 15 – 601-638-0031

(Warren, Yazoo)





INTELLECTUAL AND/OR DEVELOPMENTAL DISABILITIES (IDD) SERVICES

What is an intellectual and/or developmental disability (IDD)?

The term IDD covers a broad range of disorders and syndromes. An intellectual disability means a person has intellectual functioning limitations and difficulties in everyday social and practical skills. A developmental disability is caused by a cognitive or physical impairment resulting in limitations in self-care, language, and/or mobility.

What help is available?

DMH develops and implements services for people with intellectual and developmental disabilities. This public service delivery system includes state-operated comprehensive regional programs, a state-operated program for youth who require specialized treatment, 14 regional community mental health/IDD centers, and other non-profit community agencies/organizations that provide community-based services.

Through the ID/DD Waiver and IDD Community Support Program, the Mississippi Department of Mental Health is committed to charting a path for increased access to community-based care and support through a network of service providers using a person-centered system of care.



IDD Community Support Program (1915i)

The IDD Community Support Program, also known as the 1915i program, offers support and services for people with IDD and Autism Spectrum Disorders. If determined eligible after an evaluation at your local Regional IDD Program, a Targeted Case Manager will assist you with access to available services. To be eligible, you must:

- Be 18 years of age or older
- Have full Medicaid benefits
- Have completed education
- Meet eligibility requirements determined using needs-based criteria

Services Provided:

- **Day Services Adult** – Assists individuals in gaining the greatest level of independence, while supporting them in meaningful activities of their choice throughout the day.
- **Prevocational Services** – Teaches pre-employment skills and assists in exploring job opportunities in the community.
- **Supported Employment** – Provides a job coach to assist a person in finding a job and training him or her to work independently.
- **Supported Living** – Provides persons who can live independently in their own home or apartment with limited support (max of 4 hours per day) to access their community, pay bills, shop for groceries, access medical care, and other personal assistance, as needed.

ID/DD Home & Community Based-Waiver Program

This program provides individual support to people with IDD who are living successfully at home and in the community. If you are determined eligible through an evaluation at your local Regional IDD Program, you will be placed on a statewide planning list. Early planning is essential for a successful future.

Services Provided:

- Day Program Services – Community Respite, Day Services Adult, Prevocational Services
- Employment Services – Supported Employment, Job Discovery
- Residential Services – Supervised Living, Shared Supported Living, Supported Living, Host Homes
- In-Home Services – Home & Community Support, In-Home Respite, In-Home Nursing Respite
- Behavior/Crisis Services – Behavior Support, Crisis Intervention, Crisis Support
- Other Support Services – Transition Assistance, Specialized Medical Supplies, Therapies, and Support Coordination

For more information, visit www.dmh.ms.gov or call DMH's Helpline at 1-877-210-8513.



IDD State-Operated Programs

DMH operates regional programs for persons with intellectual and developmental disabilities and a specialized program for adolescents with intellectual and developmental disabilities. These programs serve designated counties or service areas and offer community living and/or community services. These programs provide residential services and licensed homes for community living, including:

● North Mississippi Regional Center

967 Regional Center Drive • Oxford, MS 38655

Phone: 662-234-1476 • www.nmrc.state.ms.us

● Boswell Regional Center

1049 Simpson Hwy 149 • Magee, MS 39111

Phone: 601-867-5000 • www.brc.ms.gov

Satellite Programs

● Hudspeth Regional Center

100 Hudspeth Drive, Highway 475 South • Whitfield, MS 39193

Phone: 601-664-6000 • www.hudspeth.info

Mississippi Adolescent Center

760 Brookman Drive • Brookhaven, MS 39601

Phone: 601-823-5700

(Admits Youth Statewide)

● Ellisville State School

1101 Hwy 11 S • Ellisville, MS 39437

Phone: 601-477-9384 • www.ess.ms.gov

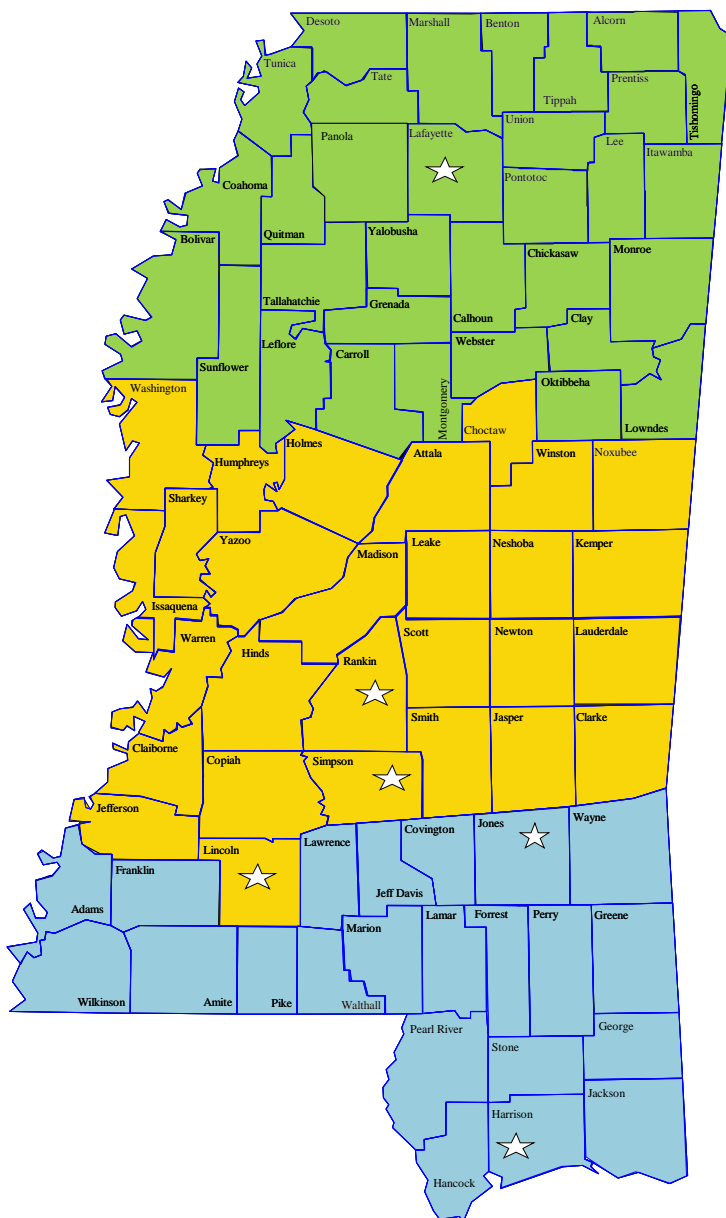
Satellite Program

● South Mississippi Regional Center

1170 West Railroad Street • Long Beach, MS 39560

Phone: 228-868-2923 • www.smrc.state.ms.us

State-Run Programs for Persons with Intellectual/Developmental Disabilities





ALCOHOL AND DRUG ADDICTION SERVICES

DMH administers the public system of alcohol and drug use prevention and treatment services in Mississippi, while the statewide network of community providers makes outpatient and community-residential services available. Providers include a state-operated program, regional community mental health centers, and other community-based programs.

A system of services for alcohol and drug use prevention and treatment was designed to reflect the philosophy that alcohol and drug use is a treatable and preventable illness. The goal of this system is to provide a person-centered continuum of community-based and accessible services. These services are provided through grants or contracts with other state agencies, local public agencies, and other DMH Certified Providers.

The following services are provided in each mental health region:

- Prevention Services
- Employee Assistance Programs
- Individual, Group, and Family Counseling
- Recovery Support Services
- Primary Residential Services (Including Withdrawal Management)
- Transitional Residential Services
- Vocational Counseling
- Mobile Crisis Response Teams



Many regions also have a 10-week intensive alcohol and drug outpatient program for people who are in need of treatment, but are able to maintain job or school responsibilities.

DMH's inpatient chemical dependency unit is located at Mississippi State Hospital in Whitfield. The chemical dependency service at Mississippi State Hospital consists of 50 beds and provides treatment for adult men and women with alcohol and/or drug addiction. Individuals are encouraged to seek treatment in their communities, as admission to these services is handled through the court commitment process and is reserved for those in need of hospital-based treatment.

For more information about alcohol and drug use services, visit www.dmh.ms.gov or call DMH's Helpline at 1-877-210-8513.



Mississippi Department of Mental Health

Supporting a Better Tomorrow...One Person at a Time

Mississippi Department of Mental Health

1101 Robert E. Lee Building

239 N. Lamar Street • Jackson, MS 39201

Phone: 601-359-1288 • Fax: 601-359-6295

TDD: 601-359-6230 • Toll-Free Helpline: 1-877-210-8513