

FEATURED RELIAS TRAINING

December 2021



Understanding and Addressing Racial Trauma in Behavioral Health **REL-BHC-0-UARTBH**

The course moves beyond the discussion of diversity and cultural competence by exploring current research and best practices for identifying implicit bias, understanding cultural contexts, and effectively addressing racial trauma with clients.

Credit Hours: 1.50

Assessment and Treatment of Stimulant Use Disorders **REL-HHS-0-ADDICTION11**

In this course, you will learn about the components of assessment of methamphetamine use and abuse, as well as **best practices** for treatment interventions with a focus on cognitive behavioral therapy (CBT), motivational interviewing (MI), and the Matrix Model of intensive outpatient treatment for people with stimulant use disorders. **Credit Hours: 1.25**

Best Practices in Alcohol Use Disorder Assessment and Treatment **(REL-HHS-0-ADDICTION5)**

The goal of this course is to help you to gain knowledge in recognizing, diagnosing, and treating alcohol use disorders (AUD) in your clients. DSM™ and DSM-5™ are registered trademarks of the American Psychiatric Association. The American Psychiatric Association is not affiliated with nor endorses this course. **Credit Hours 1.5**

For more information about Relias Learning, please contact Subrina Bolden at
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<https://dmh.training.reliaslearning.com>