

**Staff Person for Submission:** Ms. Jody Fortenberry

**PowerForm Link:** <https://na3.docusign.net/Member/PowerFormSigning.aspx?PowerFormId=d55e5c4b-a120-4f37-961e-d07d6e2319d6&env=na3&acct=f03caff0-d8b6-4e91-ba70-c12592a3e516&v=2>



Mississippi Department of Mental Health

Bureau of Behavioral Health Services

**Wellness Recovery Action Plan – WRAP Provision**

Request for Proposals

**Due Date: June 9, 2023**

**Please note that all grants are contingent on the funding by the Mississippi State Legislature and/or the Federal Government. The submission of this application to the Department of Mental Health is not a guarantee of funding.**

**The Department of Mental Health, Bureau of Behavioral Health Services/ Division of Peer Recovery and Support is now accepting funding proposals for the state fiscal year 2024. This proposal application is eligible to all Mississippi Department of Mental Health (DMH) certified providers in good standing. However, DMH certification is not a guarantee of funding. All submitted proposals will be evaluated by a panel of reviewers using the posted competitive grant scoring rubric. Not all submitted proposals may be funded, but comprehensive feedback will be provided to all providers, particularly if their application was not funded for the current fiscal year.**

**The funding associated with this grant opportunity is meant to defray a proportion of operational costs for the service.**

**Cash requests will only be signed and processed for payment after the Department of Mental Health has received required data outcomes and/or metrics specific to the respective grant.**

## **Wellness Recovery Action Plan - WRAP**

This funding is intended to support the training of Wellness Recovery Action Plans (WRAP) to be provided by trained Peer Bridgers and Peer Support Specialists (PSS). WRAPs will be conducted as part of the transition process to provide individuals with a self-directed wellness tool.

The Wellness Recovery Action Plan (WRAP), is a self-designed prevention and wellness process that anyone can use to get well, stay well and make their life the way they want it to be. It was developed in 1997 by a group of people who were searching for ways to overcome their own mental health issues and move on to fulfilling their life dreams and goals. It is now used extensively by people in all kinds of circumstances, and by health care and mental health systems all over the world to address all kinds of physical, mental health and life issues.

WRAP has been studied extensively in rigorous research projects and is listed in the National Registry of Evidence-Based Programs and Practices.

WRAP can help a person to:

- implement the key concepts of recovery (hope, personal responsibility, education, self-advocacy, and support) into their day-to-day lives
- develop a list of wellness tools such as activities they can use to help themselves feel better when they are experiencing mental health difficulties and to prevent these difficulties from arising
- create a crisis plan that guides the involvement of family members or supporters when they can no longer take appropriate actions on their own behalf
- develop an individualized post-crisis plan for use as the mental health difficulty

subsidies and promote a return to wellness

**The Department of Mental Health/Bureau of Behavioral Health Services is now accepting funding continuation applications for state fiscal year 2024 (July 1, 2023 – June 30, 2024).**

**A. Application Guideline Requirements: Please submit the following required forms which can be found in the MS Department of Mental Health's Service Provider Manual.**

1. Proposed Budget Summary Form: 100-1
2. Proposed Budget Personnel Form: 100-2
3. Proposed Budget Line Item Form: 100-3
4. Budget Narrative/Justification.
5. Program Narrative (**not to exceed 3 pages**) which addresses B – E.

**B. Outcome Measures**

1. List goals and/or objectives from FY23's application if applicable.
  - a. Provide the outcome for each goal/objective listed.
  - b. If the goal/objective was not met, describe the barrier(s) which prevented the service from meeting the goal/objective.
  - c. Describe how the barriers listed will be addressed in the upcoming fiscal year.
2. List the new goals and/or objectives for FY24.
  - a. Describe how the service will meet each goal/objective.
  - b. Describe how you plan to evaluate the effectiveness of the service.

**C. Specific Requirements:**

1. Train Peer Bridgers/trained peers to conduct WRAP as part of the transition process. Peer Bridgers/trained peers must complete WRAP facilitator training or have documentation of having completed WRAP training.
2. Educate the mental health service providers on the use of WRAP and integration of WRAP into supporting self-directed recovery.
3. Services should be based on the Person-Centered Recovery model as described in the DMH Standard Rule 20.1.

**D. Other Guidelines:**

1. Travel reimbursement listed in the budget cannot exceed the current State of Mississippi mileage reimbursement rate, currently \$0.655 per mile. Mileage reimbursement rates are located on the Mississippi

Department of Finance and Administration website: [Privately Owned Vehicle \(POV\) Mileage Reimbursement Rates | GSA.](#)

2. Indirect/administrative costs listed in the budget cannot exceed 8% of the budget total.
3. Provide a list of staff from the Proposed Budget Personnel Form 100-2 which also provides a portion of their time to other grant funded services, to include; the grant funded service, the position the staff holds, and the percentage of time the staff will be providing the other service(s).

4. Agencies that are not able to meet the required goals/objectives of this service funding and are not able to submit timely and accurate data as required by DMH may not be eligible for future funding for this service.

**E. Required Data Report(s):**

Reporting will be on a monthly basis to include items a-c.

- a. Provide a list of providers conducting WRAP as a part of transition
- b. Provide a list of trainings conducted.
- c. Provide a list of how many individuals attended training.
- d. Monthly and year-end reports are required. Item (a-c) are required in the year-end report for all recipients of grant funding.
- e. Reports are due by the 10<sup>th</sup> of the following month and are to be emailed to Peer Support Services Project Coordinator and/or Division Director of Peer Recovery & Support.

