

# NAVIGATE

SPECIALIZED TEAM TREATMENT



If you or someone you know is experiencing changes like the ones listed in this brochure, learn more about NAVIGATE in Mississippi:

[hopeisherems.com/navigate](https://hopeisherems.com/navigate)

All calls are 100% confidential.



# SUPPORT

WHEN SOMETHING IS JUST NOT QUITE RIGHT:

- Difficulty concentrating or thinking clearly
- Confusion about what is real and what is not real.
- Hearing voices or seeing things that no one else sees or hears
- Problems with social activities, work, or school
- Feeling suspicious or paranoid
- Disorganized speech or thoughts






**NAVIGATE**  
**HOPE  
IS HERE.**

Mental and emotional changes like the ones listed are early signs that someone could be developing psychosis. Psychosis most often occurs in young adults between the ages of 15 years to 30 years. The signs are usually vague and sometimes people barely notice them.

When thoughts, feelings, and behaviors are left untreated they can become worse over time.

**But, specialized treatments, such as those offered through NAVIGATE, have been scientifically proven to reduce or even eliminate the symptoms of psychosis when treatment is begun early.**




**The NAVIGATE team approach includes support to maximize the individuals success at school, work, and in their social environment.**

The NAVIGATE Program is designed as a comprehensive approach to treatment for individuals who are experiencing their first episode of psychosis.

Treatment is provided by a team of mental health professionals which can assist the individual and their family in dealing with the psychosis.

It focuses on helping the individual to understand psychosis and how to continue to work toward their personal goals.



**Call 1-877-210-8513 to be referred to the closest NAVIGATE program to you.**