

Certified Community Behavioral Health Centers (CCBHC) Planning Grant CCBHC Learning Collaborative September 13 at 10 a.m.









CCBHC Learning Collaborative

Agenda

- Action Needed: Governance/Family/Client Engagement Survey
- Updates
 - MS's CCBHC State Planning Grant Activities
 - EHR Assessment Update
 - Community Needs Assessment Update
- Resource: CCBHC Video and Discussion
- October 11th Potential Topics:
 - Final Community Needs Assessment Results
 - Workforce Development Plan
- Open Discussion: What topics do you want to learn more about?
- Appendix: Share DMH and CMHC Roles and Responsibilities



Family and Client Engagement CMHC Survey









CCBHC Demonstration Participation





Apply and Awarded Planning Grant

Conduct Planning
Activities

Apply for Demonstration (10 states selected)

- Eligibility to Apply for the Demonstration
 - If a state has received a planning grant in 2016 or 2023, they can apply to join the demonstration on 3/20/24. 25 States eligible to apply for 10 awards.



Mississippi Planning Grant Activities and Timeline

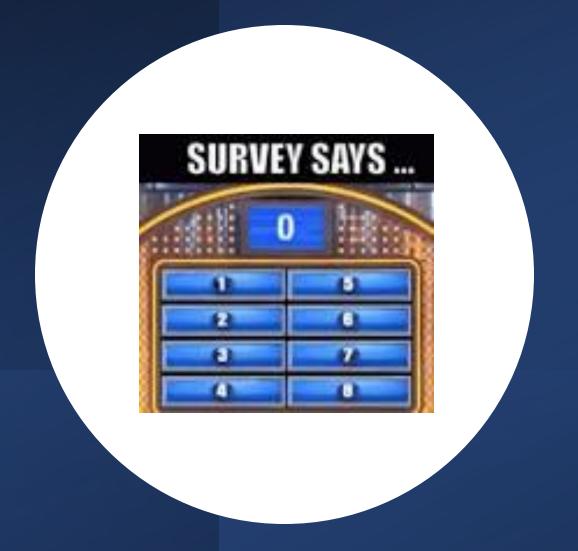


12-Month Process	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	
Steering Committee	7/18	8/10	9/12	10/10	11/14	12/12	1/9	2/13	3/12	4/9	5/14	6/11	
Populations & Service Areas	L A U		entify populati ds and secure those commi	input from	r's	population	nput from for s and identice for outrea	ify best	7	Committe	ulations with e, work grou sory councils	ps, and	
Training & Education	N C		er inventory ong/TA resource	I)_Dr	ploy provider	training and	technical as	sistance for	providers ar	nd communi	ity stakehold	ers.	
Data & Quality	H	Identify data collection infrastructure needs and begin processes for quality measurements Onboard technology platforms for clinic and state efforts to ensure accurate measures. Plan for future technology updates.											
Assess CCBHC & Community Needs	Prepare a Readiness Review plan for each CMHC, including non-participating CMHCs. Work with the CMHCs to close any CCBHCs readiness review gaps and build capacity Objects Objects Discussion												
Certification & Planning	Distribute the criteria for alignment	Handle upo Operating	lates to the g Manual	Rules Filed	>	Rul	e Making Proc	ess Underway			Implem	entation	
Demonstration Grant	\	Secure Resources	Gathe	er Data, Informa	tion and Materi	als for Demonst	ration Submis	sion	Grant Submission				

Preliminary Results:

Community Needs Assessment

*Please note, we still have 40 more survey responses to evaluate. These additional survey results will be included in the final report.





Community Needs Assessment

11-Question, online, paper and telephonic survey



Mississippi Department of Mental Health CCBHC State Planning Grant Community Needs Assessment

We need your help. The Mississippi Department of Mental Health is planning to expand Certified Community Behavioral Health Clinics in the state.

A Certified Community Behavioral Health Clinic (CCBHC) is a specially-designated clinic that provides a comprehensive range of mental health and substance use services, CCBHCs serve anyone who walks through the door, regardless of their diagnosis and insurance status.

CCBHCs are responsible for providing the following nine services, which can be provided directly or through formal relationships with Designated Collaborating Organization (DCOs):

- Crisis Services
- 2. Treatment Planning
- 3. Screening, Assessment, Diagnosis & Risk Assessmen
- 4. Outpatient Mental Health & Substance Use Services
- 5. Targeted Case Management
- 6. Outpatient Primary Care Screening and Monitoring
- Community-Based Mental Health Care for Veterans
- 8. Peer, Family Support & Counselor Services
- 9. Psychiatric Rehabilitation Services

Your comments and suggestions are important for Mississippi to plan for its Certified Community Behavloral Health Clinic expansion.

All of your responses are confidential. The estimated time to complete this survey is 5-10 minutes.

If you need help completing this survey, please contact Amy Swanson at amy.swanson@dmh.ms.qov to request the support you need to complete this survey.

Demographic Question

- 1. Which best describes you?
- (Please check all that apply.)
- I live and work in Mississippi.
- ___ I myself have a mental illness or substance use issue.
- I am a caregiver/family member of an adult who has a mental illness or substance use

Goals

- Identifying community needs
- Selecting CCBHC scope of services
- Gathering information from community stakeholders and consumers currently using services
- Cataloging important community partnerships
- Securing insights on local training resources and capacity
- Increasing awareness of CCBHCs
- Gaining understanding of barriers to accessing to treatment

Uses

 Results from this assessment will be used to inform state and local CCBHC implementation and design, including staffing plans, language and culture, services, locations, service hours and evidence-based practices.



1,871 survey responses were collected in Aug and Sept 2023



Input came from the following entities:

People with lived experience of mental & substance use conditions and individuals who have received/are receiving services from the clinic conducting the needs assessment.

Health centers (including FQHCs in the service area). Local health departments (Note: these departments also develop community needs assessments that may be helpful).

Inpatient psychiatric facilities, inpatient acute care hospitals, and hospital outpatient clinics.

One or more Department of Veterans Affairs facilities. Representatives from local K-12 school systems.

Crisis response partners such as hospital emergency departments, emergency responders, crisis stabilization settings, crisis call centers and warmlines.



Other Responders



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Organizations operated by people with lived experience of mental health and substance use conditions;

Other mental health and SUD treatment providers in the community;

Residential programs;

Juvenile justice agencies and facilities;

Criminal justice agencies and facilities;

Indian Health Service or other tribal programs such as Indian Health Service youth regional treatment centers as applicable; Child welfare agencies and state licensed and nationally accredited child placing agencies for therapeutic foster care service; and Crisis response partners such as hospital emergency departments, crisis stabilization settings, crisis call centers and warmlines.

Specialty providers of medications for treatment of opioid and alcohol use disorders;

Peer-run and operated service providers;

Homeless shelters and housing agencies;

Employment services systems;

Services for older adults, such as Area Agencies on Aging;

Aging and Disability Resource Centers; and

Other social and human services (e.g., domestic violence centers, pastoral services, grief counseling, Affordable Care Act navigators, food and transportation programs).



Summary of Preliminary Findings

Survey Respondent Demographics

- 35% Have a Mental Illness or Substance Abuse Issue
- Caregivers or family members of individuals with a mental illness or substance use issue
 - For adults, 16%
 - For children under age 22%
- 42% Work with Individuals with Serious Mental Illness (SMI)
- 26% Work with Children
- 25% Provide services to people with a substance use disorder (SUD)
- 13.5% Provide Primary Health Care Services



Are we meeting the need for mental health and substance abuse in our local communities or statewide?

Community level

- 69% do not believe there are sufficient resources in their community
- 21% believe local needs are met
- 10% are unsure whether needs are/are not being met

State level

- 73% do not believe there are sufficient resources in the state
- 16% believe state needs are met
- 11% are unsure whether state needs are/are not being met



Barriers to Getting Care



Lack of money to pay for treatment services.



People don't know or understand what mental health is



Limited transportation



Lack of awareness of services, including how to access them



Limited access to telehealth options, including the equipment to access services and supports

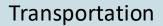


Access to services 24/7



Priorities for Transforming the System

Funding to support the workforce and expanding services in our community



Person and family centered care, ensuring involvement of the people receiving services and their families/caregivers

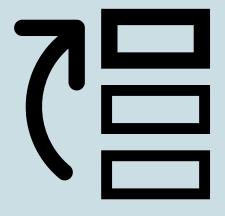
Coordination between primary health care and behavioral health services

Walk-in appointments

Adequate and highly qualified and trained service providers

Services and service providers that reflect understanding of people's values and traditions

Translation resources, including interpreter services, or appropriate formats so that people can understand documents or important messages





Top 10 Resources and Services

Family Supports

Crisis stabilization units in the community where people can stay for a short time

24-hour crisis mental health services

Targeted case management services that will assist people receiving services in sustaining recovery and gaining access to needed medical, social, legal, educational, housing, vocational, and other services and supports

Screening, assessment, and diagnosis from professionals who can help figure out what is going on with someone who is struggling, including doing tests to determine diagnosis and treatment

Outpatient clinic primary care coordination, including screening and monitoring of key health indicators and health risk (e.g., blood pressure, diabetes, tobacco use, HIV/Viral Hepatitis)

Psychiatric rehabilitation services that help individuals develop skills and functioning to live and work in the community

Counseling services

Treatment teams that include the person in the treatment and planning that is based on what that person wants

Intensive, community-based mental health care for members of the armed forces and veterans



Coordination Resource Priorities

- Securing safe and affordable housing
- Job training
- Getting help with transportation
- Employment support
- Enrolling in Medicaid, including supporting renewing Medicaid coverage
- Educational support
- Supporting families and caregivers
- Working with other community resources
- Collaborating with law enforcement
- Reducing stigma
- Information about disability rights and supports
- Working with medical providers



Priorities for Training and Workforce Development

Mental health first aid awareness

Suicide prevention and intervention strategies

Crisis intervention support and helping people who are at risk for being dangerous to become safe with themselves and others

Substance abuse prevention and education

Helping families of children who have mental health challenges with issues at their children's schools

Domestic violence prevention

Care for co-occurring mental health and substance use disorders

Opioid overdoes prevention and reversal (For example, Narcan)

Veterans and militaryspecific mental health training



Engagement Opportunities



Ways To Be Involved

54% want to help identify and recruit CCBHC staff

44% will refer clients to CCBHC services

41% will provide support for care coordination activities







September

Summarize Findings
Socialize Information with all CCBHC
Planning Teams and CMHCs



October

Issue Results during October 10th
Steering Committee meeting



On-Going

Use Information to Guide Implementation Efforts



CCBHC Training and Technical Assistance

MS CCBHC Steering Committee

2nd Tuesday Monthly at 2:30 p.m. October 10; November 14; December 12; January 9; February 13; March 12; April 9; May 14; and June 11

MS CCBHC Learning Center

Every Tuesday and Thursday at 9 a.m. CST Topics/Schedule posted on the website

MS CCBHC Office Hours

Every Monday from 11 a.m. to Noon CST Drop-in sessions where CCBHC/DMH staff available to support MS

Resources and FAQs

Updated and posted weekly on the website after MS CCBHC Learning Center sessions and Office Hours





Open Discussion:

What topics do you want to learn more about?



Appendix









DMH Responsibilities

- Lead and oversee all CCBHC State Planning Grant Activities, including completing the MS Community Needs Assessment.
- Supplied non-CCBHC and CCBHC participating CMHCs with a CCBHC activities plan on 8.2.23.
- Work with the Division of Medicaid to finalize the Scope of Services; PPS rate methodology; and rate setting.
- Facilitate MS CCBHC Learning Center and Office Hours.
- Execute a Project Evaluation.
- Develop and execute efforts included in a Workforce Development Plan
- Gather inventory of Training and Professional Development Activities and expand Relias licenses to support additional Training and Technical Assistance opportunities.
- Work with the Regions, the EHR vendors, and other state agencies to identify and recommend resources to support CCBHC data collection infrastructure needs.
- Create policies, procedures, playbooks, and templates that CMHCs and CCBHCs can leverage to obtain to meet the CCBHC certification criteria.

- DMH is updating the DMH Operational Standards with CCBHC certification criteria.
- Work with any willing CMHC/CCBHC to complete the CCBHC certification compliance checklist. After completing the review an opportunity analysis will be issued to the Region. DMH will use these analyses to identify training/TA/resource needs. *Still waiting to complete from R10, R12 and R15.
- Prepare a CCBHC Provider Manual.
- Supply CCBHC promotional materials, including fact sheets, policy maker, and stakeholder communications and presentations.
- Execute significant stakeholder engagement efforts, including engaging state and local agencies to support CMHCs.
- Work with Region 6 and 14 to develop a Family/Client/Consumer Engagement Playbook.
- Develop MS proposal for the Demonstration Grant due in March 2024.
- Handle all other MS CCBHC needs, as assigned....



CMHC Engagement Opportunities

CMHCs that are currently CCBHCs



- Share the results of your Community Needs Assessment
- Provide any SAMHSA reporting or grant proposal narratives.
- Share any best practices.

CMHCs that are **NOT** currently **CCBHCs**



- Distribute a Community Needs
 Assessment survey in your region that can be used to help support the MS State Community Needs Assessment
- Work with CCBHC staff to complete the CCBHC compliance checklist.

All CMHCs

- Secure proclamations in support of MS's CCBHC efforts from county/city/legislators. DMH will provide draft language.
- Help DMH identify potential partnerships and Designated Collaborating Organizations (DCOs) in your region.
- Participate in the CCBHC Learning Collaborative discussions and Steering Committee workgroups.
- Support CMHC related activities in the Diversity Impact Statement.
- Post a link to DMH's CCBHC web page on your website

Thank You!



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