

# Mississippi's Community Needs Assessment 2023





# Community Needs Assessment

## 11-Question, online, paper, and telephonic survey



Mississippi Department of Mental Health  
CCBHC State Planning Grant  
Community Needs Assessment

We need your help. The Mississippi Department of Mental Health is planning to expand Certified Community Behavioral Health Clinics in the state.

A Certified Community Behavioral Health Clinic (CCBHC) is a specially-designated clinic that provides a [comprehensive range of mental health and substance use services](#). CCBHCs serve anyone who walks through the door, regardless of their diagnosis and insurance status.

CCBHCs are responsible for providing the following nine services, which can be provided directly or through formal relationships with Designated Collaborating Organization (DCOs):

1. Crisis Services
2. Treatment Planning
3. Screening, Assessment, Diagnosis & Risk Assessment
4. Outpatient Mental Health & Substance Use Services
5. Targeted Case Management
6. Outpatient Primary Care Screening and Monitoring
7. Community-Based Mental Health Care for Veterans
8. Peer, Family Support & Counselor Services
9. Psychiatric Rehabilitation Services

Your comments and suggestions are important for Mississippi to plan for its Certified Community Behavioral Health Clinic expansion.

All of your responses are confidential. The estimated time to complete this survey is 5-10 minutes.

If you need help completing this survey, please contact Amy Swanson at [amy.swanson@dmh.ms.gov](mailto:amy.swanson@dmh.ms.gov) to request the support you need to complete this survey.

### Demographic Question

1. Which best describes you?

(Please check all that apply.)

- I live and work in Mississippi.
- I myself have a mental illness or substance use issue.
- I am a caregiver/family member of an adult who has a mental illness or substance use issue.

## Goals

- Identify community needs
- Select CCBHC scope of services
- Gather information from community stakeholders and consumers currently using services
- Catalog important community partnerships
- Secure insights on local training needs and capacity
- Increase awareness of CCBHCs
- Gain understanding of barriers to accessing to treatment

## Uses

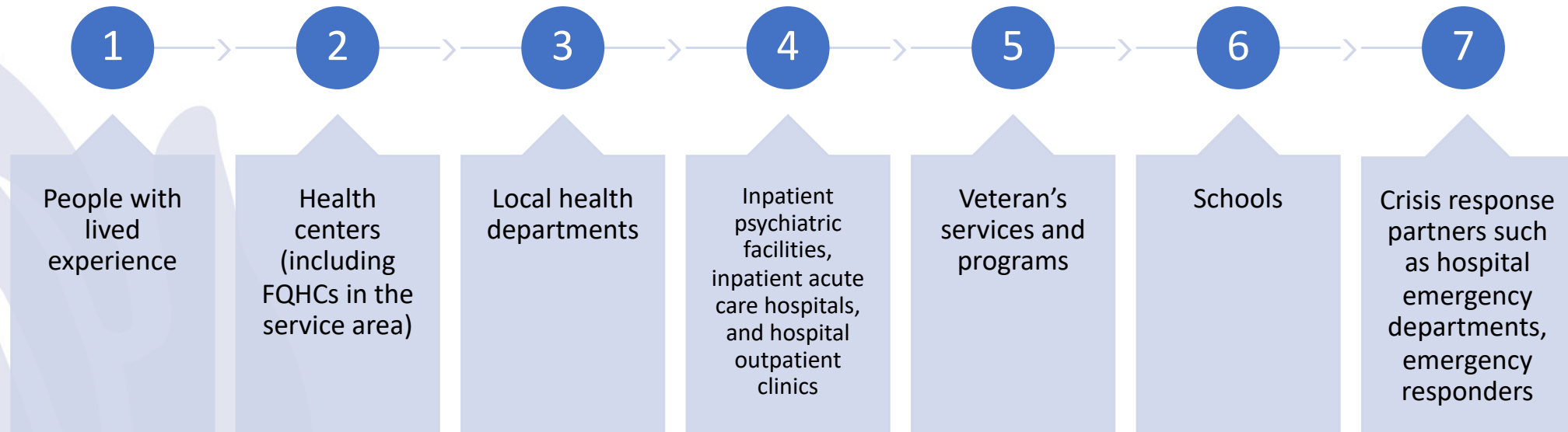
- Results from this assessment will be used to inform state and local CCBHC implementation and design, including staffing plans, language and culture, services, locations, service hours and evidence-based practices.



**1,929 survey responses were collected in Aug and Sept 2023**



Input came from the following entities:





# Other Responders



Organizations operated by people with lived experience of mental health and substance use conditions

Mental health and SUD treatment providers in the community

Residential programs

Juvenile justice agencies and facilities

Criminal justice agencies and facilities

Indian Health Service and other tribal programs

Child welfare agencies

Crisis response partners such as hospital emergency departments, crisis stabilization settings, crisis call centers

Specialty providers of medications for treatment of opioid and alcohol use disorders

Peer-run and operated service providers

Homeless shelters and housing agencies

Employment services systems

Services for older adults, such as Area Agencies on Aging

Aging and Disability Resource Centers

Other social and human services (e.g., domestic violence centers, pastoral services, grief counseling,, food and transportation programs)

# Summary of Preliminary Findings

## Survey Respondent Demographics

- **754 (40%)** Have a Mental Illness or Substance Abuse Issue
- **435 (23%)** Caregivers or family members of individuals with a mental illness or substance use issue
  - 293 care for adults, **16%**
  - 142 care for children **8%**
- **560 (30%)** Work with Individuals with Serious Mental Illness (SMI)
- **367 (20%)** Work with Children
- **339 (18%)** Provide services to people with a substance use disorder (SUD)
- **207 (11%)** Provide Primary Health Care Services

## *Respondents' perceptions on whether Mississippi is meeting the need for mental health and substance abuse in our local communities and statewide?*

### Perceptions on Community Level

- **1161 (62%) do not believe there are sufficient resources in their community**
- 484 (26%) believe local needs are met
- 219 (12%) are unsure whether needs are/are not being met

### Perceptions on State level

- **1189 (63%) do not believe there are sufficient resources in the state**
- 396 (21%) believe state needs are met
- 261 (14%) are unsure whether state needs are/are not being met

**\*Respondents' perceptions could be more about the lack of awareness of services, rather than respondent's knowledge of the availability and/or quantity of services.**

# Barriers to Getting Care



**1291 (69%) Lack of money to pay for treatment services.**



**1267 (68%) People don't know or understand what mental health is**



**1143 (61%) Limited transportation**



**1077 (57%) Lack of awareness of services, including how to access them**



**855 (46%) Limited Crisis Services**

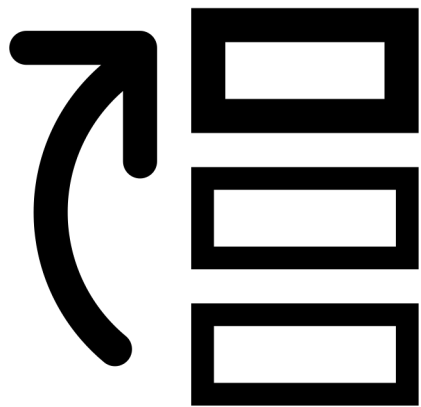


**724 (39%) Limited access to telehealth options, including the equipment to access services and supports**



**678 (36%) Lack of Peer Support Services**

# Priorities for Transforming the System



**685 (37%) Person and family centered care, ensuring involvement of the people receiving services and their families/caregivers.**

630 (34%) Funding to support the workforce and expanding services in our community.

597 (32%) Transportation

391 (31%) Walk-in Appointments

305 (16%) Adequate and highly qualified and trained service providers

301 (16%) More Services

280 (15%) Services and service providers that reflect understanding of people's values and traditions

200 (10%) Translation resources, including interpreter services, or appropriate formats so that people can understand documents or important messages





# Top 10 Resources and Services

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1104 (59%) 24-hour crisis mental health services

1058 (56%) Family Supports

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1019 (54%) Crisis stabilization units in the community where people can stay for a short time

998 (53%) Screening, assessment, and diagnosis from professionals who can help figure out what is going on with someone who is struggling, including doing tests to determine diagnosis and treatment

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969 (52%) Targeted case management services that will assist people receiving services in sustaining recovery and gaining access to needed medical, social, legal, educational, housing, vocational, and other services and supports

932 (50%) Psychiatric rehabilitation services that help individuals develop skills and functioning to live and work in the community

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896 (48%) Outpatient clinic primary care coordination, including screening and monitoring of key health indicators and health risk (e.g., blood pressure, diabetes, tobacco use, HIV/Viral Hepatitis)

882 (47%) Treatment teams that include the person in the treatment and planning that is based on what that person wants

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824 (44%) Peer Support Services

808 (43%) Intensive, community-based mental health care for members of the armed forces and veterans

# Care Coordination Resource Priorities

1. 1394 (75%) Life Skills
2. 1165 (62%) Securing safe and affordable housing
3. 1165 (62%) Job training
4. 1151 (61%) Employment support
5. 1142 (60%) Educational support
6. 1054 (56%) Getting help with transportation
7. 1060 (57%) Supporting families and caregivers
8. 1054 (56%) Reducing stigma
9. 997 (53%) Enrolling in Medicaid, including supporting renewing Medicaid coverage
10. 966 (52%) Working with other community resources
11. 947 (50%) Information about disability rights and supports
12. 863 (46%) Collaborating with law enforcement



# Priorities for Training and Workforce Development

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Mental health first aid awareness (961/81%)

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Suicide prevention and intervention strategies (950/79%)

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Crisis intervention support and helping people who are at risk for being dangerous to become safe with themselves and others (928/77%)

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Services and Services that Respond to Trauma (909/76%)

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Helping families of children who have mental health challenges with issues at their children's schools(862/72%)

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Substance abuse prevention and education (832/69%)

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Domestic violence prevention (822/68%)

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Care for co-occurring mental health and substance use disorders (713/59%)

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Opioid overdoses prevention and reversal (728/61%)

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Veterans and military-specific mental health training (626/52%)



# Engagement Opportunities



## Ways To Be Involved

41% (768) will refer clients to CCBHC services

34% (631) will provide support for care coordination activities

33% (623) will outreach to get CCBHC services

28% (529) will provide CCBHC services

28% (527) will participate in governance/advisory council

27% (503) will support engaging veterans

# Next Steps



## September

Finalize Results

Socialize Information with all CCBHC  
Planning Teams and CMHCs



## October

Issue Results during October 10<sup>th</sup>  
Steering Committee meeting



## On-Going

Use Information to Guide  
Implementation Efforts

# Thank You!

