

# Community Mental Health Centers

The crisis services described in this booklet are provided by regional Community Mental Health Centers (CMHCs), which operate under the supervision of regional commissions appointed by county boards of supervisors from their respective service areas. The CMHCs make available a range of community-based mental health, drug and alcohol addiction, and intellectual/developmental disabilities services. CMHC governing authorities are considered regional and not state-level entities. The Mississippi Department of Mental Health is responsible for certifying, monitoring, and assisting CMHCs. For other services available through your local CMHC, contact them through the information below.

## Region 2 Communicare

Calhoun, Lafayette, Marshall, Panola,  
Tate, Yalobusha  
(662) 234-7521  
[CommuniCareMS.org](http://CommuniCareMS.org)

## Region 3 LIFECORE Health Group

Benton, Chickasaw, Itawamba, Lee,  
Monroe, Pontotoc, Union  
(228) 863-1132  
[LifeCoreHealthGroup.com](http://LifeCoreHealthGroup.com)

## Region 4 Mental Health Services

Alcorn, DeSoto, Prentiss, Tippah,  
Tishomingo  
(662) 286-9883  
[Region4VMHS.com](http://Region4VMHS.com)

## Region 6 Life Help

Attala, Bolivar, Carroll, Coahoma,  
Grenada, Holmes, Humphreys, Issaquena,  
Leflore, Montgomery, Quitman, Sharkey,  
Sunflower, Tallahatchie, Tunica,  
Washington  
(662) 453-6211  
[Region6-LifeHelp.org](http://Region6-LifeHelp.org)

## Region 7 Community Counseling Services

Choctaw, Clay, Lowndes, Noxubee,  
Oktibbeha, Webster, Winston  
(662) 524-4347  
[CCSMS.com](http://CCSMS.com)

## Region 8 Mental Health Services

Copiah, Lincoln, Madison, Rankin, Simpson  
(601) 825-8800  
[Region8MHS.org](http://Region8MHS.org)

## Region 9 Hinds Behavioral Health

Hinds County  
(601) 321-2400  
[HBHS9.com](http://HBHS9.com)

## Region 10 Weems Community Mental Health Center

Clarke, Jasper, Kemper, Lauderdale,  
Leake, Neshoba, Newton, Scott, Smith  
(601) 483-4821  
[WeemsMH.com](http://WeemsMH.com)

## Region 12 Pine Belt Mental Healthcare Resources

Amite, Covington, Franklin, Forrest,  
Greene, Hancock, Harrison, Jeff Davis,  
Jones, Lamar, Lawrence, Marion, Pearl  
River, Perry, Pike, Stone, Walthall, Wayne  
(601) 544-4641  
[PBMHR.org](http://PBMHR.org)

## Region 14 Singing River Services

George, Jackson  
(228) 497-0690  
[SingingRiverHealthSystem.com](http://SingingRiverHealthSystem.com)

## Region 15 River Ridge Behavioral Health

Adams, Claiborne, Jefferson, Warren,  
Wilkinson, Yazoo  
(601) 638-0031  
[Warren-Yazoo.org](http://Warren-Yazoo.org)



## HOW TO ACCESS CRISIS SERVICES



Mental health problems are health conditions that can affect the way someone thinks, feels, or behaves. Just as with any other health problem, it is important to address a mental health problem as quickly as possible. A mental health crisis could mean someone is at risk of being unable to provide self-care, function in the community, or possibly hurt themselves. Just as with physical health problems, a mental health crisis may occur unexpectedly. Know what resources are available to use during a mental health crisis.

### 988 Suicide and Crisis Lifeline

The 988 Suicide and Crisis Lifeline provides 24/7, free and confidential support for people in distress. If you're thinking about suicide, are worried about a friend or loved one, or would like emotional support, 988 is available in Mississippi and nationwide.

**Call or text 988 now to speak with a trained crisis counselor.**

## MOBILE CRISIS RESPONSE TEAMS

Mobile Crisis Response Teams provide guidance and support to adults and children who are experiencing a mental health crisis. The teams work closely with law enforcement to reduce the likelihood that a person experiencing a mental health crisis is unnecessarily placed in a more restrictive environment, like jail, a holding facility, or inpatient treatment.

- Response teams are available in all 82 counties and can be accessed by calling the toll-free numbers that are answered around the clock. Response teams respond wherever a person is experiencing a crisis or at a designated location, like a local hospital.

### Mobile Crisis Response Team Contact Numbers:

*Regional CMHCs may have multiple numbers for Teams depending on county.*

#### Region 2 · (866) 837-7521

Calhoun, Lafayette, Marshall, Panola, Tate, Yalobusha

#### Region 3 · (866) 255-9986

Benton, Chickasaw, Itawamba, Lee, Monroe, Pontotoc, Union

#### Region 4 · (888) 287-4443

Alcorn, DeSoto, Prentiss, Tippah, Tishomingo

#### Region 6 · (866) 453-6216

Attala, Bolivar, Carroll, Coahoma, Grenada, Holmes, Humphreys, Issaquena, Leflore, Montgomery, Quitman, Sharkey, Sunflower, Tallahatchie, Tunica, Washington

#### Region 7 · (866) 866-6505

Choctaw, Clay, Lowndes, Noxubee, Oktibbeha, Webster, Winston

#### Region 8 · (877) 657-4098

Copiah, Lincoln, Madison, Rankin, Simpson

#### Region 9 · (601) 955-6381

Hinds

#### Region 10 · (800) 803-0245

Clarke, Jasper, Kemper, Lauderdale, Leake, Neshoba, Newton, Scott, Smith

#### Region 12 North Team · (888) 330-7772

Covington, Forrest, Greene, Jeff Davis, Jones, Lamar, Marion, Pearl River, Perry, Wayne

#### Region 12 West Team · (877) 353-8689

Amite, Franklin, Lawrence, Pike, Walthall

#### Region 12 Coast Team · (800) 681-0798

Hancock, Harrison, Stone

#### Region 14 · (866) 497-0690

George, Jackson

#### Region 15 · (888) 558-2077

Warren, Yazoo

#### Region 15 · (601) 437-8185

Claiborne

#### Region 15 · (601) 786-8091

Jefferson

#### Region 15 · (601) 446-6634

Adams

#### Region 15 · (601) 890-5440

Wilkinson

## CRISIS STABILIZATION UNITS (CSU)

Crisis Stabilization Units (CSUs) offer time-limited, voluntary, residential mental health treatment services for people with severe mental health problems. They also offer the opportunity for the problem to be addressed to avoid court commitment to a state behavioral health program. A thorough mental health assessment and treatment, along with follow-up outreach and aftercare once a person is discharged, are provided by the CSU.

To find CSU beds in your area, call the **DMH Helpline at 1-877-210-8513** or visit [dmh.ms.gov](http://dmh.ms.gov).

**Batesville**  
(662) 563-9176

**Brandon**  
(662) 563-9176

**Brookhaven**  
(601) 823-2300

**Cleveland**  
(662) 846-2620

**Corinth**  
(662) 286-5469

**Gautier**  
(228) 497-0434

**Grenada**  
(228) 213-3700

**Gulfport**  
(662) 228-5900

**Jackson**  
(769) 257-6288

**Laurel**  
(601) 426-7520

**Natchez**  
(601) 492-4001

**Newton**  
(601) 683-4300

**Tupelo**  
(662) 304-2900

**West Point**  
(662) 494-4066

