

DEPARTMENT OF MENTAL HEALTH (DMH)
Community Support Specialist Web-Based Training Course List

Basic Core Examination Courses
(All Courses Required)

- Basics of Psychopharmacology for Behavioral Health Professionals
- Documenting the Treatment Planning Process
- Cultural Awareness and Humility
- Implementing a Person-Centered Planning Approach to Behavioral Health
- Maintaining Boundaries in the Treatment Relationship
- Recognizing and Effectively Responding to a Person in Crisis
- Recovery Practices and Principles in Behavioral Health Treatment
- Safety When Working in the Community
- Strategies for Preventing and Intervening in Bullying
- Supporting Integrated Care through Case and Care Management
- The ACT Model for Community-Based Treatment of SMI

Community Support Specialist – Electives
(Minimum of 2 Courses)

- A Multicultural Approach to Recovery-Oriented Practice
- Community-Based Interventions to Reduce Suicide Risk
- Overview of Mood and Anxiety Disorders in Children for Paraprofessionals
- Schizophrenia Spectrum and Other Psychotic Disorders for Paraprofessionals
- Strategies for Behavioral Health Professionals to Manage Chronic Stress

Community Support Specialist – Population Specific Courses
(Minimum of 1 course, specific to the population(s) served)

- Positive Behavior Support for Children for Paraprofessionals
- Providing Support for Challenging Behavior
- Supporting Persons with Serious Mental Illness Towards Recovery